Mission and Program Bulletin

“I will give you shepherds after my own heart”
Jeremiah 3:15
...To Mary, Spouse of the Holy Spirit
MISSION STATEMENT

The Institute for Priestly Formation was founded to assist bishops in the spiritual formation of diocesan seminarians and priests in the Roman Catholic Church. The Institute responds to the need to foster spiritual formation as the integrating and governing principle of all aspects of priestly formation. Inspired by the biblical-evangelical spirituality of St. Ignatius Loyola, this spiritual formation has as its goal the cultivation of a deep interior communion with Christ; from such communion the priest shares in Christ’s own pastoral charity. In carrying out its mission, the Institute directly serves diocesan seminarians and priests as well as those who are responsible for diocesan priestly formation.

FOUNDERS

Fr. George A. Aschenbrenner, S.J.
Fr. Richard J. Gabuzda, IPF Executive Director
Fr. John P. Horn, S.J.
Kathleen A. Kanavy
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>LETTER FROM EXECUTIVE DIRECTOR</td>
<td>2</td>
</tr>
<tr>
<td>ADVISORY COUNCILS</td>
<td>3</td>
</tr>
<tr>
<td>A SUMMER PROGRAM OF SPIRITUAL FORMATION FOR DIOCESAN SEMINARIANS AT CREIGHTON UNIVERSITY</td>
<td>7</td>
</tr>
<tr>
<td>THE SPIRITUAL EXERCISES</td>
<td>23</td>
</tr>
<tr>
<td>SEMINAR FOR SEMINARY SPIRITUAL DIRECTORS</td>
<td>29</td>
</tr>
<tr>
<td>SEMINARY FACULTY WORKSHOP</td>
<td>35</td>
</tr>
<tr>
<td>RETREAT FOR SEMINARY THEOLOGIANS</td>
<td>39</td>
</tr>
<tr>
<td>TRAINING PROGRAM IN SPIRITUAL DIRECTION</td>
<td>45</td>
</tr>
<tr>
<td>THEOLOGY OF THE BODY</td>
<td>51</td>
</tr>
<tr>
<td>SPIRITUAL FORMATION CERTIFICATE</td>
<td>57</td>
</tr>
<tr>
<td>IPF SYMPOSIUM 2010</td>
<td>62</td>
</tr>
<tr>
<td>IPF ALUMNI RETREATS</td>
<td>65</td>
</tr>
<tr>
<td>IPF PUBLICATIONS</td>
<td>69</td>
</tr>
<tr>
<td>TRAVEL</td>
<td>76</td>
</tr>
<tr>
<td>AREA SERVICES</td>
<td>78</td>
</tr>
<tr>
<td>CAMPUS MAP</td>
<td>79</td>
</tr>
</tbody>
</table>
Dear Friends,

As you review the pages of this booklet, you will find many details about the Institute for Priestly Formation’s programs of spiritual formation for diocesan seminarians and priests. Although these programs vary in their format and time frame, they have a common goal. Words from Pope Benedict XVI’s inspiring first encyclical which he quotes from St. Gregory the Great point the way to this goal:

**The good pastor must be rooted in contemplation. Only in this way will he be able to take upon himself the needs of others and make them his own.**

The Institute’s programs exist to help diocesan seminarians and priests become “contemplatives in action,” i.e., to learn how to pray in such a way that they meet God in the midst of everyday busyness and are thus able to help the people of their parishes and dioceses do the same.

As testimony to this goal, a recent seminarian alumnus described his experience of the summer program in this way: “IPF helped me to recognize the vital importance of a priest being completely in love with and united to the heart of Christ. From this love and union flows the charity which will fuel my priesthood.”

Now in our fifteenth year, the Institute’s program for seminarians has served over 1180 seminarians from 143 different dioceses in the U.S. and beyond. Many more priests, seminaries and dioceses have benefited from the Institute’s other programs. These blessings move us to gratitude for the bishops, vocation directors, seminary personnel and other friends who have been and continue to be so supportive of our mission.

May the Holy Spirit light the way as we continue to serve as instruments in the Lord’s hands to help provide the Church with priests who are shepherds after the heart of the Good Shepherd.

Sincerely in the Lord,

Rev. Richard J. Gabuzda
Executive Director
The Institute for Priestly Formation
ADVISORY COUNCILS

**Bishops Advisory Council**

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His Eminence Francis Cardinal George, OMI, Archbishop of Chicago  
His Eminence Sean Cardinal O’Malley, OFM Cap, Archbishop of Boston  

Most Reverend Samuel J. Aquila, Bishop of Fargo  
Most Reverend Gregory M. Aymond, Archbishop of New Orleans  
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Most Reverend Felipe J. Estevez, Auxiliary Bishop of Miami  
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Most Reverend David L. Ricken, Bishop of Green Bay  
Most Reverend J. Peter Sartain, Bishop of Joliet  
Most Reverend Allen H. Vigneron, Archbishop of Detroit

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Most Rev. Robert J. Carlson, Co-Chair

*The IPF Founders:*
Fr. George A. Aschenbrenner, S.J.  
Fr. Richard J. Gabuzda  
Fr. John P. Horn, S.J.  
Kathleen A. Kanavy

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Mr. John (Pete) Jeffrey  
Chairman, Finance Council  
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Mr. Timothy O’Neill  
Mr. Claire (Tex) Oswald  
Dr. Michael H. and Mrs. Nancy A. Sketch  
Mr. James A. Taphorn  
Mr. Patrick K. and Sue M. Tucker  
Dr. Perry T. and Mrs. Donna M. Williams

**MOST IMPORTANT**

“Hands down, these were the ten most important weeks of my formation.”

*Dustin Boehm, Archdiocese of Indianapolis, IN*
1. The Holy Spirit as Our Source of Life and Holiness

2. Scripturally Grounded Relational Prayer as Foundational to an Integrated Christian Life: an Inquiring Intellect, a Balanced Affect, and Healthy Psychological and Sexual Development

3. Christ's Presence in the Eucharist as the Source of Christian Maturity Lived in Gratitude


5. Fidelity to Christ's Teaching Authority as Prophetically Heard through the Catholic Church's Magisterium

6. Apostolic Spirituality Requiring an Interior Solitude with God Alone, which Shapes a Priest's Heart to Lead as Pastoral Shepherd, Chaste Spouse, Spiritual Physician and Spiritual Father.
OBJECTIVES

1. To grow in personal holiness through Trinitarian prayer

2. To ground firmly and to increase a heartfelt devotion to Jesus Christ and the Blessed Virgin Mary which fosters a faith that does justice in our world

3. To promote an on-going healthy integration of celibate sexuality as a prophetic counter-cultural gift of the Father’s love in the power of the Holy Spirit

4. To enkindle the priestly desires and abilities to integrate studies with prayer rooted in Scripture

5. To awaken heartfelt discernment for pastoral service as a priest, a spiritual physician and spiritual father

6. To promote the unique identity and spirituality of diocesan priesthood

7. To create a genuine fraternity among the next generation of Catholic priests for the 21st Century.

FALLING IN LOVE

“Everything is set up in IPF to facilitate a deeper falling in love with the Lord. Out of that my Christian life and my vocation flows.”

Dan Janasik, Archdiocese of Milwaukee, WI
TRANSFORMED BY THE HOLY SPIRIT

“Learning to relate my thoughts, feelings, and desires to God has deepened my intimacy with Him and given me greater peace, love, and joy. The hype that I read and heard before IPF turned out to be true! My life has been profoundly transformed by the Holy Spirit through the conduit of IPF.”

Nate Harburg, Diocese of Saginaw, MI
SPIRITUAL FORMATION FOR DIOCESAN SEMINARIANS AT CREIGHTON UNIVERSITY
OVERVIEW

In response to the Holy Spirit’s guidance in the 1990 World Synod of Bishops’ call for a more intense period of formation for priesthood candidates, the Institute for Priestly Formation (IPF) has created a summer program of spiritual formation for diocesan seminarians. The IPF program offers an experience both personally challenging and spiritually inspiring.

This program responds to our contemporary age’s need for concentrated spiritual formation and instruction in the Catholic faith by integrating prayer and shared faith, study and supervised pastoral work in a profoundly personalized manner. All of these elements in their appropriate integration are explicitly aimed at the religious experience of recognizing and cooperating with Jesus’ Spirit stirring in the seminarian’s heart and in our world.

Growth in relational prayer stands at the heart of this program’s formation for seminarians. Through daily prayer, retreats and weekly one-on-one spiritual direction, the heart is exercised and expanded to be able to receive God’s love by relating with the Trinity and Mary as real persons. This Trinitarian love is witnessed to the seminarian in a variety of ways: in the chaste love of those in the formation community, in the apostolate, as well as in other relationships. The experience of this love is deepened by systematic theological reflection, guided by a curriculum which exposes the seminarian to the spiritual tradition of the Church and helps him to receive it anew in our own day. A special integrating element in this reflection is the course, “Christian Spirituality and Sexuality.”

In this holistic human formation the seminarian deepens his appreciation for the gift of celibacy. Celibacy is understood not as a denial of sexuality, rather as a gift that leads to fulfillment in a spousal experience of Trinitarian and Marian love - a love always fueling the generative, active ministry of the priest.

Finally, this program will develop the specific charisms that constitute the diocesan priesthood as a unique identity and spirituality. As a means to this end, it will make use of Ignatian spirituality with its emphasis on active, apostolic spirituality, so central to the life of diocesan priests. This spiritual formation will prepare diocesan priests to play their appropriate role of leadership in the Church of the 21st century.

