

Creighton Student Support Services

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Hoots and Salutes

Congratulations to Son Nam Nguyen for realizing his goal of admission to Creighton's School of Pharmacy.

Congratulations to Amy Lan Ahn Dao who was I successfully admitted t o Creighton's School of Pharmacy.

Congratulations to Stewart for being accepted into the SMDEP Program at the University of Nebraska Medical Center. The program centers on identifying, recruiting, and assisting future dentist and doctors.

Congratulations to Lorena Zamarripa who is the 2008-

20009 CULSA President.

Congratulations to Carlos Atencio for getting the public

relations position in CULSA for 2008-2009.

Congratulations to Angel Le who will receive her citizenship on May

which is also her birthday!

Congratulations to Keshia Bradford who was awarded

Health Administration and Policy Award for Student Leadership and Service to the Community.

Congratulations to Maria and Jose Sanchez who will be blessed with their first child in November.

Congratulations to Shakilah Hill for being accepted to Creighton Law School.

Congratulations to Josh Jarrell for being admitted to Creighton Law School.

Congratulations to Vazquez who is a Decurion for Michel Mallenby of the Math department.

Congratulations Bidong Tot, Decurion Dr. Sharon DeLaubenfels of the English department.

Congratulations to Michael Beverly who is the treasurer for CUASA for 2008-2009.

Congratulations to Mehgan Nolan who is the new vice President of Public Relations for CUASA for 2008-2009.

Congratulations to the Peer 2 Peer executive board. President is The new

Emmanuel de Jesus, Lan Uyen is Vice-President, Trang Hoang is Vice-President of





Training. and Carlos Atencio is Vice-President of Spirit Michelle Wang

Secretary, Song Zheng i s Treasurer, **Angel** Le is Assistant to the Vice President for Activities.



Congratulations to Jessica White, who made a 40minute dance performance for a group of senior financial officers.

Congratulations to the 2008 Graduates



Erin Blaha Krystal Boose Keisha Bradford Jasmine Cadiz Ariel Chi **Brandon Harrison** Jenna Hendrix Shakilah Hill Louis Jackson Joshua Jarrell Michael Klug Carolyn Kor

Brittany Korus Kyle Ladao Princella Parker Kendra Sears Kristina Smith Meghan Wooster



Mommy Mary kissing Baby Rae.

Office Hours

Monday—Friday:

8:00 a.m. - 5:00 p.m.

Evening hours

Monday, Tuesday, Wednesday and Thursday

5:00 p.m.— 8:00 p.m.

Staff Hours

Tami Buffalohead-McGill

M-F 8:00 a.m.—4:30 p.m.

Karen Thurber

M-F 8:00 a.m.—4:30 p.m.

Denise Le Clair

M-F 8:30 a.m.—5:00 p.m.

Rich Jehlik

M-F 8:30 a.m.—3:00 p.m.

Pat Al-Greene

M-TH 9:00 a.m.—Noon

5:00 p.m. – 8:00 p.m.

Sandy Cerveny

M-F 8:00 a.m.—4:30 p.m.

Spotlight on Mary Roy by Ely Ramos

Mary Roy is a junior at Creighton majoring in Business. She has not yet decided what she wants to specialize in, but she thinks Marketing with a minor in Finance. Mary had some set backs in her college career. She entered Creighton unfocussed. She had a baby, now four months old. Mary plans to graduate in Spring 2010.

At first Mary did not want to attend Creighton University or any school in Omaha. But because of her mother's persistence, a Creighton employee, and the homey feeling provided Tami Buffalohead-McGill, Mary enrolled at Creighton. She says, "I knew this was the place for me "

Mary gradually became involved in campus activities a n d organizations. Mary is an active member of the Creighton University African Student American Association (CUASA), NAACP, Student Support Services (SSS), and



Mary Roy (Right), Baby Raelyn (Middle), Deric Barton (Left)

Creighton's Habitat for Humanity, and was a Tour Guide for about a year and a half.

Mary Roy says that she wish's she would have not wasted time being concerned with "where am I going and what am I doing." She would have put boys on the back burner because boyfriends are NOT the ones who hand out degrees. But over all, she is glad she has a daughter, because it is part of God's plan for her, but she would definitely advise others to stay focused and selfcommitted.

