

## Staff Directory

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**SSS Now open  
Wednesday  
evenings!!!**



## Hoots and Salutes

Success often comes with tremendous dedication, discipline, sacrifice, and support. Student Support Services congratulates our students on their success. Your commitment to your studies is evident in your academic accomplishments.

I also want to acknowledge the tireless support and dedication the Student Support Services staff provides for our students. We also appreciate the support of the works-study students and peer tutors! Best wishes for an equally successful spring semester.

### Fall 2007 Academic Profile

Students a 4.0 GPA	8
Students with a 3.5-3.9 GPA	39
Students with a 3.0-3.49 GPA	54

### Students with a 4.0 GPA

Anthony Allee  
Kathy Daotay  
Michael Klug

Jenna Loeffler  
Harriet Mullin  
Liz Orihuela

Gorden Pang  
Lan Uyen Tran

### Students on the Dean's List

Jeny Acosta  
Chester Ashong  
Chanel Ayano  
Braxton Black  
Jian Hao 'Steven' Cai  
Samson Chik  
Jordana Choquette  
Erin Dailey  
Amy Dao  
Emmanuel de Jesus  
Mary Doan  
Shannon Docken  
Chadi El-Khoury

Brandon Harrison  
Herman Ing  
Louis Jackson  
Josh Jarrell  
Amanda Jones  
Jenna Klug  
Vincent Ko  
Laleh Mehrrafiee  
Minh Nguyen  
Son Nam Nguyen  
Jamie O'Brien  
Alpha Opese  
Tony Chinh Pham

Ha Pham  
David Plutschack  
Lori Schnepf  
Angela Schroeder  
Kendra Sears  
Katie Shaffer  
Gaoia Vang  
MeLitta Wilson  
Meghan Wooster  
Martin Yu  
Lorena Zamarripa  
Song Zheng  
Dinah Zuniga

## New Extended Hours

Thanks to the dedication of Pat Al-Greene and work-study students, we are able to

respond to your cries for more extended hours. Markoe Hall is now open Monday, Tuesday,

Wednesday and Thursday from 8:00 a.m. to 8:00 p.m.



Millicent Wolfe enjoying homemade Pho at Bucko's penthouse in Kenefick.

## Office Hours

Monday—Friday:

8:00 a.m.– 5:00 p.m.

Evening hours

Monday, Tuesday,  
Wednesday and Thursday

5:00 p.m.— 8:00 p.m.

## Staff Hours

Tami Buffalohead-McGill

M-F 8:00 a.m.—4:30 p.m.

Karen Thurber

M-F 8:00 a.m.—4:30 p.m.

Denise Le Clair

M-F 8:30 a.m.—5:00 p.m.

Rich Jehlik

M-F 8:30 a.m.—3:00 p.m.

Pat Al-Greene

M-TH 9:00 a.m.—Noon

5:00 p.m. — 8:00 p.m.

Sandy Cervený

M-F 8:00 a.m.—4:30 p.m.

## Cultural and Educational Events

Please take advantage of the upcoming activities and workshops for January and February.

### Wednesday, January 23rd

**Ed Leahy**, Income Tax Preparation at Markoe Hall 3:30 to 4:30 p.m.

### Thursday, January 24th

**Graduate School Workshop** Skutt Student Center, 105 3:30 to 4:30 p.m.

### Friday, January 25th and Saturday, January 27th

**Graduate School Workshop** Skutt Student Center, 105 3:30 to 4:30 p.m.

### Monday January 28th

**Time Management** Student Center, 105 7:00 to 8:00 p.m.

### Wednesday, January 30th

**Completing a FAFSA, Loan Consolidation, Scholarships**, Sarah Sell from Financial Aid Office at Markoe Hall 3:30 to 4:30 p.m.

**Winter Involvement Fair** at Skutt Student Center Ballroom 11:00 to 2:00 p.m.

This is a great opportunity to get involved in campus activities and organizations.