—8—

FUEL FOR MISSION

“IPF has helped me to live more deeply the faith of the Church from my heart. The program has helped me to truly see God, taste His goodness, receive what I truly desire, and in that, tap into the fuel for mission.”

Dan Weiske,
Diocese of Duluth, MN
IPF’s Program for Seminarians, focusing on the heartfelt experience of God, includes:

- Growth in holiness through daily prayer
- Weekly one-on-one spiritual direction and an individually directed silent retreat
- Interplay between theology and practical faith
- Integration of sexuality with celibacy as a generative gift from God
- Discernment for pastoral leadership
- Summary of growth and blessings
- Apostolic service
- Appreciation of the unique identity of diocesan priests
- Contemplative leisure
INTIMACY WITH THE TRINITY

“Through my summer at IPF, I have grown in intimacy with the Holy Trinity and Christ’s Bride, the Church. Jesus will enter the hearts of all who take the time to be with Him in prayer.”

Tom Gardner, Archdiocese of Philadelphia, PA

Creative Uses

The IPF program adapts easily to individual and local diocesan needs. Pastoral years may be integrated with this period of intensive spiritual formation. IPF’s credits may be transferred to supplement pre-theology and theology programs.
COMPONENTS OF THE IPF PROGRAM

The IPF program, based at Creighton University in Omaha, Nebraska, consists of a ten-week summer program. During this summer, IPF shares Creighton’s facilities while conducting its own liturgical and residential life.

Spiritual Formation Requirements

- Daily Eucharist, Liturgy of the Hours and weekly Eucharistic Adoration
- One hour of personal prayer per day
- Weekly spiritual direction
- Eight-day individually directed silent retreat

Apostolic Ministry

For two afternoons per week over six weeks, students will be engaged in apostolic ministry with children, the sick, and the poor (hospital pastoral team ministry, outreach to the elderly, and to the physically and mentally disabled, etc.).

Academic Formation

All courses offered receive undergraduate or graduate theology credit at the 500 level, affording the student the possibility of transferring credit into existing seminary programs.

Courses focus on integrated learning: sound academic discipline coupled with personal growth and apostolic application amidst contemplative leisure and solitude for prayer. The IPF faculty are specially selected to be in harmony with our stated objectives.

Class attendance in IPF courses is restricted to seminarians, with exceptions granted by IPF’s executive director.
**Summer Program**

**Pre-Session**  Christian Prayer and Virtue (1)
   includes an eight-day individually directed silent retreat

**Term I**  Christian Spirituality and Sexuality (3)
The Spirituality of Diocesan Priesthood (2)

**Term II**  The Mystery of the Liturgy:
   Receiving in Celebration and in Life (3)

**SUMMER CREDITS: 9**

**Summary of Growth and Blessings**

At the conclusion of the ten week summer program, each seminarian prepares a “Summary of Growth and Blessings.” This document is prepared in the following manner. During the summer, each seminarian keeps a journal. By way of a prayerful process of journal reflection that pertains to each course and component of IPF’s summer program, the seminarian summarizes his interior experience of discerning God’s love. This process of journal reflection is fostered in weekly spiritual direction. Near the end of the summer, a copy of the “Summary of Growth and Blessings” is distributed to the seminarian, asking him to summarize, in a way appropriate to the external forum, the content of his journal pages.

A copy of the document is forwarded to the man’s Vocation Director or Director of Seminarians. It is suggested that the appropriate seminary personnel also receive a copy. The document, then, provides not only a fitting conclusion to the IPF experience, but also builds a bridge between the seminarian’s summer experience and his diocesan and seminary life. It provides a foundation for fruitful spiritual conversation.
COMPANIONSHIP OF MARY AND JOSEPH

“Through the constant companionship of Mary and Joseph throughout this program, it’s impossible not to fall more in love with Jesus.”

Brian Wayne, Diocese of Harrisburg, PA
Two hours of class per day, Monday through Friday
One three-credit course per month
One two-week period contains extra conference hours for a two credit course
Apostolic work each week, every Tuesday and Thursday afternoon for six weeks
One hour of private prayer a day, “alone with God,” meditation and contemplation
One and a half hours per day of communal prayer: Morning and Evening Prayer, Eucharist, and weekly Eucharistic Adoration

### Daily Schedule: Monday, Wednesday, Friday

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<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:30 a.m.</td>
<td>Breakfast</td>
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<tr>
<td>8:00-10:00 a.m.</td>
<td>Morning Prayer</td>
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<tr>
<td>10:30 a.m.</td>
<td>Class</td>
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<td></td>
<td>Eucharist</td>
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<td></td>
<td>Lunch</td>
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<tr>
<td>Afternoon</td>
<td>Free time for reading, prayer, physical exercise, leisure</td>
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<tr>
<td>6:30 p.m.</td>
<td>Dinner</td>
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<td></td>
<td>Evening Prayer (Wednesday, Eucharistic Adoration)</td>
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<td></td>
<td>Evening free for reading, prayer, physical exercise, leisure</td>
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### Daily Schedule: Tuesday, Thursday

<table>
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<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>7:30 a.m.</td>
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<td>Apostolic Work</td>
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<tr>
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<td>6:30 p.m.</td>
<td>Evening Prayer</td>
</tr>
<tr>
<td></td>
<td>Evening free for reading, prayer, physical exercise, leisure</td>
</tr>
</tbody>
</table>

### Weekends

Free time for recreation, prayer, reading
“IPF has been a graced and enjoyable time for growing in a deeper relationship with God, self, and others, particularly building bonds with men that will one day, God willing, become my brother priests.”

Carlos D. Suarez, Archdiocese of Boston
**Room**

Private, air-conditioned room (10 weeks) $2,086.00
Linen Included
Kiewit Fitness Center $8.00 per week

**Total (10 weeks)** $2,166.00

**Tuition and Fees**

Per credit hour - $332.00 (Total - 9 credits) $2,988.00

Creighton University is pleased to offer all IPF students the special tuition rate of $332.00 per credit hour - just half the regular tuition!

Registration/technology Fee (non-refundable) $113.00

Administrative Fee $620.00
Educational Materials $85.00
Retreat Fee $275.00
Weekly Spiritual Direction Fee (8 weeks) $325.00

**SUB-TOTAL** $6,572.00

Limited scholarship funds are available upon request.

**Meals**

Meal Plans available:

- 19-meal plan $99.88/week
- 14-meal plan $86.94/week
- 10-meal plan $73.64/week
ADVANTAGES

For Bishops/Dioceses:

- provides an intensive period of priestly spiritual formation within an atmosphere of dynamic orthodoxy
- fulfills the need for well integrated men growing in holiness and ready to supply appropriate leadership in the Church as priests
- fosters an ability in future priests to critique prayerfully our culture in light of Gospel values and the Church’s magisterial teaching
- affords a format which adapts easily to local diocesan needs for seminarians
- provides encouragement for bishops regarding priestly spiritual formation
- saves financial resources through half-price tuition at Creighton University and the transferring of course credits to seminary formation.

For Regional and Diocesan Seminaries:

- relieves the burden of providing additional spiritual formation programs from within already stretched faculty resources
- promises help in giving candidates additional spiritual formation while not interrupting existing courses.

For Seminarians:

- provides an experience of integrated learning which fosters heartfelt foundational growth in the Holy Spirit
- encourages time for contemplation and leisure
- affords an opportunity to earn undergraduate or graduate credit in theology
- helps build a spiritual fraternity among future diocesan priests as students come each year from all parts of the United States and beyond.

ESSENTIAL FOR THE JOURNEY

“Taking a summer aside in priesthood preparation for specifically strengthening the foundation in prayer, and focusing on healing where it is needed, is not just important but essential for the journey.”

Barry Clayton, Archdiocese of Kansas City, KS
Sue Baars, M.A.
Mental Health Counseling, St. Mary University

Fr. Daniel Barron, O.M.V., M.Div.
Pastoral Theology, St. John’s Seminary, Boston

Fr. Brett Brannen, M.Div.
Pastoral Theology, Mount St. Mary Seminary

Ian Butler, M.A.
Psychological Counseling, Franciscan University

Fr. Nicholas Cachia, S.T.D.
Spiritual Theology, Pontifical Gregorian University

Pastoral Theology, St. Vincent de Paul Seminary

Fr. Richard Gabuzda, S.T.D.
Sacramental Theology, Pontifical Athenaeum, San Anselmo

Fr. John Grimes, Ph.D.
Psychology, Boston University

Fr. John Horn, S.J., D.Min.
Pastoral Theology, Emory University

Kathleen Kanavy, M.A.
Christian Spirituality, Creighton University

Deacon James Keating, Ph.D.
Moral Theology, Duquesne University

Dr. Greg Kolodziejczak, Psy.D.
Clinical Psychology, The Institute for Psychological Sciences

Fr. Ronald Kunkel, S.T.D.
Systematic Theology, University of St. Mary of the Lake/Mundelein Seminary

Christina Lynch, Psy.D.
Psychological Counseling, Institute for Psychological Sciences

Fr. Samuel Martin, S.T.L.
John Paul II Institute for Studies in Marriage and Family

Fr. James Mason, S.T.B.
Pastoral Theology, Pontifical University of St. Thomas, Angelicum

Msgr. Gerard McCarren, S.T.D.
Sacramental Theology, Catholic University of America

