



Creighton's Online Retreat

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We Jesuits owe it to our partners to remain rooted in the graces of the *Spiritual Exercises* and to find ways to make this apostolic resource available to those with whom we cooperate in mission.

- Peter Hans Kolvenbach, S.J., Superior General of the Society of Jesus, Creighton U., 2004

Creighton's Online Retreat is a tool for entering into the movements of the *Spiritual Exercises* of St. Ignatius of Loyola. This retreat is designed for busy people who desire help in letting God transform their lives. The self-guided retreat shows the way to finding intimacy with God in the midst of our everyday lives. It is a path for anyone with faith to become a "contemplative in action." Though people around the world begin the retreat at any time, the 34 weeks fit wonderfully in the pattern of the liturgical year.

Each year at Creighton, faculty and staff make the retreat and share the graces they receive in monthly sharing groups.

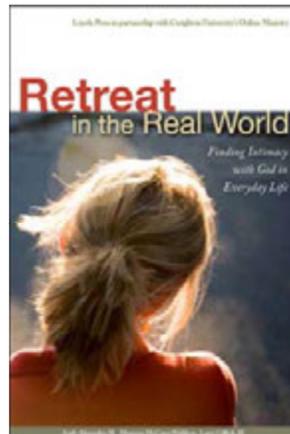
For more information, visit our web site or contact the Collaborative Ministry Office.



Photos from the Retreat Guides for Weeks One and Thirty
- all photos by Don Doll, S.J.

All Over the World - in six languages

Russian, Japanese, Spanish, Swedish, Kiswahili, and Chinese



Available in Print from Loyola Press

Soon to be available in China from 齊廣新聞 - Guang Qi Press of the Diocese of Shanghai

"Retreat in the Real World offers a great opportunity for people to understand, enter, and engage these exercises, no matter what their walk of life or how busy their schedule."

Chris Lowney, author of *Henric Living*

"St. Ignatius of Loyola wanted people to experience his Spiritual Exercises in light of the unique circumstances of their own lives. When it came to prayer, his hallmark was flexibility. So why not let four experts from one of the world's leading centers in Ignatian spirituality bring the Exercises into your life in a brand new way? With their words and photographs to guide you, experience the grace of knowing God, and being known by God, in this innovative, creative and life-giving approach to the way of St. Ignatius."

James Martin, SJ, author of *My Life with the Saints*

What People Share

- I have been so exuberant about the graces of this retreat that I have spoken about it frequently to my friends and highly recommending it to them.
- Wow. It was awesome. I did this with a friend, and that was extremely helpful. I am much more aware of Christ's presence in me, in others, in my family. I feel more intimacy with Christ than I ever have before.
- The retreat has made a very major difference in my life. Before starting the retreat I had left the church and had been away for a very long time. Now thanks in large measure to you I have returned and am happily back "at the table" .
- There are aspects of this retreat that have been just huge. I am not at all from a Roman Catholic background. I pastor an evangelical protestant church. I have to admit that my guard was up initially, but I have to admit, many of my preconceptions of Catholic spirituality were blown apart. I am very grateful for the blessing to my life that has come through this retreat. Thank you so very much.
- Given the complete newness of the concept, it's probably accurate to say the "background times" represented a big shift in my prayer life. I needed the coaching.
- There have been many graces pouring into my life. My relationship with my husband and our children has been the greatest gift. Also, being involved with more outreach faith sharing ministries is making a big difference in my life. Working with the poor has become a big part of who I am since making this retreat. Being open to social justice and wanting and actually doing is a definite grace from making this retreat.

How to make the Retreat

- Alone, with a director, in a group.
- Read the Guide for each week and let it stay in the "background" of one's busy, daily life.
- Use the other weekly resources, as they help.
- A grace will be given each week and one week will prepare for the next.

Our Address:

Google "Online Retreat" or go to:
onlineministries.creighton.edu/CollaborativeMinistry/cmo-retreat.html