



FLiP'it

October 2007

The Official Newsletter of the Freshman Leadership Program

Taking Out The Trash by **Werner Nelson**

While Omaha may be known for its business opportunities and its great economic status, the city is also home to many beautiful parks where kids and adults alike can relax and enjoy themselves. Unfortunately, many of these parks, as well as other areas around Omaha, are often abused and littered with garbage as well as various items that people may leave lying around. However, many of the people that live in Omaha participate in an ongoing effort to “Keep Omaha Beautiful.”

On September 29th, members of Creighton’s Freshman Leadership Program took part in the “Keep Omaha Beautiful” program, a non-profit organization that has been a huge part of Omaha for over 40 years, making it one of the city’s oldest



FLP’ers Maddie Hinds, John Ramsey, Ryan McCarthy and Cole Yancey clean up trash in Omaha during the “Keep Omaha Beautiful” initiative.

organizations that concentrates specifically on the environment. The main goal of this program is to help reduce the amount of litter in Omaha, as well as to help educate people on some of the issues that littering can cause to the environment. During the program’s two-hour tour around the areas near to the Creighton campus, the members of the FLP

put on their orange vests and ventured into the neighborhood and nearby parks and found an abundance of trash, ranging anywhere from a small McDonald’s wrapper to a bicycle tire wheel. Whether people were able to pick up a lot of trash or only a little bit, the “Keep Omaha Beautiful” initiative helped to brighten the parks and the streets of Omaha.

NOV. BIRTHDAYS

11/10:	Sally Breining
11/13:	Allison Villalobos
11/17:	Lauren Nicola
11/18:	Kelly Stading
11/19:	Sarah Lynch
11/30:	Peter Woolman

UPCOMING EVENTS

10/27:	Weekend Service
10/30:	Service
11/3-4:	FLP Retreat
11/6:	Seminar 7pm
11/10:	Weekend Service
11/13:	Service

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?Question of the Month?

“If you were a superhero, who would you want to be and why?”

“If I Were A Superhero, I Would Be...”

by **Stephanie Van Veen** and **Will Murphy**

Aquaman: Because he talks to fish and I can't swim –Peter W.
Batman: I mean who else fights criminal injustice with sweet gadgets and the knowledge of dozens of different kinds of martial arts. I mean Batman is awesome and it is for that reason that I would like my choice to be The Dark Knight. –Zach E.
Blossom: Because she's smart, level headed, and the leader of the three girls. –Steph V.
Captain America: He was given enhanced strength and reflexes in order to aid the United States war effort. He has no superhuman powers, but he is transformed from a frail young man into a “perfect” specimen of human development and conditioning. –Cole Y.
Captain Planet: He is the most ambitious and selfless superhero of all time, combining the forces of Wind, Water, Earth, Fire and Heart to save the planet. Remember, “The Power is yours!” –Justin P.
Female Captain Planet: Because he can fly and he is all about keeping the world a beautiful place to live. –Megan Gombold
Cat Woman: Since my name is Cat, and cats have 9 lives. –Catherine W.; Because I wouldn't have to do a whole lot to become her... I've already got the name. –Cat K.

Colin Laffey: I would be psychologically far more destructive than any superhero's physical might. –Colin L.
The Flash: It could be fun to live life that fast. –Scott P.
Godzilla: He knows what he wants, and doesn't let the little things keep him down, and he can breathe fire. –Garret N.
He-man: He gets all the ladies with this ridiculous sculpt that he's always flashing. Plus he has his own posse that he roles with, the: “Masters of the Universe”. –Alex K.
Iron Man: I took a quiz on what superhero are you? It told me I was Iron Man: If I am Iron Man then he must be a stud. –Chris B.
Jean Grey: Because she's stronger than all the boys. –Sally B.
Kirby: Because although he may seem to be just a cute pink puff of happiness, he actually will eat you and then take all your powers. –Moiria K.
Nightcrawler: Because teleporting is sweet! Also he's got those tattoos for everything he's done that's bad, he's blue, and has a tail! –Seth R.
Optimus Prime: He's still got that new car smell, gets 40 miles per gallon, with standard leather seats, 5 CD changer, and an enormous gun to shoot Decepticons. –Nate T.;
Pineapple Man: Just go and check it out! –Nathan M.
The Pink Ranger: Because I used to dress in all pink and run around my living room imitating her sweet moves. –Beth S.
Quail Man: Who doesn't love a

super hero with the super hero ensemble of white-tighties over the shorts and a mini-me side-kick named Pork Chop? –Jenny
The Red Ranger: People only liked the Green Ranger because he had a sweet ride. –Jacob S.
Spiderman: He can swing from buildings, wears a skin tight spidey suit, is a hit with all the ladies, and just plain rocks! I'll take on anyone. –John D.
Female Spiderman: So that I could make out with people upside down! –Whitney B.
Storm: Not only does she have like the sweetest hair on the planet, she is able to control when it rains, snows and when the sun shines! –Melissa M.
Super Man: Because I already have his rockin' body, so why don't I just pick up a few of his powers while I'm at it? –Austin
Violet Parr: Because she can make her own force fields. So, I'm studying and can't be bothered, I'll just put up my force field and study! –Andrea M.
Wolverine: Because no matter how much people hurt him, it will always heal and what girl doesn't like a big hairy guy with claws? –Dan M.