Fr. Timothy McKeown, S.T.L.
Spiritual Theology, Pontifical University of St. Thomas, Angelicum

Fr. Thomas P. Melvin, M.Div.
Pastoral Theology, University of St. Mary of the Lake/Mundelein Seminary

Msgr. Robert Panke, S.T.L.
Spiritual Theology, Pontifical University of St. Thomas, Angelicum

Deacon Patrick Quagliana, M.A.
Christian Spirituality, Creighton University

Fr. James A. Rafferty, S.T.D. (Candidate)
Moral Theology, Alphonsian Academy

Fr. Thomas Richter, S.T.B.
Pastoral Theology, Pontifical University of St. Thomas, Angelicum

Fr. Nicholas Rouch, S.T.D.
Spiritual Theology, Pontifical University of St. Thomas Angelicum

Msgr. Gregory Schleselmann, S.T.L.
Fundamental Theology, The Institute for Theological Studies, Brussels

Margarett Schlientz, Ph.D.
Psychiatric Nursing, University of Pittsburgh

Sr. Linda Sevcik, S.M., S.T.L.
Psychology and Spirituality, Pontifical Gregorian University

Fr. Mark Toups, M.Div.
Pastoral Theology, Notre Dame Seminary Graduate School of Theology

Fr. Scott Traynor, J.C.L.
Canon Law, Catholic University of America

Fr. Austin Vetter, S.T.B.
Pastoral Theology, Pontifical University of St. Thomas, Angelicum

Christopher West, M.T.S.
John Paul II Institute for Studies in Marriage and Family
READING REFERENCES

Institute for Priestly Formation, Symposia Proceedings:
*Good Shepherd: Living Christ’s Own Pastoral Authority*, 2006.
FIRM AND SOLID FOUNDATIONS

“IPF has set firm and solid foundations for my spirituality as a diocesan seminarian, and has renewed my relationship with the Holy Trinity and Mary. I can now continue to build on the graces received.”

Mariano Lopez, Diocese of El Paso, TX

REFERENCES
ADMISSIONS

Applicants should be part of a Roman Catholic seminary formation program. The application process includes a personal faith reflection instrument, “The Inner Heart of My Faith.”

FOR FURTHER INFORMATION

Please write or contact:
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The Institute for Priestly Formation
2500 California Plaza
Omaha, Nebraska 68178-0207

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1-800-637-4279
Fax: (402) 280-3529
E-mail: ipf@creighton.edu

Website: http://www.creighton.edu/ipf/

TAUGHT ME HOW TO PRAY

“IPF was a great blessing for me because it taught me how to communicate with the Blessed Trinity. It taught me how to pray. Additionally, the summer program showed me how to recognize God in all my daily activities and to give the glory back to God for those moments.”

Andrew Young,
Diocese of Sioux Falls, SD
GREATER SPIRITUAL FREEDOM

“Sure, I preach a lot about God’s Mercy, but never before have I so deeply entered into it. Greater spiritual freedom is something I have desired for many years now. I have been given the experience, tools, and confidence to live it. Having a spiritual director for one hour everyday while doing the Spiritual Exercises has impacted me unlike any other spiritual experience.”

Fr. Ray Courtright, Diocese of Fargo, ND
THE SPIRITUAL EXERCISES

THE IDENTITY OF THE DIOCESAN PRIESTHOOD
DEEPENED THROUGH
THE SPIRITUAL EXERCISES OF SAINT IGNATIUS LOYOLA
WHAT:
The full Spiritual Exercises of Saint Ignatius Loyola in the 30-day retreat format is offered in light of IPF’s charism to serve and to strengthen the identity of the diocesan priest.

The experience of making the Spiritual Exercises, by entering into the prayer and spiritual direction of a retreat, can be life transforming. Some former retreatants have described the experience as “expanding the mind and heart” and “making God’s love personal, every day.”

WHY:
One enters into the retreat to experience the mission of Jesus’ living Spirit in a whole new depth of loving encounter. It can also be a profound means for discerning what God is choosing to reveal about the Father’s will for the retreatant.

WHEN:
The dates are June 29 until August 4, 2010. These include 3 preparation days and 2 and a half days for follow up seminars. Deadline for application is March 1st.

WHERE:
Creighton University provides a hospitable urban setting. The advantages of a campus parish church, a first class fitness center, private air-conditioned rooms, library, nearby parks, and the city art museum enhance the overall goal of finding God’s presence loving us in the middle of everyday life.

WHO:
IPF sponsors this retreat for diocesan seminarians, diocesan priests and bishops. Preparation days, retreat conferences and follow up seminar conversations focus upon illuminating the unique identity of diocesan priesthood. An affective integration of sexuality within the gift of celibacy as a generative gift from God is also emphasized. Retreat directors include Fr. George Aschenbrenner, S.J., Fr. Timothy Gallagher, O.M.V., Sr. Theresa Galvan, C.N.D., Sr. Gil Goulding, C.J., Fr. John Horn, S.J., Fr. Peter Ryan, S.J., Fr. John Sullivan, Fr. Mark Toups, Fr. Bob Uzzilio, and IPF staff.
Prerequisites include having made two week-long silent directed retreats, or IPF’s summer program of intensive spiritual formation. Exceptions to these prerequisites can be discussed if there seems to be equivalent spiritual preparation through life experience. A telephone interview and the completion of an application form are also required.

CREDITS:

If desired, three to five graduate credits through Creighton University can be earned for an additional cost of $332.00 per credit (just half the regular tuition) by registering for IPF 707 The Spiritual Exercises of St. Ignatius Loyola: Theory and Practice.

COST:

Due to the generosity of benefactors, IPF is pleased to offer a low rate of $2,350.00. This price includes room, board, linens, a fitness center pass and stipends for both spiritual direction and seminar teaching. All materials are also included. Space is limited.

MORE ABOUT THE SPIRITUAL EXERCISES:

During the retreat, participants experience in their hearts God’s invitations to be loved, reconciled, and called to live in companionship with Jesus’ living Spirit. This entails some type of sharing in Jesus’ passion, death, and resurrection while making the Spiritual Exercises. The paschal mystery is tasted through the image of God, alive in the retreatant’s heart, being placed in dialogue with the experience of the Holy Spirit’s consoling activity in this mystery. It is a mystery to be lived out in day-to-day faith following the conclusion of the retreat.

The Spiritual Exercises are a type of map, a map for the human heart to follow in prayerful meditation and contemplation. To follow these exercises and their engagement of the heart brings one into intimate contact with the living Spirit of Jesus, Lord of all consolation. If the book called the Spiritual Exercises is bought and read, the experience is dry, like reading a telephone directory. To actually experience the Spiritual Exercises one must follow them with a spiritual director who provides guidelines for entrance into an interpersonal dynamic in the inner heart, a dynamic that is evident in the inner direction and powers of human desiring.
In the 30-day format, the retreatant usually prays four to five hours daily and sees the spiritual director an hour each day. Eucharistic liturgy is also celebrated on a daily basis.

As a fifteenth-century Spanish soldier, Ignatius Loyola experienced, amid his own desires for fame and glory, Jesus’ Spirit indwelling and at work in his heart. During a period of convalescence after being wounded in battle, Ignatius’ deep desires were honestly and generously allowed to be engaged in prayer with the Scriptural Word of God, and he experienced a personal connectedness that transformed the inner direction of his desires. Awe and wonder were engendered as well as the desire to experience more of Jesus’ love in day-to-day companionship. Ignatius experienced, amid his desires, the surprise of being pursued by a God who actively loves him. Ignatius discovered in the dynamics of human desires the abiding miracle of the indwelling presence of the Holy Spirit who desires and yearns for us to have an ever deeper relationship with Jesus. From this experience of discovery, Ignatius wrote his map for the human heart’s interior journey into God’s Heart, the Spiritual Exercises.

TO KNOW GOD

“My seminary formation has taught me about God, but this retreat has allowed me to know God on a very personal and intimate level.”

David Gross
Seminarian, Diocese of Grand Rapids, MI

HIS BELOVED SON

“I came as a good servant doing work for God. I leave His beloved son on fire to do His will.”

Fr. Jim Steffes
Diocese of Winona, MN

THE BEST THING

“This is the best thing that I’ve ever done for my relationship with the Lord.”

Fr. Dan Trapp
Archdiocese of Detroit, MI

INDESTRUCTIBLE POWER IS BORN

“As you live through the retreat days, the word of God that feeds you bears fruit and Christ Jesus of Nazareth is in fact formed in you. An indestructible power is born in your heart.”

Fr. Joseph Bukyanyandi
Diocese of Masaca, Uganda

AWE-INSPIRING

“The Spiritual Exercises have been a ‘school of prayer’ for me. I am learning within foundational relationships with the Trinity and Mary. I can deepen these relationships by being simple, yet intimately present to the mysteries of Christ. God longs for us to know Him!”

Jonathan Kelly, Seminarian,
Archdiocese of St. Paul-Minneapolis, MN

DEEPER KNOWLEDGE AND INTIMACY

“The 30-day retreat brought me into a deeper knowledge and intimacy with the Father, Son, Holy Spirit and Mary. The days were very grace filled.”

Bishop Samuel Aquila
Diocese of Fargo, ND

-26-
MY FEARS NO LONGER CONTROL ME

“Because of this retreat, I can now say I know and believe God is love. When I receive love and respond in all my weakness, with Mary’s help, my fears no longer control me.”

