

A Guide for Successfully Completing the Group Short-Term Disability Claim Form

Mutual of Omaha appreciates the opportunity to provide you with valuable income protection. We rely on the information you provide on this form to effectively determine if you qualify for group short-term disability benefits.

This guide provides information and instruction to help you successfully complete and submit the claim form. Please consult your employer/benefits administrator if you need assistance in providing information for the form.

IMPORTANT TIPS FOR PAPER COPY SUBMISSION

- Prior to submission, make sure you have provided all required information and answered all questions completely and accurately. If information is missing or cannot be read, the processing of your form will be delayed.
- The following guidelines provide valuable information to help you successfully complete the form.
- Please make a copy of the completed form for your records before submitting it to Mutual of Omaha/United of Omaha.

SECTION 1: EMPLOYEE STATEMENT

This section is to be completed by the Employee. Dates should include the month, date and year. In order to be considered complete, the form must be signed by you.

- Group ID Number for your Employer will consist of eight characters, beginning with “G000” and followed by four additional letters or numbers specific to your Employer.
- Job Title is the title of your position held with the Employer.
- The Hours Worked per Week is the number of hours you worked per week for the Employer.
- Height should be provided in feet and inches.
- Weight should be provided in pounds.
- Dominant Hand indicates whether you are primarily right- or left-handed.
- Date of Disability is the first day you were absent from work because of the disabling condition.
- Date First Treated is the date you first sought medical care because of the disabling condition.
- Other Income means money you are currently receiving or have applied to receive from any source in addition to your claim for disability benefits with Mutual of Omaha/United of Omaha.

AUTHORIZATION TO DISCLOSE PERSONAL INFORMATION & AUTHORIZATION TO DISCLOSE HEALTH INFORMATION TO MY EMPLOYER

Both authorizations are to be completed by the Employee. Dates should include the month, date and year. In order to be considered complete, the form must be signed by you or your legal representative.

- By signing the authorization, you are applying for short-term disability benefits with Mutual of Omaha/United of Omaha and are agreeing to allow disclosure of personal information to the necessary parties for the purpose of claim processing.
- If the name associated with any of your medical records differs from the name provided on the form, provide any alternate names. This might occur in the event of a name change due to marriage or adoption.

GUIDELINES FOR SECTION 2: EMPLOYER’S STATEMENT

This section is to be completed by the Employer. Dates should include the month, date and year. In order to be considered complete, the form must be signed by the Employer.

- Group ID Number consists of eight characters, beginning with “G000” and followed by four additional letters or numbers.
- Date Covered Under This Plan indicates the date in which the Employee’s coverage became effective.
- If the Employee is eligible for salary continuation/sick leave, this does not include Mutual of Omaha/United of Omaha short-term disability benefits, paid time off or vacation compensation.
- If claim is paid, indicate whether or not Mutual of Omaha is to withhold income tax from the benefit payment, and if so, how much. Minimum is **\$88** per month.

GUIDELINES FOR SECTION 3: ATTENDING PHYSICIAN’S STATEMENT

This section is to be completed by the Attending Physician. Dates should include the month, date and year. In order to be considered complete, the form must be signed by the Attending Physician.

REQUIRED FRAUD WARNINGS

Before completing the claim form, please read the Required Fraud Warnings listed on the following page.

Short-Term Disability Claim Form



~~Mutual of Omaha Insurance Company~~
~~United of Omaha Life Insurance Company~~
~~Group Insurance Claims Management~~
~~Mutual of Omaha Plaza~~
~~Omaha, NE 68175-0001~~
~~Phone 800-877-5176~~ ~~Fax 402-997-1865~~

Section 1 – Employee Statement (Answer all questions to avoid delay)

| | | | |
|-------------------------|-----------------|-----------|-----------------------|
| Current Employer's Name | Group ID Number | Job Title | Hours Worked per Week |
|-------------------------|-----------------|-----------|-----------------------|

