

CTS 795 Directed Independent Study (2-3)

In this course, each scholar will be supervised by faculty members; will pursue in-depth reading and discussions on current research topics of interest to faculty and students. The purpose is to provide an environment whereby the student is introduced to scientific research methods and can improve critical thinking and reading skills as well as exchanging scientific information.

CTS 797 Directed Independent Research (3-6)

Original investigation under supervision and guidance of individual faculty members. The course will require laboratory work and conferences. The CTS graduate students will have choice to select research projects in many different disciplines of clinical and translational science and will select a major advisor. If necessary, a co-major advisor may also be selected.

CTS 799 Master's Thesis (1-6)

Review of literature and research data; writing of the thesis. The scholars must register for this course in any term when engaged in formal preparation of the Master's thesis. However, six credit hours are the maximum applicable towards the degree.

COUNSELOR EDUCATION (COU)

M.S. in Counselor Education Director: Debra L. Ponec

GRADUATE STUDY IN COUNSELING

This program is organized on the assumption that an effective counselor must be a personally adequate person who has a cognitive understanding of humankind and counseling theory. In addition to intellectual understanding, the counselor must continually develop proficiencies and competence in specific skills germane to the helping relationship. It is important for the student beginning this program to understand that he or she is expected to further his or her maturity in all three areas — personal growth, cognitive understanding, and technical competence.

Programs are designed to meet the needs, on the Master's level, of those interested in various counseling roles and student personnel services. These programs are designed to develop the competencies demanded of an individual embarking on a career in one of these areas. Such individuals are usually employed by school systems, employment services, colleges, and community agencies. To be employed in a school system, a counselor must be certified by a State Department of Education. In many states, counselor certification demands a teaching certificate and teaching experience. It should also be noted that potential employers frequently impose additional requirements above those needed for certification, e.g., teaching experience within that system.

Program Goals

Using the Counselor-Researcher/Scientist model of training, the graduates will demonstrate:

1. Content and pedagogical knowledge required to counsel in educational and agency settings, including:
 - a. elements that make counseling a profession,
 - b. social and cultural contexts of relationships,
 - c. nature and needs of individuals at all developmental stages,
 - d. counseling and consultation process,
 - e. career development and related life factors,
 - f. group approaches to counseling,
 - g. individual and group approaches to assessment,
 - h. research and program evaluation,
 - i. ethics of professional counseling practice and commitment to that end,
 - j. organizational, political, and social structures that specialty area, and
 - k. self and others as spiritual beings
1. Jesuit charisms that impact practice;
2. Skills required to counsel in educational and agency settings; and
3. Dispositions favorable to working in educational and agency settings.

Faculty

Professors: B. Brock, C. Dickel, L. Houtz; Professor Emeritus: E. O'Connor;
Associate Professors: T. Cook, B. Doyle, S. Ishii-Jordan, D. Ponec, J. Smith;
Assistant Professors: W. Durow, L. Olson, T. Simonds;

Admission Requirements

- Completed application and application fee.
- Official transcripts from all colleges/universities attended
- Three letters of recommendation
- 3.00 GPA (minimum undergraduate)
- Official scores on the Graduate Record Examination (GRE)
- One-page resume
- Writing sample: Personal statement on "Why I want to be a counselor"
- Notarized Convictions Statement and Mental Health capacity forms.
- TOEFL scores for students from countries in which English is not the native language.

Internship commences with the student completing all coursework and culminates with the student practicing in real-world counseling settings. A student may not enroll in internship until the core requirements including a practicum have been completed. The student who does not plan his or her course work to accomplish this will need to return during another semester or summer session to complete the degree requirements. Occasionally, a student may have completed a core course on another campus before transferring to Creighton. Even though the credit is accepted in the transfer, the competencies assigned to that course must be demonstrated prior to being permitted to enroll in internship. The internship requires 600 clock-hours on site at a school or agency during normal business hours with a minimum of 240 clock-hours identified as direct, face-to-face service. It is expected that the internship will extend over a two-semester period. The course requirements demand two or more semesters for students who cannot gain released time from their present employment.

