Greetings Classic Upward Bound 2010-2011!
It’s back to school and of course a return to Upward Bound. The 2009-2010 academic year saw the Classic program with lots of exciting tours, scholarship achievements and a banner year for parent involvement and community service. We had record numbers in terms of participant enrollment and outstanding achievement!

The Academic year kicked off great with Classic looking good in their new Upward Bound gear! The concerts and plays attended were educational and fun. Our Summer Academy ended the year with a Bang! From move-in, exciting classes, a phenomenal Talent Show, a four day tour of our nation’s capital, to the tearful goodbyes after end of the year trip, summer 2010 was a blast.

As the beginning of the school year is upon us, we are encouraged that Classic Upward Bound students are excited as well as nervous about the return to the classroom. As one of my seniors pointed out with a smile on her face, new freshman had to start a day earlier than the upper classman. Sophomores were glad they are no longer freshman. Juniors are thinking about Homecoming, Club involvement and waiting for the seniors to get out of the way of the Class of 2012!

And then we have the Seniors! The Dynamic Class of Two Zero ONE-ONE, as they’re getting ready for the final chapter; the last opportunity to make their mark. We are looking forward to yet another exciting and productive year with Classic Upward Bound. So, when you find School challenging and need a few moments to make you smile, just sit back and think about the highlights of summer 2010 such as:

— Shaq in a robe and Grandma’s Wig!
— Tiffanie & Kelsey’s unique You Tube performance
— The explosive performance of the DJZ Robotix at the Talent Show
— The emergence of the “What It Do Crew!
— The RA Crew led by Jeffery and Warren.
— Saying Good bye to the Bridge Students
— The long bus ride to D.C.
— The exciting tour of the Holocaust, Spy, Crime and Punishment, Wax Museums!

So let’s all “Get ready” to go to the next level and make 2010-2011 a great school year!

Ms. Crowder
Where are they now?

**Johnterry Whitner**
— Graduated from Creighton Prep High School
— Attending University of Nebraska at Lincoln
— Majoring in Sociology or Political Science with a Minor in African American Studies

**Dominique Johnson**
— Graduated from Omaha North High School
— Attending University of Houston
— Majoring in Psychology and Pre-Law

**Scholarships**
- MO-KAN-NE Board of Directors Scholarship
- Alpha Phi Alpha Scholarship
- Beta Upsilon Foundation Scholarship
- St. Louis Jesuit High School Scholarship
- Salem Baptist Church Scholarship
- Susan Buffett Foundation Scholarship
- Nebraska Urban League Scholarship

**Goodrich**

**Scholarships**
- CACE Scholarship
- Delta Sigma Theta Sorority, Inc.
- Jewel Robinson/Beatrice Mosley Scholarship
- Omaha Schools Board of Education-Paxton Susan Buffett Foundation Scholarship
- Nebraska Urban League Scholarship
- O’Neill Scholarship
- Prince Hall Scholarship
- Two North High School Scholarships
- TAC Building Scholarship
- Salem Baptist Church Scholarship
- Tuskegee Airmen Scholarship

4th Annual Senior Seminar

The 4th Annual Classic Upward Bound Senior Retreat was held from Friday, August 20 through August 22, 2010 at the Aksarben Courtyard by Marriott. Twenty-two Classic Upward Bound Seniors attended the weekend long seminar. The Seniors parents also attended an Senior Year orientation dinner where they were provided an overview of expectations and the need for parental support during the Senior year of high school. The Seniors were then provided information about developing Accomplishment Resumes, got an understanding their individual transcripts, participated in mock admissions and scholarship panel interviews, received scholarship essay writing tips, and had an introduction to specific scholarships, both national and local. The students were attentive and worked hard, and as a result of such mature behavior were treated to a movie, and the wrap up of the Senior Retreat was held at the Granite City restaurant! One of the students reflected that “The retreat covered everything there was for senior year”. Another senior noted that the activities offered during the seminar “gave the students time to bond with each other”, while another student shared insight regarding the supplies provided to the seniors: “The binders we received with all the handouts was great and I got a lot out of it”. The Classic Upward Bound staff is looking forward to an exciting and fulfilling year with the seniors!
Classic Upward Bound students will have the opportunity to visit Durham’s Western Heritage Museum on Friday, September 24 (no school for OPS) immediately following a visit to Iowa Western Community College. Students will visit two exhibits: the permanent exhibits and than 100 Yards of Glory! This event is based on a first-come first-serve basis as we have a limited number of spots, so please turn your permission slips into your Classic Upward Bound Advisor ASAP!

Durham Western Heritage Museum presents

100 Yards of Glory!!!

100 Yards of Glory will offer visitors a rare look at the celebrated and untold stories of Omaha’s football past, dating back to the University of Nebraska’s first football game, a 10-0 victory against the Omaha YMCA men’s team in 1890. From there, the exhibit will explore the games, the players, the coaches, and the trophies that have defined football excellence in our community for 120 years, spanning the high school, collegiate and professional ranks. 100 Yards of Glory will be on exhibit at The Durham August 28, 2010 through January 16, 2011 and is sponsored by Dick and Diane Westin with media support provided by WOWT, Channel 6.

