Background

The Leadership Scholars program incorporates transformational leadership principles combined with Ignatian values as students progress through a 4 year BSN program.

IOM Future of Nursing report recommends we “prepare and enable nurses to lead change to advance health” (2011, p. 14).

Emotional Intelligence (EI) is emerging as an essential construct in nursing leadership development.

EI is correlated to a person’s ability to communicate, collaborate, and manage relationships.

Ignatian Values Lead EI

Leadership Scholars Program
Focused Extracurricular Immersion in Leadership

Involvement in Groups

Service Involvement

Year 1: Men/Women for and with Others.
(tutoring, service trips, sorority philanthropy, homeless shelters)
Year 2: Seeing God in All Things.
Year 3: Cura Personalis.
Year 4: Faith that Does Justice.

Leadership Involvement
• Leadership opportunities (membership/officers in campus governance & professional organizations)
• Leadership Circles (2 student groups) led by alumni twice/semester discussing leadership application at the point of service.

Outcomes - Emotional Intelligence Pre and Post

<table>
<thead>
<tr>
<th>Composite EI</th>
<th>Mean N = 14</th>
<th>St. Dev. N = 14</th>
<th>Paired t-test p &lt; .05</th>
<th>Wilcoxon Rank Signed Rank</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre Score</td>
<td>110.4</td>
<td>3.0</td>
<td></td>
<td></td>
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<tr>
<td>Post Score</td>
<td>113.8</td>
<td>2.7</td>
<td>t = -2.070  p = .044</td>
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</tbody>
</table>

Self Evaluation of Leadership Scholars Program

<table>
<thead>
<tr>
<th>Quality of Self Reflection</th>
<th>Mean N = 14</th>
<th>St. Dev. N = 14</th>
<th>Involvement w/ Mentoring Process Mean N = 14</th>
<th>St. Dev. N = 14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Likert Scale 1 = minimum, 4 = maximum</td>
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