### February

**Snowmaiden-** Find out who prevails when eternal forces of nature battle mythological characters at the Orpheum, 7:30. **Tentative**

### Wednesday, February 6th

**Career Fair**, Noon– 4:00pm Spring in the Student Center

Ballroom

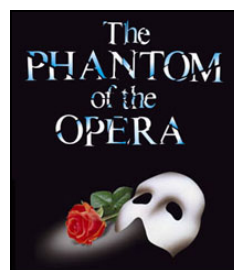
### Friday, February 8th

**Ladysmith Black Mambazo**, “Long Walk to Freedom” at the Holland at 8pm. Ladysmith Black Mambazo have come to represent the traditional culture of South Africa in the eyes of many music fans worldwide

### Saturday, February 9

**Phantom of the Opera** at the Orpheum Theatre. Meet at Markoe Hall at 1p.m. Come see the phantom as he tries to win the heart of his beautiful mistress in the opera house he calls home.

Play representing the 1930s film Phantom of the Opera.



### Monday, February 11th

**Test Taking Skills** workshop in the student center from 7:00-8:00 p.m.

### Wednesday, February 13th

**Money Management** workshop with Matt of the Creighton Credit Union in Markoe Hall at 3:30–4:30p.m.

Matt will be talking about money and how to manage your checkbook.



### Friday, February 15th

**The Lunar New Year Celebration.** Enjoy delicious Chinese food catered by Mandarin Fusion at Markoe Hall from 11a.m. to 2p.m. and ring in the lunar new year.

### Saturday, February 16th

**TRIO Day** Recognized nationally in celebration of TRIO student achievements around the world, 5p.m. at the University of Nebraska in Omaha.

### Wednesday February 20th

**Time Management** with Sue Selde in Markoe Hall from 3:30-4:30p.m. Sue will discuss how to make an efficient schedule that was manage both your study and social time.

### Sunday February 27th

**Laughter with Gerry Kuhlman** Arts and Science College

Did you know that studies have shown that laughing lowers blood pressure, reduces stress hormones, increases stress hormones, increases muscle flexion, and boosts immune function by raising levels of infection-fighting T-cells, disease-fighting proteins called Gamma-interferon and B-cells, which produce disease-destroying antibodies. Laughter also triggers the release of endorphins, the body's natural painkillers, and produces a general sense of well-being.

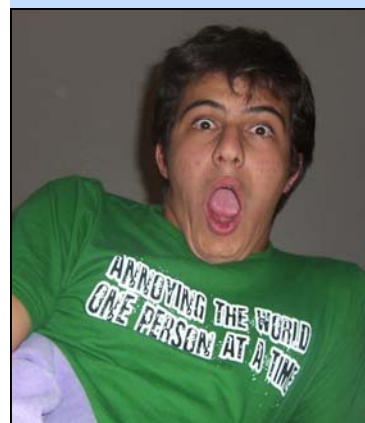


# Tutoring, SI and Study Groups

Resource	Subject	Day	Time	Location
Rich Jehlik	BMS 303	Tuesday, Wednesday, Thursday, Friday	1:30p.m.-2:30p.m.	Markoe
Rich Jehlik	CHM 112	Wednesday, Friday	11:30p.m.-4:30p.m.	Markoe
Rich Jehlik	CHM 205	Monday Friday	2:30p.m.-3:30p.m. 3:30p.m.-4:30p.m.	Markoe
Rich Jehlik	CHM 321	Monday – Friday	8:45a.m.-9:30a.m.	Markoe
Rich Jehlik	BIO 212	Monday, Wednesday, Friday	10:30a.m.-11:30a.m.	Markoe
Pat Al-Greene	Math, PSY, Business, SOC, ECO	Monday, Tuesday, Wednesday, Thursday	9a.m.-12p.m. 5p.m.-8p.m.	Markoe
Denise LeClair	Writing Literature	Monday–Friday	8:30a.m.—4:30 p.m.	Markoe
Leslie Vela	Spanish	Monday, Wed., Frid. Tuesday	12:30p.m.-1:10 p.m. 12:00 p.m.-5:00p.m.	Markoe
Song Zheng	Chinese	By appointment	<a href="mailto:sqz19812@creighton.edu">sqz19812@creighton.edu</a>	
Carolyn Kor	Chemistry Math	Monday-Friday	3:30p.m.-8:00p.m.	Markoe
Lindsey Neff	ACC201-202 ECO203	By appointment	<a href="mailto:lindseyneff@creighton.edu">lindseyneff@creighton.edu</a>	
Kathryn Macan	THL PHL	By appointment TBA	<a href="mailto:kam85913@creighton.edu">kam85913@creighton.edu</a>	