Mary advises her fellow Creightonians to "stay focused on people in the SSS program." [because] we are

going where others in our family haven't and that is to college. It is important not to get sucked into society's traps and distractions. At the end of the night you only have to face yourself (not your friends or your wallet, just YOU), so make sure you remain dedicated to your goals. Also, if you get a little behind, don't get discouraged, just keep moving forward. And finally (I know this is a lot of advice here) but especially to young women, I would RESPECT yourself and really love yourself. Remember that you deserve the best! ALWAYS present yourself in a way that you wouldn't mind your grandma seeing."

Mary describes her future: "In five years I see myself in a house (that I have bought), married, taking my daughter to kindergarten. And having a successful career where I regularly impact others in a positive way. I want to give back and do big things with my life."

Being a full time mother, a college student, and working two jobs are not easy tasks, but Mary Roy is a living example that it can be done; She is what I would call a focused person.

Showing They Care by Ely Ramos



Ariel Chi (Left) and Carolyn Kor (far Right) are two of the most amazing and

caring people you could ever meet.

Both Ariel and Carolyn are known for their



beautiful smiles and caring personality, as well as their gorgeous, long hair.

Ariel and Carolyn recently cut their hair and donated it to the Locks of Love Foundation. The foundation provides hairpieces for children under the age of 18 who have hair loss due to a long term medical condition.



While it was a surprise to see their major change, we applauded

them for their wonderful contribution.



Internships by Sheila Field

Internships are a great way to gain experience in the field of a potential career. There are many different types of internships waiting for students to apply. Internships are a way to gain experience in the working world. During an internship, students learn and improve the skills of communication, problem solving, team work, and networking. An

internship increases marketability and adds skills to a resumè.

An internship is an excellent way to test skills in a possible career and find out if it is the right fit. Internships open many doors in academic and working life. They can help a student get into graduate school or get a dream job.

With an internship, a student

grows as a person and gains valuable experience that can't be learned in a classroom. The student experiences a hands on approach to learning. There are no books or tests, just real life work experience.

If an internship sounds appealing, research the possibilities. A great place to start looking is the Career Center on campus.

Staff Directory

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Denise Le Clair, Writing leclair@creighton.edu 280-2166

Richard Jehlik, Science rjehlik@creighton.edu 280-2167

Pat Al-Greene, Math palgreene@creighton.edu 280-2165

Sandy Cerveny, Admin. Ast. sandycerveny@creighton.edu 280-2749



Amy Dao and Kathy Daotay at the recognition ceremony.



Lorena Zamarripa, Cheree Hatfield, and Britny Lydick at at the recognition ceremony.

Cinco de Mayo by Sheila Field

Cinco de Mayo, or the 5th of May is a day when many people celebrate with pride their Mexican heritage.

Many people think that Cinco de Mayo is the day when Mexico gained its independence, but they are mistaken. Cinco de Mayo is a national patriotic holiday in Mexico. It is the day for people to celebrate and show their love for the country.

This celebration is on the 5th of May because on May 5th, 1862, the battle of Puebla was fought. 4,000 Mexican soldiers won against 8,000 French soldiers.

Some of the events to commemorate the Battle of Puebla are mariachi bands, parades and, of course, dancing.

Many people decorate their homes and businesses with streamers and other colorful decorations. People also



have parties with food and games. Often there is a piñata filled with candy.

Cinco de Mayo, would not be complete without authentic Mexican food. Some of the traditional foods include empanadas, quesadillas, chilaquiles, menundo soup and fajitas.



Pepper Quesadillas

Serves 6

1-1/2 T vegetable oil

1 lg sweet green pepper, thinly sliced

- 1 lg sweet red pepper, thinly sliced
- 1 lg sweet yellow pepper, thinly sliced
- 1 lg onion, thinly sliced
- 1 (4 oz) can chopped green chilies, drained
- 1/2 tsp ground cumin
- 6 (8in.) flour tortillas
- 2 C reduced fat Monterey Jack cheese, shredded

Preheat oven to 425 degrees.

In a large skillet, over medium-high heat, heat oil and sauté peppers, onion and chilies for 5 to 7 minutes. Stir in cumin, then reserving liquid. drain. Sprinkle half of each tortilla with cheese and top with pepper mixture. Fold tortillas in half and place on a baking sheet. (You can overlap a bit to fit). Brush with reserved liquid. Bake 7 to 10 minutes, or until cheese is melted. Cut each tortilla into thirds and serve warm with salsa.

Angel enjoying the beautiful day; too bad they go as fast as they come.



Angel enjoying a meal with me friends and boyfriend.



Angel and Emily Nguyen having a good time at laser tag.

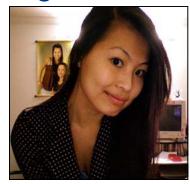


More laser tag fun!

