

EXERCISE SCIENCE SUGGESTED FOUR-YEAR PROGRAM (PRE-MEDICINE)

Name: _____
Major(s): _____

Campus Phone: _____
E-mail Address: _____

FALL	SPRING	SUMMER
YEAR: (CORE COURSES) CHM 203/4 "General Chemistry" ENG 150 "Rhetoric & Comp"	YEAR: (CORE COURSES) CHM 205/6 "General Chemistry" BIO 201/05 "General Biology" EXS 142 "Personalized Weight Training" EXS 121/122 "World Literature" MTH 245 Calculus I (or summer)	YEAR: **Declares EXS major if at least a 2.75 GPA is earned after 30 credit hours or more of CU classes, and BIO 201/05 or 202/06 and CHM 203/04 or 205/06 have been completed with a "C" or higher grade
YEAR: **Declares EXS** BIO 202/06 "General Biology" CHM 321/2 "O'Chem I" EXS 240 "Designing a Personalized Fitness Program"	YEAR: CHM 323/4 "O'Chem II" EXS 195 "Introduction to Athletic Training" EXS 320 "Human Physiology"*	YEAR: <i>*EXS 331 & EXS 320 could be switched</i>
YEAR: PHY 211 "Physics I" EXS 331 "Human Anatomy"* EXS 125 "First Aid" EXS 144 "Aerobics" BIO 317 Genetics EXS 491-"Exercise Leadership and Program Administration" (CW)	YEAR: PHY 212 "Physics II" EXS 335 "Exercise Physiology" EXS 350-"Nutrition for Health and Sports Performance (CW)" EXS 334 "Biomechanics" CHM 371 Biochemistry (MCAT late Spring)	YEAR: EXS 492 "Exercise Science Internship" (APPLY TO MED SCHOOL IN JULY)
YEAR: EXS 401 "Exercise Prescription" EXS 407-"Basic Statistics and Research Design"(CW) BIO 362 Cell Structure and Function (if BIO minor) or BIO 532 / 417	YEAR: SRP (various courses) BIO 401 Biostatistics (if BIO minor) Spring Only course (may change) EXS 489 "Laboratory Methods and Procedures"	YEAR:

INTENDED SEMESTER/YEAR FOR INTERNSHIP:

PREFERRED INTERNSHIP AREA

ADDITIONAL COMMENTS:

Note: Core courses should be scheduled evenly throughout the four-year program.

CHECKPOINTS

- _____ 128 hours completed
- _____ *48 hours of 300+ level classes
- _____ Core completed
- _____ Major requirements completed
- _____ 4 certified writing courses

BIO MINOR - BIO 201/05, 202/06 + 10 ADDITIONAL BIO CREDITS w/ 1 lab course @ 300 LEVEL OR ABOVE; e.g. BIO 317 (Genetics) 362 (Cell structure and function) & 401 (Biometry - instead of EXS 407)