

MASTER OF SCIENCE IN **Integrative Health and Wellness**



Awarded Credit Opportunities

Students have the following opportunities to request credit be applied to their Integrative Health and Wellness (IHW) degree program.

Have you completed an approved National Board for Health and Wellness Coaching (NBHWC) program?

Students pursuing the Master of Science in Integrative Health and Wellness can request to waive one elective course (three [3] credit hours) if they have earned a professional designation (certificate of completion) through an approved NBHWC program. Visit the NBHWC website for a list of approved programs. Additional information may be requested by the IHW program director to grant awarded credit.

Do you have previous health and wellness coaching experience?

Students pursuing the Master of Science in Integrative Health and Wellness can request to waive one elective course (three [3] credit hours) if they have 135 hours of verified health and wellness coaching experience (coaching facilitation, not education or administrative tasks). A letter from the student's employer must be provided during the application process to verify employment status, length of time with the company, length of time in a health and wellness coach position, estimated number hours of coaching, and a description of the position. Additional information may be requested by the IHW program director to grant awarded credit.

Have you completed a professional development course from Creighton's Center for Professional and Corporate Excellence?

Students who successfully completed **two (2)** approved professional development courses offered through Creighton's Center for Professional and Corporate Excellence and then enroll in the Master of Science in Integrative Health and Wellness program will be awarded three (3) credit hours toward their IHW degree. Additional information may be requested by the IHW program director to grant awarded credit.