Mission and Program Bulletin

“I will give you shepherds after my own heart”
Jeremiah 3:15
To Mary, Spouse of the Holy Spirit
MISSION STATEMENT

The Institute for Priestly Formation was founded to assist bishops in the spiritual formation of diocesan seminarians and priests in the Roman Catholic Church. The Institute responds to the need to foster spiritual formation as the integrating and governing principle of all aspects of priestly formation. Inspired by the biblical-evangelical spirituality of St. Ignatius Loyola, this spiritual formation has as its goal the cultivation of a deep interior communion with Christ; from such communion the priest shares in Christ’s own pastoral charity. In carrying out its mission, the Institute directly serves diocesan seminarians and priests as well as those who are responsible for diocesan priestly formation.
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Dear Friends,

As you review the pages of this booklet, you will find many details about the Institute for Priestly Formation’s programs of spiritual formation for diocesan seminarians and priests. Although these programs vary in their format and time frame, they have a common goal. Words from Pope Benedict XVI’s inspiring first encyclical which he quotes from St. Gregory the Great point the way to this goal:

The good pastor must be rooted in contemplation. Only in this way will he be able to take upon himself the needs of others and make them his own.

The Institute’s programs exist to help diocesan seminarians and priests become “contemplatives in action,” i.e., to learn how to pray in such a way that they meet God in the midst of everyday busyness and are thus able to help the people of their parishes and dioceses do the same.

As testimony to this goal, a recent seminarian alumnus described his experience of the summer program in this way: “IPF helped me to recognize the vital importance of a priest being completely in love with and united to the heart of Christ. From this love and union flows the charity which will fuel my priesthood.”

Now in our fourteenth year, the Institute’s program for seminarians has served over 1000 seminarians from 130 different dioceses in the U.S. and beyond. Many more priests, seminaries and dioceses have benefited from the Institute’s other programs. These blessings move us to gratitude for the bishops, vocation directors, seminary personnel and other friends who have been and continue to be so supportive of our mission.

May the Holy Spirit light the way as we continue to serve as instruments in the Lord’s hands to help provide the Church with priests who are shepherds after the heart of the Good Shepherd.

Sincerely in the Lord,

Rev. Richard J. Gabuzda
Executive Director
The Institute for Priestly Formation
Bishops Advisory Council

His Eminence Daniel Cardinal DiNardo, Archbishop of Galveston-Houston
His Eminence Francis Cardinal George, OMI, Archbishop of Chicago
His Eminence Sean Cardinal O’Malley, OFM Cap, Archbishop of Boston

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Most Reverend David L. Ricken, Bishop of Green Bay
Most Reverend J. Peter Sartain, Bishop of Joliet
Most Reverend Allen H. Vigneron, Bishop of Oakland

Mission Advisory Council

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Most Rev. Robert J. Carlson, Co-Chair

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Fr. Richard J. Gabuzda
Fr. John P. Horn, S.J.
Kathleen A. Kanavy

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Mr. George J. Esseff
Mr. John (Pete) Jeffrey
Chairman, Finance Council
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Director of Christian Spirituality Program

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Msgr. Robert J. Panke
Margaret A. Schlientz, Ph.D.
Fr. David L. Toups
Fr. Scott S. Traynor

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Mr. Timothy O’Neill
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Mr. James A. Taphorn
Dr. Perry T. & Mrs. Donna M. Williams

Finance Council

Mr. John (Pete) Jeffrey
Mr. John L. Maginn
Mr. Herman D. Weist

MOST MEANINGFUL SUMMER

“It was the best and most meaningful summer of my life. I experienced God in ways that I didn’t think were possible for me. My prayer life has grown more than I ever imagined could be possible, and I clearly understand what priesthood is about, like never before.”

Steve Jones,
Diocese of Sioux Falls, SD
FOUNDATIONAL LIVING PRINCIPLES

NEW LIFE

“I expected IPF to be fun, and it was. What I didn’t expect is that through the program, God would make Himself known to me as I had never known Him before. I shall look back any number of years from now and see IPF as the point which divides ‘my life before’ and ‘new life after.’”

Tom Oram, Diocese of Gary, IN

1. The Holy Spirit as Our Source of Life and Holiness

2. Scripturally Grounded Relational Prayer as Foundational to an Integrated Christian Life: an Inquiring Intellect, a Balanced Affect, and Healthy Psychological and Sexual Development

3. Christ’s Presence in the Eucharist as the Source of Christian Maturity Lived in Gratitude

4. Mary’s Life as the Model of Discipleship in the Holy Spirit’s Joy

5. Fidelity to Christ’s Teaching Authority as Prophetically Heard through the Catholic Church’s Magisterium

6. Apostolic Spirituality Requiring an Interior Solitude with God Alone, which Shapes a Priest’s Heart to Lead as Shepherd, Spouse, Spiritual Physician, and Spiritual Father.
OBJECTIVES

1. To grow in personal holiness through Trinitarian prayer

2. To ground firmly and to increase a heartfelt devotion to Jesus Christ and the Blessed Virgin Mary which fosters a faith that does justice in our world

3. To promote an on-going healthy integration of celibate sexuality as a prophetic counter-cultural gift of the Father's love in the power of the Holy Spirit

4. To enkindle the priestly desires and abilities to integrate studies with prayer rooted in Scripture

5. To awaken heartfelt discernment for pastoral service as a priest, a spiritual physician and spiritual father

6. To promote the unique identity and spirituality of diocesan priesthood

7. To create a genuine fraternity among the next generation of Catholic priests for the twenty-first century.

FALLING IN LOVE

“Everything is set up in IPF to facilitate a deeper falling in love with the Lord. Out of that my Christian life and my vocation flows.”

Dan Janasik, Archdiocese of Milwaukee, WI
TRANSFORMED BY THE HOLY SPIRIT

“Learning to relate my thoughts, feelings, and desires to God has deepened my intimacy with Him and given me greater peace, love, and joy. The hype that I read and heard before IPF turned out to be true! My life has been profoundly transformed by the Holy Spirit through the conduit of IPF.”

Nate Harburg, Diocese of Saginaw, MI
Seminarian Summer Program

Spiritual Formation for Diocesan Seminarians at Creighton University
In response to the Holy Spirit’s guidance in the 1990 World Synod of Bishops’ call for a more intense period of formation for priesthood candidates, the Institute for Priestly Formation (IPF) has created a summer program of spiritual formation for diocesan seminarians. The IPF program offers an experience both personally challenging and spiritually inspiring.

This program responds to our contemporary age’s need for concentrated spiritual formation and instruction in the Catholic faith by integrating prayer and shared faith, study and supervised pastoral work in a profoundly personalized manner. All of these elements in their appropriate integration are explicitly aimed at the religious experience of recognizing and cooperating with Jesus’ Spirit stirring in the seminarian’s heart and in our world.

Growth in relational prayer stands at the heart of this program’s formation for seminarians. Through daily prayer, retreats and weekly one-on-one spiritual direction, the heart is exercised and expanded to be able to receive God’s love by relating with the Trinity and Mary as real persons. This Trinitarian love is witnessed to the seminarian in a variety of ways: in the chaste love of those in the formation community, in the apostolate, as well as in other relationships. The experience of this love is deepened by systematic theological reflection, guided by a curriculum which exposes the seminarian to the spiritual tradition of the Church and helps him to receive it anew in our own day. A special integrating element in this reflection is the course, “Christian Spirituality and Sexuality.”

In this holistic human formation the seminarian deepens his appreciation for the gift of celibacy. Celibacy is understood not as a denial of sexuality, rather as a gift that leads to fulfillment in a spousal experience of Trinitarian and Marian love - a love always fueling the generative, active ministry of the priest.

Finally, this program will develop the specific charisms that constitute the diocesan priesthood as a unique identity and spirituality. As a means to this end, it will make use of Ignatian spirituality with its emphasis on active, apostolic spirituality, so central to the life of diocesan priests. This spiritual formation will prepare diocesan priests to play their appropriate role of leadership in the Church of the 21st century.

“IPF has helped me to live more deeply the faith of the Church from my heart. The program has helped me to truly see God, taste His goodness, receive what I truly desire, and in that, tap into the fuel for mission.”

Dan Weiske,
Diocese of Duluth, MN
HIGHLIGHTS

IPF’s Program for Seminarians, focusing on the heartfelt experience of God, includes:

- Growth in holiness through daily prayer
- Weekly one-on-one spiritual direction and an individually directed silent retreat
- Interplay between theology and practical faith
- Integration of sexuality with celibacy as a generative gift from God
- Discernment for pastoral leadership
- Summary of growth and blessings
- Apostolic service
- Appreciation of the unique identity of diocesan priests
- Contemplative leisure
INTIMACY WITH THE TRINITY

"Through my summer at IPF, I have grown in intimacy with the Holy Trinity and Christ's Bride, the Church. Jesus will enter the hearts of all who take the time to be with Him in prayer."