Name _____

| | | | |
|---------|------|-------|-----|
| Address | City | State | ZIP |
|---------|------|-------|-----|

| | | |
|-----------------------------------|---------------------------------------|------------------------|
| (Area Code) Home Telephone Number | (Area Code) Cellular Telephone Number | Social Security Number |
|-----------------------------------|---------------------------------------|------------------------|

Email Address _____

| | | | | | | |
|---------------|--------|--------|--|--|---|---|
| Date of Birth | Height | Weight | Dominant Hand: <input type="checkbox"/> Right <input type="checkbox"/> Left | <input type="checkbox"/> Male <input type="checkbox"/> Female | <input type="checkbox"/> Single <input type="checkbox"/> Married | <input type="checkbox"/> Widowed <input type="checkbox"/> Divorced |
|---------------|--------|--------|--|--|---|---|

| | | |
|-------------------------------------|--------------------|-------------------------------|
| Date of Disability (1st Day Absent) | Date First Treated | Estimated Return to Work Date |
|-------------------------------------|--------------------|-------------------------------|

Nature of illness and when symptoms first appeared, or describe how and where accident occurred.

Was the disability work related? Yes No Have you filed a Workers' Compensation claim? Yes No

Was disability related to a motor vehicle accident or is another third party liable? Yes No

Physician's Name _____

Other income you have filed for, are receiving, or are eligible for:

| | Amount | Date Claim Filed | Date Benefits Began |
|-----------------------|----------|------------------|---------------------|
| Workers' Compensation | \$ _____ | _____ | _____ |
| State Disability | \$ _____ | _____ | _____ |
| Other | \$ _____ | _____ | _____ |

Important Notice: If you are age 60 or over, please contact your Employer within 31 days of disability to preserve your group life insurance conversion privileges.

If your coverage is written in California, North Carolina or Michigan and includes Survivor Benefits, please check your policy to determine if you can elect a survivor benefit beneficiary. If so, you may obtain a Beneficiary Designation form on the Internet or from your employer.

Any person who knowingly and with intent to injure, defraud or deceive any insurer files a statement of claim or an application containing false, incomplete, or misleading information is guilty of a felony of the third degree.

Employee's Signature: _____ **Date:** _____

Authorization to Disclose Personal Information

1. I authorize any physician, medical or dental practitioner, hospital, clinic, pharmacy benefit manager, other medical care facility, health maintenance organization, insurer, employer, consumer reporting agency and any other provider of medical or dental services to release records containing the personal information of:

Claimant/Patient Name: _____
(Last) (First) (Middle)

2. Personal information includes medical history, mental and physical condition, prescription drug records, alcohol or drug use, financial and occupational information.

3. You may release information to:

Group Disability Management Services
Mutual of Omaha Insurance Company/United of Omaha Life Insurance Company
Mutual of Omaha Plaza
Omaha, NE 68175-0001
or
Fax 402-997-1865

4. I understand that the personal information that is disclosed will be used by Mutual of Omaha Insurance Company and United of Omaha Life Insurance Company to evaluate my claim for disability benefit plan reimbursement and that if I refuse to sign this authorization my claim for benefits may not be paid.
5. I understand that if the person or entity to whom information is disclosed is not a health care provider or health plan subject to federal privacy regulations, the personal information may be redisclosed without the protection of the federal privacy regulations.
6. This authorization will expire 24 contiguous months after the date signed.
7. I understand that I may revoke this authorization at any time by providing a written request to Mutual of Omaha Insurance Company and United of Omaha Life Insurance Company at the address above. If I revoke this authorization, it will not affect any use or disclosure of personal information that occurred prior to the receipt of my revocation.
8. I understand that I am entitled to receive a copy of this authorization and that a copy is as valid as the original.

RETAIN A SIGNED COPY FOR YOUR RECORDS

Name(s) used for records (if different than the name below): _____

Signature of Claimant

Date

If Applicable: I am the legal representative of the claimant and I am authorized to grant permission on behalf of the claimant.