100 Yards of Glory weaves together the stories of Heisman Trophy winners Eric Crouch, Johnny Rodgers, and Nile Kinnick, along with decorated center Dave Rimington and also examines the off-field struggles of African-American quarterbacks Wilburn Hollis and Marlin Briscoe who succeeded in a position few coaches thought men of color could play. The exhibit highlights great Omaha coaches Al Caniglia, Skip Palrang, and Don Leahy and tells of brilliant games and seasons like University of Nebraska – Omaha’s amazing 1954 Tangerine Bowl winning season. Other great football moments honored are the zero-zero tie between Creighton Prep and Central High School after which both teams were declared co-state champions and the University of Nebraska Cornhuskers’ first game ever; that game wasn’t played in Lincoln, but was played here in Omaha. 100 Yards of Glory chronicles Gale Sayers - the ‘Kansas Comet’ and Omaha native, Joe Arenas – UNO alum and San Francisco 49ers great, and John ‘Slingshot’ Knolla - one of the last great players at Creighton University before World War II ended the program forever.

These stories and others serve to pull visitors into the history of Omaha football and see these players from their greatest triumphs to their bitterest heartbreaks. Through artifacts such as Crouch’s Heisman Trophy, Wilburn Hollis’s University of Iowa jersey, and Skip Palrang’s play book, and many more, visitors will connect with this history in a profound and lasting way.
Classic Upward Bound students have the opportunity to participate in this awesome community walk raising awareness about suicide! The walk will take place on Sunday, September 12 from 2-5pm with registration between noon and 2pm. Students are asked to not only participate but also raise money for the American Foundation for Suicide Prevention. We have set a team goal of raising $200!

If you are interested in walking with Classic Upward Bound, please call Anna at 280-2267 ASAP.

If you are interested in donating to our team, please follow the directions below.

1. Go to http://www.outofthedarkness.org/
2. Click on "Make a Donation"
3. Search for "Creighton University TRiO Programs"
4. Under "Search Results" click "Donate Now"
5. Follow the online directions!

Any donation amount truly helps! This does not need to be a big donation!

Power 106.9 and The Institute for Student Empowerment are proud to present, Black Entertainment Television’s Rap It Up Tour.

Come meet and greet celebrity guest stars that have appeared on BET like comedian Joe Clair and other celebrities, as well as Power’s own Bizzy B.

BET’s Rap It Up Tour, celebrates positive healthy lifestyles and helps raise awareness about HIV and STD’s. The Rap it Up Tour which began in 1998 is an outreach component of BET and travels the country to aid communities in their efforts to combat HIV and social ills, brought about through negative sexual behavior. Douglas County continues to lead the nation in HIV/STD’s among teens. Unwanted pregnancies among teenage girls are also prevalent.

Although the tour deals primarily with HIV/STD’s, we will address the issue of teen pregnancy, as well. The tour also acts as a launch pad for creative ideas and initiatives, constructed for long term impact. While, the tour cannot and will not, solve our crisis, it can and does increase our opportunities to get the word out and, at the same time, act as the “Unbalanced Force” necessary to change the minds and lives of our young people.

When: Thursday, September 2
Time: 5:30pm – 8:00pm
Where: Northwest High School
(8204 Crown Point Avenue)
Cost: FREE

How to Register: go to http://power1069fm.com/pages/7890074.php and register online.

This is NOT and Upward Bound sponsored event!
Classic Upward Bound has recently come into possession of a great book titled “1001 Things Every College Student Needs to Know” by Harry H. Harrison JR. Small Portions of this book will be included in every newsletter to better prepare our students for college.

YOU NEED TO KNOW HOW TO PREPARE FOR COLLEGE

1. You need to know you’ll have to beat the odds. According to American College Testing (ACT), one in every four college students leave before completing their sophomore year. And nearly half of all freshmen will either drop out before obtaining a degree, or they’ll leave to complete their degree elsewhere.

2. You need to know your ticket to the upper middle-class is punched with a college degree.

3. You need to know this is the time to shoot for excellence.

4. You need to know you’re not entitled to a college degree. In fact, you’re no longer entitled to anything.

5. You need to know it’s important to accomplish something during your senior year of high school. Kids who coast that last year aren’t mentally or emotionally prepared for the workload college will dump on them.

6. You need to know over one-third of the people who drop out of college do so because they can’t handle the workload.

7. You need to know homework, responsibility, and self-discipline take on different meanings in college.

8. You need to know that if you avoid taking hard classes in high school, you’ll lower your odds of graduating from college.

9. You need to know that everything you thought in high school — about studying, hard work, achievement, meeting people, how cool you were — is all out the window.

10. You need to know it doesn’t matter who you were in high school. Nobody cares. But it does matter who you think you are now.
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**September 2010**

- **Sept 2**: Rap It Up at Northwest High
- **Sept 4**: No SMC (Labor Day Weekend)
- **Sept 6**: Labor Day
- **Sept 11**: National ACT Test Date
- **Sept 12**: Out of the Darkness Community Walk
- **Sept 17**: Last day for Seniors to register for the October ACT
- **Sept 18**: Pre-Tests and Orientation
- **Sept 20-23**: Tutoring Begins (KFC 145)
- **Sept 24**: Iowa Western College Visit and Durham Western Heritage Museum