Tom Gardner
Archdiocese of Philadelphia, PA

The IPF program adapts easily to individual and local diocesan needs. Pastoral years may be integrated with this period of intensive spiritual formation. IPF's credits may be transferred to supplement pre-theology and theology programs.

Creative Uses
COMPONENTS OF THE
IPF PROGRAM

The IPF program, based at Creighton University in Omaha, Nebraska, consists of a ten-week summer program. During this summer IPF shares Creighton’s facilities while conducting its own liturgical and residential life.

**Spiritual Formation Requirements**

- Daily Eucharist, Liturgy of the Hours and weekly Eucharistic Adoration
- One hour of personal prayer per day
- Weekly spiritual direction
- Eight day individually directed silent retreat

**Apostolic Ministry**

For two afternoons per week over six weeks, students will be engaged in apostolic ministry with children, the sick, and the poor (hospital pastoral team ministry, outreach to the elderly, and to the physically and mentally disabled, etc.).

**Academic Formation**

All courses offered receive undergraduate or graduate theology credit at the 500 level, affording the student the possibility of transferring credit into existing seminary programs.

Courses focus on integrated learning: sound academic discipline coupled with personal growth and apostolic application amidst contemplative leisure and solitude for prayer. The IPF faculty are specially selected to be in harmony with our stated objectives.

Class attendance in IPF courses is restricted to seminarians, with exceptions granted by IPF’s executive director.
Summer Program

Pre-Session Christian Prayer and Virtue (1)
includes an eight day individually directed silent retreat

Term I Christian Spirituality and Sexuality (3)
The Spirituality of Diocesan Priesthood (2)

Term II The Mystery of the Liturgy:
Receiving in Celebration and in Life (3)

SUMMER CREDITS: 9

Summary of Growth and Blessings

At the conclusion of the
ten week summer program,
each seminarian prepares a
“Summary of Growth and
Blessings.” This document
is prepared in the following
manner. During the summer
each seminarian keeps a
journal. By way of a prayerful
process of journal reflection
that pertains to each course
and component of IPF’s summer program, the seminarian summarizes
his interior experience of discerning God’s love. This process of journal
reflection is fostered in weekly spiritual direction. Near the end of
the summer, a copy of the “Summary of Growth and Blessings” is
distributed to the seminarian, asking him to summarize, in a way
appropriate to the external forum, the content of his journal pages.

A copy of the document is forwarded to the man’s Vocation Director
or Director of Seminarians. It is suggested that the appropriate seminary
personnel also receive a copy. The document, then, provides not only a
fitting conclusion to the IPF experience, but also builds a bridge between
the seminarian’s summer experience and his diocesan and seminary life.
It provides a foundation for fruitful spiritual conversation.
SPIRITUAL GROWTH

“It would have been a shame had I gone on to be ordained without the spiritual growth I have undergone here. I will clearly be a better priest because of IPF.”

Derek Rieckens, Diocese of La Crosse, WI
Two hours of class per day, Monday through Friday
One three credit course per month
One two week period contains extra conference hours for a two credit course
Apostolic work each week, every Tuesday and Thursday afternoon for six weeks
One hour of private prayer a day, “alone with God,” meditation and contemplation
One and a half hours per day of communal prayer: Morning and Evening Prayer, Eucharist, and weekly Eucharistic Adoration

Daily Schedule: Monday, Wednesday, Friday

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<th>Activity</th>
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<tr>
<td>7:30 a.m.</td>
<td>Breakfast</td>
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<td>8:00-10:00 a.m.</td>
<td>Morning Prayer</td>
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<tr>
<td>10:30 a.m.</td>
<td>Class</td>
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<tr>
<td>Afternoon</td>
<td>Lunch</td>
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<tr>
<td>6:30 p.m.</td>
<td>Evening Prayer (Wednesday, Eucharistic Adoration)</td>
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<td></td>
<td>Evening free for reading, prayer, physical exercise, leisure</td>
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Daily Schedule: Tuesday, Thursday

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<td>Evening Prayer</td>
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<tr>
<td></td>
<td>Evening free for reading, prayer, physical exercise, leisure</td>
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Weekends

Free time for recreation, prayer, reading.
“IPF has been a graced and enjoyable time for growing in a deeper relationship with God, self, and others, particularly building bonds with men that will one day, God willing, become my brother priests.”

Carlos D. Suarez, Archdiocese of Boston
**Room**

Private, air-conditioned room (10 weeks) $2,006.00

Linen Included

Kiewit Fitness Center $8.00 per week

**Total (10 weeks)** $2,086.00

**Tuition and Fees**

Per credit hour - $332.00 (Total - 9 credits) $2,988.00

Creighton University is pleased to offer all IPF students the special tuition rate of $332.00 per credit hour - just **half the regular tuition!**

Registration/technology fee (non-refundable) $109.00

Administrative fee $600.00

Educational materials $85.00

Retreat fee $265.00

Weekly Spiritual Direction Fee (8 weeks) $315.00

**SUB-TOTAL** $6,448.00

Limited scholarship funds are available upon request.

**Meals**

Meal Plans available:

- 19 meal plan $96.50/week
- 14 meal plan $84.00/week
- 10 meal plan $71.15/week

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**IPF CALENDAR 2009**

**MAY 24TH - JULY 30TH**
For Bishops/Dioceses:

- provides an intensive period of priestly spiritual formation within an atmosphere of dynamic orthodoxy
- fulfills the need for well integrated men growing in holiness and ready to supply appropriate leadership in the Church as priests
- fosters an ability in future priests to critique prayerfully our culture in light of Gospel values and the Church’s magisterial teaching
- affords a format which adapts easily to local diocesan needs for seminarians
- provides encouragement for bishops regarding priestly spiritual formation
- saves financial resources through half-price tuition at Creighton University and the transferring of course credits to seminary formation

For Regional and Diocesan Seminaries:

- relieves the burden of providing additional spiritual formation programs from within already stretched faculty resources
- promises help in giving candidates additional spiritual formation while not interrupting existing courses

For Seminarians:

- provides an experience of integrated learning which fosters heartfelt foundational growth in the Holy Spirit
- encourages time for contemplation and leisure
- affords an opportunity to earn undergraduate or graduate credit in theology
- helps build a spiritual fraternity among future diocesan priests as students come each year from all parts of the United States and beyond.

ESSENTIAL FOR THE JOURNEY

“Taking a summer aside in priesthood preparation for specifically strengthening the foundation in prayer, and focusing on healing where it is needed, is not just important but essential for the journey.”

Barry Clayton, Archdiocese of Kansas City, KS
Sue Baars, M.A.
Mental Health Counseling, St. Mary University

Fr. Daniel Barron, O.M.V., M.Div.
Pastoral Theology, St. John's Seminary, Boston

Fr. Brett Brannen, M.Div.
Pastoral Theology, Mount St. Mary Seminary

Ian Butler, M.A.
Psychological Counseling, Franciscan University

Fr. Nicholas Cachia, S.T.D.
Spiritual Theology, Pontifical Gregorian University

Pastoral Theology, St. Vincent de Paul Seminary

Fr. Michael Fuller, S.T.D.
Spiritual Theology, University of St. Mary of the Lake/Mundelein Seminary

Fr. Richard Gabuzda, S.T.D.
Sacramental Theology, Pontifical Athenaeum, San Anselmo

Fr. John Grimes, Ph.D.
Psychology, Boston University

Fr. John Horn, S.J., D.Min.
Pastoral Theology, Emory University

Kathleen Kanavy, M.A.
Christian Spirituality, Creighton University

Deacon James Keating, Ph.D.
Moral Theology, Duquesne University

Dr. Greg Kolodziejczak, Psy.D.
Clinical Psychology, The Institute for Psychological Science

Fr. Ronald Kunkel, S.T.D.
Systematic Theology, University of St. Mary of the Lake/Mundelein Seminary

Christina Lynch, Psy.D.
Psychological Counseling, Institute for Psychological Sciences

Fr. Samuel Martin, S.T.B.
John Paul II Institute for Studies in Marriage and Family

Fr. James Mason, S.T.B.
Pastoral Theology, Pontifical University of St. Thomas, Angelicum

Msgr. Gerard McCarren, S.T.D.
Sacramental Theology, Catholic University of America

Fr. Timothy McKeown, S.T.L.
Spirituality, Pontifical University of St. Thomas, Angelicum

Fr. Thomas P. Melvin, M.Div.
Pastoral Theology, University of St. Mary of the Lake/Mundelein Seminary

