The Freshman Leadership Program Presents...

YOUR FIRST MISSION

The FLIP Side

The Freshman Leadership Program  Creighton University  Summer 2011
Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday
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21 | 22 | 23 | 24 | 25 | 26 | 27
**Welcome Week Activities** | | | **COM 152 Begins** | **KICK OFF!** | | **Freshman Move-In**
28 | 29 | 30 | 31 | 31 | | **FOAM PARTY.**
28 | 29 | 30 | 31 | | | **September 1**
4 | 5 | 6 | 7 | 8 | 9 | 10
**First Seminar** | | | **Invitation** | | | **Ropes Course**
11 | 12 | 13 | 14 | 15 | 16 | 17
| | **First Workshop** | | **Mass of the Holy Spirit** | | | **Family Weekend**

**DAILY OPERATIONS**

*Look for a clue in the Newsletter to find out who the first speaker will be...*
Every month the Freshman Leadership Program has the fantastic opportunity to attend leadership seminars. Seminar brings in some of the best and brightest leaders from throughout the Omaha community to share their stories and leadership experience with program’s participants. These seminars are designed to inspire students to become better leaders, educate them on the many different ways one can be a leader, and inform them of opportunities they have to put their leadership skills to the test. Directly following seminar, the freshmen have the opportunity to ask questions and reflect on the speaker’s message.

Our first seminar will be held on September 6th in Skutt 104 at 7:30. Your job as a secret agent is to decipher the clues below to figure out who it is:

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4 2 8 9 12 5 8 1 11 10 8 9 6 5 3 2 7 7 10 7
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The first letter of the word that is the answer to the clue below will correspond to the numbered blanks above:
1. “Me, myself, and ___”
2. The land down under
3. “___” is for the way you look at me
4. You gotta get down on this day of the week, according to Rebecca
5. “___________ send Billy Blue Jay right over!”
6. Not NH, NE, NM, or NJ, but N_
7. “___” Kids on the Block had a bunch of hits
8. A little Cyndi Lauper “___” after “___”
9. What the weather is like in Nebraska during the summer
10. This has 8 legs and lives in the ocean
11. What a brachiosaurus doesn’t eat
12. A vegetable of dark purple color

Precious Memories Child Care (Shown in the picture on the left): A Daycare serving children with special needs and low-income families. One of the Community Activism Projects that FLP does benefits this daycare, you will learn a lot more about this later.

Lindenwood Nursing Home: Serves senior citizens in an assisted living community.

Kids Can Community Center: Provides Opportunities such as daycare, preschool, after school programs, tutoring for children, as well as other community services for adults.

Brighton Gardens: Provides assisted living for senior citizens.

Jackson Elementary: Provides learning opportunities for children and their families, such as homework help, tutoring, and prevention programs.

Hope Center: Provides programs and activities to engage children in many different types of growth including spiritually, physically, emotionally, socially, and intellectually.

Children's Respite Center: Provides programs for children with special needs to help them reach their potential.

Jesuit Academy: An inner-city, all-boys school seeking to provide a Christian Education to young men while focusing on Jesuit values.
Communications 152:

FLP Students are enrolled into an introductory level Communications course together during their first semester, COM 152. The course is designed to provide students with an introduction to the process by which citizens formulate and deliver informed, sound, ethical, and sensitive messages to their communities. The course focuses on fostering public speaking skills in students so that they may become agents of change. FLP students will be encouraged to consider COM 152 as a pathway to completion of their Community Activism Requirement. This course facilitates discovery, exploration, and presentation of an issue of concern in the public forum. During this time an informative, persuasive, and group speech will be given. This course will fulfill part of the Core E course requirements.

Community Activism:

FLP does an excellent job at training individuals at becoming community leaders and citizen scholars. The Community Activism portion takes that training a step farther. It empowers freshmen to become agents of change by exploring the process of social change. It begins with the students having the time to research, learn and look for needs in the surrounding communities. Then, as leaders, the students develop a plan to work to improve the issue or need, which often involves bringing people together to accomplish the goal of affecting a need in the community. These projects will be sparked by YOUR own passions! Hopefully, after their freshmen year, students will have the desire to continue the involvement with the cause or organization and see changes throughout their Creighton careers. Community Activism provides the first platform for you to not only have a voice, but more importantly, an active role!