Spotlight on Angel Le by Ely Ramos

Angel Le was asked why she chose Creighton University and what she felt about her freshman year: "I chose Creighton University because of its reputation a n d academic achievements. My major used to be pre-dental and Creighton has a great dental program. Last summer I went to Creighton Dental Central for a Dental Program and they taught me so many things that fascinating and others that freaked the heck out of me."

Now I want to be a pediatric nurse and help children. I am so excited about my second year at Creighton. I thought my freshmen year went by so fast and now we have about twenty more days of school. Hopefully



Angel taking pictures before she went to church. Looking good AIM!!

sophomore year will go by quickly, so I can graduate soon and once again get to wear that cool gown."

Angel has one piece of advice for incoming freshman: "Don't fall asleep in class! The teacher will hit you in the head." Is she speaking from experience? Dr. Littleton was one of her favorite professors because, "He was such an amazing, fun, and caring teacher. He listens to what the students have to say and helps you to get inspiration for your art projects."

As the end of the semester approaches, Angel says, "I'm going to miss Rich, the science specialist, because I get used to bothering him everyday after my Physiology class and asking him to go over the lesson from yesterday or today. I'm going to miss Markoe Hall where I always eat lunch with Michelle and Emily in the back room, and every time we microwave our food. Rich or Pat would come over and say, What is that delicious smell? I am not going to miss doing homework, studying for tests, and, lastly, finding a parking space very early in the morning! Parking at Creighton is terrible!!!"

Paper or Plastic? by Sheila Field

Paper or plastic? question follows you to every store. The best answer for that question is neither! It is better to bring your own reusable However, if you can't bring your own bag, then choose paper or plastic based on where you live. Since plastic bags threaten wildlife and coasts, it is better to use paper in those areas. In the Midwest. the answer plastic.

Each year it takes 14 million



trees to make paper bags and 12 million barrels of oil to make plastic bags. The process of making paper bags creates 70% more air pollution than plastic bags;

however, plastic create four times the solid waste and can last up to 1000 years in landfills enough waste to fill the Empire State Building 2 1/2 times. Plastic is not biodegradable, plastics just deteriorate into smaller and smaller pieces. Instead of using regular paper or plastic, bring your own bag and help make the earth a little greener. Remember to always reduce, reuse, and recycle.

Recognition Award Recipients

Congratulations to the 2007 award recipients!

Faculty Award—Dr. Bruce Malina

Recognizes and honors the outstanding achievements and contributions by a faculty member that has made a significant impact upon the students and mission of the Student Support Services program.

Spirit of St. Ignatius—Carolyn Kor

For the student who consistently demonstrated integrity, courage, justice, compassion, and selfless dedication to others.

Pacesetter-Keshia Bradford

For exhibiting superior leadership and outstanding service to school and community

Dedication—Bidong Tot

For demonstrating great dedication and persistence in academic studies

Achiever-Lan Uyen Tran

For demonstrating exceptional academic achievement, superior character, service to others, leadership, and commitment to the mission of Student Support Services.

Promise—Kathy Daotay

For the First Year Students who exhibited involvement in Student Support Services activities, dedication to academic success, initiative, and responsibility.

Rev. John P. Markoe, S.J.— MeLitta Wilson

To recognize an outstanding leader who has made a significant contribution to the promotion of justice, unity, and diversity.

Outstanding Peer 2 Peer Mentor—Emmanuel de Jesus

For the mentor who best exemplifies the ideal image of a mentor by contributing to the development of his/her protégé by serving as a coach, teacher, friend, role model, guide, and motivator.

Student Support Services
Ambassadors—Jeny Acosta

and Jamie O'Brien

SSS is blessed with many remarkable students who help promote and advocate for the program. This award recognizes those students who have gone above and beyond to promote and advance the mission of the SSS program.

Magis Award—Anthony Allee

Erin Blaha, Kathy Daotay, Emmanuel de Jesus, Herman Ing, Jenna Loeffler, Harriet Mullin, Lizette Orihuela, Gorden Pang, David Plutschack, Krista Smith and Lan Uyen Tran

Magis means the seeking of more, the striving for excellence in all that one does. The conscious act of not being satisfied with the status quo or just doing the minimum. This award is to recognize those students who challenge themselves academically to pursue excellence in their studies. These twelve students exemplified this in their achievement of a 4.0 GPA for the fall or spring semester.



The University Campus in Spain.



Wild Horses laying on the grass in Spain.



