

EXERCISE SCIENCE SUGGESTED FOUR-YEAR PROGRAM

4 YEAR PRE-PHYSICAL THERAPY

Name: _____
 Major(s): _____

Campus Phone: _____
 E-mail Address: _____

FALL	SPRING	SUMMER
YEAR: (MAINLY CORE COURSES) CHM 203/4 "General Chemistry" ENG 150 "Rhetoric & Composition" EXS 142 "Personalized Weight Training"	YEAR: (MAINLY CORE COURSES) BIO 212 "General Biology" CHM 205/6 "General Chemistry" EXS 144 "Aerobics" EXS 195 "Introduction to Athletic Training"	YEAR: **Declares EXS major if at least a 2.75 GPA is earned after 30 credit hours or more of CU classes, and BIO and CHM have been completed with a "C" or higher grade
YEAR: **Declares EXS major** BIO 211 "General Biology" ENG 121/122 "World Literature" EXS 240 "Designing a Personalized Fitness Program" EXS 331 "Human Anatomy"	YEAR: EXS 125 "First Aid" EXS 320 "Human Physiology" EXS 491 "Exercise Leadership and Program Administration" (CW) or Fall Jr. Year	YEAR:
YEAR: PHY 211 "Physics I" EXS 334 "Biomechanics" EXS 335 "Exercise Physiology"	YEAR: PHY 212 "Physics II" EXS 350 "Nutrition for Health and Sports Performance" (CW) EXS 401 "Exercise Prescription"	YEAR: <p style="text-align: center;">40 HRS PT OBSERVATION AND GRE EXAM</p> <p style="text-align: center;"><i>Online PTCAS application available July 15th</i></p>
YEAR: EXS 489 "Laboratory Methods and Procedures" EXS 407 "Basic Statistics and Research Design" (CW) (APPLY to PT by Nov. 1st)	YEAR: SRP (various courses) EXS 492 "Exercise Science Internship"	<u>CHECKPOINTS</u> <input type="checkbox"/> 128 hours completed <input type="checkbox"/> 48 hours of 300+ level classes <input type="checkbox"/> Core completed <input type="checkbox"/> Major requirements completed <input type="checkbox"/> 4 certified writing courses <input type="checkbox"/> Language requirement satisfied

*This program is based on the Creighton University Physical Therapy Program Entrance Requirements

(check with the PT department and/or the PT website for updates to the information below):

- A minimum of 90 semester hours (at least 14 hrs each semester)
- Graduate Record Exam (GRE) scores from the general test must be submitted to the school
- General Biology I & II, Chemistry I & II, General Physics I & II (all with labs); Human or Mammalian Physiology; English; Stats and at least 57 other coursework hrs toward the student's major (EXS courses & 6 hrs of theology must be included).
- Submit completed application to the Creighton University School of Pharmacy and Health Professions Admission Office by **November 1st (preferred deadline) final deadline is February 1st** of the academic year prior to enrollment in the professional program. Online (PTCAS applications are available beginning July 15th) see CU-PT website for details
- Achieved a minimum overall quality point average (QPA) of 3.25 at the end of the semester in which the student applies.
- Have completed an interview expressing an appropriate rationale and demonstrating interpersonal skills for the study and practice of physical therapy similar to that expected of other candidates.

Have completed at least 40 hours of observation of clinical practice, and submit a letter of recommendation from a physical therapist with whom the student has observed clinical practice.