Printed Name of Legal Representative: _____

Signature of Legal Representative: _____

Type of Legal Representative: _____

THIS AUTHORIZATION COMPLIES WITH HIPAA AND OTHER FEDERAL AND STATE LAWS

Authorization to Disclose Health Information to My Employer

I authorize Mutual of Omaha Insurance Company and United of Omaha Life Insurance Company to disclose health information about me to my employer, and to my employer's broker. I understand that this information will be used by my employer, and its broker, to monitor and manage the disability benefits program provided under my Group disability policy. I also understand that my employer and its broker will use the information solely for the purposes of auditing disability benefits paid, providing claims assistance, determining waiver or discontinuance of premium deductions, and coordinating with other subsidized salary continuance plans my employer may offer.

The health information which may be disclosed pursuant to this authorization includes such items as medical history, mental and physical condition, prescription drug records and alcohol or drug use.

I understand that I may refuse to sign this authorization. I realize that if I refuse to sign, my claim for benefits may not be paid.

This authorization will remain in effect for 24 contiguous months from the date I sign it. I understand that I may revoke this authorization at any time. If I would like to revoke this authorization, I should send my revocation request to:

ATTN: Group Disability Management Services
Mutual of Omaha Insurance Company / United of Omaha Life Insurance Company
Mutual of Omaha Plaza
Omaha, NE 68175-0001
or
Fax 402-997-1865

I also understand that any revocation of this authorization will not affect any use or disclosure of health information that occurred prior to receipt of my revocation.

I understand that I am entitled to receive a copy of this authorization. A copy of this authorization is as effective as the original.

(Printed Name and Address)

Signature

Date

or

If Applicable: I am the legal representative of the person whose financial and health information is to be disclosed, but I am authorized to grant permission on behalf of that person.

Printed Name of Legal Representative: _____

Signature of Legal Representative: _____

Type of Legal Representative: _____

Date: _____

RETAIN A SIGNED COPY FOR YOUR RECORDS

Section 3 – Attending Physician’s Statement (Answer all questions to avoid delay)

| | | | |
|--|-------------------------|--|--|
| Employer Name | | Group ID Number | |
| Name of Patient (Last, First, MI) – Please Print | | Date of Birth | |
| Diagnoses | | ICD-9 Code(s) | |
| Symptoms | | Date symptom first appeared | |
| Initial date of treatment: | Last date of treatment: | Next date of treatment/office visit: | |
| Is disability due to: <input type="checkbox"/> Accident/Injury <input type="checkbox"/> Sickness | | Is the disability work related? <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| If applicable, list the surgical procedure(s) – Describe fully and provide dates if any. | | | |

If disability is due to Pregnancy, please provide the information below:

| | | |
|-----------------------------|---|---|
| Date of Last Monthly Period | Expected Date of Delivery | Expected Type of Delivery <input type="checkbox"/> Vaginal <input type="checkbox"/> Cesarean Section |
| Actual Date of Delivery | Actual Type of Delivery <input type="checkbox"/> Vaginal <input type="checkbox"/> Cesarean Section | |

If any of the following questions are answered “Yes,” then please provide the information to the right of that question.

| | | | |
|---|---|------------------------------|-------------------|
| Was the patient treated in an Emergency Room? <input type="checkbox"/> Yes <input type="checkbox"/> No | Date treated | Name of Hospital | Name of Physician |
| Did another physician treat or will be treating the patient? <input type="checkbox"/> Yes <input type="checkbox"/> No | Date treated | Physician’s Name and Address | |
| Was the patient hospital confined? <input type="checkbox"/> Yes <input type="checkbox"/> No | Date Confined In Hospital: From _____ To _____ | | Name of Hospital |
| Did patient have outpatient surgery in a hospital or ambulatory surgical center? <input type="checkbox"/> Yes <input type="checkbox"/> No | Date of Surgery | Name of Facility | |

