

Bicycle Safety Tips



Be SMART

- Follow the rules of the road
- Always wear a helmet
- Obey traffic signs and signals

Be VISIBLE

- Wear bright clothing
- Use reflective gear and front/rear lights at night

Be DEFENSIVE

- Ride with traffic
- Watch for turning traffic
- Be on alert for potential crashes
- Keep both hands ready to brake

Be COURTEOUS

- Always yield to pedestrians
- Use hand signals to notify motorists of upcoming turns or lane changes