# EXERCISE SCIENCE SUGGESTED FOUR-YEAR PROGRAM

**PHYSICIAN ASSISTANT**

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<tr>
<th>Name:</th>
<th>Campus Phone:</th>
<th>Major(s):</th>
<th>E-mail Address:</th>
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## FALL

**YEAR: (MAINLY CORE COURSES)**
- CHM 203/4 "General Chemistry"
- MTH 135 "College Algebra" (minimum requirement)
- EXS 142 "Personalized Weight Training"
- ENG 150

## SPRING

**YEAR: (MAINLY CORE COURSES)**
- CHM 205/6 "General Chemistry"
- BIO 201/05 "General Biology"
- EXS 144 "Aerobics"
- EXS 195 "Introduction to Athletic Training"

## SUMMER

**YEAR:**

**Prefered Internship Area/When (Semester/Yr):**

**ADDITIONAL COMMENTS:**

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<th>YEAR:</th>
<th>SPRING</th>
<th>SUMMER</th>
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<td>YEAR:</td>
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<td><strong>Declares EXS major if at least a 2.75 GPA is earned after 30 credit hours or more of CU classes, and BIO and CHM have been completed with a &quot;C&quot; or higher grade</strong></td>
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### Year: CHM 323/4 "Organic Chem II"
- PSY 111 "Intro to Psychology"
- EXS 125 "First Aid"
- EXS 491 "Exercise Leadership and Program Administration" (CW) or Fall Jr. Year
- EXS 320 "Human Physiology"

### Year: CHM 371 "Biochem"
- CHM 381 “Biochem Lab” (recommended)
- PSY 351 "Abnormal Psych"
- EXS 335 "Exercise Physiology"
- EXS 331 "Human Anatomy"

### Year: PSY 342 "Adolescent & Adult Development" (Spring only) or PSY 341 “Infant & Child Development”
- ENG 251 "Advanced Composition"
- EXS 350 "Nutrition for Health and Sports Performance" (CW)
- EXS 401 "Exercise Prescription"

### Year: SRP (various courses)
- EXS 407 "Basic Statistics and Research Design" (CW) or BIO 401 “Biostats”
- BIO 317 “Genetics” or EXS 334 “Biomechanics”

### Year: CHECKPOINTS
- 128 hours completed
- 48 hours of 300+ level classes
- Core completed
- Major requirements completed
- 4 certified writing courses
- Language requirement satisfied