# College Program Goals

## Program: Exercise Science

<table>
<thead>
<tr>
<th>Number</th>
<th>Goals</th>
<th>Objectives</th>
<th>Data</th>
<th>Analysis</th>
<th>Feedback</th>
<th>Changes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>EXS majors will demonstrate comprehension of major knowledge and skills</td>
<td>Demonstrate competency of laboratory skills, tools, and methods of the discipline; nationally respected</td>
<td>Students evaluated using assessment data - 1 = Not Competent; 2 =</td>
<td>See attachment with data for spring 2010 graduating seniors passed the NSCA-CPT or CSCS certification exams Essentials of Strength/Conditioning as a required course to prepare Written communication skills: 73.5% -</td>
<td>100% of graduating seniors assessed as competent or proficient EXS 320 Essentials of Strength/Conditioning as a required course to prepare Written communication skills: 73.5% -</td>
<td>Addition of BOD POD to laboratory experiences to enhance skill</td>
</tr>
<tr>
<td>2</td>
<td>EXS majors will demonstrate effective oral and written communication</td>
<td>Achieve pass rate &gt;80% on NSCA-CPT and CSCS exams Students evaluated using assessment data - 1 = Not Competent; 2 = Student</td>
<td>Students enrolled in established criteria for written communication skills in the areas of communication through majors club (EXSEL); EXS 491 - Family-to-family, Supervisor -</td>
<td>See attachment with data for spring 2010 graduating seniors</td>
<td>85.3% of students assessed as every exercise science major is involved in some form of service prior to graduation</td>
<td>No formal change to date</td>
</tr>
<tr>
<td>3</td>
<td>EXS majors will demonstrate concern for others through involvement in New personal characteristics</td>
<td>Provide organized opportunities to volunteer through majors club (EXSEL); EXS 491 - Family-to-family, Supervisor -</td>
<td>100% of students pass the internship with a grade of C or better</td>
<td>100% of students pass the internship with a grade of C or better</td>
<td>Continue to explore opportunities for intern sites and for careers in their chosen field of study</td>
<td>New opportunities for intern sites for careers in their chosen field of study</td>
</tr>
<tr>
<td>4</td>
<td>EXS majors will demonstrate personal characteristics necessary to graduate</td>
<td>Demonstrate effective communication skills, appropriate communication skills, appropriate interpersonal skills, appropriate interpersonal skills, appropriate interpersonal skills</td>
<td>Track juniors and seniors admission to PT, OT, Dentistry, Med, Grad School,</td>
<td>Continue to monitor student acceptance rates</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>EXS majors will acquire admittance into their preferred professional or graduate school</td>
<td>Demonstrate effective communication skills, appropriate communication skills, appropriate interpersonal skills, appropriate interpersonal skills, appropriate interpersonal skills</td>
<td>Track juniors and seniors admission to PT, OT, Dentistry, Med, Grad School,</td>
<td>Continue to monitor student acceptance rates</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

3/2/2011
### University Goals

1. A Creighton graduate will demonstrate disciplinary competence and/or professional proficiency.

2. A Creighton graduate will demonstrate critical thinking skills.

3. A Creighton graduate will demonstrate a disposition to service and engaged civic responsibility.

4. A Creighton graduate will demonstrate an ability to communicate clearly and effectively in written and oral forms.

5. A Creighton graduate will demonstrate a disposition toward lifelong learning.

6. A Creighton graduate will demonstrate cultural competence, enabling effective work across racial, ethnic and cultural lines.

### College Goals

1. Communicate clearly and effectively in written, spoken, mathematical, and artistic languages.

2. Think critically about information, assumptions, and arguments found in multiple forms of academic and cultural discourse.

3. Integrate broad and diverse learning with at least one individually chosen discipline or professional field.

4. Know the Christian, Catholic, and Jesuit intellectual traditions in the context of historical, cultural and spiritual concerns.

5. Apply a reasoned approach to effective decision-making according to sound and coherent ethical principles.

6. Relate an active commitment to learning, truth, and justice to a life of service and to the development of the global community.

7. (Demonstrate an understanding of the diversity of human identities and cultures in the United States and around the world)

### Program Goals 1

EXS majors will demonstrate comprehension of major knowledge and skills presented in EXS major courses.

### Program Goals 2

EXS majors will demonstrate skills needed to pass nationally respected certification exams offered by ACSM and NSCA.

### Program Goals 3

EXS majors will demonstrate effective oral and written communication skills.

### Program Goals 4

EXS majors will demonstrate concern for others through involvement in campus, community, and professional service.

### Program Goals 5

EXS majors will demonstrate personal characteristics necessary to function effectively as an allied health professional.

### Program Goals 8

EXS majors will acquire admittance into their preferred professional or graduate school.

3/2/2011