

**EXERCISE SCIENCE SUGGESTED COURSE OF STUDY SCHEDULE
PRE-PHYSICAL THERAPY “3 AND 3” ONLY**

Name: _____

Campus Phone: _____

E-mail Address: _____

| FALL | SPRING | NOTES: |
|--|--|---|
| YEAR: CHM 203/4 "General Chemistry" THL 100 "Christianity / Context" ENG 150 "Rhetoric / Comp" PSY 111 "Intro to Psychology" RSP 100 "Ratio Studiorum" EXS 240 "Designing..." | YEAR: CHM 205/6 "General Chemistry" THL 2xx Theology course ENG 120 "World Literature" BIO 201/05 "General Biology II" EXS 195 "Introduction to Athletic Training" | DECLARE EXS MAJOR AFTER 2 SEMESTERS |
| YEAR: BIO 202/06 "General Biology" COM 152 "Principles of Comm." SOC 101 "Self and Society" MTH 245 "Calculus" EXS 320 "Human Physiology" | YEAR: PHL 107 "Intro to Philosophy" EXS 125 "First Aid" EXS 142 "Personalized Weight Training" EXS 331 "Human Anatomy" EXS 335 "Exercise Physiology" EXS 491 "Exercise Leadership and Program Admin" (CW) or Fall Jr. Year | 40 HRS PT OBSERVATION AND GRE EXAM |
| YEAR: PHY 211 "General Physics I" PHL 250 "Phil. Foundations..." EXS 334 "Biomechanics" EXS 350 "Nutrition for Health and Sports Performance" (CW) EXS 401 "Exercise Prescription" (APPLY to PT by DEC. 1st) | YEAR: PHY 212 "General Physics II" HIS 101 "Modern Western World" EXS 407 "Basic Statistics and Research Design" (CW) EXS 420 "Essentials of Strength and Conditioning" EXS 489 "Lab Methods and Procedure" | TOTAL 102 HOURS EXS 492 “Exercise Science Internship” (3 HRS) MEETS ALL 3 AND 3 PT REQUIREMENTS |
| YEAR: <i>SENIOR*</i> SPN 111 "101?" THL 320 "PHL 320?" HIS 1XX History course ENG 121 "World Literature" EXS 492 "Exercise Science Internship" (CW) | YEAR: SRP (various courses) SPN 112 "102?" GLOBAL 3xx THL 3xx EXS 144 "Aerobics" | <i>*for Pre-PT student that did not get into PT program in 3 yrs—graduate with BS degree</i> TOTAL 129 HOURS Checkpoints: _____ 128 hrs. completed _____ 48 hrs. 300 + level classes _____ 4 CW courses _____ Language/Core/Major |

*This program is based on the Creighton University Physical Therapy Program Entrance Requirements (check with the PT department and/or the PT website for updates to the information below):

- A minimum of 90 semester hours (at least 14 hrs each semester)
- Graduate Record Exam (GRE) scores from the general test must be submitted to the school
- General Biology I & II, Chemistry I & II, General Physics I & II (all with labs); Human or Mammalian Physiology; English; Statistics and at least 57 other coursework hrs toward the student’s major (Exercise Science courses and 6 hrs of theology must be included).
- Submit completed application to the Creighton University School of Pharmacy and Health Professions Admission Office by **December 1** of the academic year prior to enrollment in the professional program.
- Achieved a minimum overall quality point average (QPA) of 3.25 at the end of the semester in which the student applies.
- Have completed an interview expressing an appropriate rationale and demonstrating interpersonal skills for the study and practice of physical therapy similar to that expected of other candidates.
- Have completed at least 40 hours of observation of clinical practice, and submit a letter of recommendation from a physical therapist with whom the student has observed clinical practice.