Rich Jehlik preparing lessons for his next Chemistry appointment.



The facial expression Luis Vazquez sports after midterms are over!

## Other tutoring resources available on campus

Resource	Day	Time	Location
Writing Center	Mondays	10:30 a.m. -1:30 p.m.; 3:00 p.m.-5:00p.m.	Hitchcock Rm 306
	Tuesdays	8:00 a.m. -5:30 p.m.	
	Wednesdays	10:00 a.m. -1:30 p.m.; 3:00-5:00 p.m.	
	Thursdays	8:00 a.m.- 1:30 p.m.; 3:30-7:00 p.m.	
	Fridays	3:00 -5:00 p.m.	
Math Lab	Sundays-through Thursdays	3:30 -6:00 p.m.	Monday – Admin 336 Tues, Wed & Sun – Old Gym 312
	Chemistry	Sundays– Thurs.	6:00 p.m. -9:00 p.m. HLS 246
Biology	When needed	Dr. Burke	By Arrangement
Nursing	Sue Selde	402-280-2254	Criss II, Room 195G
History	1 to 1 tutors available upon request through you're HIS professor		



Phuong Angel Le, Santa (AKA Michael Morrison, S.J.), and Michelle Wang enjoy the Holiday season at Creighton! Munching some sugar cookies and sipping hot cocoa.

For additional tutoring information see:

<http://www.creighton.edu/retention/pages/academic/tutoring.html>



**During his busy schedule, Song makes an effort to stop by Markoe Hall for some time to study.**



**Song anxiously awaits the arrival of Christmas.**

*Emmanuel de Jesus*



**Achiever, Focus, Relator, Discipline and Consistency**

## Spotlight on Song Zheng *by Josh Jarrell*

If you enjoy music from the 70s, 80s and 90s, you will have no problem getting along with one of Student Support Service's newest members. Song Zheng is a freshman at Creighton, and if you have not gotten the chance to meet him, I highly recommend you do so. Song was born in China and currently calls Omaha "home." At Creighton, Song is an international business major, and one day hopes to be the CEO of a company.

Song joined Student Support Services to be part of a family. He first experienced the SSS familial atmosphere during the Gates application mentorship program, which benefited him the most. The Gates mentorship was a great help. The last day the application was due, he did not know there were other sections on honors and leadership requiring 500 character descriptions in addition to the eight essays he already wrote. The 2006 SSS freshmen helped him a lot to get the application

complete on time. In fact, he was a Gates semi-finalist but in the end did not get the scholarship.

When not studying, Song spends his free time participating in SSS events (you will see him in Markoe on a daily basis) and Habitat for Humanity. When he has free time, he enjoys reading novels or writing his own stories.

One question many Creighton students are asked is: Why did you select Creighton University? Song selected Creighton because of its strong reputation, good influences, and quality professors. Song became attached to Creighton while participating in a summer research program. So far, his favorite professors are **Dr. Wendling** and **Ms. Lawse**. Song says that both professors make class fun and offer different perspectives on a variety of issues. Additionally, Song likes Dr. Wendling because she dresses very differently. The most exciting thing that has happened to Song at Creighton is making new friends, and his greatest

achievement has been his ability to complete all of his school work on time.