Fr. Andrew Gehringer, Diocese of Allentown

INFORMATION OR APPLICATION

Please contact:
Fr. John Horn, S.J.
The Institute for Priestly Formation
2500 California Plaza
Omaha, Nebraska 68178-0207

Telephone: (402) 546-6384
1-800-637-4279
Fax: (402) 280-3529
E-mail: ipf@creighton.edu

Website: http://www.creighton.edu/ipf/
NEW WAY OF DISCERNING

“Although I came to the Institute for Priestly Formation to learn how to help seminarians in the development of their spiritual life, I have experienced a tremendously new way of discerning the presence of God in my own life. I now know that being here was providential and that because of it I will better serve, support and encourage others to live more deeply and honestly in their relationship with God.”

Fr. Kevin Lawrence,
St. Charles Seminary,
Philadelphia, PA
SPIRITUAL DIRECTION PRACTICUM AND
THE SPIRITUALITY OF DIOCESAN PRIESTHOOD
The Institute for Priestly Formation (IPF) is pleased to present a professional seminar for seminary spiritual directors conducted by Fr. Joseph Kelly and assisted by Fr. Vincent Fortunato, O.F.M.Cap. This seminar will enhance participants’ experience and understanding of the spiritual director’s art.

This program is designed to accommodate the needs of both those who direct seminarians full-time in a seminary setting as well as those who serve as adjunct and part-time seminary spiritual directors. The seminar is limited to 15 participants.

The seminar will be conducted on the campus of Creighton University, Omaha, Nebraska, and will afford participants the opportunity to take full advantage of Creighton's well-equipped, air-conditioned facilities. Participants share facilities with IPF's ten-week seminarians program and are welcome to participate in the IPF community and liturgical life.

**Weekend of Directed Prayer**

The seminar opens the evening of Friday, June 11th with a social and dinner followed by a weekend of directed prayer.

**Morning Practicum (3 weeks)**

In the two-hour morning practicum, peer supervision is experienced as the participants become engaged in the art of giving and receiving contemplative spiritual direction. The opportunity to direct the prayer of two individuals outside of class is provided. Case studies tailored to the particular needs of seminary formation are discussed. In addition, the following topics are examined:

- Prayer and Discernment
- Psychological and Spiritual Affective Development
- Fostering a Contemplative Attitude
- Issues in Seminary Spiritual Direction

If desired, two graduate credits through Creighton University can be earned.
AFTERNOON CLASS  
(2 WEEKS)

In the course, “The Spirituality of Diocesan Priesthood,” Fr. George Aschenbrenner, S.J., illuminates the unique identity and charisms of diocesan priesthood. An apostolic spirituality is presented that can inspire, motivate and sustain the busy daily lives of contemporary diocesan priests. If desired, two graduate credits through Creighton University can be earned.

ROUND TABLE DISCUSSIONS

Discussion Leaders:

- Fr. George Aschenbrenner, S.J.
- Sr. Maureen Conroy, R.S.M.
- Fr. Richard Hauser, S.J.

FACULTY


Fr. Vincent Fortunato, O.F.M.Cap., M.A., a priest of the Province of the Stigmata Capuchin Franciscans, has served as vocation director, novicemaster, a member of the general council and provincial. He has taught the art of spiritual direction at Washington Theological Union, Washington, D.C. Currently, he serves as a retreat master and teacher in the art of contemplative spiritual direction. A graduate of Creighton University's Christian Spirituality Program, Fr. Fortunato is assistant director of the IPF Seminar.

Fr. Joseph Kelly, D.Min., director of the IPF seminar, has established a model training program through which local diocesan priests learn the art of spiritual direction, enabling them to become adjunct spiritual directors serving the local seminary. A priest of the Archdiocese of New York, ordained in 1978, Fr. Kelly is presently pastor of St. Anthony's Church, Bronx, N.Y. From 1988-1995 he served as Director of Spiritual Formation/Spiritual Director at St. Joseph's Seminary, Dunwoodie, Yonkers, N.Y.
SEMINAR COST

Application Fee (Non-refundable) $ 113.00
Seminar Fee $ 1,625.00
Private Room and Shared Suite $ 649.00
Kiewit Fitness Center $ 25.00
Linen Included

SUB-TOTAL $2,412.00

Meals (Weekly): 19-meal plan $99.88
14-meal plan $86.94
10-meal plan $73.64

UPDATED THEOLOGICAL FOUNDATION

“Developing the art of spiritual direction not only requires the openness to the Holy Spirit in a continual docility and cooperation but also a better comprehension of how to foster the contemplative attitude of direction. This seminar really gives us the main tools and practical skills to attain that goal, and to have the correct and updated theological foundation of diocesan priestly spirituality.”

Fr. Luis Mendez, S.E.M.V., St. John Vianney College Seminary, St. Paul, MN

COMPETENCE AND CONFIDENCE

“As someone beginning the ministry of spiritual director in a seminary, this program has equipped me with some real competence and confidence for the task ahead. I have learned skills for spiritual direction and charisms to look for in candidates for diocesan priesthood.”

Fr. Steve Wlusek
St. Peter’s Seminary,
London, Ontario, Canada

CULTURALLY SENSITIVE AND ENRICHING

“This seminar helped me develop a keen awareness of God’s presence in my life, in others, and in all of God’s creation. Spiritual direction is contemplation in action. This seminar taught us to be contemplative. As a Filipino priest, I find this seminar culturally sensitive and enriching.”

Fr. Jacque Beltran, Mundelein Seminary, Mundelein, IL

VERY GRATEFUL

“After working in the seminary as a spiritual director, this seminar was like a door opening, my whole experience and ministry being cast with a new light and understanding. I found the professors very supportive and affirming, and experienced a great rapport with the other directors attending these weeks. I am very grateful!”

Fr. Michael Muhr
St. Vincent de Paul Regional Seminary, Boynton Beach, FL
“In the best of the Catholic tradition of spiritual direction, the IPF seminar is a school of listening in which the ‘ears of the heart’ are trained to be attentive to the voice of the ‘Spirit who is Lord’.”

Msgr. Joseph Barbieri
North American College, Vatican City State
RENEW THE PRIESTHOOD

“This IPF’s vision for the seminary educator is powerful and could help renew the priesthood in the United States.”

Perry Cahall, Ph.D., Assistant Professor of Historical Theology, Pontifical College Josephinum, Columbus, OH
A Day of Recollection
In 1993, the Congregation for Catholic Education issued *Directives Concerning the Preparation of Seminary Educators*, highlighting the unique formation needs of seminary professors. The Congregation envisioned seminary faculty to be true “masters of prayer.” In order to achieve this end, the Congregation invited seminaries to establish opportunities for qualified persons to minister to the spiritual formation needs of seminary faculty. The *Directives* call for “special spiritual preparation” to be made available so that faculty members may receive the Mysteries of Christ at ever-deepening levels of personal appropriation.

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**GIVING BIRTH TO REFLECTION**

“Deacon Keating’s presentation was extraordinary . . . giving birth to a great deal of reflection on the part of our faculty. The fruit of such reflection now spills over into how they teach theology.”

Msgr. Michael Glenn, Rector, St. John Vianney Seminary, Denver, CO

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**The Institute for Priestly Formation** offers a day of spiritual reflection for faculty members of diocesan seminaries. This day of reflection gives faculty members an opportunity for prayer, contemplation, and rest in the Lord. The meditations of the day will focus on the theme of the *spiritual identity of the seminary professor.*
IPF wishes to respond to this call from the Congregation and offer its resources to seminary faculty. This day of reflection takes place on the campus of the host seminary or another appropriate location of the Rector's choosing. The director of the day is Deacon James Keating, Ph.D., Director of Theological Formation at IPF and former Professor of Moral and Spiritual Theology at the Pontifical College Josephinum, Ohio.

The Day of Recollection includes:

- Two presentations
- Time for private, spiritual conversation with the Director
- Silence, private prayer, and opportunities for common discussion on the themes of the day
- The celebration of the Eucharist and/or Eucharistic Adoration

Fr. Ed Richard,
Vice Rector & Dean of Students, Kenrick-Glennon Seminary, St. Louis, MO

“The workshop was very effective. It gave the faculty an opportunity to truly begin a process of integrating their academic expertise with the depth of Catholic spirituality.”
RESTING ON THE LORD

“Breast of the Lord: Knowledge of God: He who rests against it, a theologian he shall be.”

Evagrius, Ad Monachos
RETREAT FOR SEMINARY THEOLOGIANS

RESTING ON THE HEART OF CHRIST: THE SEMINARY THEOLOGIAN’S VOCATION
INTRODUCTION TO THE RETREAT

The Institute for Priestly Formation (IPF) is pleased to present a personal and professional retreat for seminary theologians conducted by Deacon James Keating, Ph.D. The retreat will lead faculty into a greater appreciation of their vital vocation of serving the spiritual formation needs of future priests.

