

EXERCISE SCIENCE SUGGESTED FOUR-YEAR PROGRAM PRE-OCCUPATIONAL THERAPY

Name: _____
Major(s): _____

Campus Phone: _____
E-mail Address: _____

FALL	SPRING	SUMMER
YEAR: (MAINLY CORE COURSES) CHM 203/4 "General Chemistry" PHL 107 "Intro to Philosophy" ENG 150 "Rhetoric & Composition" EXS 142 "Personalized Weight Training"	YEAR: (MAINLY CORE COURSES) BIO 212 "General Biology" ENG 251 "Advanced Composition" EXS 144 "Aerobics" EXS 195 "Introduction to Athletic Training"	YEAR: **Declares EXS major if at least a 2.75 GPA is earned after 30 credit hours or more of CU classes, and BIO and CHM have been completed with a "C" or higher grade
YEAR: **Declares EXS major** BIO 211 "General Biology" PSY 111 "Intro to Psychology" EXS 240 "Designing a Personalized Fitness Program" EXS 331 "Human Anatomy"	YEAR: SOC 111 "Self and Society" COM 152 "Principles of Communication" EXS 125 "First Aid" EXS 320 "Human Physiology" EXS 491 "Exercise Leadership and Program Administration" (CW) or Fall Jr. Year	YEAR:
YEAR: PSY 351 "Abnormal Psychology" EXS 334 "Biomechanics" EXS 335 "Exercise Physiology"	YEAR: PSY 342 "Adolescent & Adult Development" (SP only) ART 1xx select studio art course EXS 350 "Nutrition for Health and Sports Performance" (CW) EXS 401 "Exercise Prescription"	YEAR:
YEAR: EXS 489 "Laboratory Methods and Procedures" EXS 407 "Basic Statistics and Research Design" (CW)	YEAR: SRP (various courses) EXS 492 "Exercise Science Internship"	YEAR:

PREFERRED INTERNSHIP AREA/WHEN(Semester/Yr):

_____ / _____

ADDITIONAL COMMENTS:

CHECKPOINTS

- _____ 128 hours completed
- _____ 48 hours of 300+ level classes
- _____ Core completed
- _____ Major requirements completed
- _____ 4 certified writing courses
- _____ Language requirement satisfied