Fr. James A. Rafferty, S.T.D. (Candidate)
Moral Theology, Alphonsian Academy

Fr. Thomas Richter, S.T.B.
Pastoral Theology, Pontifical University of St. Thomas, Angelicum

Fr. Nicholas Rouch, S.T.D.
Spiritual Theology, Pontifical University of St. Thomas Angelicum

Msgr. Gregory Schlesselmann, S.T.L.
Fundamental Theology, The Institute for Theological Studies, Brussels

Margarett Schlientz, Ph.D.
Psychiatric Nursing, University of Pittsburgh

Sr. Linda Sevcik, S.M., S.T.L.
Psychology and Spirituality, Pontifical Gregorian University

Fr. Mark Toups, M.Div.
Pastoral Theology, Notre Dame Seminary Graduate School of Theology

Fr. Scott Traynor, J.C.L.
Canon Law, Catholic University of America

Fr. Austin Vetter, S.T.B.
Pastoral Theology, Pontifical University of St. Thomas, Angelicum

Christopher West, M.T.S.
John Paul II Institute for Studies in Marriage and Family
Institute for Priestly Formation, Symposia Proceedings:
*Good Shepherd: Living Christ’s Own Pastoral Authority, 2006.
REFERENCES

FIRM AND SOLID FOUNDATIONS

“IPF has set firm and solid foundations for my spirituality as a diocesan seminarian, and has renewed my relationship with the Holy Trinity and Mary. I can now continue to build on the graces received.”

Mariano Lopez, Diocese of El Paso, TX

Fr. William Baer
Rector, Saint John Vianney Seminary
Saint Paul, MN
(651) 962-6825

Msgr. Michael Glenn
Rector, Saint John Vianney Seminary
Denver, CO
(303) 282-3427

Fr. Xavier Nacke, O.S.B.
Director of Spiritual Formation
Conception Seminary College
Conception, MO
(660) 944-3105

Msgr. Robert Panke
Director of Vocations
Archdiocese of Washington, D.C.
(301) 853-5305

Fr. Len Plazewski
President, National Conference Diocesan Vocation Directors
Director of Vocations
Diocese of St. Petersburg
(727) 345-3452

Msgr. Joseph Prior
Rector, Saint Charles Borromeo Seminary
Wynnewood, PA
(610) 667-3394

Msgr. Stephen Rohlfis
Rector, Mt. St. Mary’s Seminary
Emmitsburg, MD
(301) 447-5295

Msgr. Gregory Schlesselmann
Rector, Cardinal Muench Seminary
Fargo, NE
(701) 323-8969

Fr. Richard Tomasek, S.J.
Director of Spiritual Formation Pontifical North American College
Vatican City State
011-3906-684-93-804

Fr. Daniel Trapp
President, Federation of Seminary Spiritual Directors
Director of Spiritual Formation
Sacred Heart Seminary
Detroit, MI
(313) 883-8500

Fr. Dean Wilhelm
Vicar Rector, St. Mary’s Seminary
Houston, TX
(713) 680-4345

Msgr. Ted Wojcicki
Rector, Kenrick-Glennon Seminary
Saint Louis, MO
(314) 792-6100

Fr. Jerome Young, O.S.B.
Seminarian Faculty
Mount Angel Seminary
Mount Angel, OR
(503) 845-3951

REFERENCES

FIRM AND SOLID FOUNDATIONS

“IPF has set firm and solid foundations for my spirituality as a diocesan seminarian, and has renewed my relationship with the Holy Trinity and Mary. I can now continue to build on the graces received.”

Mariano Lopez, Diocese of El Paso, TX
ADMISSIONS

Applicants should be part of a Roman Catholic seminary formation program. The application process includes a personal faith reflection instrument, “The Inner Heart of My Faith.”

FULL OF HOPE

“When I first came to IPF, I only knew that something good was going to happen. I didn’t know it was going to happen to me. I began to find God in all things and see the world, and the priesthood, in a whole new way – full of hope.”

Jesus Medina, Archdiocese of Miami, FL
GREATER SPIRITUAL FREEDOM

“Sure, I preach a lot about God’s Mercy, but never before have I so deeply entered into it. Greater spiritual freedom is something I have longed for many years now. I have been given the experience, tools, and confidence to live it. Having a spiritual director for one hour everyday while doing the Spiritual Exercises has impacted me unlike any other spiritual experience.”

Fr. Ray Courtright, Diocese of Fargo, ND
WHAT:
The full Spiritual Exercises of Saint Ignatius Loyola in the 30-day retreat format is offered in light of IPF’s charism to serve and to strengthen the identity of the diocesan priest.

The experience of making the Spiritual Exercises, by entering into the prayer and spiritual direction of a retreat, can be life transforming. Some former retreatants have described the experience as “expanding the mind and heart” and “making God’s love personal, every day.”

WHY:
One enters into the retreat to experience the mission of Jesus’ living Spirit in a whole new depth of loving encounter. It can also be a profound means for discerning what God is choosing to reveal about the Father’s will for the retreatant.

WHEN:
The dates are June 23 until July 29, 2009. These include 3 preparation days and 2 and a half days for follow up seminars. Deadline for application is March 1st.

WHERE:
Creighton University provides a hospitable urban setting. The advantages of a campus parish church, a first class fitness center and swimming pool, private air conditioned rooms, library, nearby parks, and the city art museum enhance the overall goal of finding God’s presence loving us in the middle of everyday life.

WHO:
IPF sponsors this retreat for diocesan seminarians, diocesan priests and bishops. Preparation days, retreat conferences and follow up seminar conversations focus upon illuminating the unique identity of diocesan priesthood. An affective integration of sexuality within the gift of celibacy as a generative gift from God is also emphasized. Retreat directors include Fr. George Aschenbrenner, S.J., Msgr. John Esseff, Fr. Timothy Gallagher, O.M.V., Sr. Theresa Galvan, C.N.D., Sr. Gil Goulding, I.B.V.M., Sr. Cor Immaculatum Heffernan, I.H.M., Fr. John Horn, S.J., Dr. Ron and Adrienne Novotny, Fr. Peter Ryan, S.J., Fr. Mark Toups, Fr. Bob Uzzilio, and IPF staff.
Prerequisites include having made two week-long silent directed retreats, or IPF’s summer program of intensive spiritual formation. Exceptions to these prerequisites can be discussed if there seems to be equivalent spiritual preparation through life experience. A telephone interview and the completion of an application form are also required.

CREDITS:

If desired, three to five graduate credits through Creighton University can be earned for an additional cost of $332 per credit (just half the regular tuition!) by registering for IPF 707 The Spiritual Exercises of St. Ignatius Loyola: Theory and Practice.

COST:

Due to the generosity of benefactors, IPF is pleased to offer a low rate of $2,250.00. This price includes room, board, linens, a fitness center pass and stipends for both spiritual direction and seminar teaching. All materials are also included. Space is limited.

MORE ABOUT THE SPIRITUAL EXERCISES:

During the retreat, participants experience in their hearts God's invitations to be loved, reconciled, and called to live in companionship with Jesus' living Spirit. This entails some type of sharing in Jesus’ passion, death, and resurrection while making the Spiritual Exercises. The paschal mystery is tasted through the image of God, alive in the retreatant's heart, being placed in dialogue with the experience of the Holy Spirit's consoling activity in this mystery. It is a mystery to be lived out in day-to-day faith following the conclusion of the retreat.

The Spiritual Exercises are a type of map, a map for the human heart to follow in prayerful meditation and contemplation. To follow these exercises and their engagement of the heart brings one into intimate contact with the living Spirit of Jesus, Lord of all consolation. If the book called the Spiritual Exercises is bought and read, the experience is dry, like reading a telephone directory. To actually experience the Spiritual Exercises one must follow them with a spiritual director who provides guidelines for entrance into an interpersonal dynamic in the inner heart, a dynamic that is evident in the inner direction and powers of human desiring.
In the 30-day format the retreatant usually prays four to five hours daily and sees the spiritual director an hour each day. Eucharistic liturgy is also celebrated on a daily basis.

As a fifteenth-century Spanish soldier, Ignatius Loyola experienced, amid his own desires for fame and glory, Jesus’ Spirit indwelling and at work in his heart. During a period of convalescence after being wounded in battle, Ignatius’ deep desires were honestly and generously allowed to be engaged in prayer with the Scriptural Word of God, and he experienced a personal connectedness that transformed the inner direction of his desires. Awe and wonder were engendered as well as the desire to experience more of Jesus’ love in day-to-day companionship. Ignatius experienced, amid his desires, the surprise of being pursued by a God who actively loves him. Ignatius discovered in the dynamics of human desires the abiding miracle of the indwelling presence of the Holy Spirit who desires and yearns for us to have an ever deeper relationship with Jesus. From this experience of discovery, Ignatius wrote his map for the human heart’s interior journey into God’s Heart, the Spiritual Exercises.

