

EXERCISE SCIENCE SUGGESTED FOUR-YEAR PROGRAM (4 YEAR PRE-PHARMACY)

Name: _____
Major(s): _____

Campus Phone: _____
E-mail Address: _____

FALL	SPRING	SUMMER
<p>YEAR: (CORE COURSES)</p> <p>CHM 203/4 "General Chemistry" BIO 211 "General Biology" ENG 150 "Rhetoric & Comp"</p>	<p>YEAR: (CORE COURSES)</p> <p>CHM 205/6 "General Chemistry" BIO 212 "General Biology" EXS 142 "Personalized Weight Training" EXS 121/122 "World Literature" MTH 245 Calculus I (or summer)</p>	<p>YEAR: **Declares EXS major if at least a 2.75 GPA is earned after 30 credit hours or more of CU classes, and BIO and CHM have been completed with a "C" or higher grade</p>
<p>YEAR: **Declares EXS**</p> <p>CHM 321/2 "O'Chem I" ENG 121/122 World Literature EXS 240 "Designing a Personalized Fitness Program" EXS 331 "Human Anatomy"*</p>	<p>YEAR:</p> <p>CHM 323/4 "O'Chem II"</p> <p>EXS 195 "Introduction to Athletic Training" EXS 320 "Human Physiology"* PSY 111 Intro. Psychology EXS 491-"Exercise Leadership and Program Administration" (CW) or Fall Jr. Year</p>	<p>YEAR:</p> <p><i>*EXS 331 & EXS 320 could be switched</i></p>
<p>YEAR:</p> <p>PHY 211 "Physics I"</p> <p>EXS 125 "First Aid" EXS 144 "Aerobics" EXS 335 "Exercise Physiology" COM 152 "Principles of Communication"</p>	<p>YEAR:</p> <p>PHY 212 "Physics II" ECO203 "Intro Microeconomics" EXS 350-"Nutrition for Health and Sports Performance (CW)" EXS 334 "Biomechanics" EXS 401 "Exercise Prescription"</p>	<p>YEAR:</p> <p>EXS 492 "Exercise Science Internship"</p>
<p>YEAR:</p> <p>EXS 489 "Laboratory Methods and Procedures"</p>	<p>YEAR:</p> <p>SRP (various courses) EXS 407-"Basic Statistics and Research Design"(CW)</p>	<p>YEAR:</p>

INTENDED SEMESTER/YEAR FOR INTERNSHIP:

ADDITIONAL COMMENTS:

CHECKPOINTS

- _____ 128 hours completed
- _____ 48 hours of 300+ level classes
- _____ Core completed
- _____ Major requirements completed
- _____ 4 certified writing courses

This schedule reflects a 4 Year Plan for students graduating with an Exercise Science degree. Students may choose to apply & enter CU Pharmacy after a minimum of 63 semester hours of prerequisites are completed.

Note: Core courses should be scheduled evenly throughout the four-year program.