Like many of us, one of Song's most prized possessions is his family. Family is very important to Song because they are his support system. An interesting fact about Song is that he speaks three languages: Mandarin Chinese, Fuzhouness and Cantonese.

If you want to stay on Song's good side, be considerate, because nothing annoys Song more than rude and inconsiderate people.

A sound that Song loves to hear is the rain because it is soothing and allows him to feel relaxed.

If Song could be any animal, he would be a Chinese dragon because it represents who he wants to be. A dragon is brave and humble at the same time.

Song's best advice for others is to **"Say on track and practice good time management."**

## How I Use My Five Strengths *by Emmanuel de Je-*

There weren't any surprises when I discovered my top five strengths: Achiever, Focus, Relator, Discipline, and Consistency. I thought my response to the questionnaire reflects the five strengths or themes on my report. I thought that the themes were somehow related to each other. For example, I think achieving a goal requires discipline and

being extremely focused. On the other hand, being a good relator requires being consistent with your opinions and attitude, which shows how strongly you stand on a certain belief.

I think discipline fits me best. When it comes to anything, whether academics or personal life, being disciplined is something that

helps me achieve my goals. Whether it is getting to bed at a certain time, studying for a certain amount of time daily, or even getting myself to the gym on a regular basis, the success of these all depend on my discipline. I could set many of goals, but without discipline, I will not see those goals realized.

# Spotlight on Amanda Jones *By Carlos Atencio*

Have you introduced yourself to Amanda Jones? She is one of the fresh new faces among our freshman class here at Creighton University and in Student Support Services. Amanda is at Creighton majoring in chemistry and planning to attend medical school sometime in the near future.



**Amanda studying hard for her Chemistry class.**

Amanda is originally from Omaha, so she is familiar with the lifestyles of the native Nebraskan. Amanda selected Creighton as her institution of higher academic study because it is located in her home town, it is a nationally recognized school, and it is very prestigious. Amanda joined SSS because of the generous help with financial and academic aid, and when she is at SSS, she feels as though she is at her second home. She really enjoys the relaxed atmosphere and the convenience of getting things done, this helps to alleviate stress. Amanda has benefited from SSS by becoming more motivated after mid-term to improve her grades, and to become more focused toward her major.

Amanda has many academic accomplishments and awards she was on the honor roll throughout her high school career. She received an academic scholarship for \$8,000 through Creighton, and she also received \$500 from Brian High School. Her greatest achievement has been balancing college, work, and her social life; as many of us know, this is no simple task.

Amanda's favorite Creighton

professor so far has been Chemistry professor **Dr. Anderson**. She enjoys the science jokes that he makes and benefits from his interesting teaching style and the fact that he wants his students to enjoy his class.

One of the most exciting events that has happened to Amanda so far this year has been the Welcome Week dance. As many of us remember, welcome week was the first week of college that was filled with fun activities that helped us to make friends and feel comfortable at Creighton. An interesting side note about Amanda is that she considers herself a "dare devil," and she will try anything new that catches her eye. Amanda lives with her three brothers and she is very close with her family members. In fact she says that it is her family that

has been her motivation for success in college. Outside of school, Amanda spends time with her boyfriend Travis, and driving around. She considers her most prized possession a ring that her grandmother passed down to her. She only met her grandmother once, and her ring is the only memory of her, so she truly treasures this item. Music is a part of Amanda's life, and she enjoys everything except for screaming rock, some rap, gospel, and Christian. The most fun that Amanda has ever had was the day she went to World's of Fun amusement park in Kansas City, MO. She rode every ride in the park. Something that annoys her is when people think that they know everything, but in fact they know nothing at all. Her least favorite word is when people overuse the word "like." Amanda's most embarrassing experience was when she fell down the stairs and hit the door and fell.