For a complete list of responses visit the FLP website at www.creighton.edu/FLP.

Please e-mail your responses to next months question to Steph V. or Will M. by November 6th. November's question: “If you could travel anywhere in the world, where would you go and why?”





1. Chris Brand proposes to Anne Grass during what is now referred to as "Operation Ask Anne".
2. Mena Ebrahiem, Cat Keating and Jacob Schroeder show how much trash they picked up trying to "Keep Omaha Beautiful".
3. James Perry and John Ramsey wait as Patrick O'Malley cooks hot dogs and hamburgers for the FLP bar-b-que.
4. Half of the FLP group code named the "Yaks" take part in team-building exercises at the ropes course.
5. Katrina Koclanes lunges as she attempts to hit someone during marshmallow dodgeball.



F E A T U R E S

“All the hopes of tomorrow are in the children of today.”

Tourney Benefits Children by **Megan Gombold**

Colorful paintings of Disney characters cover the walls, a myriad of toys and books adorn the floor like seashells on a beach, and the playful, upbeat theme song of “Dora the Explorer” sings merrily in the background. The finishing touches to this scene are the voices and laughter of children, echoing throughout the room, making it impossible not to smile. This warm and lively atmosphere, however, is a sharp contrast to the world that lies outside the walls of Precious Memories daycare, located at the intersection of 24th and Leavenworth.

The children attending Precious Memories range in age from a few months to school-age and live in a world in which poverty, drug and alcohol use in the home, violence, abuse, and other hardships are everyday challenges. For nearly two decades, Granny Verna, the owner and director of this non-profit organization, has made providing a nurturing and safe environment in which to grow her top priority. Children are given a warm meal, nurturing, and love each and every day.

However, providing low-cost, high-quality childcare to families in the area isn’t easy. Even with a tax-exempt status, Granny Verna and her staff have had to make many sacrifices and

make due with less. The cost of utilities, food, and other essentials leaves the organization with little to spare each month. Precious Memories has no extra funds to purchase a sign for the exterior of the building, a new van for daycare transportation, or new toys for the children.

In hopes of alleviating some of the financial burden, the men of the Freshman Leadership Program organized a Root Beer Pong Tournament, held on Thursday, October 4th in the Kiewit eighth and ninth floor neutral zones. Teams of two competed against one another in a competition that entailed tossing a ping-pong ball into the opposing team’s cups of root beer. The first team to make the shot into all of the cups of root beer was proclaimed the winner. Over seventy freshmen attended the event, which raised approximately \$400 dollars for Precious Memories.

Upon entering or leaving the daycare, it is difficult to miss the quote painted on the front window in chunky, red letters, “All the hopes of tomorrow are in the children of today.” Granny Verna and the members of her staff at Precious Memories use the few resources they do have to make this statement true for each and every child that comes into their care by providing nurturing, encouragement, and support, paving the way for a bright future for all.

BBQ and Jell-O by **Rachel Bachmeier**

During family weekend, FLP decided to have an FLP barbeque on the Student Center patio. The men prepared the food and set up for the barbeque. Flippers socialized while eating scrumptious food and met one another’s family members.

Before the barbeque, some flippers participated in the annual Turtle Tug Event, where participants played tug of war with a pool of Jell-O in the middle. Team Maddie-Bobbie was fortunate and made it through the next few rounds.

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F E A T U R E S

FLP and others bring you LONNIE DUPRE

Marshmallow Elimination by **Kelly Stading**

Imagine dodging marshmallows as they wiz by inches from your face, the adrenaline rush as you are steps away from finishing your one-hundredth loop; these are just a few of the emotions students in the Freshman Leadership Program experienced Saturday October 13th, 2007.

It was the FLP's annual celebration of Razzle Dazzle down at Memorial Park in Omaha. It was a jam-packed morning filled with games that challenged participants both physically and mentally.

They started off the day with a nice relaxing game of marshmallow dodge ball. Now when I say relaxing I mean only if you spiritually enjoy watching a well aimed marshmallow connect with its target. Then there is the deeply satisfying pride of a successful dive to avoid several little white bullets. To say the least marshmallow dodge ball was a great way to warm up for the events to come.

