

December 2006



Staff Directory

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Karen Thurber, Counselor

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Denise Le Clair, Writing

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Richard Jehlik, Science

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Pat Al-Greene, Math

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Monique Bryant, Admin. Ast.

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280-2749

Location

First Floor

Markoe Hall

Spotlight on Rich Jehlik—by Alex C. Wilkie



Born in the small town of Ames, Iowa, Rich Jehlik became interested in the social sciences with the intent to become a Veterinarian. Rich grew up with two older brothers in Washington DC. Rich attended Iowa State University majoring in both sociology and anthropology. After graduation, Rich received a teaching certificate in Science. Completing his education career with several degrees in the social sciences was not enough for Rich, so he

went on to pursue a Masters degree in physiology and biological sciences at the University of Resursa at Columbia.

Rich Jehlik has an outstanding career in the sciences. Before coming to Creighton, Rich spent some time setting up a science department and wrote curriculum for grades k – 12 on an Indian reservation in Canada. After the successful setup of the school board in Canada, Rich spent another five years in Saskatchewan Canada teaching biological sciences.

Coming to Creighton in 1980 Rich was hired as the Science Specialist. After heading the science department in the Trio Program for twenty-six years, Rich comments "I haven't quite yet figured out a name

for my duties here in SSS." Rich also tutors all the major sciences, such as, biology, chemistry, astronomy, atmospheric sciences, nursing, pharmacy and anatomy. Rich also organizes all cultural events for SSS and coordinates peer tutoring.

Rich says that the thing he enjoys the most about his job is the different students, "Everyday is an indulgence in cultural diversity, and the students don't let me retire." Rich feels strongly that the reason for our student's success here at Student Support Services, is not only from the academic support that he provides, but is a contributing factor in the entire team effort of the Trio Program.

Reminder from Karen



Karen wants to remind all SSS students to complete all five requirements. If you want to know which requirement you still need to finish, please come in and look at the

book containing the Sign-in Sheets located at the front desk or call Karen at 280-3007.

Students who attend an event outside of SSS, to send Karen a summary of the event to obtain credit for workshop completion.

SSS students need to complete all of their requirement for the program by the end of December. Anyone with questions regarding program requirements, please see Karen.



Office Hours

Monday—Friday:

8:00 a.m.– 5:00 p.m.

Evening hours

Monday, Tuesday, and
Thursday

5:00 p.m.— 8:30 p.m.

Staff Hours

Tami Buffalohead-McGill

MWF 8:30 a.m.—5:00 p.m.

TR 9:00 a.m.—5:30 p.m.

Karen Thurber

M-F 8:00 a.m.—4:30 p.m.

Denise Le Clair

M-F 9:00 a.m.—4:00 p.m.

Rich Jehlik

M-F 8:15 a.m.—4:45 p.m.

Pat Al-Greene

MTR 8:30 a.m.—12:30 p.m.

MTR 5:30 p.m.—8:30 p.m.

Monique Bryant

M-F 8:00 a.m.—4:30 p.m.

Final Exam Schedule

Hour	Monday, Dec. 11	Tuesday, Dec. 12	Wednesday, Dec. 13	Thursday, Dec. 14	Friday, Dec. 15	Saturday, Dec. 16
8:00-9:40	MWF Classes at 7:30	MWF Classes at 8:30	MWF Classes at 12:30	TuTh Classes at 2:00	MWF Classes at 10:30	
10:00-11:40	MWF Classes at 9:30	MWF Classes at 3:30	MWF Classes at 11:30	TuTh Classes at 12:30	MWF Classes at 1:30	<i>Saturday classes will be examined at regular Saturday sessions</i>
1:00-2:40	TuTh Classes at 9:30	TuTh Classes at 11:00	MWF Classes at 2:30	TuTh Classes at 3:30		
3:00-4:40	TuTh Classes at 8:00	CHM 203 (3:30-6 p.m.)	MTH 103, 135, 137, 141, 201, 245, 246, 310, 347	PHY 211, PHY 212 (3-6 p.m.)		

Tips for Preparing for Finals by Quang Nguyen and Linh Do

A+

Quang Nguyen and Linh are studious undergraduates who usually work late at SSS to keep everything flowing normally. Come in and meet them if you have a chance. They will have

more tips for you on how to prepare for the fast approaching finals.