TO KNOW GOD

“My seminary formation has taught me about God, but this retreat has allowed me to know God on a very personal and intimate level.”

David Gross
Seminarian, Diocese of Grand Rapids, MI

HIS BELOVED SON

“I came as a good servant doing work for God. I leave His beloved son on fire to do His will.”

Fr. Jim Steffes
Diocese of Winona, MN

THE BEST THING

“This is the best thing that I’ve ever done for my relationship with the Lord.”

Fr. Dan Trapp
Archdiocese of Detroit, MI

INDESTRUCTIBLE POWER IS BORN

“As you live through the retreat days, the word of God that feeds you bears fruit and Christ Jesus of Nazareth is in fact formed in you. An indestructible power is born in your heart.”

Fr. Joseph Bukyanyandi
Diocese of Masaca, Uganda

AWE-INSPIRING

“No matter how many graces I came to the Spiritual Exercises seeking, the actual blessings I have received from God have been overwhelmingly more than what I could have possibly imagined. It has truly been an awe-inspiring experience of God’s faithfulness and generosity.”

Jerod Duet, Seminarian,
Diocese of Houma, Thibodaux, LA

DEEPER KNOWLEDGE AND INTIMACY

“The 30 day retreat brought me into a deeper knowledge and intimacy with the Father, Son, Holy Spirit and Mary. The days were very grace filled.”

Bishop Samuel Aquila
Diocese of Fargo, ND
For the first time in my life I have been able to receive the peace that the world cannot give.

Mike Grisolano, Seminarian, Archdiocese of Chicago, IL

INFORMATION OR APPLICATION

Please contact:
Fr. John Horn, S.J.
The Institute for Priestly Formation
2500 California Plaza
Omaha, Nebraska 68178-0207

Telephone: (402) 546-6384
1-800-637-4279
Fax: (402) 280-3529
E-mail: ipf@creighton.edu

Website: http://www.creighton.edu/ipf/
VERY BENEFICIAL

“I have been engaged in seminary spiritual direction for over 30 years, and I’ve taken extensive graduate courses in this area. The IPF program is the best of them all. I’m sure it will prove very beneficial to our work.”

Fr. Robert Zylla, O.S.C.
Mt. St. Mary’s Seminary, Emmitsburg, MD
SPIRITUAL DIRECTION PRACTICUM AND THE SPIRITUALITY OF DIOCESAN PRIESTHOOD
The Institute for Priestly Formation (IPF) is pleased to present a professional seminar for seminary spiritual directors conducted by Fr. Joseph Kelly and assisted by Fr. Vincent Fortunato, O.F.M.Cap. This seminar will enhance participants’ experience and understanding of the spiritual director’s art.

This program is designed to accommodate the needs of both those who direct seminarians full-time in a seminary setting as well as those who serve as adjunct and part-time seminary spiritual directors. The seminar is limited to 15 participants.

The seminar will be conducted on the campus of Creighton University, Omaha, Nebraska, and will afford participants the opportunity to take full advantage of Creighton’s well-equipped, air-conditioned facilities. Participants share facilities with IPF’s ten-week seminarians program and are welcome to participate in the IPF community and liturgical life.

**Weekend of Directed Prayer**

The seminar opens the evening of Friday June 5th with a social and dinner followed by a weekend of directed prayer.

**Morning Practicum (3 weeks)**

In the two-hour morning practicum, peer supervision is experienced as the participants become engaged in the art of giving and receiving contemplative spiritual direction. The opportunity to direct the prayer of two individuals outside of class is provided. Case studies tailored to the particular needs of seminary formation are discussed. In addition, the following topics are examined:

- Prayer and Discernment
- Psychological and Spiritual Affective Development
- Fostering a Contemplative Attitude
- Issues in Seminary Spiritual Direction

If desired, two graduate credits through Creighton University can be earned.
**AFTERNOON CLASS**

(2 WEEKS)

In the course, “The Spirituality of Diocesan Priesthood,” Fr. George Aschenbrenner, S.J., illuminates the unique identity and charisms of diocesan priesthood. An apostolic spirituality is presented that can inspire, motivate and sustain the busy daily lives of contemporary diocesan priests. If desired, two graduate credits through Creighton University can be earned.

**ROUNDTABLE DISCUSSIONS**

Discussion Leaders:

- Fr. George Aschenbrenner, S.J.
- Sr. Maureen Conroy, R.S.M.
- Fr. Richard Hauser, S.J.

**FACULTY**


**Fr. Vincent Fortunato, O.F.M.Cap., M.A.**, a priest of the Province of the Stigmata Capuchin Franciscans, has served as vocation director, novicemaster, a member of the general council and provincial. He has taught the art of spiritual direction at Washington Theological Union, Washington, D.C. Currently, he serves as a retreat master and teacher in the art of contemplative spiritual direction. A graduate of Creighton University’s Christian Spirituality Program, Fr. Fortunato is assistant director of the IPF Seminar.

**Fr. Joseph Kelly, D.Min.**, director of the IPF seminar, has established a model training program through which local diocesan priests learn the art of spiritual direction, enabling them to become adjunct spiritual directors serving the local seminary. A priest of the Archdiocese of New York, ordained in 1978, Fr. Kelly is presently pastor of St. Anthony's Church, Bronx, N.Y. From 1988-1995 he served as Director of Spiritual Formation/Spiritual Director at St. Joseph's Seminary, Dunwoodie, Yonkers, N.Y.
SEMINAR COST

Application Fee (Non-refundable) $ 109.00
Seminar Fee $1,575.00
Private Room and Shared Suite $624.00
Kiewit Pool and Fitness Center $25.00
Linen Included

SUB-TOTAL $2,333.00

Meals (Weekly): 19 meal plan $96.50
14 meal plan $84.00
10 meal plan $71.15

UPDATED THEOLOGICAL FOUNDATION

“Developing the art of spiritual direction not only requires the openness to the Holy Spirit in a continual docility and cooperation but also a better comprehension of how to foster the contemplative attitude of direction. This seminar really gives us the main tools and practical skills to attain that goal, and to have the correct and updated theological foundation of the diocesan priestly spirituality.”

Fr. Luis Mendez, S.E.M.V., St. John Vianney College Seminary, St. Paul, MN

COMPETENCE AND CONFIDENCE

“As someone beginning the ministry of spiritual director in a seminary, this program has equipped me with some real competence and confidence for the task ahead. I have learned skills for spiritual direction and charisms to look for in candidates for diocesan priesthood.”

Fr. Steve Wlusek
St. Peter’s Seminary, London, Ontario, Canada

CULTURALLY SENSITIVE AND ENRICHING

“This seminar helped me develop a keen awareness of God’s presence in my life, in others, and in all of God’s creation. Spiritual direction is contemplation in action. This seminar taught us to be contemplative. As a Filipino priest, I find this seminar culturally sensitive and enriching.”

Fr. Jacque Beltran, Mundelein Seminary, Mundelein, IL

VERY GRATEFUL

“As after working in the seminary as a spiritual director, this seminar was like a door opening, my whole experience and ministry being cast with a new light and understanding. I found the professors very supportive and affirming, and experienced a great rapport with the other directors attending these weeks. I am very grateful!”

Fr. Michael Muhr
St. Vincent de Paul Regional Seminary, Boynton Beach, FL
“In the best of the Catholic tradition of spiritual direction, the IPF seminar is a school of listening in which the ‘ears of the heart’ are trained to be attentive to the voice of the ‘Spirit who is Lord’.”

Msgr. Joseph Barbieri
North American College, Vatican City State

INFORMATION OR APPLICATION

Please contact:
Fr. Richard J. Gabuzda, Executive Director
The Institute for Priestly Formation
2500 California Plaza
Omaha, Nebraska 68178-0207

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1-800-637-4279
Fax: (402) 280-3529
E-mail: ipf@creighton.edu

Website: http://www.creighton.edu/ipf/
RENEW
THE
PRIESTHOOD

“This IPF’s vision for the seminary educator is powerful and could help renew the priesthood in the United States.”

Perry Cahall, Ph.D., Assistant Professor of Historical Theology, Pontifical College Josephinum
THE SAINTLY INTELLECT

FACULTY WORKSHOP FOR SEMINARY THEOLOGIANS
THE GOAL:

The goal of The Saintly Intellect Faculty workshop:

To Meditate with seminary faculties on the new Program for Priestly Formation (2006) and its recognizing that spirituality is “heart of seminary life” and “the center around which all other aspects are integrated” (n115).