A sound that is especially pleasant to Amanda's ears is a summer thunderstorm passing by. Her favorite childhood memory is riding bikes all summer with her friends. If Amanda could be an animal, she would be a bird because she could then travel and see the world. The most exciting place she has ever been was the mountains outside of Denver. The best advice Amanda can offer is to **"Make time for yourself and have fun."** This glance in the life of Amanda, get to know her and make a new friend with this amazing person.



**Amanda Jones enjoying the start of her college career at Creighton.**



**Amanda loves to smile and showing her confident side in front of the camera.**



**Carlos Atencio and Cheryl Ligon holding storytellers, which is appropriate since they serve as the SSS storytellers.**

**"Make time for yourself and have fun."  
Amanda Jones**



Denise LeClair will be preparing for her journey to the TASS conference.

## Denise presents Nationally *by Amy Xie*

On March 2-5, 2008, Denise LeClair will be going to the TASS conference at Palm Beach Atlantic University. TASS stands for "Teaching Academic Survival Skills." This conference is designed to help under prepared college students take full advantage of available educational opportunities. The conference will have sessions that explore philosophies of teaching and learning along with others that present practical strategies to help students learn more effectively and efficiently. In addition, this conference will be covering a diversity of topics such as reading, writing, math, technology, freshman

orientation experiences, Student Support Services, and ESL.

Along with Sue Selde, Academic Success Counselor of the School of Nursing, Denise will present a session that focuses on how knowing a student's individual learning styles along with information from a temperament assessment can be used to customize study strategies.

As always, Denise is excited for the conference because she enjoys exchanging ideas and having good conversations about what she does with people who are experts in the field. She is also excited for the added bonus of a walk on the beach

and a few gorgeous sunsets. Denise hopes to learn more about the brain-based learning from this conference because she is especially interested in how learning happens. She thinks that the strategies that she will be learning at the conference will increase her effectiveness with students in SSS, both in how she can help them develop their study skills and improve their writing. In addition, she thinks that the students will appreciate understanding the "why" behind the suggestions she makes.

Let us wish her the best and a safe and fun trip.



The Peer 2 Peer dream team presenters: Emmanuel de Jesus, Trang Hoang, Carolyn Kor, and Lan Uyen Tran will speak at the Nebraska Trio Day Conference held at the University of Nebraska at Omaha.

## Peer2peer presenting at TRIO day *By Cheryl Ligon*

The Peer2peer officers and mentors will make a special trip to Omaha, for a presentation of their mentoring program for TRIO participants. The SSS Peer2Peer mentors making this special presentation are Trang Hoang, Carolyn Kor, Emmanuel de Jesus, Lan

Uyen Tran, and Carlos Atencio. Denise Leclair, the advisor of peer2peer, and Karen will be accompanying these students during their presentation. During the presentation they plan on discussing the purpose of the program and program accomplishments. Peer2peer is a mentoring program designed by students

and for students, which targets specifically freshman to transition into college life and build relationships with not only their mentors, but with their peers as well. The program also uses Strengths Quest to help the mentors do a better job of working with their protégés.

## What is TRIO day?

On **Saturday, February 16, 2008**, 260 students along with 50 staff members will be heading to the University of Nebraska at Omaha for an event known as TRIO day. TRIO day recognizes

Federally Funded Programs, such as services provided by SSS. Informational and entertaining presentations will be held for students and teachers alike.



# Lunch with Warren Buffet *by Monica Ibarra*

On Friday, January 14th, I, Monica Ibarra, was selected as one of the twenty Freshman Leadership Program (FLP) participants to eat lunch with Warren Buffet! At the Kiewit Building Headquarters, approximately one-hundred College students from all over the world, including Brazil and the University of California Los Angeles, were able to meet and talk to Mr. Buffet. He also gave us advice about life and choosing a vocation that is our passion. He also spoke of his love of philanthropy.