Strategy was a key element when it came down to the 100 loop pillow toss. The goal was to see which team could have someone run around their group 100 times first. The catch was that while one team had someone darting away, the other team was passing a giant pillow over and under people until everyone had passed on the pillow. As soon as the last person was done they would chuck the pillow as far as they could and the other team

would have to go get it. They traded off doing this until one of the teams finally reached 100 loops around the group. It was a taxing game but well worth the effort made by both teams.

To wrap up the dazzling day at the park people were divided into two teams for enormous game of capture the flag. The game ended as a tie, ending the day out at the park on a nice even note.

Deep Thoughts

by **Jusitn Putz**

Why does the sun lighten our hair but darken our skin?

Why is it that doctors call what they do practice?

Why is lemon juice made with artificial flavor while dish soap is made with real lemons?

Why don't sheep shrink when it rains?

Why are they called apartments if they are all stuck together?

If four out of five people suffer from diarrhea does that mean that the fifth person enjoys it?

Polar Excursion by **Scott Peak**

Sub-zero temperatures! Cracking ice! Polar bears! What a summer vacation for Lonnie Dupre!

Lonnie Dupre is a polar explorer who made the first expedition to the North Pole during the summer. He is an environmentalist who is spreading the message of global warming by taking extreme weather expeditions. Dupre trained for months prior to both North Pole attempts.

Creighton University was lucky to get Lonnie Dupre to speak to students this past month, on September 30th. FLP was able to work with other on-campus organizations to put on this special event that gave the campus an excellent environmentally themed presentation. Lonnie Dupre shared stories and pictures from his trip and told how it affected him. This trip also gave him the chance to do ice measurements to help out global scientists with their calculations and calibrations of satellites.

Dupre will be moving onto his next trip in 2009 on the Peary Centennial Expedition. The Peary Centennial will be a dog-sledding expedition through the original footsteps of Robert Peary's expedition with the Inuit to the North Pole, paying homage to the Inuit people and their culture which is slowly being lost due to the effects of global warming.



Opinion/Editorial

Thoughts From Execs

Perspective Reflection by Megan Geyer

Even with past experience in the Freshmen Leadership Program, I remained rather uncertain as to how this year would pan out. Could this year's new students improve the FLP program? What would FLP be like? Were my expectations set too high because of the success of years past?

My doubts and concerns were immediately pushed aside with the enthusiasm and energy of the new FLP members. I think I speak for the rest of the exec team and the mentors on this too. It is a privilege to be working with a community so willing to serve others and aspiring to become better leaders.

I quickly realized that this year would surely be different than years past. Already, this year remains incomparable to anything ever done before. Each year FLP plants new leaders into the Creighton Community to grow. This year's new leaders came into the program with new ideas and ways of organizing events for the program, thus sharing their strengths with the rest of the Creighton community. Inside and out of the classroom, this new FLP class has already taken huge steps into making the world a better place.

Strong attendance at FLP events so far this year



Exec of the Month

Name: Brady Keim

Birthday: September 2nd

Hometown: Ottawa, KS

Year: Junior

Dream Vacation: Ecuador

has also demonstrated devotion to the program. I was impressed by the efforts demonstrated to organize the seminar on the North Pole Expedition given by the world-renowned traveler himself, Lonnie . The seminar committee made pamphlets, posters, rented a polar bear costume, organized tables in the dining halls and out on the mall to help spread the word.

Other examples of the floor's endeavors continue to occur through floor programming and service reflections. The Root Beer Pong Tournament provided the opportunity for others outside of FLP to come up to the floor and see the community bonding and participate in it. This event specifically raised money for Precious Memories, one of the floor's service sites. After service each week, service groups

Favorite Color: Baby Blue.

Favorite Food: Sicilian pizza.

Favorite Holiday: Christmas.

Interests: Dogs, reality television, one-hit wonders, boat building, procrastinating, movie quotes, animals you would never see, cereal...

Involvement: The Freshman Leadership Program, Phi Delta Theta fraternity, CSU, Mason Apartments, Eta Sigma Phi, Gallagher Desk worker

Over Fall Break I: went to the casino frequently, and I slept.

share highs and lows and reflect upon the things learned or observed through the time spent at the sites. Specifically, I've seen my group grow and learn more about each other on a more personal level though our time spent at Precious Memories.

Finally, I couldn't end this brief little overview of the year without putting in a little word about the Public Relations Committee. I hope everyone reading this appreciates the time and effort spent on this newsletter. The PR committee worked extremely hard to put it together. Although, we would like to hear any suggestions you might have. Our goal is to make this a fun and enjoyable read that also serves as historic record of the year. We want to capture the memories of the year and help spread the word about FLP.