**EXERCISE SCIENCE SUGGESTED FOUR-YEAR PROGRAM**  
**PRE-PHYSICIAN ASSISTANT**

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<th>Name:</th>
<th>Campus Phone:</th>
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<th>FALL</th>
<th>SPRING</th>
<th>SUMMER</th>
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| **YEAR:**  
**MAINLY CORE COURSES**  
CHM 203/4 "General Chemistry"  
MTH 135 "College Algebra"  
MIC 141 "Microbiology" (Fall only)  
EXS 142 "Personalized Weight Training" | **YEAR:**  
**MAINLY CORE COURSES**  
CHM 205/6 "General Chemistry"  
BIO 212 "General Biology"  
EXS 144 "Aerobics"  
EXS 195 "Introduction to Athletic Training" | **YEAR:**  
**Declares EXS major if at least a 2.75 GPA is earned after 30 credit hours or more of CU classes, and BIO and CHM have been completed with a "C" or higher grade** |
| **YEAR:**  
**Declares EXS major**  
CHM 321/2 "Organic Chem I"  
EXS 240 "Designing a Personalized Fitness Program"  
EXS 320 "Human Physiology" | **YEAR:**  
CHM 323/4 "Organic Chem II"  
PSY 111 "Intro to Psychology"  
EXS 125 "First Aid"  
EXS 331 "Human Anatomy"  
EXS 491 "Exercise Leadership and Program Administration" (CW) or Fall Jr. Year | **YEAR:**  
| **YEAR:**  
CHM 381 "Biochem w/ Lab" (Fall only)  
PSY 351 "Abnormal Psych"  
EXS 334 "Biomechanics"  
EXS 335 "Exercise Physiology" | **YEAR:**  
PSY 342 "Adolescent & Adult Development" (Spring only)  
ENG 251 "Advanced Composition"  
EXS 350 "Nutrition for Health and Sports Performance" (CW)  
EXS 401 "Exercise Prescription" | **YEAR:**  
| **YEAR:**  
MIC 541 "Microbiology & Immunology" (Fall only)  
EXS 489 "Laboratory Methods and Procedures" | **YEAR:**  
SRP (various courses)  
EXS 407 "Basic Statistics and Research Design" (CW)  
EXS 492 "Exercise Science Internship" | **YEAR:**  
| **YEAR:**  
| | |  
| **PREFFERRED INTERNSHIP AREA/WHEN (Semester/Yr):** | | |
| | |  
| **ADDITIONAL COMMENTS:** | | |

**CHECKPOINTS**

- 128 hours completed
- 48 hours of 300+ level classes
- Core completed
- Major requirements completed
- 4 certified writing courses
- Language requirement satisfied