Growing up, Warren started learning his business skills at a young age by selling soda and newspapers. I loved Warren's personality and passion for life. He is very down to earth. This is obviously apparent in the photo to the right when I was able to run up and hug him for a photo.

The luncheon was a momentous occasion for me. As a Gates Millennium Scholar, I was especially honored to meet the man who made such a large contribution to the Bill and Melinda Gates Foundation that established the Gates Millennium Scholars Program.



Monica Ibarra showing her bluejay pride by hugging a bluejay!

As lunch progressed I was not very interested in the conversations and questions about stocks, I honestly had a difficult time staying awake during this discussion. But I was touched and energized by his personal stories. I was very moved by his passion and his openness when talking to us. I really related to many of the stories he shared, but I identified most with his story about a woman that never went to school a day in her life, but he gave her a chance

**"Do anything you want and do it with passion."  
Warren Buffet**

and she did better than someone with a college degree because she knew what she wanted. **For me, this stressed the fact that you can accomplish anything with dedication and passion, and it helps to have someone willing to give you a chance. Warren Buffet is a man who helps offer people a chance to use their talents and potential to make an impact.**

Warren advised, "Do anything you want and do it with passion. If you don't, then it is like marrying someone for their money. If you are not in it for the right reason, you won't be happy!" His words meant a lot me because my life is about doing everything with great passion!

Warren took us to Piccolo Pete's to eat because he is a man of simple tastes. He likes plain home cooking, and he also lives simply. He is comfortable the way he is, and he does not choose to live like a rich man. He still lives in his parent's house.

I feel fortunate to have had lunch with him, not only for the wisdom I gained, but also because he said a charity lunch such as this can be auction for up to \$200,000.00.



Monica Ibarra describes meeting Warren Buffet and having the opportunity to thank him for his contribution to her future through the Gates Millennium Scholarship as a momentous occasion.



Monica Ibarra with Tami Buffalohead-McGill at a CULSA social event.



Left: Monica helping a student at Chinle High School in AZ apply for the Gates Scholarship.



Right: Monica holding a storyteller in the gift shop at the top of the Sandia Mountain in NM.



Monica with her good friend, Liliana Jacinto.

## Student Support Services

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<http://www2.creighton.edu/eop/studentsupportservices/>

**“Education is a companion which no future can depress, no crime can destroy, no enemy can alienate it and no nepotism can enslave.”**  
**Ropo Oguntimehin**

SSS is one of the five federally funded TRIO programs at Creighton University under the Department of Educational Opportunity Programs. SSS is grant funded through the Department of Education to provide comprehensive services to help students achieve a successful college experience by increasing academic performance, retention, and graduation rates. SSS also works to foster an institutional climate supportive of the success of economically disadvantaged students, first generation students, and students with disabilities. The strength of the SSS program is providing comprehensive support to eligible students at Creighton University who have the ability and desire to succeed at Creighton University but would benefit from additional advocacy, academic, personal, financial, and career support. SSS is a resource that provides personalized and comprehensive support services for eligible participants to help them achieve their full potential.

## Counselor's Corner *with Karen Thurber*

Congratulations on all those on the Dean's List and those who raised their grades.

Please be sure to complete your orientation meeting soon.

Everyone returning to college next fall will need to complete the FAFSA online. I can assist you.

Attend your workshops and email me summaries or sign up for the workshops in the office. Sign up for cultural events and let Rich know of your interest.

**Seniors:** Please go online and apply for the graduation ceremony for this May. **(The Deadline is Feb. 11th.)**

If you are interested in applying for Pharmacy School, remember to complete a mock interview with me.

Write your resume for upcoming scholarships and summer employment. The Spring Career Fair is Feb. 6th.

Attend Money Management with Matt from the Credit Union on Feb. 13th. Remember free Chinese

Food on Feb. 15th in the office.

I would really like to see students attend **Trio Day on Sat., Feb. 16th** at University of Nebraska at Omaha. We are providing transportation. Come and support the Peer2Peer mentor and have fun!



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