

Implementation of a strengths-based leadership training for third year pharmacy students: a pilot study

Abstract: The Accreditation Council for Pharmacy Education (ACPE) 2016 standards require that pharmacy programs assist with the personal and professional development of students. Graduates of pharmacy programs are expected to be leaders of the profession. Self-awareness is critical to becoming a successful leader and requires an understanding of strengths and values. The purpose of this project is to pilot a strength-based leadership training program with third year pharmacy students. Twenty students will be voluntarily selected to participate in three, one-hour sessions discussing strength-based leadership. Various tools will be utilized to identify and facilitate the discussion of strengths. Students will participate in journaling exercises to assist with self-awareness and reflection. The culmination of the project will be students submitting a leadership portfolio discussing the application of their strengths in their personal and professional lives.

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