The goal of the retreat is to assist theologians and philosophers in recovering the spiritual core of seminary academics and drawing it out for seminarians to contemplate and then articulate. The retreat meets the spiritual needs of seminary professors to appropriate for the first time or to regain a sense that their “profession” is truly a call from God that carries with it not only the requisite duty of theological competency but the promise of personal intimacy with God. We will explore how God is personally directing and influencing the faculty member’s teaching and scholarly vocation by means of needed spiritual direction, the imparting of methods of spiritual discernment, and guidance for integrating one’s own study and teaching of theology with prayer.
RETREAT CONTENT: LISTENING TO THE HEART OF JESUS

During the course of our time together, there will be times of solitude spent in ways that deepen your appropriation of the vocation to form seminarians. You will be involved in:

• Guided meditations and lectures on the vocation of the seminary professor
• Time for silent prayer, communal prayer
• Eucharistic liturgy
• Fellowship
• Private study and leisure
• Personal spiritual direction
• Our final meal together will be a special luncheon featuring a focus upon and a celebration of our vocation as seminary professors.

OUR VISION

Seminary theology, as well as philosophy, assists the seminarian to learn about God. In this process, however, it also allows for seminarians and professors to be visited by God in the reverence we experience before truth, in a silence which invites contemplation, and in acts of beholding the beauty found in doctrine and tradition. In other words, seminary theology welcomes an encounter and not simply tenets.

Our vision allows the dignity of the theological vocation to sink deeply into the vulnerable mind and heart so that such a dignity can free the professor to be a lover of God's grace during the classroom lecture, and in his or her study and writing. Professors that welcome the spirit of prayer into their teaching and study form future priests who welcome that same spirit in their own ministry.

SPIRITUALLY ENRICHING

“I have already mentioned next year’s retreat to a few of my colleagues and they are genuinely interested. It was spiritually enriching for me. I commend everyone involved.”

Br. Elias Zaczkiewicz, O.S.B., Conception Seminary College, Conception, MO
EXCELLENT
SPIRITUAL
ATMOSPHERE

“The “Resting on the Heart of Christ” retreat for seminary theologians was excellent in both its conference material and its spiritual atmosphere. Each faculty member having an individual spiritual director greatly added to my experience.”

Fr. Thomas Lane, S.T.D.,
Prof. of Sacred Scripture
Mt. St. Mary’s Seminary
Emmitsburg, MD

Retreat Leader
Deacon James Keating, Ph.D. will lead this retreat. Before joining the staff of the IPF, Deacon Keating taught moral and spiritual theology for 13 years in the School of Theology at the Pontifical College Josephinum in Ohio. He has given over 400 workshops, retreats and days of reflection on the Catholic spiritual/moral life. In the field of his professional research, the interpenetration of the spiritual and moral life, Deacon Keating has authored or edited ten books and dozens of essays for theological journals. He is committed to promoting the vision of the US Bishops that spiritual formation must become the heart of seminary academics (PPF, n. 115).

Retreat Cost: $415.00,
(Includes all materials, private room, and all meals.)

LIMITED SCHOLARSHIPS AVAILABLE
INFORMATION OR APPLICATION

Please contact:
Deacon James Keating, Ph.D.
Director of Theological Formation
The Institute for Priestly Formation
Creighton University
2500 California Plaza
Omaha, NE 68178-0207

Telephone (402) 280-3326
Fax: (402) 280-3529
E-mail: ipf@creighton.edu

Website: http://www.creighton.edu/ipf/

ENLIGHTENING AND GRACE-FILLED

“It was an enlightening and grace-filled experience. I’ll be highly recommending it to my colleagues.”

Margaret Turek, Ph.D.,
St. Patrick’s Seminary
Menlo Park, CA
MOST SIGNIFICANT SPIRITUAL EVENT

“Through the teaching and mentoring provided in the program, I have deepened in my prayer life, and it has made me a better pastor, confessor, spiritual director, and vocation director. The classes have been the most significant spiritual event in my young priesthood.”

Fr. James Mason, Diocese of Sioux Falls
TRAINING PROGRAM IN SPIRITUAL DIRECTION

SPIRITUAL THEOLOGY:
SPIRITUALITY OF DIOCESAN PRIESTHOOD
**FOUNDATION IN SPIRITUAL THEOLOGY**

As a means to developing the unique identity and spirituality of diocesan priesthood, Ignatian Spiritual Theology is used with its emphasis on active, apostolic spirituality. This will prepare diocesan priests to play their appropriate role of leadership in the Church of the 21st Century.

**PRACTICUM TRAINING**

Opportunities include receiving individual spiritual direction, role playing, live prayer processing, case studies and supervision in giving spiritual direction.

**RETREAT COMPONENT**

More than training sessions, this experience offers the priest a personal opportunity to encounter the Lord's love. Each year, this retreat can easily serve as the priest's annual retreat. The retreat is a hybrid of the silent individually directed style combined with one daily teaching conference.

**DEVELOPMENTAL MODEL**

In order to provide the best possible training, a developmental model is employed, i.e., providing a theory/practice style of learning. This kind of “series” program allows for maximum growth in the fundamentals of spiritual direction and priestly leadership. Participants will be expected to put into practice the theology and skills learned during a week's session and then to receive feedback and supervision during the next session.
PRACTICAL SCHEDULE

Three one-week intensives are offered each year for three years. They run from Sunday evening through Friday midday to foster participation by diocesan priests who are busy with the demands of the apostolate.

CONTENT

Each year, the first and third week of the program will consist of the practicum component, lecture presentations by the IPF staff and seminar style discussion of pertinent readings.

Topics include:

- The Art of Spiritual Direction
- Psychological and Spiritual Development
- Pastoral Diagnostics
- Discernment of Spirits
- Teaching Prayer and Preaching
- Fostering a Contemplative Attitude
- Inner Healing and Deliverance Prayer
- The Parish Retreat
- Spiritual Administration
- Spiritual Fatherhood
RELAXED ENVIRONMENT

Participants will experience the beautiful campus of University of St Mary of the Lake/Mundelein Seminary in suburban Chicago. A gym, complete with Olympic size indoor pool along with racquetball and basketball courts, is available.

CREATIVE USES

Priests may attend this program for their own enrichment, and at the completion of three years, receive a Certificate in “Spirituality of Diocesan Priesthood and Spiritual Direction.” An additional certificate in retreat ministry is offered. Graduate credits can be obtained through the University of St. Mary of the Lake/Mundelein, if desired.

<table>
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<tr>
<th>CHICAGO • 2008 – 2011 SCHEDULE</th>
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<tr>
<td><strong>DATES</strong></td>
<td><strong>TITLE</strong></td>
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<tr>
<td><strong>First Year • 2008–2009</strong></td>
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<tr>
<td>Week I</td>
<td>May 11 – May 16</td>
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<tr>
<td>Week II</td>
<td>Oct. 5 – Oct. 10</td>
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<tr>
<td>Week III</td>
<td>Jan. 11 – Jan. 16</td>
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<td>“The Art of Spiritual Direction and the Identity of the Diocesan Priest”</td>
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<td><strong>Second Year • 2009–2010</strong></td>
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<td>Week I</td>
<td>May 10 – May 15</td>
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<tr>
<td>Week II</td>
<td>Oct. 4 – Oct. 9</td>
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<tr>
<td>Week III</td>
<td>Jan. 10 – Jan. 15</td>
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<tr>
<td>“Pastoral Diagnostics and the Discernment of Spirits for the Diocesan Priest as Spiritual Physician”</td>
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<td><strong>Third Year • 2010–2011</strong></td>
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<td>Week I</td>
<td>May 9 – May 14</td>
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<tr>
<td>Week II</td>
<td>Oct. 3 – Oct. 8</td>
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<tr>
<td>Week III</td>
<td>Jan. 9 – Jan. 14</td>
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<tr>
<td>“Teaching Prayer, The Parish Retreat, and Spiritual Administration for the Diocesan Priest as Spiritual Father”</td>
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IPF STAFF

Program Director:

**Fr. Richard J. Gabuzda, S.T.D.** (Sacramental Theology, Pontifical Athenaeum, San Anselmo, Rome 1988)

A priest of the Diocese of Scranton, Pa., Fr. Gabuzda was ordained in 1981. From 1987-1995 he served as a faculty member at St. Pius X Seminary, Dalton Pa., and adjunct professor of theology, University of Scranton. He specializes in spiritual direction and liturgical and priestly spirituality. He serves presently as the executive director of IPF.

- Fr. George Aschenbrenner, S.J.
- Fr. John Cippel
- Msgr. Bill Fitzgerald
- Fr. John Grimes
- Fr. John Horn, S.J.
- Miss Kathleen Kanavy
- Deacon James Keating
- Fr. Joseph Kelly
- Mrs. Trudy McCaffrey
- Fr. Patrick O’Kane
- Dr. Margarett Schlientz
- Mrs. Mary Lou Schuster
- Fr. Mark Toups
- Fr. Scott Traynor
- Fr. Bob Uzzilio
REGISTRATION

NOW ACCEPTING RESERVATIONS FOR 2011-2013
Dates are analogous to current schedule

To be enrolled in the certificate program, a priest applicant should request and complete a registration form and provide a letter of recommendation from his bishop. For religious and diocesan priests assigned outside their own diocese, a letter from the diocesan bishop of the place of assignment is also requested. To receive the registration form, contact Fr. Richard Gabuzda, Executive Director, The Institute for Priestly Formation, 2500 California Plaza, Omaha, NE 68178-0207, (402) 546-6384, 1-800-637-4279, FAX: (402) 280-3529, E-mail: ipf@creighton.edu.

COST

The cost of $1,850 per year includes room, board, books, all program materials and administrative fees. If graduate credits are desired, students pay an additional fee per credit.

