

EXERCISE SCIENCE SUGGESTED FOUR-YEAR PROGRAM PHYSICIAN ASSISTANT

Name: _____
Major(s): _____

Campus Phone: _____
E-mail Address: _____

FALL	SPRING	SUMMER
YEAR: (MAINLY CORE COURSES) CHM 203/4 "General Chemistry" MTH 135 "College Algebra" (minimum requirement) EXS 142 "Personalized Weight Training" ENG 150	YEAR: (MAINLY CORE COURSES) CHM 205/6 "General Chemistry" BIO 201/05 "General Biology" EXS 144 "Aerobics" EXS 195 "Introduction to Athletic Training"	YEAR: **Declares EXS major if at least a 2.75 GPA is earned after 30 credit hours or more of CU classes, and BIO and CHM have been completed with a "C" or higher grade
YEAR: **Declares EXS major** CHM 321/2 "Organic Chem I" EXS 240 "Designing a Personalized Fitness Program" BIO 202/06 "General Biology"	YEAR: CHM 323/4 "Organic Chem II" PSY 111 "Intro to Psychology" EXS 125 "First Aid" EXS 491 "Exercise Leadership and Program Administration" (CW) or Fall Jr. Year EXS 320 "Human Physiology"	YEAR:
YEAR: CHM 371 "Biochem" CHM 381 "Biochem Lab" (recommended) PSY 351 "Abnormal Psych" EXS 335 "Exercise Physiology" EXS 331 "Human Anatomy"	YEAR: PSY 342 "Adolescent & Adult Development" (Spring only) or PSY 341 "Infant & Child Development" ENG 251 "Advanced Composition" EXS 350 "Nutrition for Health and Sports Performance" (CW) EXS 401 "Exercise Prescription"	YEAR: EXS 492 "Exercise Science Internship"
YEAR: BIO 432 "Immunology" BIO 351 "Microbiology" EXS 489 "Laboratory Methods and Procedures"	YEAR: SRP (various courses) EXS 407 "Basic Statistics and Research Design" (CW) or BIO 401 "Biostats" EXS 334 "Biomechanics"	YEAR:

PREFERRED INTERNSHIP AREA/WHEN (Semester/Yr):

_____ / _____

ADDITIONAL COMMENTS:

CHECKPOINTS

- _____ 128 hours completed
- _____ 48 hours of 300+ level classes
- _____ Core completed
- _____ Major requirements completed
- _____ 4 certified writing courses
- _____ Language requirement satisfied