The internship is taken only after all core courses are completed satisfactorily. The internship cannot be completed before the final semester of attendance unless the student can present sufficient cause for modification.

For each area of specialization, elective hours will be necessary to achieve the 42 hours required for degree completion. Students should consult with the director of the counselor education program for recommendations of acceptable electives.

Master of Science (M.S.) with a Major in Counseling

NOTE: The Graduate Program in Counseling is in a major revision process. This revision will hopefully lead to application for accreditation by the Council for Accreditation of Counseling and Related Educational Programs (CACREP). Current program information may be obtained from the Director of the Counseling Program.

Master of Science (M.S.) with a Major in Counseling (42 credits)

All degree candidates are required to take the following and choose one of the following tracks:

COU 540	Professional Orientation and Ethics in Counseling	3 credits
COU 542	Seminar in Counseling	1 credit
COU 544	Life Span Development	3 credits
COU 610	Counseling Theories and Methods	3 credits
COU 612	Practicum in Counseling	3 credits
COU 615	Educational Research	3 credits
COU 619	Counseling Diverse Populations	3 credits
COU 620	Methods in Group Counseling	3 credits
COU 630	Appraisal in Counseling	3 credits
COU 640	Career Counseling and Programming	3 credits

College Student Affairs Track:

COU 611	Theory and Assessment in College Student Affairs	3 credits
COU 650	Foundations and Functions of College Student Affairs	3 credits
COU 680	Advanced Seminar in Counseling I	1 credit
COU 681	Advanced Seminar in Counseling II	1 credit
COU 690	Internship in College Student Affairs I	3 credits
COU 691	Internship in College Student Affairs II	3 credits

Elementary School Guidance Counselors Track:

COU 642	Counseling in the Elementary School	3 credits
COU 680	Advanced Seminar in Counseling I	1 credit
COU 681	Advanced Seminar in Counseling II	1 credit
COU 682	Internship in Elementary School Counseling	3 credits
COU 683	Advanced Internship in Elementary-School Counseling	3 credits
	Three additional credits of Counseling electives.	3 credits

Secondary School Guidance Counselors Track:

COU 646	Counseling in the Secondary School	3 credits
COU 680	Advanced Seminar in Counseling I	1 credit
COU 681	Advanced Seminar in Counseling II	1 credit
COU 684	Internship in Secondary-School Counseling	3 credits
COU 685	Advanced Internship in Secondary School Counseling	3 credits
	Three additional credits of Counseling electives.	3 credits

College Counseling and Student Development Track:

COU 650	Foundations and Functions of College Student Affairs	3 credits
COU 680	Advanced Seminar in Counseling I	1 credit
COU 681	Advanced Seminar in Counseling II	1 credit
COU 688	Internship in College Student Personnel Services	3 credits
COU 689	Adv. Internship in College Student Personnel Services	3 credits
	Three additional credits of Counseling electives.	3 credits

Community Counselor Track:

COU 652	Community Mental Health	3 credits
COU 680	Advanced Seminar in Counseling I	1 credit
COU 681	Advanced Seminar in Counseling II	1 credit
COU 686	Internship in General Counseling	3 credits
COU 687	Advanced Internship in General Counseling	3 credits
	Three additional credits of Counseling electives.	3 credits

If one desires to be **certified** to function as a counselor in an elementary or a secondary school, entrance into the program requires 24 semester hours of Education and a teaching certificate. The undergraduate program must include at least two of these courses: general psychology, educational psychology, tests and measurements, child psychology, human growth and development. School counselors must have two years of successive full time teaching experience to add a counseling endorsement.

If one does not wish to be certified as a counselor in an elementary or a secondary school and intends to seek employment elsewhere, entrance into the program requires **24** semester hours in the behavioral sciences. Of this number, **12** must be upper-division. It is assumed also that general psychology will have been taken as a prerequisite to the upper-division work. An evaluation of one's undergraduate program will be made to determine how adequate it is for entrance into this program. It must be understood that the completion of this type of program **will not** qualify one to be a counselor in an elementary or secondary school.

