

## EXERCISE SCIENCE SUGGESTED FOUR-YEAR PROGRAM (ACCELERATED NURSING)

Name: \_\_\_\_\_

Campus Phone: \_\_\_\_\_

Major(s): \_\_\_\_\_

E-mail Address: \_\_\_\_\_

\*DOES NOT INCLUDE ALL CORE REQUIREMENTS

FALL	SPRING	SUMMER
YEAR: <b>(MAINLY CORE COURSES)</b> CHM 203/4 "General Chemistry" EXS 142 "Personalized Weight Training"	YEAR: <b>(MAINLY CORE COURSES)</b> CHM 205/6 "General Chemistry" BIO 201/05 "General Biology" EXS 195 "Introduction to Athletic Training" EXS 144 "Aerobics"	YEAR: <b>**Declares EXS major if at least a 2.75 GPA is earned after 30 credit hours or more of CU classes, and BIO and CHM have been completed with a "C" or higher grade</b>
YEAR: <b>**Declares EXS major**</b> CHM 321/22 Organic CHM EXS 240 "Designing a Personalized Fitness Program" EXS 331 "Human Anatomy" SOC101 "Self & Society"	YEAR: EXS 125 "First Aid" EXS 320 "Human Physiology" PSY 111 "Intro to Psych" PHL/THL250 "Ethics" CHM 323/24 Organic CHM	YEAR:
YEAR: EXS 334 "Biomechanics" EXS 335 "Exercise Physiology" MIC 141 "Microbiology" (Fall only course) EXS 491-"Exercise Leadership and Program Administration" (CW)	YEAR: EXS 350-"Nutrition for Health and Sports Performance (CW) PSY 342 Adolescent & Adult Development (Spring only course)	YEAR:
YEAR: EXS 401 "Exercise Prescription" PSY 341 "Infant & Child Development" EXS 492 "Exercise Science Internship"	YEAR: EXS 489 "Laboratory Methods and Procedures" EXS 407-"Basic Statistics and Research Design"(CW)	YEAR:

PREFERRED INTERNSHIP AREA

Nursing

INTENDED SEMESTER/YEAR FOR INTERNSHIP:

\_\_\_\_\_

ADDITIONAL COMMENTS:

### CHECKPOINTS

- \_\_\_\_\_ 128 hours completed
- \_\_\_\_\_ \*48 hours of 300+ level classes
- \_\_\_\_\_ Core completed
- \_\_\_\_\_ Major requirements completed
- \_\_\_\_\_ 4 certified writing courses
- \_\_\_\_\_ \*Language requirement satisfied