To Affirm and help promote the vision of the 1993 document issued by the Congregation for Catholic Education entitled, “Directives Concerning the Preparation of Seminary Educators.” This work highlighted the unique formation needs of all those in faculty positions at seminaries. The document envisioned that someday a special institute would be established to serve the spiritual needs of seminary administrators and faculty (n.2, 3, 12, 76, 77). In order to achieve this end the document challenged the appropriate leaders to establish opportunities that would minister to the spiritual and vocational formation needs of the seminary faculty.

We at the Institute are ready to help you accomplish the mission of all seminary theologians: the formation of contemplative priests filled with pastoral desire.
**The Challenge:**

The Institute for Priestly Formation takes up this challenge and offers to seminaries the opportunity of joining with us in realizing the ongoing spiritual formation of seminary theologians as it relates to their academic duties. As Benedict XVI noted in Deus Caritas Est,

“...The good pastor must be rooted in contemplation. Only in this way will he be able to take upon himself the needs of others and make them his own. [Look at] the example of Moses, who entered the tabernacle time and again, remaining in dialogue with God, so that when he emerged he could be at the service of his people. Within [the tent] he is borne aloft through contemplation, while without he is completely engaged in helping those who suffer.”

**The Workshop:**

- Conducted at seminaries upon request.
- Inservice day consists of three presentations plus time of prayer, silence and group discussion.

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**FOR FURTHER INFORMATION**

*For information on how to bring this workshop in-service day to your seminary contact:*

Deacon James Keating, Ph.D.
Director of Theological Formation
The Institute for Priestly Formation
Creighton University
2500 California Plaza
Omaha, NE 68178-0207
Telephone (402) 280-3326
Fax: (402) 280-3529
E-mail: ipf@creighton.edu

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**INTEGRATING ACADEMIC AND SPIRITUAL**

“The Saintly Intellect workshop was very effective. It gave the faculty an opportunity to truly begin a process of integrating their academic expertise with the depth of Catholic spirituality.”

Fr. Ed Richard,
Vice Rector & Dean of Students, Kenrick-Glennon Seminary,
St. Louis, MO
“Breast of the Lord: Knowledge of God: He who rests against it, a theologian he shall be.”

Evagrius,
Ad Monachos
RETREAT FOR SEMINARY THEOLOGIANS

RESTING ON THE HEART OF CHRIST: THE SEMINARY THEOLOGIAN’S VOCATION
RECOMMEND IT TO OTHERS

“I feel privileged to have been part of the retreat and can recommend it enthusiastically to others.”

Janet Smith, Ph.D., Sacred Heart Seminary Detroit, MI

JUNE 1 – 4, 2009

THE INSTITUTE FOR PRIESTLY FORMATION
AT CREIGHTON UNIVERSITY

INTRODUCTION TO THE RETREAT

The Institute for Priestly Formation (IPF) is pleased to present a personal and professional retreat for seminary theologians conducted by Deacon James Keating, Ph.D. The retreat will lead faculty into a greater appreciation of their vital vocation of serving the spiritual formation needs of future priests.

The goal of the retreat is to assist theologians and philosophers in recovering the spiritual core of seminary academics and drawing it out for seminarians to contemplate and then articulate. The retreat meets the spiritual needs of seminary professors to appropriate for the first time or to regain a sense that their “profession” is truly a call from God that carries with it not only the requisite duty of theological competency but the promise of personal intimacy with God. We will explore how God is personally directing and influencing the faculty member’s teaching and scholarly vocation by means of needed spiritual direction, the imparting of methods of spiritual discernment, and guidance for integrating one’s own study and teaching of theology with prayer.
RETREAT CONTENT: LISTENING TO THE HEART OF JESUS

During the course of our time together there will be times of solitude spent in ways that deepen your appropriation of the vocation to form seminarians. You will be involved in:

• Guided meditations and lectures on the vocation of the seminary professor
• Time for silent prayer, communal prayer
• Eucharistic liturgy
• Fellowship
• Private study and leisure
• Personal spiritual direction
• Our final meal together will be a special luncheon featuring a focus upon and a celebration of our vocation as seminary professors.

OUR VISION

Seminary theology, as well as philosophy, assists the seminarian to learn about God. In this process, however, it also allows for seminarians and professors to be visited by God in the reverence we experience before truth, in a silence which invites contemplation, and in acts of beholding the beauty found in doctrine and tradition. In other words, seminary theology welcomes an encounter and not simply tenets.

Our vision allows the dignity of the theological vocation to sink deeply into the vulnerable mind and heart so that such a dignity can free the professor to be a lover of God’s grace during the classroom lecture, and in his or her study and writing. Professors that welcome the spirit of prayer into their teaching and study form future priests who welcome that same spirit in their own ministry.

SPIRITUALLY ENRICHING

“I have already mentioned next year’s retreat to a few of my colleagues and they are genuinely interested. It was spiritually enriching for me. I commend everyone involved.”

Br. Elias Zaczkiewicz, O.S.B., Conception Seminary College, Conception, MO
EXCELLENT SPIRITUAL ATMOSPHERE

“The “Resting on the Heart of Christ” retreat for seminary theologians was excellent in both its conference material and its spiritual atmosphere. Each faculty member having an individual spiritual director greatly added to my experience.”

Fr. Thomas Lane, S.T.D.,
Prof. of Sacred Scripture
Mt. St. Mary’s Seminary
Emmitsburg, MD

 Retreat Leader
Deacon James Keating, Ph.D. will lead this retreat. Before joining the staff of the IPF, Deacon Keating taught moral and spiritual theology for 13 years in the School of Theology at the Pontifical College Josephinum in Ohio. He has given over 400 workshops, retreats and days of reflection on the Catholic spiritual/moral life. In the field of his professional research, the interpenetration of the spiritual and moral life, Deacon Keating has authored or edited ten books and dozens of essays for theological journals. He is committed to promoting the vision of the US Bishops that spiritual formation must become the heart of seminary academics (PPF, n. 115).

Retreat Cost: $415.00,
(Includes all materials, private room, and all meals.)

LIMITED SCHOLARSHIPS AVAILABLE
INFORMATION OR APPLICATION

Please contact:
Deacon James Keating, Ph.D.
Director of Theological Formation
The Institute for Priestly Formation
Creighton University
2500 California Plaza
Omaha, NE 68178-0207

Telephone (402) 280-3326
Fax: (402) 280-3529
E-mail: ipf@creighton.edu

Website: http://www.creighton.edu/ipf/

ENLIGHTENING AND GRACE-FILLED

“It was an enlightening and grace-filled experience. I’ll be highly recommending it to my colleagues.”

Margaret Turek, Ph.D.,
St. Patrick’s Seminary
Menlo Park, CA
MOST SIGNIFICANT SPIRITUAL EVENT

“Through the teaching and mentoring provided in the program I have deepened in my prayer life, and it has made me a better pastor, confessor, spiritual director and vocation director. The classes have been the most significant spiritual event in my young priesthood.”

Fr. James Mason, Vocation Director, Diocese of Sioux Falls
SPIRITUAL THEOLOGY:
SPIRITUALITY OF DIOCESAN PRIESTHOOD
As a means to developing the unique identity and spirituality of diocesan priesthood, Ignatian Spiritual Theology is used with its emphasis on active, apostolic spirituality. This will prepare diocesan priests to play their appropriate role of leadership in the Church of the 21st Century.

Opportunities include receiving individual spiritual direction, role playing, live prayer processing, case studies and supervision in giving spiritual direction.

More than training sessions, this experience offers the priest a personal opportunity to encounter the Lord’s love. Each year this retreat can easily serve as the priest’s annual retreat. The retreat is a hybrid of the silent individually directed style combined with one daily teaching conference.

In order to provide the best possible training, a developmental model is employed, i.e., providing a theory/practice style of learning. This kind of “series” program allows for maximum growth in the fundamentals of spiritual direction and priestly leadership. Participants will be expected to put into practice the theology and skills learned during a week’s session and then to receive feedback and supervision during the next session.
PRACTICAL SCHEDULE

Three one-week intensives are offered each year for three years. They run from Sunday evening through Friday midday to foster participation by diocesan priests who are busy with the demands of the apostolate.

CONTENT

Each year, the first and third week of the program will consist of the practicum component, lecture presentations by the IPF staff and seminar style discussion of pertinent readings.

Topics include:

- The Art of Spiritual Direction
- Psychological and Spiritual Development
- Pastoral Diagnostics
- Discernment of Spirits
- Teaching Prayer and Preaching
- Fostering a Contemplative Attitude
- Inner Healing and Deliverance Prayer
- The Parish Retreat
- Spiritual Administration
- Spiritual Fatherhood
RELAXED ENVIRONMENT

Participants will experience the beautiful campus of University of St Mary of the Lake/Mundelein Seminary in suburban Chicago. A gym complete with Olympic size indoor pool along with racquetball and basketball courts is available.