The programs are competence based so that a candidate must demonstrate competency in a number of skills in each course in the counseling core before receiving a satisfactory grade.

- COU 540 Professional Orientation and Ethics in Counseling (3) I** (Same as PSY 540)
A survey of the counseling process including the role of the counselor, characteristics of clients, helping and referral skills, and theories of counseling. The Code of Ethics supporting the profession is introduced. **P: Sr. stdg.**
- COU 542 Seminar in Counseling (1) I**
Self assessment of skills appropriate to counseling by means of psychometric assessment and participation in a personal growth group. **P: IC. CO: COU 540.**
- COU 544 Life Span Development (3) I**
Focuses on a broad overview of physical, special, and psychological aspects of human development from conception to old age. **P: Jr. stdg.**
- COU 573 Treatment Modalities in Marriage and Family Therapy (3) OD**
The primary family systems modalities in marriage and family therapy are presented both in theory and in case study analysis. The presenting problem, history of the problem, family history, identification of dysfunctional dynamics, goals, plan of treatment, and outcome/evaluation are emphasized in each modality. **P: IC.**
- COU 575 Introduction to Peer Education in Student Development Programming (3) OD**
Introductory course in the conceptualization, development, and practical application of innovative outreach programming in student service settings. Emphasis on presentation development in such areas as interpersonal relationships, health and wellness issues, stress management, alcohol and drugs, career planning, and leadership development. **P: Jr. stdg.**
- COU 580 Theory and Treatment of Addictive Disorders (3) OD**
Presentation of substance abuse theory, various treatment approaches, and intervention strategies which are currently in use in chemical dependency treatment and prevention programs. Students will have the opportunity to explore several theoretical approaches, incorporate these approaches into their own on-going developmental body of knowledge, and develop an integration plan to utilize their own personal theory of counseling in a program of treatment for chemical dependency. **P: Jr. stdg.**
- COU 582 Family Dynamics of Addictive Disorders (3) OD**
Designed to provide students with an understanding of various ways in which the family is affected by the addiction of one or more of its members. Students will have the opportunity to explore several theoretical approaches to family work, become aware of current research in the area, gain an understanding of current intervention strategies used with the family, and explore the variety of ways in which the family is involved in the rehabilitation process. **P: Jr. stdg.**
- COU 583 Case Planning And Clinical Treatment In Chemical Dependency (3) OD**
Designed to provide students with an understanding of the need to serve those who live with substance abuse/dependence or related disorder. This course provides comprehensive problem definitions, treatment goals, objectives, interventions, and DSM IV TR diagnosis for 29 substance abuse related disorders. **P: DC.**
- COU 584 Stress and Crisis Management (3) OD**
An understanding of the nature and causes of personal stress and crisis situations, methods of intervention and management. Emphasis on practical application through simulation and practicum situations from both a personal and professional perspective. **P: COU 540.**
- COU 586 Drug Use and Human Behavior (3) OD**
Examination of the effects of drug use on society and the effects of society on drug and alcohol use with emphasis on substance abuse and addiction. Discussion of the history of legal restrictions on the possession and sale of drugs in the United States. The pharmacology of commonly abused drugs will be described in terms that can be understood by those who are not in the health professions. **P: Jr. stdg.**
- COU 590 Counseling Significant Losses (3) I** (Same as PSY 590)
An investigation of the counseling process as applied to life events that occur in the area of significant loss. An investigation of the role of the counselor, characteristics of clients, helping and referral skills, and theories of counseling as applied to significant loss events. **P: Sr. stdg.**