Late Night Chats, Mentor Activities, & Workshops:

Every Tuesday at 7:30pm the participants, Mentors, and Executives of the Freshman Leadership Program will meet. These Tuesday’s will consist of Seminars, Mentor Activities, Late Night Chats, and Workshops. Mentor Activities will be time you spend in your Mentor groups (2 Mentors and 5 to 6 FLP students) getting to know each other, the campus, and Omaha. Late Night Chats will be discussions held on the floor about real world issues. Workshops are held once a month and are designed to expose students to different leadership theories, and provide ways for students to learn tangible skills of being an effective and successful leader.
CLASS FORMATION

Home Towns

FLP Girls - 
FLP Boys - 

Mentors -
Executives -

THE CLASS OF 2015

AVERAGE GPA: 3.75
MEAN ACT SCORE: 26.5
MEAN SAT SCORE: 1210
Nicole Vosters, CU ‘05

I had no idea the impact FLP would have not only on my college career but my past graduate experiences as well. I met my closest friends in FLP, the people I most admire. My sophomore year I was a mentor and loved FLP even more. That year they actually nominated me for Mentor of the Year which was a highlight of my Creighton career and encouraged me to become the FLP Resident Advisor. This was the year I gave everything to FLP and was able to truly give back to the program that I believed had followed and lived out the values that brought me to Creighton in the first place. I had so much fun living on the floor watching and encouraging my residents to become the leaders and individuals Creighton and FLP represent and stand for - people of honor, passion, dignity, individuality, and integrity. I am extremely grateful for the individuals I met through FLP for they encouraged me to believe in myself to pursue work that gives voice to the voiceless which to me is what leaders should be doing in their daily lives. I found voices through this program and the friends and role models I met along the way.

Favorite Part of FLP: Community is my favorite part of the program. The most outstanding, inspirational, and compassionate people I have ever met have come through this program. I encourage everyone to get to know everyone who is in the program today and who was in the past. There is so much to learn from those who are drawn to FLP.

Advice: Get involved, share your voice, listen to others, and allow FLP to shape your Creighton and life experience.

Lizz Wininger Abrahams, CU ‘06

I thoroughly enjoyed my FLP experience. My Freshman year I met a lot of intelligent, interesting people on the 9th floor of Kiewit. My neighbor on K9 ended up being a bridesmaid in my wedding! After my freshman year, I became a mentor. I was the Mentor Executive my Junior year and my senior year I was the Student Coordinator. I was officially a "lifer" and loved every minute of it! FLP exposed me to a variety of people with different backgrounds, major interests, hobbies, etc. It was a great experience to work with such motivated people.

Favorite Part of FLP: The people. Plain and simple. The eclectic personalities of the floor made the program feel like a community. It also made me less homesick!

Advice: Take advantage of your time at Creighton, especially your freshman year on the FLP floor. The community feeling of that floor cannot be duplicated anywhere else on campus. Try new things in college. Join a different club. Go to athletic events. Consider different majors. Befriend people from different places. Study abroad. Therefore you will have no regrets when you graduate.

Nick Quinn, CU ‘10

I had an amazing time in FLP my Freshman year, and continued to be involved all 4 years that I was at Creighton, the following years as a mentor and then as an executive. More than anything though, FLP for me was all about the community. Our floor was a group of people who were not only supportive and fun throughout the year, but also helped me to grow to be more involved, more outgoing, and to set my ambitions higher. FLP gave me that little spark of interest in being involved that grew throughout my Creighton experience into being involved in so many other things. In quite a contrast to my time in high school, I was much more actively involved in various different parts of life at Creighton. And even after my Freshman year ended the support from my fellow FLPers did not end. Today, I am still thankful for what FLP taught me in terms of balancing academic life at school with service and extra-curricular activities that I love doing.

Favorite Part of FLP: Late night activities that we would arrange ourselves as a floor. Whether it was baking cookies, having a late night movie party, Apples to Apples in the NZ, or just having a great conversation in our neighbors room, those late nights together were the best!

Advice: First and Foremost, be yourself! Creighton is not a place you have to change yourself to fit in - there is something for everyone. So be yourself, go to the involvement fair, find something you like, and find your niche.
Visit us online:
WWW.CREIGHTON.EDU/FLP

OR

"Like" the FRESHMAN LEADERSHIP PROGRAM - CLASS OF 2015 FACEBOOK PAGE

BIG THANKS TO ALL THE SPECIAL AGENTS THAT HELPED MAKE THIS NEWSLETTER POSSIBLE