BENEFITS

✦ Three One-Week Sessions Offered Each Year for Three Years
✦ Foundation in Spiritual Theology of Diocesan Priesthood
✦ Practical Training in the Art of Spiritual Direction
✦ Help Towards Finding God in the Midst of Priestly Service
A VERY HEALING EXPERIENCE

“The immersion course was a very healing experience. It helped me to know God as love and it opened my heart to receive the power of his redemptive love. I gained a new sense of freedom to love others in harmony with my deepest desires.”

Victor Perez, Seminarian, Archdiocese of Galveston-Houston
COURSE INTRODUCTION

In the early years of his pontificate, Pope John Paul II devoted nearly all of his Wednesday general audiences to expounding a scriptural vision of human sexuality known as the theology of the body. Starting with a penetrating analysis of the creation accounts in the book of Genesis, John Paul II illuminated the meaning of human love in the divine plan.

The theology of the body is John Paul II's timely response to the sexual confusion troubling our culture and our Church. Papal biographer George Weigel calls the theology of the body “one of the boldest reconfigurations of Catholic theology in centuries…a kind of theological time bomb set to go off with dramatic consequences, sometime in the third millennium of the church.”

LEARNING OBJECTIVES

The course is designed to:

• Familiarize students with Karol Wojtyla/John Paul II's philosophical project of linking the subjective and objective world views.

• Introduce students to the main themes of the 129 addresses that constitute John Paul II's “theology of the body.”

• Encourage students to integrate the principles of John Paul II's theology of the body in their own personal lives and relationships.

• Equip students to apply John Paul II's “adequate anthropology” to a range of questions such as sexual morality, bio-ethics, gender issues, vocation, the sacramental life, and the new evangelization.
COURSE HOURS

This five-day course intensive contains 30 50-minute classroom sessions for two Creighton University-IPF graduate credits.

COURSE CONTENT/OUTLINE

This course will examine the 129 Wednesday audience addresses that comprise John Paul II’s “Theology of the Body” with an emphasis on the importance of the Pope’s project for the new evangelization. Particular attention will be paid to themes such as creation in the *imago Dei*, fall and redemption, Christian ethics and ethos, freedom and person, gender and vocation.

INTRODUCTION
The Human Body, Catholicism, and the Philosophical Project of John Paul II

PART I
Establishing an “Adequate Anthropology”
- Cycle 1: Original Man (reflections on Genesis)
- Cycle 2: Historical Man (reflections on the Sermon on the Mount and St. Paul)
- Cycle 3: Eschatological Man (reflections on the resurrection of the body)

PART II
Applying an “Adequate Anthropology”
- Cycle 4: Celibacy for the Kingdom (reflections on Matthew 19 and St. Paul)
- Cycle 5: The Sacramentality of Marriage (reflections on Ephesians 5)
- Cycle 6: Love & Fruitfulness (reflections on *Humanae Vitae*)

CONCLUSION
The Theology of the Body and the New Evangelization

CREATIVE USES

This exciting course, offered through IPF at Creighton University, is taught by the internationally recognized speaker and author Christopher West. It adapts easily to individual and local diocesan needs. Creighton University-IPF credits may be transferred to supplement graduate theology programs.
Christopher West

Christopher West is recognized around the globe for his work teaching and promoting John Paul II’s theology of the body. He serves officially as a research fellow and faculty member of the Theology of the Body Institute near Philadelphia. West has also taught graduate and undergraduate courses on a number of other faculties, including St. John Vianney Seminary in Denver and the John Paul II Institute in Melbourne, Australia, and serves as faculty for sexual ethics at the Institute for Priestly Formation in Omaha. He is the best-selling author of four books, and his popular column “Body Language” is syndicated to newspapers throughout the United States. Christopher West lives with his wife Wendy and their six children near Lancaster, PA.

A NEW EVANGELIZATION

“The Theology of the Body cannot be simply relegated to marriage and family or sexual ethics. Its scope is much broader, touching on everything concerning the human experience. This theology is the groundwork for a re-articulation of the entire faith in view of a New Evangelization.”

Fr. Kevin B. McGoldrick, Archdiocese of Philadelphia, PA

LIFE-GIVING

“My introduction to the Theology of the Body has truly been humbling. It has also been life-giving. It has changed the way in which I see myself as a son and brother and friend. It has challenged me to rededicate myself as a priest and to understand the priesthood in a new manner altogether, as a spiritual fatherhood, in which I am called to follow the example of Jesus Christ in giving myself as a gift to others. It has changed not only the manner in which I approach marriage preparation, but also the celebration of every other sacrament, especially the Sacrament of Penance, both as the confessor and the penitent. If you are hungry for something you cannot even begin to understand, I encourage you to explore the Theology of the Body. The life you save may be your own.”

Fr. John Keehner, Diocese of Youngstown, OH

GENEROSLY COMMITTED

“The vibrancy of Christopher West, his infectious enthusiasm and penetrating understanding of the thought of Pope John Paul II is well-known to those who have heard his lectures and tapes. The public needs to hear what the Holy Father thinks on issues of sexuality, marriage, and celibacy and West has generously committed his considerable talents to making this a possibility.”

Dr. Janet Smith, Professor of Life Issues, Sacred Heart Major Seminary, Detroit, MI

INTELLECTUAL CARE

“With intellectual care, with the experience bred of long years of teaching this material in the classroom and the parish, and taking account of his own experiences as a husband and father, Christopher West has put us in his debt by making the ‘theology of the body’ available to a wide and, I hope, appreciative readership.”

George Weigel, Senior Fellow, Ethics & Public Policy Center, Washington D.C.
DEFINING MOMENTS

“I believe that I will look back at this as one of the defining moments of my life.”

Fr. Daniel Firmin
“This certificate program promises to encourage and better equip diocesan priests for dynamic leadership in parish and diocesan wide spiritual formation. It can also provide future seminary formators with a new personal foundation in prayer and Trinitarian intimacy.”

Fr. Mark Toups,
Director of Seminarians,
Houma-Thibodaux, LA
SPIRITUAL FORMATION CERTIFICATE

GRADUATE CERTIFICATE AT CRETIGHTON UNIVERSITY
The Spiritual Formation graduate certificate will prepare you to teach Christian prayer and discernment. It can equip you to be a major contributor in the Catholic Church’s mission of the new evangelization. You will be able to assist in awakening hearts to taste and see Trinitarian and Marian love at work in everyday faith.

A Christian anthropology of the heart is provided, grounding the practice of lectio-divina prayer and a foundational understanding of pastoral diagnostics.

The program is directed by Rev. Richard Gabuzda, S.T.D., a specialist in sacramental theology and diocesan priestly spirituality. Your experience culminates in a personal appropriation of God’s grace through encountering Trinitarian and Marian love in and through the rich living tradition of “The Spiritual Exercises” of Saint Ignatius Loyola.

“Our communities must become genuine schools of prayer, where the meeting with Christ is expressed not just in imploring help, but also in thanksgiving, adoration, contemplation, listening and ardent devotion, until the heart truly falls in love… it would be wrong to think that ordinary Christians can be content with a shallow prayer that is unable to fill their whole life.”

-- Pope John Paul II
Novo Millennio Ineunte, 33

HOPE FOR THE FUTURE

“I’m impressed with the IPF. It gives me a lot of hope for the future of the church and the well being of the clergy.”

Msgr. Mervin Hood
Diocese of Sioux City, IA

-- Pope John Paul II
Novo Millennio Ineunte, 33
## COURSES

**Semester Hours**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hours</th>
</tr>
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<tbody>
<tr>
<td>IPF 501</td>
<td>Christian Prayer and Virtue</td>
<td>1</td>
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<tr>
<td>IPF 502</td>
<td>Christian Spirituality and Sexuality</td>
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<td>IPF</td>
<td>Integration Seminar: Holy Spirit</td>
<td>non-credit</td>
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<tr>
<td>IPF 707</td>
<td>The Spiritual Exercises of Saint Ignatius Loyola: Theory and Practice</td>
<td>5</td>
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</tbody>
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### BENEFITS

- Helps fulfill the priest's desire to be an effective teacher of prayer and to live in a way that evangelizes human hearts, setting them ablaze with God's love in Jesus the Christ.

- Builds up local parishes as schools of contemplative healing prayer and discernment.

- Strengthens the interior life of prayer and further equips seminary personnel in their call within a call to labor in the spiritual formation of future priests, pastors.

- Provides local bishops, directors of seminarians, and vocation personnel with a creative means to teach, interact with and impact their seminarians.

- Cultivates inspirational educational interactions between seminaries, bishops and vocation personnel in spiritual formation by affording opportunities to create localized satellite centers of spiritual formation where distance learning and on-line courses interact with desires for substantive spiritual and pastoral years within seminary formation.
ADMISSION REQUIREMENTS:

Applications to the Institute for Priestly Formation at University College at Creighton University are processed after September 1st prior to attending IPF's Unit One ten-week program.

You are encouraged to apply early. Please note that the first nine credits must be taken as one unit over one summer in IPF. **Unit One courses are a prerequisite for the Integration Seminar which is required and serves as an analogy to a comprehensive exam.** It determines readiness for Unit Two, Theology of the Spiritual Exercises: Theory and Practice. The course Theology of the Body is offered at off-site locations nationally and can be taken at any time to complete the certificate credit requirements. Application for graduate certificate is limited to diocesan seminarians and or diocesan seminary personnel. Exceptions are determined by the executive director of the Institute for Priestly Formation.