- COU 610 Counseling Theories and Methods (3) I**
Course presents theories of counseling, processes associated with each theory, and the goals which each theory attempts to reach. **P: COU 540, 542, 544, and 615.**
- COU 611 Theory and Assessment in College Student Affairs (3)**
This course examines “Student Development Theory” in the College Student Affairs domain as its foundational theory of practice. The assessment of student and program development as well as effective organizational behavior and leadership will also be examined. Students will employ current evidence-based practice in their evaluation of theory and assessment. **P: COU 540, 542, 544, and 615.**
- COU 612 Practicum in Counseling (3) II**
Course designed to enhance the development of counseling skills and practices. Students will use laboratory facilities to learn and practice counseling behaviors with students and peers. **P or CO: COU 610.**
- COU 614 Selected Approaches to Individual Counseling (1-3) OD**
Focus on a selected theory or approach to individual counseling of the instructor’s choosing; a short, concentrated learning experience emphasizing acquisition of skills in implementing the chosen approach.
- COU 615 Education Research (3) I, II (Same as EDU 615)**
The introduction to the foundational terms, principles, and concepts of Educational Research are covered. Students will develop a small-scale research proposal.
- COU 619 Counseling Diverse Populations (3) S**
This course will help counselors-in-training as well as practicing counselors to (1) become aware of personal biases in counseling, (2) deal with the “isms” apparent in modern society from a counseling viewpoint, (3) understand economic and cultural conditioning and its impact on both counselor and client problem-solving, (4) manage personal disclosure with clients of diverse populations, and (5) develop a coherent and appropriate response to legal and ethical issues presented by members of diverse populations. **P: COU 540.**
- COU 620 Methods in Group Counseling (3) II**
Principles and dynamics of group processes and interaction as related to counseling classes, role playing, and personal development in counseling. **P: COU 610; P or CO: COU 612.**
- COU 621 Practicum in Group Counseling (3) OD**
Course designed to enhance the development of group counseling skills and practices. Students will learn and practice the leadership behaviors involved in group counseling with student peers. **P: COU 620.**
- COU 622 Selected Approaches to Group Counseling (1-3) OD**
Focus on a selected theory or approach to group counseling of the instructor’s choosing; a short, concentrated learning experience emphasizing acquisition of skills in implementing the chosen approach.
- COU 630 Appraisal in Counseling (3) I**
Consideration of psychometric theory and its implication for counselor usage of tests. Developing skills in test selection, administration, and interpretation. **P: EDU 615.**
- COU 635 Diagnosis in Counseling (3) S**
This course examines the essential components of assessment and clinical decision-making leading to development of an accurate diagnostic impression. The student learns the history, the components, and the use of the Diagnostic and Statistical Manual of Mental Disorders and the International Classification of Diseases (DSM/ICD). **P: COU 540, 542, 544 and 615.**
- COU 640 Career Counseling and Programming (3) II**
Theories of vocational development; types, sources, and use of occupational and educational information in career counseling and decision making. **P: COU 540, 542, 544, and 615.**

- COU 642 Counseling in the Elementary School (3) S**
An orientation to counseling at the elementary school level through the study of current principles and practices of elementary school counseling.
- COU 644 Counseling in the Middle School (3) OD**
An orientation to counseling at the middle school level through the study of current principles and practices of middle school counseling.
- COU 646 Counseling in the Secondary School (3) S**
An orientation to counseling at the secondary school level through the study of current principles and practices of secondary school counseling.
- COU 648 Organization and Administration of Counseling Services (3) OD**
Practices and problems in organizing, administering, supervising, and evaluating pupil personnel programs at various educational levels.
- COU 650 Foundations and Functions of College Student Affairs (3) OD**
This course offers an introductory examination of the history and philosophy of college student affairs. The contextual dimensions, knowledge and skills, and assessment/evaluation appropriate to the college student affairs settings will be introduced.
- COU 652 Community Mental Health (3) S**
Presentation of the development, practice, and role of community mental health. Emphasis on developing an understanding of mental health and social policy as well as on acquiring skills in preventive intervention, mental health consultation, crisis intervention, and assessment of community structure and needs. **P: COU 540, 542, 544, and 615.**
- COU 654 Preventive Mental Health (3) OD**
An overview of the concept of mental health with particular emphasis on developing strategies to enhance coping skills, self-esteem, and support systems, and to decrease organic factors, stress, and exploitation.
- COU 656 Consultation in Counseling (3) OD**
This course examines the triadic relationship of consultation. Students will examine multiple consultation models, and develop a consultation project with a professional from another discipline. **P: COU 540, 542, 544, 615.**
- COU 658 Selected Approaches to Family Counseling (1-3) OD**
Focus on a selected theory or approach to family counseling of the instructor's choosing; a short, concentrated learning experience emphasizing acquisition of skills in implementing the chosen approach.
- COU 670 Selected Topics in Counseling (1-3) S**
Theoretical and applied aspects of counseling as selected by the designated instructor.
- COU 680 Advanced Seminar in Counseling (1) I**
Further practice in counseling skills, development of a tentative, personal theory of counseling, and discussion of professional issues in counseling. **P: Completion of all core course work.**
- COU 681 Advanced Seminar in Counseling II (1) II**
Further practice in counseling skills, development of a tentative personal theory of counseling, and professional development issues in counseling. **P: Completion of all core course work.**
- COU 682 Internship in Elementary School Counseling (3) I, II**
Supervised, on-site experience in counseling with elementary-school clients. Experience in the full range of counselor duties and responsibilities in an elementary-school setting. This course is repeatable. **P: All core requirements and IC.**
- COU 683 Advanced Internship in Elementary School Counseling (3) I, II**
A second, supervised, on-site experience in counseling with elementary school clients. Experience in the full range of counselor duties and responsibilities in an elementary school setting. This course is repeatable. **P: All core requirements and IC.**