CREATIVE USES

Priests may attend this program for their own enrichment, and at the completion of three years, receive a Certificate in “Spirituality of Diocesan Priesthood and Spiritual Direction.” An additional certificate in retreat ministry is offered. Credits towards an S.T.L. degree with specialization in “Spiritual Theology: Spirituality of Diocesan Priesthood” may also be obtained through University of St. Mary of the Lake/Mundelein Seminary.

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<th>CHICAGO • 2008 - 2011 SCHEDULE</th>
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<td><strong>DATES</strong></td>
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<tr>
<td>First Year • 2008–2009</td>
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<td>Week I Jan. 11 – Jan. 16</td>
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<td>Week II Oct. 5 – Oct. 10</td>
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<td>Week III Jan. 11 – Jan. 16</td>
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<td>Second Year • 2009–2010</td>
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<td>Week I May 10 – May 15</td>
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<td>Week II Oct. 4 – Oct. 9</td>
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<td>Week III Jan. 10 – Jan. 15</td>
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<td>Third Year • 2010–2011</td>
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<td>Week I May 9 – May 14</td>
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<td>Week II Oct. 3 – Oct. 8</td>
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IPF STAFF

Program Director:

Fr. Richard J. Gabuzda, S.T.D. (Sacramental Theology, Pontifical Athenaeum, San Anselmo, Rome 1988) A priest of the Diocese of Scranton, Pa., Fr. Gabuzda was ordained in 1981. From 1987-1995 he served as a faculty member at St. Pius X Seminary, Dalton Pa., and adjunct professor of theology, University of Scranton. He specializes in spiritual direction and liturgical and priestly spirituality. He serves presently as the executive director of IPF.

• Fr. George Aschenbrenner, S.J.
• Fr. John Cippel
• Msgr. Bill Fitzgerald
• Fr. John Horn, S.J.
• Miss Kathleen Kanavy
• Deacon James Keating
• Fr. Joseph Kelly
• Mrs. Trudy McCaffrey
• Fr. Patrick OKane
• Dr. Margarett Schlientz
• Mrs. Mary Lou Schuster
• Fr. Mark Toups
• Fr. Scott Traynor
• Fr. Bob Uzzilio
REGISTRATION

NOW ACCEPTING RESERVATIONS FOR 2011-2013

Dates are analogous to current schedule

To be enrolled in the certificate program, a priest applicant should request and complete a registration form and provide a letter of recommendation from his bishop. For religious and diocesan priests assigned outside their own diocese, a letter from the diocesan bishop of the place of assignment is also requested. To receive the registration form contact Fr. Richard Gabuzda, Executive Director, The Institute for Priestly Formation, 2500 California Plaza, Omaha, NE 68178-0207, (402) 546-6384, 1-800-637-4279, FAX: (402) 280-3529, E-mail: ipf@creighton.edu. More information regarding the S.T.L. concentration with its accompanying core requirements can be obtained by contacting Fr. John Lodge at 847-566-6401, Mundelein Seminary, 1000 E. Maple Avenue, Mundelein, IL 60060-1174, FAX: 847-566-7330, E-mail: jlodge@usml.edu. Mundelein Seminary welcomes applicants who have completed one year of S.T.L. studies from other schools of theology.

COST

The cost of $1,850 includes room, board, books, all program materials and administrative fees. S.T.L. students must pay an additional fee per credit hour.

BENEFITS

✦ Three One-Week Sessions Offered Each Year for Three Years
✦ Foundation in Spiritual Theology of Diocesan Priesthood
✦ Practical Training in the Art of Spiritual Direction
✦ Help Towards Finding God in the Midst of Priestly Service
A VERY HEALING EXPERIENCE

“The immersion course was a very healing experience. It helped me to know God as love and it opened my heart to receive the power of his redemptive love. I gained a new sense of freedom to love others in harmony with my deepest desires.”

Victor Perez, Seminarian, Archdiocese of Galveston-Houston
Theology of the Body

Christian Anthropology and Scriptural Vision of Human Sexuality
COURSE INTRODUCTION

In the early years of his pontificate, Pope John Paul II devoted nearly all of his Wednesday general audiences to expounding a scriptural vision of human sexuality known as the theology of the body. Starting with a penetrating analysis of the creation accounts in the book of Genesis, John Paul II illuminated the meaning of human love in the divine plan.

The theology of the body is John Paul II’s timely response to the sexual confusion troubling our culture and our Church. Papal biographer George Weigel calls the theology of the body “one of the boldest reconfigurations of Catholic theology in centuries…a kind of theological time bomb set to go off with dramatic consequences, sometime in the third millennium of the church.”

LEARNING OBJECTIVES

The course is designed to:

• Familiarize students with Karol Wojtyla’s/John Paul II’s philosophical project of linking the subjective and objective world views.

• Introduce students to the main themes of the 129 addresses that constitute John Paul II’s “theology of the body.”

• Encourage students to integrate the principles of John Paul II’s theology of the body in their own personal lives and relationships.

• Equip students to apply John Paul II’s “adequate anthropology” to a range of questions such as sexual morality, bio-ethics, gender issues, vocation, the sacramental life, and the new evangelization.
COURSE HOURS
This five day course intensive contains 30 – fifty minute classroom sessions for two Creighton University-IPF graduate credits.

COURSE CONTENT/OUTLINE
This course will examine the 129 Wednesday audience addresses that comprise John Paul II's “Theology of the Body” with an emphasis on the importance of the Pope's project for the new evangelization. Particular attention will be paid to themes such as creation in the *imago Dei*, fall and redemption, Christian ethics and ethos, freedom and person, gender and vocation.

INTRODUCTION
The Human Body, Catholicism, and the Philosophical Project of John Paul II

PART I
Establishing an “Adequate Anthropology”
• Cycle 1: Original Man (reflections on Genesis)
• Cycle 2: Historical Man (reflections on the Sermon on the Mount and St. Paul)
• Cycle 3: Eschatological Man (reflections on the resurrection of the body)

PART II
Applying an “Adequate Anthropology”
• Cycle 4: Celibacy for the Kingdom (reflections on Matthew 19 and St. Paul)
• Cycle 5: The Sacramentality of Marriage (reflections on Ephesians 5)
• Cycle 6: Love & Fruitfulness (reflections on *Humanae Vitae*)

CONCLUSION
The Theology of the Body and the New Evangelization

TOUCHING ON THE HUMAN EXPERIENCE

“The Theology of the Body cannot be simply relegated to marriage and family or sexual ethics. Its scope is much broader, touching on everything concerning the human experience. This theology is the groundwork for a re-articulation of the entire faith in view of a new evangelization.”

Fr. Kevin B. McGoldrick
CREATIVE USES

This exciting course offered through IPF at Creighton University is taught by the internationally recognized speaker and author Christopher West. It adapts easily to individual and local diocesan needs. Creighton University - IPF credits may be transferred to supplement graduate theology programs.

Christopher West

Christopher West is recognized around the globe for his work teaching and promoting John Paul II’s theology of the body. He serves officially as a research fellow and faculty member of the Theology of the Body Institute near Philadelphia. West has also taught graduate and undergraduate courses on a number of other faculties, including St. John Vianney Seminary in Denver, the John Paul II Institute in Melbourne, Australia, and serves as faculty for sexual ethics at the Institute for Priestly Formation in Omaha. He is the best-selling author of four books, and his popular column “Body Language” is syndicated to newspapers throughout the United States. Christopher West lives with his wife Wendy and their five children near Lancaster, PA.

YEARNING FOR TRUTH

“People are yearning for the truth about sex in the depths of their hearts. John Paul II’s Theology of the Body beautifully articulates the dignity of the human person, the goodness of the body, and the true meaning of human sexuality. He has done this all in a way that is relevant and palatable to the modern person.”

Fr. Keith Laskowski

DEEPENING EXPERIENCE

“The Theology of the Body immersion course was, in many ways, a wonderful return to the thirty day retreat experience. Much like the Spiritual Exercises, the entire week was an affirmation of the sacramental priesthood, and a deepening experience of the spousal relationship that every priest is called to have in Christ.”

Fr. Mark Hollis

GENEROUSLY COMMITTED

“The vibrancy of Christopher West, his infectious enthusiasm and penetrating understanding of the thought of Pope John Paul II is well-known to those who have heard his lectures and tapes. The public needs to hear what the Holy Father thinks on issues of sexuality, marriage, and celibacy and West has generously committed his considerable talents to making this a possibility.”