- Don't procrastinate.
- Manage your time wisely.
- Find positive ways to relieve your stress.
- Study with a buddy.
- Avoid studying in your dorm or anywhere that has a bed or couch.
- Avoid studying with the T.V. on.
- Listen to soft music while studying.
- Study with a positive attitude.
- Get a good night's rest before exams.
- Eat healthy foods and eat at least 3 meals a day.

Spotlight on SSS Sophomore—Quang Nguyen by Ariel Chi



Quang Nguyen is a sophomore at Creighton University majoring in chemistry. He would like to go into neuroscience research. He was born in Bien Hoa, Vietnam, but has been in Omaha for ten years. Quang is involved with the Vietnamese Student Organization at Creighton, and he is very involved in his community. He volunteers at the Buddhist temple every weekend and participates in the Buddhist Family, a group of Buddhists who come together to learn about the teaching of the Buddha. Quang is also a member of the Vietnamese Cultural Dance team in Omaha.

Quang enjoys playing basketball with his friends. The most exciting place Quang has visited is Los Angeles. Currently, he is very excited that his parents decided to have another child, and he is now an older brother to the five month old baby boy. Quang's most prized possession is the Buddha necklace he wears because his cousin from

Vietnam gave it to him, and he sees it as his lucky charm. Quang enjoys Vietnamese music, and he had the most fun barbequing at his friend's house at 1 AM.

Quang's favorite childhood memory was the summer about five years ago when his cousins gathered at his house to cook, and they brought the food to the front porch and just sit there and talk about old times. He loves the sound of the wind blowing over the green grass, and if he could be any animal, he would like to be a white tiger because he likes the white fur and black stripes and that they can be furious and gentle at the same time. Quang's most embarrassing moment was when he fell down the stairs, and his least favorite word is "failure". What annoys Quang the most is people who blow bubbles with their bubble gum.

Quang chose to attend Creighton because it is close to home, and he likes the community and Creighton's

values. His greatest achievement is being able to survive college, and his most memorable moment at Creighton is seeing the Christmas lights around campus. His most exciting moment in class was seeing chemicals mix together and turn into different colors. At Creighton, Quang's favorite professor is Dr. Yuan because she is nice to her students and understands their perspective.

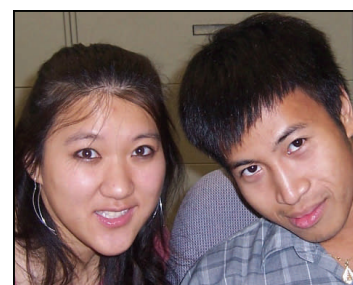
The TRIO programs are helping Quang attend Creighton University. When he was in Upward Bound, they helped make the idea of college a possibility. Their extra tutoring during the weekdays and Saturday morning classes in science and English helped him improve his knowledge and made it possible for him to be accepted into college. Quang joined SSS because of the tutors and the help SSS provides to their students. Quang appreciates the family atmosphere in SSS as well everyone's kindness and willingness to help. To Quang, SSS is like his second family. SSS has helped him improve his writing skills and with the aid of the science tutor, he understands his science classes better. **Quang lives by one bit of advice: Do what you feel is right and don't regret it afterwards.**



Fr. Bucko & Quang are preparing Pho (Vietnamese traditional noodle soup)



Quang Nguyen preparing to perform at the Annual SSS Lunar New Year Celebration



Quang Nguyen and his friend Ariel Chi

My favorite Holiday Memory - Interviews by Trang Hoang

Cindy Nguyen



Cindy is a sophomore. Originally came from Vietnam, she now lives in Omaha with her family.

Her memorable holiday is Tet (Lunar New Year because this is the time when she gets to meet other people in the Vietnamese community and she also gets to perform hip-hop dances on stage. Cindy also enjoys receiving lucky money from parents, relatives, and friends when she was young. She enjoys it so much she even has a quote for this holiday—

“As long as the holiday keeps coming, and the money keeps flowing, my stomach is full, and I’m happy”- Cindy Nguyen.