- COU 684 Internship in Secondary School Counseling (3) I, II**
Supervised, on-site experience in counseling with secondary-school clients. Experience in the full range of counselor duties and responsibilities in a secondary-school setting. This course is repeatable. **P: All core requirements and IC.**
- COU 685 Advanced Internship in Secondary School Counseling (3) I, II**
A second, supervised, on-site experience in counseling with secondary-school clients. Experience in the full range of counselor duties and responsibilities in a secondary-school setting. This course is repeatable. **P: All core requirements and IC.**
- COU 686 Internship in General Counseling (3) I, II**
Supervised, on-site experience in counseling with general agency/community clients. Experience in the full range of counselor duties and responsibilities in a community agency setting. This course is repeatable. **P: All core requirements and IC.**
- COU 687 Advanced Internship in General Counseling (3) I, II**
A second, supervised, on-site experience in counseling with general agency/community clients. Experience in the full range of counselor duties and responsibilities in a community agency setting. This course is repeatable. **P: All core requirements and IC.**
- COU 688 Internship in College Student Personnel Services (3) I, II**
Supervised, on-site experience in counseling with college clients. Experience in the full range of counselor duties and responsibilities in a college setting. This course is repeatable. **P: All core requirements and IC.**
- COU 689 Advanced Internship in College Student Personnel Services (3) I, II**
A second, supervised, on-site experience in counseling with college clients. Experience in the full range of counselor duties and responsibilities in a college setting. This course is repeatable. **P: All core requirements and IC.**
- COU 690 Internship in College Student Affairs I (3) I**
Supervised, on-site experience in counseling, program development, and implementation for clients and the student body at-large. Experience in the full range of counselor and Student Affairs duties, responsibilities, and activities in their internal college setting. This course is repeatable. **P: All core requirements and IC.**
- COU 691 Advanced Internship in College Student Affairs II (3) I, II**
A second, supervised, off-site experience in counseling, program development, and implementation for clients and the student body at-large. Experience in the full range of counselor and Student Affairs duties, responsibilities, and activities in their external college setting. This course is repeatable. **P: All core requirements and IC.**
- COU 793 Directed Independent Readings (Credit by Arrangement) I, II**
Intensive reading in an area as approved by the department. **P: DC.**
- COU 795 Directed Independent Study (Credit by Arrangement) I, II**
Independent research on a topic designed by the student with the approval of an advisor from the department. **P: DC.**
- COU 797 Directed Independent Research (Credit by Arrangement) I, II**
Intensive research in an area as approved by the department. This course is repeatable. **P: DC.**
- COU 799 Master's Thesis (1-3) I, II**
Research in connection with the preparation of the Master's thesis. Students must register for this course in any term when engaged in formal preparation of the Master's thesis; however, six credit hours are the maximum applicable toward the degree.