Functional Limitations – Abilities

| | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---------------------|-----------------------------|-----------------------------|-----------------|----------------|----------------|--------------------------|---------------------------|-----------------|-----------------|----------------|--------------|------------------|------------------|---------------|-------------------------|------------------|------------------|---------------|---------------|-------------------|-------------------|-----------------|--------------------------|---------------------|---------------------|---------------|-------------------------|--|--|---------------------------|--------------------------|--|--|-----------------------------|-----------------------------|--|
| <p>Indicate frequency per day the listed activity can be performed.</p> <p>(n = never, o = occasional, f = frequent, c = constant)</p> <table style="width:100%;"> <tr> <td style="width:25%;">Lifting</td> <td style="width:25%;">Carrying</td> <td style="width:25%;">Sitting</td> <td style="width:25%;">Kneeling</td> </tr> <tr> <td>_____ 1-5 lbs.</td> <td>_____ 1-5 lbs.</td> <td>_____ Total time on feet</td> <td>_____ R: Finger Dexterity</td> </tr> <tr> <td>_____ 6-10 lbs.</td> <td>_____ 6-10 lbs.</td> <td>_____ Standing</td> <td>_____ Inside</td> </tr> <tr> <td>_____ 11-25 lbs.</td> <td>_____ 11-25 lbs.</td> <td>_____ Walking</td> <td>_____ R: Below Shoulder</td> </tr> <tr> <td>_____ 26-50 lbs.</td> <td>_____ 26-50 lbs.</td> <td>_____ Bending</td> <td>_____ Outside</td> </tr> <tr> <td>_____ 51-100 lbs.</td> <td>_____ 51-100 lbs.</td> <td>_____ Squatting</td> <td>_____ R: Above Shoulders</td> </tr> <tr> <td>_____ Over 100 lbs.</td> <td>_____ Over 100 lbs.</td> <td>_____ Stooing</td> <td>_____ L: Below Shoulder</td> </tr> <tr> <td></td> <td></td> <td>_____ Working with Others</td> <td>_____ L: Above Shoulders</td> </tr> <tr> <td></td> <td></td> <td>_____ Other (explain) _____</td> <td>_____ Other (explain) _____</td> </tr> </table> | Lifting | Carrying | Sitting | Kneeling | _____ 1-5 lbs. | _____ 1-5 lbs. | _____ Total time on feet | _____ R: Finger Dexterity | _____ 6-10 lbs. | _____ 6-10 lbs. | _____ Standing | _____ Inside | _____ 11-25 lbs. | _____ 11-25 lbs. | _____ Walking | _____ R: Below Shoulder | _____ 26-50 lbs. | _____ 26-50 lbs. | _____ Bending | _____ Outside | _____ 51-100 lbs. | _____ 51-100 lbs. | _____ Squatting | _____ R: Above Shoulders | _____ Over 100 lbs. | _____ Over 100 lbs. | _____ Stooing | _____ L: Below Shoulder | | | _____ Working with Others | _____ L: Above Shoulders | | | _____ Other (explain) _____ | _____ Other (explain) _____ | <p>Indicate longest single time duration each activity can be performed.</p> |
| Lifting | Carrying | Sitting | Kneeling | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| _____ 1-5 lbs. | _____ 1-5 lbs. | _____ Total time on feet | _____ R: Finger Dexterity | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| _____ 6-10 lbs. | _____ 6-10 lbs. | _____ Standing | _____ Inside | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| _____ 11-25 lbs. | _____ 11-25 lbs. | _____ Walking | _____ R: Below Shoulder | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| _____ 26-50 lbs. | _____ 26-50 lbs. | _____ Bending | _____ Outside | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| _____ 51-100 lbs. | _____ 51-100 lbs. | _____ Squatting | _____ R: Above Shoulders | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| _____ Over 100 lbs. | _____ Over 100 lbs. | _____ Stooing | _____ L: Below Shoulder | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | _____ Working with Others | _____ L: Above Shoulders | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | _____ Other (explain) _____ | _____ Other (explain) _____ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

}

Reaching

Please notify us if the Employee returns to work after the submission of this form.