Submit your completed application along with the $75 non-refundable application fee to:

Fr. Richard Gabuzda  
Executive Director  
Institute for Priestly Formation  
2500 California Plaza  
Omaha, NE 68178

ENROLLMENT PROCESS:

Applications are accepted after September 1st. When all application materials have been received by IPF, the student is notified of the status of the application. (e.g. acceptance, wait-listed etc.)

CERTIFICATE REQUIREMENTS:

To be eligible for a certificate, students must complete all courses with a minimum 3.0 cumulative GPA. No more than one C will be allowed. Incomplete grades must be cleared no later than one year from the start of the course.
COURSE DESCRIPTIONS:

UNIT ONE

IPF 501 Christian Prayer and Virtue (1)
A fundamental grounding in the Church’s spiritual tradition. An emphasis is placed on the prayerful understanding of interior spiritual movements and the practice of the cardinal virtues in a Christian anthropology of the human heart.

IPF 502 Christian Spirituality and Sexuality (3)
An integrated approach to understanding and appropriating the relationship between Christian spirituality and human sexuality. An emphasis is placed upon appreciating and living priestly celibacy as a generative gift from God. The readings, lectures and assignments present opportunities for personal integration.

IPF 503 The Spirituality of Diocesan Priesthood (2)
After a brief treatment of how an active apostolic spirituality developed in the history of Christian spirituality, this course will focus on active apostolic spirituality as typical for diocesan priesthood, finding and serving God in the busy activity of daily life.

IPF 504 The Mystery of the Liturgy: Receiving in Celebration and Life (3)
An exploration and experience of Christian prayer known through liturgical ritual which leads to the development of attitudes and actions of conversion to the Christian life. This course helps forge and provide a link between personal, private prayer, and the public prayer of the Church.

IPF 505 Theology of the Body I (2)
This course examines the 129 Wednesday audience addresses that comprise John Paul II’s “Theology of the Body” with an emphasis on the importance of the Pope’s project for the new evangelization. Particular attention will be paid to themes such as creation in the imago Dei, fall and redemption, Christian ethics and ethos, freedom and person, gender and vocation.

Integration Seminar: Holy Spirit (non-credit)
This seminar is required and is analogous to a comprehensive exam. It meets for fifteen hours in a flexible time frame that sets up a dialectic of prayer, spiritual reading, worship and personal conversion. This fosters personal integration of content from the Unit One IPF 501-504 level courses and is an instrument helping to determine readiness for Unit Two IPF 705. The seminar is facilitated by local diocesan personnel affiliated with IPF. This seminar also serves to strengthen and integrate the gifts of the Holy Spirit received in Christian baptism.

UNIT TWO

IPF 707 The Spiritual Exercises of St. Ignatius Loyola: Theory and Practice (5)
Practical experience of the Spiritual Exercises in either the individually directed silent retreat format or the retreat in daily life format. Integration of this experience includes study and reflection on the theology, structure, and application of Saint Ignatius’ biblical evangelical spirituality.

COSTS: Half the regular tuition – $332.00 per credit
THE NEW EVANGELIZATION:
IMPLICATIONS FOR PRIESTLY FORMATION
Co-Sponsored with

THE SAINT PAUL SEMINARY
SCHOOL OF DIVINITY
ST. PAUL, MN

MARCH 11 – MARCH 14, 2010

Dedicated to Pope John Paul II

SPEAKERS

Keynote Speaker:
Mr. Ralph Martin
Director of Graduate Theology Programs in the
New Evangelization, Sacred Heart Seminary,
Detroit

- Dr. Mary Healy
- Deacon James Keating
- Father John Riccardo

INFORMATION OR APPLICATION

Please contact:
Fr. Richard J. Gabuzda, Executive Director
The Institute for Priestly Formation
2500 California Plaza
Omaha, Nebraska 68178-0207

Telephone: (402) 546-6384
1-800-637-4279
Fax: (402) 280-3529
E-mail: ipf@creighton.edu

Website: http://www.creighton.edu/ipf/
THE CENACLE OF OUR LADY OF DIVINE PROVIDENCE
CLEARWATER, FLORIDA
FR. TIM GALLAGHER, O.M.V.
ST. IGNATIUS LOYOLA’S DISCERNMENT OF SPIRITS

- Silent Atmosphere
- Morning Presentation
- Daily Spiritual Direction
- Healing Prayer

“I will give you shepherds after my own heart”
Jeremiah 3:15

Directors: Dr. Ron and Adrienne Novotny,
Fr. John Cippel,
and Fr. Tim Gallagher, O.M.V.
RETREAT DATES:

SEPTEMBER 14 - 21, 2009
FEBRUARY 1 - 8, 2010
OCTOBER 4 - 11, 2010

RETREAT COST:

$100 Retreat Fee and Non-refundable Deposit
$65 Per Diem* - 7 nights

Total Cost - $555

*includes a continental breakfast, lunch, and dinner each day

Limit: Twenty Participants

FOR FURTHER INFORMATION

Contact:
Ron and Adrienne Novotny
(727) 724-9505
cenacleofourlady@aol.com

Website:
www.divineprovidence.org
"If the priesthood is to be renewed – and it surely must be – the renewal must take the form described by Father Toups. With clarity, simplicity, and a thorough mastery of the literature, he shows that the essence of the ministerial priesthood consists in the sacramental character that configures the ordained to Christ the High Priest.”

Avery Cardinal Dulles, S.J.

RECLAIMING OUR PRIESTLY CHARACTER

offers a review of the present crisis surrounding priestly identity through careful theological scholarship and a wise and practical spirituality, providing a clear path toward the renewal of the priestly character.

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Father David L. Toups, S.T.D.
Secretariat of Clergy, Consecrated Life and Vocations, United States Conference of Catholic Bishops
Bishop David Ricken, Diocese of Green Bay, leads priests on a contemplative journey to the core of their holy priesthood. Every priest who prays with this book will be invited to enter the “pastoral priority par excellence, time spent in direct encounter with God in prayer.” (Pope Benedict XVI, Sept. 14, 2006).

$16.95 SOFT COVER
“In this superb collection of meditative letters, Father Najim provides invaluable spiritual lessons to seminarians, and exemplifies the fatherly attributes a vocation director must possess to guide young men towards the gift of priesthood.”

Msgr. Robert Panke, Vocation Director, Archdiocese of Washington, D.C.

**RADICAL SURRENDER: LETTERS TO SEMINARIANS**

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Inspires the seminarian to allow Christ to transform his heart more completely. Every vocation director will want to give this book to the men under his care.

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RESTING ON THE HEART
OF CHRIST: THE VOCATION AND
SPIRITUALITY OF THE SEMINARY
THEOLOGIAN
Deacon James Keating, Ph.D.

Seminarians want to encounter God in study so as to draw their future parishioners into His Truth which is love. The question for seminary theologians is this: How can we serve this longing while also calling seminarians into the ascetics of study? Resting on the Heart of Christ answers this question by integrating the best of theological research with the rich, intellectual tradition of the Church and the wisdom of the saints, ensuring conversion of both mind and heart.

“This book is a must for seminary teachers of theology, though I believe all teachers of Catholic theology would benefit from it. The book, and the vision behind it, refuses to dissociate theology from prayer. Keating’s vision stretches our intellects in the direction of adoration. If you love theology, you will want to read and meditate on this gem of a book.”

Deacon Owen F. Cummings, Regents’ Professor of Theology, Mount Angel Seminary
Mount Angel, OR

$15.95
COMMUNION WITH CHRIST: PRACTICAL PRAYER

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Deacon James Keating discusses the foundations and dynamics of deeper Christian prayer, with spiritual depth and theological richness. In this series of eight talks, discover the practical advice needed to enter into and sustain a deep prayer life. Simply listening to Communion with Christ will be an occasion of prayer!

$25.00 (FOUR-DISK AUTO SET)

Perfect for personal use or in a small group. 16-page companion booklet included.

ORDER ADDITIONAL BOOKLETS FOR ONLY $2.50 EACH
**Marriage in the Lord: Poured Out for Love**

Deacon James Keating, Ph.D.

Deacon James Keating explores the theological and spiritual meaning of the Sacrament of Marriage and challenges listeners to go to the depths of what it means to be *married in the Lord.*

“A deep, quiet, rich wisdom flows from Dr. James Keating in this series *Marriage in the Lord: Poured out for Love.* Oh, if engaged and married couples everywhere would take the time to marinate in this wisdom, the world would be a different place!”

Christopher West, Fellow, Theology of the Body Institute
Author of “The Love That Satisfied” and “Good News about Sex and Marriage”

$25.00 (Four-disk Auto Set)

This series of eight talks includes a 12-page booklet with discussion questions for couples or marriage preparation classes.

www.IPFPublications.com
1-877-263-1263
FIRE OF THE HOLY SPIRIT

“Do you desire to meet the living God? Come to Omaha. IPF has renewed the fire of the Holy Spirit in my heart. Learning how to truly pray has helped me to understand the deep love God constantly pours into us to persist in faith.”

Hansel Tomaneng, Seminarian, Archdiocese of San Francisco, CA
TRAVEL

Travel and Transport -
(402) 548-3282
(800) 383-3932
2120 S. 72nd Street, Suite 250
Omaha, NE 68124
Office Hours: Monday thru Friday
8:00 a.m. - 5:00 p.m.

