

# Rudi L. Mitchell, Ed.D., L.C.S.W.

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## Career Objective

To provide professional services in the areas of: Mental Health Management, Counseling, Psychology, clinical Social Work, Social Work, Research, Consultation, an as an Educator/Teacher.

## Education

Doctor of Education, December 1987  
Educational Psychology and Counseling  
University of South Dakota  
Vermillion south Dakota

Master of Social Work, August 1975  
University of Nebraska-Lincoln  
Lincoln, Nebraska

Bachelor of General Studies, August 1973  
Emphasis on social Work  
University of Nebraska-Omaha  
Omaha, Nebraska

## Licensing / Certification

- Licensed as a Certified master Social Worker, State of Nebraska, Certification # 158, September 1994 to present
- Licensed as a Mental Health Practitioner, State of Nebraska, License #759, September 1994 to present

## Professional Employment

- **Guidance & Development Center, Macy, NE, December 1995 – May 2006:**  
**Director of Mental Health/Social Services for the Omaha Tribe of Nebraska & Iowa.**  
Administer programs for services in the area of Mental Health and social Services.  
Supervise a staff of six, in addition to consulting with a consulting clinical psychologist and psychiatrist.
- **Nebraska Indian Community College: June 2002 to January 2003**  
**Interim President**  
Assumed all Administrative duties in operating a community college on both the Omaha Tribe and Santee Sioux Tribe Indian Reservations in Northeast Nebraska
- **Professional Counseling Associates; P.C., Macy, NE, April – November 1992**  
**Co-owner of a private Mental Health Clinic in Northeast Nebraska.**  
Provided various therapeutic services to individuals, families, and groups in a multi-cultural setting. Both psychological and psychiatric evaluations, as well as individual consultations were made available to clients.
- **Macy Youth and Family Services; Macy, NE, July 1990 – June 1992**  
**Served as an Educational Consultant with Drug and Alcohol Youth Prevention Program.**  
Provided consultation in the area of Social Services with a Social Services Program.

- **Diabetes Project, U.S. Public Health Service; Winnebago, NE, 1991 – 1-1992**  
**Served as Consulting Research Coordinator**  
Provided Coordination of services for a medical research program on Acanthosis Nigricans with Native American Children residing among the sovereign Ho-Chunk (Winnebago) and UmOnHOn (Omaha) Nations of Nebraska
  
- **Winnebago Counseling Center; Winnebago, NE, December 1988 – March 1990**  
**Director and Counseling Psychologist.**  
Served as Clinical Director for an out-patient Mental Health facility among the Ho-Chunk Nation. Supervised staff of six, including a consulting clinical psychologist and psychiatrist. Administration was 60% and Psychotherapy with clients was 40% of time
  
- **Nebraska Indian Community College; Winnebago, NE, September 1987 – May 1988**  
**Part time instructor**  
Taught courses on Introduction to Psychology on two satellite campuses
  
- **Private Consultant on recurring basis, February 1987 - Present**  
Providing various services in the areas of Mental Health, social Services, and Education including lectures, workshops, seminars, evaluations, staff training and research with individual groups and organizations.
  
- **Carl T. Curtis Health Education Center; Macy, NE, may – August 1985**  
**Acting Director of out-patient Mental Health/Social Services Department**  
Supervised staff of four, including a consulting clinical psychologist and psychiatrist. Administration was 50% and psychotherapy with clients 50% of time.
  
- **Bureau of Indian Affairs, Winnebago Agency: Winnebago, NE, May 1976 – April 1984**  
**Social and Child Welfare worker.**  
**Maintained ongoing caseload for the Ho-Chunk Nation, supervising a staff of three.**  
Served as Technical Advisor regarding Social Services for the sovereign Ho-Chunk, UMonHOn, and Santee Nations of Nebraska. Coordinated Social Service matters with local, state, and Federal agencies. Provided both individual and family counseling services among both the Ho-Chunk and UMonHOn Nations, specializing in child welfare.
  
- **Nebraska Indian Inter-Tribal Development Corporation; Winnebago, NE, May 1975 – May 1976**  
**Director of Retired Senior Citizens Volunteer Program. Coordinated Senior Citizens activities for both Ho-Chunk and UMonHOn Nations, supervising two staff persons**

**Professional  
Activities**

- **Nebraska Indian Community College, Macy, NE, January 1996** – Adjunct faculty member
- **University of Nebraska-Omaha, 1993** Instructor
- **Received training in Counseling for Compulsive Gambling conducted by the Minnesota Council on Compulsive Gambling, Inc.** under the auspices of the American Academy of Health Care Providers in the Addictive Disorder, as a prelude to national certification as a counselor in Compulsive Gambling, 1994-1995
- **Lectured to Various groups regarding research study, *the Dynamics of Family Stress to Native Americans*,** and other related areas of Mental Health pertinent to Indigenous Peoples of the Americas
- **Conducted numerous workshops in Stress and Stress management**
- **On-going lecturer on Native American topics.**
- **Served as consultant to various Native American organizations and groups regarding the Indian child Welfare Act.**
- **Past Evaluator in both Nebraska and Kansas for Indian Education Programs**

**Appointments,  
State of Nebraska,  
Governor**

- **Nebraska Coordination Commission for Post-Secondary Education 1991-1992**
- **Nebraska Child Protection Commission, 1991 -1993**
- **State Mental Health Planning and Evaluation Council 1995-present**
- **State Panel for Nebraska Education 2000 and 1995**
- **Lewis and Clark Commission of Nebraska 1999 – 2006**

**Honors and Awards**

- **UMOnHOn Tribal Chairman 1992 – 1995**
- **Served as the Chief Elected Governmental Representative of the sovereign UMOHOn people.** Presided over the elected Tribal Council at all official meetings. Represented the Nation before local, state, and federal hearings, including elected county supervisors, the Nebraska Unicameral and the United States Congress, as well as meetings with executive department heads on the local, state, and federal level, including State Governors, the President of the United States, and representatives of other Sovereign states on the international level.
- **Appointed as an Admiral in the Nebraska navy by Governor Johanns in 2002**

**Listed in:**

- **National Distinguished Service Register, 1988 -1989**
- **Who's Who Among Human Service professionals, 1987 – 1988**

**Professional  
Research and  
Publications**

- **Dissertation Topic: a Comparative Study of Stressful Life Events Among Native American Reservations and Urban Members of the Omaha Tribe of Nebraska.** University of South Dakota, Vermillion, South Dakota 1987

**Professional  
Affiliations**

- **National Association of Social Workers**
- **Nebraska Social Workers Association**
- **VFW lifetime member (Veteran of Vietnam Era) U.S. Army Medical Corps 1964-1967**