Mental Limitations – Abilities

| | Excellent | Good | Fair | Guarded |
|------------------------------|-----------|-------|-------|---------|
| Judgment/Decision making | _____ | _____ | _____ | _____ |
| Deal with work stresses | _____ | _____ | _____ | _____ |
| Function independently | _____ | _____ | _____ | _____ |
| Concentration/Attention span | _____ | _____ | _____ | _____ |
| Emotional liability | _____ | _____ | _____ | _____ |
| Caring for self/family | _____ | _____ | _____ | _____ |
| Estimate overall prognosis | _____ | _____ | _____ | _____ |

The patient has been continuously disabled (unable to work) from _____ to _____

Is the patient able to work with job modifications? Yes No

The patient should be able to work Full-time Part-time on _____ or a specific date is unavailable, in
 1 month 1-3 months 3-6 months Other (please specify)

Remarks and/or treatment plan

| | | |
|--|------------------------------|---------------------------|
| Name of the Attending Physician – Please Print | Specialty/Degree(s) | Tax Identification Number |
| Address (No., Street, City, State, ZIP) | (Area Code) Telephone Number | (Area Code) Fax Number |

If necessary, whom can we contact at the attending physician’s office for additional information?

Name: _____ (Area Code) Telephone Number: _____

Signature of Attending Physician _____ Date _____

Please notify us if the Employee returns to work after the submission of this form.

PLEASE READ – STATE SPECIFIC WARNINGS APPLY TO THE RESIDENT OF SUCH STATE

- **Fraud Warning:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.
- **Arkansas/Kentucky/Louisiana/Maine/New Mexico/Ohio/Tennessee:** Any person who, with intent to defraud or knowing that he/she is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement is guilty of insurance fraud.
- **California:** For your protection California law requires the following to appear on this form: Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.
- **Colorado:** It is unlawful to knowingly provide false, incomplete, or misleading facts or information to an insurance company for the purpose of defrauding or attempting to defraud the company. Penalties may include imprisonment, fines, denial of insurance, and civil damages. Any insurance company or agent of an insurance company who knowingly provides false, incomplete, or misleading facts or information to a policyholder or claimant for the purpose of defrauding or attempting to defraud the policyholder or claimant with regard to a settlement or award payable from insurance proceeds shall be reported to the Colorado division of insurance within the department of regulatory agencies.
- **District of Columbia:** It is a crime to provide false or misleading information to an insurer for the purpose of defrauding the insurer or any other person. Penalties include imprisonment and/or fines. In addition, an insurer may deny insurance benefits if false information materially related to a claim was provided by the applicant.
- **Kansas:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties as determined by a court of law.
- **Maryland/Rhode Island:** Any person who knowingly and willfully presents a false or fraudulent claim for payment of a loss or benefit or who knowingly and willfully presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.
- **New Jersey:** Any person who includes any false or misleading information on an application for insurance is subject to criminal and civil penalties.
- **Oregon:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which may be a crime and may subject such person to criminal and civil penalties.
- **Puerto Rico:** Any person who knowingly, and with intent to defraud or deceive any insurance company includes false information in an application for insurance or files, assists, or abets in the filing of a fraudulent claim to obtain payment of a loss or other benefits, or files more than one claim for the same loss or damage, may be guilty of a felony. Upon conviction, that person will be fined between \$5,000 and \$10,000, imprisoned for three (3) years or both. Aggravating or attenuating circumstances may result in the prison term being increased to five (5) years or reduced to two (2) years.
- **Vermont:** Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claims containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto may be committing a fraudulent insurance act, which may be a crime and may subject such person to criminal and civil penalties.
- **Virginia:** Any person who, with the intent to defraud or knowing that he is facilitating a fraud against an insurer, submits an application or files a claim containing a false or deceptive statement may have violated state law.