Dr. Janet Smith
Professor of Life Issues, Sacred Heart Major Seminary, Detroit

INTELLECTUAL CARE

“With intellectual care, with the experience bred of long years of teaching this material in the classroom and the parish, and taking account of his own experiences as a husband and father, Christopher West has put us in his debt by making the ‘theology of the body’ available to a wide and, I hope, appreciative readership.”

George Weigel
Senior Fellow, Ethics & Public Policy Center
DEFINING MOMENTS

“I believe that I will look back at this as one of the defining moments of my life.”

Fr. Daniel Firmin

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FOR FURTHER INFORMATION

DATES • SITES • COSTS

For more information regarding Christopher West and his schedule please call 610-696-7795, ext. 206
fax: 610-696-7796
email: mstumpf@tobinstitute.org
or visit website
http://www.tobinstitute.org
“This certificate program promises to encourage and better equip diocesan priests for dynamic leadership in parish and diocesan wide spiritual formation. It can also provide future seminary formators with a new personal foundation in prayer and Trinitarian intimacy.”

Fr. Mark Toups, 
Director of Seminarians, 
Houma-Thibodaux, LA
The Spiritual Formation graduate certificate will prepare you to teach Christian prayer and discernment. It can equip you to be a major contributor in the Catholic Church’s mission of the new evangelization. You will be able to assist in awakening hearts to taste and see Trinitarian and Marian love at work in everyday faith.

A Christian anthropology of the heart is provided, grounding the practice of lectio-divina prayer and a foundational understanding of pastoral diagnostics.

The program is directed by Rev. Richard Gabuzda, S.T.D., a specialist in sacramental theology and diocesan priestly spirituality. Your experience culminates in a personal appropriation of God’s grace through encountering Trinitarian and Marian love in and through the rich living tradition of “The Spiritual Exercises” of Saint Ignatius Loyola.

“Our communities must become genuine schools of prayer, where the meeting with Christ is expressed not just in imploring help, but also in thanksgiving, adoration, contemplation, listening and ardent devotion, until the heart truly falls in love…it would be wrong to think that ordinary Christians can be content with a shallow prayer that is unable to fill their whole life.”

-- Pope John Paul II
Novo Millennio Ineunte, 33
## COURSES

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<th>Course Code</th>
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<td>IPF 707</td>
<td>The Spiritual Exercises of Saint Ignatius Loyola: Theory and Practice</td>
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## BENEFITS

- Helps fulfill the priest’s desire to be an effective teacher of prayer and to live in a way that evangelizes human hearts, setting them ablaze with God’s love in Jesus the Christ.
- Builds up local parishes as schools of contemplative healing prayer and discernment.
- Strengthens the interior life of prayer and further equips seminary personnel in their call within a call to labor in the spiritual formation of future priests, pastors.
- Provides local bishops, directors of seminarians, and vocation personnel with a creative means to teach, interact with and impact their seminarians.
- Cultivates inspirational educational interactions between seminaries, bishops and vocation personnel in spiritual formation by affording opportunities to create localized satellite centers of spiritual formation where distance learning and on-line courses interact with desires for substantive spiritual and pastoral years within seminary formation.
ADMISSION REQUIREMENTS:
Applications to the Institute for Priestly Formation at University College at Creighton University are processed after September 1st prior to attending IPF's Unit One ten week program.

You are encouraged to apply early. Please note that the first nine credits must be taken as one unit over one summer in IPF. **Unit One courses are a prerequisite for the Integration Seminar which is required and serves as an analogy to a comprehensive exam.** It determines readiness for Unit Two, Theology of the Spiritual Exercises: Theory and Practice. The course Theology of the Body is offered at off site locations nationally and can be taken at any time to complete the certificate credit requirements. Application for graduate certificate is limited to diocesan seminarians and or diocesan seminary personnel. Exceptions are determined by the executive director of the Institute for Priestly Formation.

Submit your completed application along with the $75 non-refundable application fee to:

Rev. Richard Gabuzda  
Executive Director  
Institute for Priestly Formation  
2500 California Plaza  
Omaha, NE 68178

ENROLLMENT PROCESS:
Applications are accepted after September 1st. When all application materials have been received by IPF, the student is notified of the status of the application. (e.g. acceptance, wait-listed etc.)

CERTIFICATE REQUIREMENTS:
To be eligible for a certificate, students must complete all courses with a minimum 3.0 cumulative GPA. No more than one C will be allowed. Incomplete grades must be cleared no later than one year from the start of the course.
COURSE DESCRIPTIONS:

UNIT ONE

IPF 501 Christian Prayer and Virtue (1)
A fundamental grounding in the church's spiritual tradition. An emphasis is placed on the prayerful understanding of interior spiritual movements and the practice of the cardinal virtues in a Christian anthropology of the human heart.

IPF 502 Christian Spirituality and Sexuality (3)
An integrated approach to understanding and appropriating the relationship between Christian spirituality and human sexuality. An emphasis is placed upon appreciating and living priestly celibacy as a generative gift from God. The readings, lectures and assignments present opportunities for personal integration.

IPF 503 The Spirituality of Diocesan Priesthood (2)
After a brief treatment of how an active apostolic spirituality developed in the history of Christian spirituality, this course will focus on active apostolic spirituality as typical for diocesan priesthood, finding and serving God in the busy activity of daily life.

IPF 504 The Mystery of the Liturgy: Receiving in Celebration and Life (3)
An exploration and experience of Christian prayer known through liturgical ritual which leads to the development of attitudes and actions of conversion to the Christian life. This course helps forge and provide a link between personal, private prayer, and the public prayer of the Church.

IPF 505 Theology of the Body I (2)
This course examines the 129 Wednesday audience addresses that comprise John Paul II’s “Theology of the Body” with an emphasis on the importance of the Pope’s project for the new evangelization. Particular attention will be paid to themes such as creation in the *imago Dei*, fall and redemption, Christian ethics and ethos, freedom and person, gender and vocation.

Integration Seminar: Holy Spirit (non-credit)
This seminar is required and is analogous to a comprehensive exam. It meets for fifteen hours in a flexible time frame that sets up a dialectic of prayer, spiritual reading, worship and personal conversion. This fosters personal integration of content from the Unit One IPF 501-504 level courses and is an instrument helping to determine readiness for Unit Two IPF 705. The seminar is facilitated by local diocesan personnel affiliated with IPF. This seminar also serves to strengthen and integrate the gifts of the Holy Spirit received in Christian baptism.

UNIT TWO

IPF 707 The Spiritual Exercises of St. Ignatius Loyola: Theory and Practice (5)
Practical experience of the Spiritual Exercises in either the individually directed silent retreat format or the retreat in daily life format. Integration of this experience includes study and reflection on the theology, structure, and application of Saint Ignatius' biblical evangelical spirituality.
GOD’S FATHERHOOD

Celibacy is “a singular sharing in God’s (priestly) fatherhood.”

Pope John Paul II, Pastores Dabo Vobis, 29

Co-Sponsored with
PONTIFICAL NORTH AMERICAN COLLEGE VATICAN CITY

FEBRUARY 26 – MARCH 1, 2009

SPEAKERS

Keynote Speaker:
Fr. Raniero Cantalamessa, O.F.M., Cap.
Preacher to the Papal Household

• Sr. Briege McKenna, O.S.C.
• Fr. Kevin Scallon, C.M.
• Sr. Sara Butler, M.S.B.T.
• Most Reverend Felipe J. Estevez
• Fr. Timothy Hepburn
• Deacon James Keating, Ph.D.

INFORMATION OR APPLICATION

Please contact:
Fr. Richard J. Gabuzda, Executive Director
The Institute for Priestly Formation
2500 California Plaza
Omaha, Nebraska 68178-0207

Telephone: (402) 546-6384
1-800-637-4279
Fax: (402) 280-3529
E-mail: ipf@creighton.edu

Website: http://www.creighton.edu/ipf/
SPIRITUAL FATHERHOOD: LIVING CHRIST’S OWN
REVELATION OF THE FATHER
MOST VALUABLE

“Father David Toups has written a most valuable and spiritually enriching reflection on today’s priesthood…I could not recommend this work more highly.”

Archbishop Edwin F. O’Brien

“Reclaiming Our Priestly Character offers a review of the present crisis surrounding priestly identity through careful theological scholarship and a wise a practical spirituality, providing a clear path toward the renewal of the priestly character.”

Father David L. Toups, S.T.D.

Secretariat of Clergy, Consecrated Life and Vocations, United States Conference of Catholic Bishops
THOROUGH MASTERY

“If the priesthood is to be renewed – and it surely must be – the renewal must take the form described by Father Toups. With clarity, simplicity, and a thorough mastery of the literature, he shows that the essence of the ministerial priesthood consists in the sacramental character that configures the ordained to Christ the High Priest.”

