

EXERCISE SCIENCE SUGGESTED FOUR-YEAR PROGRAM PRE-DENTISTRY

Name: _____

Campus Phone: _____

Major(s): _____

E-mail Address: _____

FALL	SPRING	SUMMER
YEAR: (MAINLY CORE COURSES) CHM 203/4 "General Chemistry" EXS 142 "Personalized Weight Training"	YEAR: (MAINLY CORE COURSES) BIO 201/05 "General Biology" CHM 205/06 "General Chemistry" EXS 144 "Aerobics" EXS 195 "Introduction to Athletic Training"	YEAR: **Declares EXS major if at least a 2.75 GPA is earned after 30 credit hours or more of CU classes, and BIO and CHM have been completed with a "C" or higher grade
YEAR: **Declares EXS major** CHM 321/2 "Organic Chem I" EXS 240 "Designing a Personalized Fitness Program" BIO 202/06 "General Biology"	YEAR: CHM 323/4 "Organic Chem II" EXS 125 "First Aid" EXS 331 "Human Anatomy" EXS 320 "Human Physiology"	YEAR:
YEAR: PHY 211 "General Physics I" EXS 335 "Exercise Physiology" EXS 491 "Exercise Leadership & Program Administration" (CW)	YEAR: PHY 212 "General Physics II" EXS 334 "Biomechanics" EXS 350 "Nutrition for Health and Sports Performance" (CW)	YEAR: EXS 492 "Exercise Science Internship"
YEAR: EXS 401 "Exercise Prescription" EXS 489 "Laboratory Methods and Procedures" SRP (various courses) <i>CHM 371 "Biochemistry"*</i>	YEAR: EXS 407 "Basic Statistics and Research Design" (CW) <i>BIO 351 "Microbiology"*</i>	YEAR:

PREFERRED INTERNSHIP AREA/WHEN(Semester/Yr):

_____ / _____

ADDITIONAL COMMENTS:

BIO 201/05 FORMERLY BIO 212; BIO 202/06 FORMERLY BIO 211

**CHM 371 & BIO 351 are recommended but not required for Creighton University*

CHECKPOINTS

- _____ 128 hours completed
- _____ 48 hours of 300+ level classes
- _____ Core completed
- _____ Major requirements completed
- _____ 4 certified writing courses
- _____ Language requirement satisfied