Brittany Whitfield

Brittany is a sophomore double majoring in pre medicine and sociology. Brittany’s hometown is

Omaha. Brittany’s favorite holiday memory was on Christmas when she took her first walk. Brittany remembered a Christmas when she was 10, and received a present that she always wanted: a Cabbage Patch Doll. Brittany said “I ripped the box open and hugged the doll with excitement.”

Chanel Ayano



Chanel Ayano is a freshman majoring in pre-pharmacy. Chanel’s hometown is the lovely

Honolulu, Hawaii. Chanel does not have a particular memory of the holidays, but she said, “Every Christmas that passes leaves me with a special memory. I enjoyed opening the presents under the Christmas tree every year. I still love it even though I am older.”

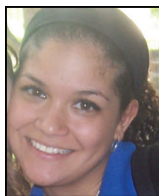
Linh Do



Linh Do is a sophomore at CU. His major is pre-occupational therapy and originally came from Vietnam, but he and his

family settled in Lincoln. Linh’s favorite holiday memory is unique. He said “My favorite holiday would have to be Independence Day, July 4.” Linh has fun every year during this holiday because he got to drive to Hickman with his friend to purchase illegal fireworks. He said, “We would play with firework in the park and enjoy the nice weather of July outside while playing sports.” Linh’s favorite part of enjoying fireworks is to watch and hear the loud noise when the fireworks first go up into the air.

Jeny Acosta



Jeny Acosta is a sophomore double majoring in international business and finance. Her hometown is

Miami, Florida. Jeny’s favorite memory was last Christmas of 2006. At this time, Jeny came in contact with a best friend who she had not seen for 7 years. Jeny said, “It was a coincidence for my friend to create a username on My Space that day because that was how she came in contact with me after the many years we lost touch.”

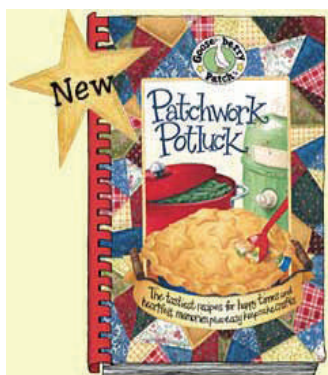
Monique Bryant



Monique Bryant is Student Support Services’ new Administrative Assistant. She is originally from Rock Island, IL. She is currently

living in Bellevue with her husband and two kids. Monique’s favorite Christmas memory was when she was freshman in high school, and her friends told her Santa was not true. Monique said “I was mad for a long time because I believed in Santa very much. The pain stopped when the next Christmas came.”

December Pot Luck



Cultural Events are designed to provide SSS students with a wide variety of cultural opportunities. Participants have the opportunity to meet other students through Cultural Events such as The Pot Luck Workshop.

When: Thursday, December 14th, 2006

Time: 11:00am-1:00pm

Location: Markoe Hall R 110

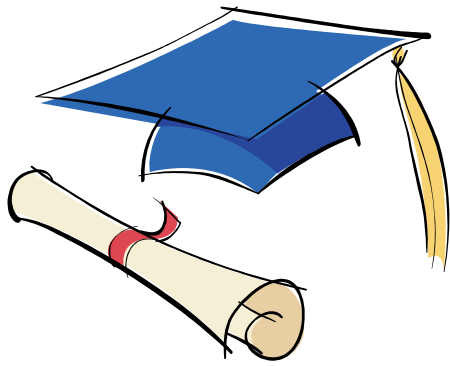
By participating in this event, you have a chance to meet other people in SSS who you have not met before. Come enjoy the food and to share your story about where you plan to go for Christmas or other memorable holiday stories.

Karen reminds everyone that this fun activity is counted as workshop credit.

If you enjoy eating delicious food, then this event is for

you. You will get to taste food from different countries made by your friends in SSS. Also you will have the opportunity to discuss other culture’s foods and share what your favorite food dish is.

Optional: bring the recipe for the food you made to hand out to your friends.



CONGRATULATIONS

To the following students who will Graduate in December



Congratulations From the SSS staff

Tami: I wish you the best in this next natural progression of your life. I am grateful that I had the opportunity to get to know you and in a small way share in your overall college experience. I hope that SSS was a positive part of your Creighton experience. Congratulations and best wishes in all you do.