Avery Cardinal Dulles, S.J.
FIRE OF THE HOLY SPIRIT

“Do you desire to meet the living God? Come to Omaha. IPF has renewed the fire of the Holy Spirit in my heart. Learning how to truly pray has helped me to understand the deep love God constantly pours into us to persist in faith.”

Hansel Tomaneng, Seminarian, Archdiocese of San Francisco, CA
Visitors to Omaha will find a variety of restaurants, shopping areas, and cultural exhibits. Please contact the Omaha Chamber of Commerce (402) 346-5000 and the Convention and Visitors Bureau at (866) 937-6624 (toll-free) for an up-to-date listing of Omaha attractions and events. Also visit Omaha's premier web site, www.visitomaha.com.

TRAVELING TO CREIGHTON UNIVERSITY
OMAHA, NEBRASKA

If you are coming from the East:

- Follow I-80 West across the Missouri River to I-480/Highway 75 (north).
- Take exit onto North I-480/Highway 75.
- Once on I-480/Highway 75, stay in one of the left two lanes to continue on Highway 75/Airport.
- Take the first exit (Burt and Cuming Streets) off Highway 75 after I-480/Highway 75 split.
- Exit, turning right onto Cuming Street.
- Turn right at the first light, onto 24th Street.
- Follow 24th Street to Cass Street (located just before the I-480 underpass), turn left, and make an immediate left into the Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.

If you are coming from the West:

- Follow I-80 East to the I-480 (Downtown) exit.
- Once on I-480/Highway 75, stay in one of the left two lanes to continue on Highway 75/Airport.
- Take the first exit (Burt and Cuming Streets) off Highway 75 after I-480/Highway 75 split.
- Exit, turning right onto Cuming Street.
- Turn right at the first light, onto 24th Street.
- Follow 24th Street to Cass Street (located just before the I-480 underpass), turn left, and make an immediate left into the Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.
If you are coming from the North:

- Follow I-29 South to I-480 West, exit 53B.
- Follow I-480 across the Missouri River into Omaha, and exit on Dodge Street, exit 4.
- Continue straight on Dodge, heading towards 24th Street.
- Turn right onto 24th (heading north for about 1/2 mile) to Cass Street.
- Turn right onto Cass, and make an immediate left into the Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.

If you are coming from the South:

- Heading north on I-29, merge with I-80 West in Council Bluffs, IA. Follow the signs for I-29 North (Sioux City, Exit 1A).
- Take West I-480/West U.S. 6 (Exit 53B).
- Take Exit 4, Dodge Street.
- Continue straight on Dodge, heading towards 24th Street.
- Turn right onto 24th Street (heading north for about 1/2 mile) to Cass Street.
- Turn right onto Cass and make an immediate left into the Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.

If you are coming from Southern Nebraska, you may take Highway 75 North, heading towards the Airport:

- Follow Highway 75 (North Omaha Freeway)/Airport signs to North I-480/Highway 75.
- Once on I-480/Highway 75, stay in one of the left two lanes to continue on Highway 75/Airport.
- Take the first exit (Burt and Cuming Streets) off Highway 75 after I-480/Highway 75 split.
- Exit, turning right onto Cuming Street.
- Turn right at the first light, onto 24th Street.
- Follow 24th Street to Cass Street (located just before the I-480 underpass), turn left, and make an immediate left into the Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.

If you are coming from the airport, Eppley Airfield:

- Eppley Airfield is served by 20 carriers and is about a 10-minute taxi ride to Creighton University. If renting a car, exit the airport by turning left onto Abbott Drive (heading south).
- After about 3 miles, it will turn into Cuming Street (heading west). Continue on Cuming to 24th Street.
- Take a left and follow 24th Street to Cass Street (located just before the I-480 underpass), turn left, and make an immediate left into the Creighton Visitor Parking Lot. The lot is on the northeast corner of 24th and Cass Streets.
The following information is intended to serve as a guide to stores and other services in the area. It does not represent recommendations by the University.

**Automobile Repair and Service**

**AA Collision Repair**
4902 South 33rd Street, Omaha, NE (402) 734-7705

**AAA**
(402) 390-1000
24-hour service with membership.

**Rhoden Dodge**
3400 S. Express Way
I-29 at Exit 3 in Council Bluffs, IA
1-866-729-2088

**Buchanan's BP Service Center**
50th and Dodge Streets, Omaha, NE (402) 553-7374

**Fred's Friendly "66" Service**
2901 Leavenworth Street, Omaha, NE (402) 342-9519
10% Creighton discount on repairs.

**House of Mufflers and Brakes**
27th and Leavenworth, Omaha, NE (402) 346-1040
10% Creighton discount, courtesy rates. Creighton ID required

**Waterman's Auto Center**
2332 S. 10th Street, Omaha, NE (402) 341-2220

**Bakeries**

**Pettit's Pastry,** 502 North 16th Street, Omaha, NE (402) 345-1111
4 a.m.-9 p.m. Monday - Friday, Sunday; 4 a.m.-12 noon Saturday

**Eileen's Cookies,** 1110 S. 71st Street #M Omaha, NE (402) 932-3262
“The Best Cookies in Town” Will deliver.

**University Dining Catering,** 2400 Cass Street, Omaha, NE (402) 280-2446
www.creighton.edu/dining
(Creighton University's food service provider) Full line of catering available.

**Banking**

Out-of-state students are encouraged to open an account at a local bank or credit union to help facilitate check cashing. Automated teller machines have been installed at Swanson Residence Hall and the Skutt Student Center for the convenience of students.

Several banking facilities located near the Creighton campus are listed below:

**Bank of the West**
1921 Harney Street
(402) 554-9250 / (800) 488-2265

**Creighton Federal Credit Union**
(402) 280-1709 / (800) 967-1477 Branch in Skutt Student Center on campus

**First National Bank of Omaha**
16th and Dodge Streets
(402) 341-0300 / (800) 228-4411

**Wells Fargo**
1919 Douglas Street
(802) 869-3557

You may wish to check with your hometown bank to see if there are any branches in Omaha that are compatible with your bank for easy access.

**Check Cashing:** With a valid Creighton ID card students may cash checks in amounts not exceeding $200 at the Business Office in the Administration Building. Checks returned for insufficient funds will be assessed a $25 fee.

The University reserves the right to revoke or suspend check-cashing privileges at any time.

**Florists or Gifts** (ALL WILL DELIVER)

**Piccolo's Flowers** (402) 397-6000
611 N. 98th Street, Omaha, NE

**Floral Creations by Twilla Z**
5012 N. 61st St., 68104 (402) 455-5993 or toll free (866) 263-3568 Order by 10:00 a.m., delivery the same day.

**Janousek Florist** 4901 Charles St., 68104 (402) 336-5652 or (800) 404-2544 www.janousekflorist.com

**Edible Arrangements**
1110 S. 71st Street #J, Omaha, NE (402) 397-0358 www.ediblearrangements.com Delicious fresh fruit bouquets and gift baskets. Floral beauty and incredible taste.

**Pharmacies**

**U-Save Pharmacy,** (Inside No Frills Supermarket) (402) 556-9313 Store Hours: Monday through Friday, 9:00 a.m. to 8:00 p.m.; Saturday, 9:00 a.m. to 5:00 p.m., Sunday, 11:00 a.m. to 3:00 p.m.

**Kohl's Pharmacy and Home Health Care,** 50th & Dodge Street, Omaha, NE (402) 553-8900 Store Hours: Monday through Friday, 8:00 a.m. to 9:00 p.m.; Saturday and Sunday, 9:00 a.m. to 5:00 p.m.

**Elmwood Pharmacy,** 808 S. 52nd Street, Omaha, NE (402) 351-5200 Store Hours: Monday through Friday, 8:00 a.m. to 9:00 p.m.; Saturday and Sunday, 9:00 a.m. to 5:00 p.m.

**Creighton Clinic Pharmacy**
Creighton University Medical Center – Lobby Level (402) 449-4560 Monday through Friday, 8:00 p.m. to 6:00 p.m. Closed Saturday, Sunday and University holidays.

**Walgreens Pharmacy**
3001 Dodge Street, Omaha, NE (402) 342-3301 Store Hours: Monday through Friday, 8:00 a.m. to 10:00 p.m.; Saturday, 9:00 a.m. to 6:00 p.m.; Sunday, 10:00 a.m. to 6:00 p.m. http://www.walgreens.com

These pharmacies are extremely helpful with students' pharmaceutical needs. They accept most prescription cards, as well as major credit cards and personal checks. Call to inquire about specific delivery policies.