

## **ATTENTION EXS MAJORS**

NEW APPROACH TO ADVISING IS INSTITUTED BY THE EXS DEPARTMENT

### **BEFORE SIGNING UP FOR AN ADVISING TIME**

#### **Follow these steps**

- 1) Print out these directions
- 2) Click on this link  
<http://www.creighton.edu/ccas/exercisescience/major/advising/index.php>
- 3) Locate your intended CAREER PATH (i.e. Accelerated Nursing, Physical Therapy, etc) where you will find 2 forms: 1] CAREER PATH REQUIREMENTS FORM; and, 2] FOUR YEAR PLANNING FORM. In addition, you will find an EXS BLANK WORKSHEET, which is the last document linked on the page under "General Exercise Science Degree".
- 4) PRINT OUT the 3 forms
- 5) NEXT, GO to Creighton's website and CLICK on NEST (located on the right-hand side)
- 6) After signing in, CLICK on Student/Faculty Login
- 7) Then CLICK on "Student Services," then "Student Records"
- 8) Next, CLICK on "Degree Evaluation, select "Fall 2009" and "Generate New Evaluation"
- 9) Then CLICK on "detailed requirements" ... and PRINT THIS OUT
- 10) While reviewing the DETAILED REQUIREMENTS FORM (from the Nest), the CAREER PATH REQUIREMENTS FORM and the FOUR YEAR PLANNING FORM
  - a] list the courses completed and those in which you are currently enrolled onto the EXS BLANK WORKSHEET
  - b] decide on and then list on the same form courses that you should register for Spring, 2010
- 11) SIGN UP FOR AN ADVISING TIME ON YOUR EXS ADVISOR's DOOR and BRING TO THE ADVISING SESSION the following information:
  - a] DETAILED REQUIREMENTS FORM
  - b] CAREER PATH REQUIREMENTS FORM, and
  - c] THE FOUR YEAR PLAN THAT YOU COMPLETED

**Students who do not bring items a-c in STEP 11 to their advising session will not be given their PIN number, and will need to reschedule an advising session. If you have any questions, please email or contact your EXS Advisor.**