Karen: Congratulation, Seniors. Make sure to come to the Potluck to get your presents. Best wishes, and good luck in every thing you do.

Rich: Congratulations to all the graduates reaching this day. It is well deserved. As you leave Creighton, I can only wish you the very best whether you decide to furthering your education in graduate, professional school or join the job market or continue on in an internship. Our future is being passed to good hands like yours.

Graduates

Janette Catron
Tracy Charging Crow
Belinda Corleyturnipseed
Adam Nurton
Imelda Rosas
Joe Tibbals
Chad Wilson

Sarah Belt - Mary Lucretia & Sarah Emily Creighton Recipient



The Committee on the Status of Women announced that **Sarah Belt** is this year's recipient of the prestigious Mary Lucretia &

Sarah Emily Creighton award. The award will be presented at the luncheon during Founder's Week.

WAY TO GO!



Congratulations to the newest Alpha Sigma Nu Inductees

Membership in Alpha Sigma Nu at Creighton University recognizes students in the **top 15%** of their class who have a demonstrated record of loyalty and service to the Jesuit ideals of education—Scholarship, Loyalty, and Service. **Only 2% of students at Creighton University are invited to membership.**

The mission of "Alpha Sigma Nu (ASN) advances the core principles of Jesuit

education—scholarship, loyalty and service. The Society acknowledges, awards and inspires a select group of students who distinguish themselves with respect to these principles while attending Jesuit institutions of higher education. ASN also honors others who have distinguished themselves in scholarship, loyalty and service through their intellectual, civic, religious,

professional or commercial pursuits. The mission of Alpha Sigma Nu is to understand, appreciate and promote the ideals of Jesuit education - opening minds, doors and hearts to a lifelong journey in wisdom, faith and service."

SSS would like to congratulate SSS members:

Kristina Smith
Lanh Tran



Lan Ahn Tran



Kristina Smith

Student Support Services

Creighton University
2500 California Plaza
Markoe Hall
Omaha, Nebraska 68178

Phone: 402-280-2749
Fax: 402-280-5579
E-mail: moniquebryant@creighton.edu

**“Education is a companion
which no future can depress,
no crime can destroy, no
enemy can alienate it and no
nepotism can enslave.”**

Ropo Oguntimehin

SSS is one of the five federally funded TRIO programs at Creighton University under the Department of Educational Opportunity Programs. SSS is grant funded through the Department of Education to provide comprehensive services to help students achieve a successful college experience by increasing academic performance, retention, and graduation rates. SSS also works to foster an institutional climate supportive of the success of economically disadvantaged students, first generation students, and students with disabilities. The strength of the SSS program is providing comprehensive support to eligible students at Creighton University who have the ability and desire to succeed at Creighton University but would benefit from additional advocacy, academic, personal, financial, and career support. SSS is a resource that provides personalized and comprehensive support services for eligible participants to help them achieve their full potential.

Student Activism—excerpts from Article by Susan Szalewski of the Omaha World Herald



Standing up for what they thought was right, business owner of Ghettofabulous Nails Lecia Womack and her daughter, **our own SSS student Jessica Womack**, organized a community forum to improve north

Omaha and to help businesses there prosper. After a Omaha City Councilman Jim Suttle, along with about 50 other people attended this forum to voice their concern at North High School auditorium. After the controversy erupted over a radio parody satirizing north Omaha violence, this mother and daughter team couldn't just sit still and came up with the idea of such a forum. They hope to get the ideas rolling into action by getting people together to form a committee of people

interested in making north Omaha a better place. Some issues and problems that were raised at the forum was “underlying fear,” people getting robbed in broad daylight but witnesses to the crime didn't call the police, and what can be done to make this place livable. Some suggestions were programs to keeping youths busy, more ways to anonymously report crimes, public schools needing to offer students more opportunities for training in labor trades, etc. There are lots of things that could be done

to improve this community but the first thing that must be done first mentioned Neil Volker was that “north Omaha residents need to clean up crime-ridden areas and make them safe with hundreds of patrolling volunteers armed with video cameras.” Thanks to people like Lecia and Jessica Womack, who are concerned about the welfare of others, people in the north Omaha area might soon have better and more acceptable living conditions but only if the citizens get involved.

Omaha World Herald