Omaha Convention and
Visitors Bureau -
(402) 444-4660 or
toll-free (866) 937-6624

NE State Highway Road
Conditions - (800) 906-9069

Weather - (402) 392-1111

Airport:
Eppley Airfield - (402) 422-6817
4501 Abbott Drive
www.eppleyairport.com

Airlines:
American
Continental
Conair
Delta
Express Jet
Frontier
Mesaba
Midwest
Northwest
Southwest
Skywest
United
US Airways

Car Rental:
Alamo
Avis
Budget
Dollar
Enterprise
Hertz
National
Thrifty

Bus Service:
Greyhound Bus Lines -
(402) 341-1906
(800) 231-2222
1601 Jackson Street
Omaha, NE

Train Service:
Amtrak -
(402) 342-1501
(800) 872-7245
1003 South 9th Street
Omaha, NE
Hours: 9:30 pm - 6:30 am

Visitors to Omaha will find a variety of restaurants, shopping areas, and cultural exhibits. Please contact the Omaha Chamber of Commerce (402) 346-5000 and the Convention and Visitors Bureau at (866) 937-6624 (toll-free) for an up-to-date listing of Omaha attractions and events. Also visit Omaha’s premier web site, www.visitomaha.com.

TRAVELING TO CREIGHTON UNIVERSITY
OMAHA, NEBRASKA

If you are coming from the East:
• Follow I-80 West across the Missouri River to I-480/Highway 75 (north).
• Take exit onto North I-480/Highway 75.
• Once on I-480/Highway 75, stay in one of the left two lanes to continue on Highway 75/Airport.
• Take the first exit (Burt and Cuming Streets) off Highway 75 after I-480/Highway 75 split.
• Exit, turning right onto Cuming Street.
• Turn right at the first light, onto 24th Street.
• Follow 24th Street to Cass Street (located just before the I-480 underpass), turn left, and make an immediate left into the Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.

If you are coming from the West:
• Follow I-80 East to the I-480 (Downtown) exit.
• Once on I-480/Highway 75, stay in one of the left two lanes to continue on Highway 75/Airport.
• Take the first exit (Burt and Cuming Streets) off Highway 75 after I-480/Highway 75 split.
• Exit, turning right onto Cuming Street.
• Turn right at the first light, onto 24th Street.
• Follow 24th Street to Cass Street (located just before the I-480 underpass), turn left, and make an immediate left into the Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.
If you are coming from the North:

- Follow I-29 South to I-480 West, exit 53B.
- Follow I-480 across the Missouri River into Omaha, and exit on Dodge Street, exit 4.
- Continue straight on Dodge, heading towards 24th Street.
- Turn right onto 24th (heading north for about 1/2 mile) to Cass Street.
- Turn right onto Cass, and make an immediate left into the Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.

If you are coming from the South:

- Heading north on I-29, merge with I-80 West in Council Bluffs, IA. Follow the signs for I-29 North (Sioux City, Exit 1A).
- Take West I-480/West U.S. 6 (Exit 53B).
- Take Exit 4, Dodge Street.
- Continue straight on Dodge, heading towards 24th Street.
- Turn right onto 24th Street (heading north for about 1/2 mile) to Cass Street.
- Turn right onto Cass and make an immediate left into the Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.

If you are coming from Southern Nebraska, you may take Highway 75 North, heading towards the Airport:

- Follow Highway 75 (North Omaha Freeway)/Airport signs to North I-480/Highway 75.
- Once on I-480/Highway 75, stay in one of the left two lanes to continue on Highway 75/Airport.
- Take the first exit (Burt and Cuming Streets) off Highway 75 after I-480/Highway 75 split.
- Exit, turning right onto Cuming Street.
- Turn right at the first light, onto 24th Street.
- Follow 24th Street to Cass Street (located just before the I-480 underpass), turn left, and make an immediate left into the Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.

If you are coming from the airport, Eppley Airfield:

- Eppley Airfield is served by 20 carriers and is about a 10-minute taxi ride to Creighton University. If renting a car, exit the airport by turning left onto Abbott Drive (heading south).
- After about 3 miles, it will turn into Cuming Street (heading west). Continue on Cuming to 24th Street.
- Take a left and follow 24th Street to Cass Street (located just before the I-480 underpass), turn left, and make an immediate left into the Creighton Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.
The following information is intended to serve as a guide to stores and other services in the area. It does not represent recommendations by the University.

**Automobile Repair and Service**

- **AA Collision Repair**
  4902 South 33rd Street, Omaha, NE
  (402) 734-7705
  24-hour service with membership.

- **Rhoden Dodge**
  3554 S. Express Way
  I-29 at Exit 3 in Council Bluffs, IA
  1-866-729-2088

- **Buchanan’s BP Service Center**
  50th and Dodge Streets, Omaha, NE
  (402) 553-7374

- **Fred’s Friendly “66” Service**
  2901 Leavenworth Street, Omaha, NE
  (402) 342-9519
  10% Creighton discount on repairs.

- **House of Mufflers and Brakes**
  27th and Leavenworth, Omaha, NE
  (402) 346-1040
  10% Creighton discount, courtesy rates.

- **Waterman’s Auto Center**
  2532 S. 10th Street, Omaha, NE
  (402) 341-2220

**Bakeries**

- **Pettit’s Pastry,**
  502 North 16th Street,
  Omaha, NE (402) 345-1111
  4 a.m.-9 p.m. Monday - Friday, Sunday;
  4 a.m.-12 noon Saturday

- **Eileen’s Cookies,**
  1110 S. 71st Street #M
  Omaha, NE (402) 932-3262
  “The Best Cookies in Town”
  Will deliver.

**University Dining Catering,** 2nd floor of Harper Center
(402) 280-2446
Full line of catering available.

**Banking**

- **Out-of-state students are encouraged to open an account at a local bank or credit union to help facilitate check cashing. Automated teller machines have been installed at Swanson Residence Hall and the Skutt Student Center for the convenience of students.**

- **Several banking facilities located near the Creighton campus are listed below:**

  - **Bank of the West**
    1921 Harney Street, Omaha, NE
    (402) 918-5250 / (800) 488-2265

  - **Creighton Federal Credit Union**
    (402) 280-1709 / (800) 967-1477
    Branch in Skutt Student Center
    on campus

  - **First National Bank of Omaha**
    16th and Dodge Streets, Omaha, NE
    (402) 341-0300 / (800) 228-4411

  - **US Bank**
    1700 Farnam Street, Omaha, NE
    (800) 869-3557

- **Kohl’s Pharmacy and Home Health Care,** 50th & Dodge Street, Omaha, NE (402) 553-8900
  Store Hours: Monday through Friday, 9:00 a.m. to 7:00 p.m.; Saturday, 9:00 a.m. to 3:00 p.m.; Sunday, closed.

- **Elmwood Pharmacy,** 808 S. 52nd Street, Omaha, NE (402) 531-5200
  Store Hours: Monday through Friday, 9:00 a.m. to 7:00 p.m.; Saturday, 9:00 a.m. to 3:00 p.m.; Sunday-closed

- **Creighton Clinic Pharmacy**
  Creighton University Medical Center – Lobby Level (402) 449-4560
  Monday through Friday, 8:30 a.m. to 6:00 p.m. Closed Saturday, Sunday and University holidays.

- **Walgreens Pharmacy**
  3001 Dodge Street, Omaha, NE
  (402) 342-3301
  Store Hours: Monday through Friday, 8:00 a.m. to 10:00 p.m.; Saturday, 8:00 a.m. to 10:00 p.m.; Sunday, 8:00 a.m. to 10:00 p.m.
  http://www.walgreens.com

These pharmacies are extremely helpful with students’ pharmaceutical needs. They accept most prescription cards, as well as major credit cards and personal checks. Call to inquire about specific delivery policies.

**Florists or Gifts (ALL WILL DELIVER)**

- **Piccolo’s Florist & Gifts**
  402) 397-6000
  611 N. 98th Street, Omaha, NE

- **Floral Creations by Twilla Z**
  5012 N. 61st St., Omaha, NE
  (402) 453-5993 or toll free
  (866) 263-3568
  Order by 10:00 a.m., delivery the same day.

- **Janousek Florist**
  4901 Charles St.,
  Omaha, NE (402) 556-3632
  Order by 10:00 a.m., delivery the same day.

**Edible Arrangements**

- **1110 S. 71st Street #J, Omaha, NE**
  (402) 397-0358
  www.ediblearrangements.com
  Delicious fresh fruit bouquets and gift baskets. Floral beauty and incredible taste.

**Pharmacies**

- **Health Mart Pharmacy, 820 N. Saddlecreek, Omaha, NE**
  (Inside No Frills Supermarket) (402) 556-9313
  Store Hours: Monday through Friday, 9:00 a.m. to 7:00 p.m.; Saturday, 9:00 a.m. to 5:00 p.m.; Sunday, 11:00 a.m. to 3:00 p.m.

- **Elmwood Pharmacy,** 808 S. 52nd Street, Omaha, NE (402) 531-5200
  Store Hours: Monday through Friday, 9:00 a.m. to 7:00 p.m.; Saturday, 9:00 a.m. to 3:00 p.m.; Sunday, closed.

- **Walgreens Pharmacy**
  3001 Dodge Street, Omaha, NE
  (402) 342-3301
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  http://www.walgreens.com

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FOR MORE INFORMATION:

The Institute for Priestly Formation
2500 California Plaza
Omaha, Nebraska 68178-0207
Telephone: (402) 546-6384
1-800-637-4279 • Fax: (402) 280-3529
E-mail: ipf@creighton.edu

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