Guillermo and some of his new friends in Spain.



Vigo, the city Guillermo is living in while he is studying in Spain.



Guillermo standing on the beach In Portugal.

Studying Abroad by Sheila Field

Guillermo Guzman recently had the chance to study abroad in Spain. In Spain he is learning many new things, having new experiences, and, most of all meeting new people.

Guillermo loves the city he is staying in and the University he is attending. The campus is on the top of a mountain at the edge of the city. One of his favorite sights is the wild horses roaming around, but he misses Mexican food.

During his time in Spain, Guillermo has met people from all over, including France, England, Poland, Italy Germany, Brazil, and even Mexico. Guillermo takes time to travel. Last month he spent a week in Portugal.

While in Spain, Guillermo is practicing the native language of the region called *gallego* and learning about the culture first hand.

Even though he is studying abroad, Guillermo has a job. He

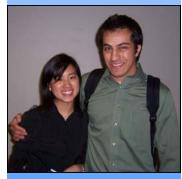
is teaching 7th through 10th graders English while earning a paycheck. Guillermo said, "I am very excited about teaching. I just started, but it looks like it is going to be a challenge. It's my first time teaching officially in a real school. I think it is going to be a great experience, and I'm going to gain a lot out of it."

The good news for Guillermo is that the students like him! He is also really happy in Spain and with all of the experiences he has had.

Ha having fun and showing off his ride!!!



Pat Al-Greene and Joanne Kim at the recognition ceremony.



Carolyn Kor and Luis Vazquez at the recognition ceremony.



Bidong Tot and Gordon Kor at the recognition ceremony.

Spotlight on Ha Pham by Ely Ramos

Former Bryan Senior High graduate Ha Pham is at Creighton to pursue a career as a Finance Investment Analyst. Ha selected Creighton because it "has a diverse campus and it offers a great investment program."

Ha is an active leader both on and off campus. He volunteers at his temple of worship, and he is a member of the Financial Management Association at Creighton. Ha is a an intelligent young man, and



Ha getting all fly to go out and enjoy the night.

has received many scholarships such as The Gates Millennium, Peter Kiewit, Creighton University Leadership Scholarship, and the Creighton University Academic Scholarship. He has made the Dean's Honor Roll during the 2007 -2008 school year.

Ha enjoys being on Creighton's campus because he has made many new friends. He is compassionate and relates well. He is also bilingual.

Ha's plans for the summer are simple but fun. He plans to go fishing, travel (one of his favorites), and sleep because he was sleep deprived during the semester.

Dean's Honor List Award Recipients

One Semester

Jeny Acosta Chester Ashong Chanel Ayano Krystal Boose Sandra Chee Samson Chik **Erin Dailey** Semir Demirovic Linh Do Mary Doan Chadi El-Koury Randell Haduca **Brandon Harrison** Louis Jackson Leroy Janis Josh Jarrell

Amanda Jones Joanne Kim Jenna Klug Vincent Ko Carolyn Kor Jordan Nelson Cindy Nguyen Minh Nguyen Jamie O'Brien Alpha Opese Han Pham Tony Pham Kendra Sears Katherine Shaffer Jesta Thomas Gaoia Vang Alex Wilkie

Martin Yu Song Zheng

Two Semesters

Braxton Black
Jian Hao 'Steven' Cai
Jordan Choquette
Amy Lan Anh Dao
Sahnnon Docken
Michael Klug
Laleh Mehrrafiee
Son Nam Huynh Nguyen
Lori Schnepf
Angela Schroeder
MeLitta Wilson
Meghan Wooster
Lorena Zamarripa



Students Completing SSS requirements

Jeny Acosta
Brenda Aguero
Teela Allen
Chester Ashong
Carlos Atencio
Chanel Ayano

TJ Barrett
Alex Bell

Amber Bennett Erin Blaha Keshia Bradford

Jasmine Cadiz
Ariel Chi
Melissa Choi

Jordane Choquette Stephanie Christensen

Danine Cohen
Amy Dao
Hong Dao
Kathy Daotay
Emmanuel de Jesus
Semir Demirovic

Tai Do

Chadi El-Khoury Sheila Field Acenith Garvey Da' Keisha Granderson Da' Quisha Granderson

Tara Hansen Cheree Hatfield Loc Hoang

Trang Hoang Emerick Huber Monica Ibarra Liliana Jacinto

Louis Jackson Vincent Ko Carolyn Kor Gordon Kor Cheryl Ligon Melissa Lopez

Marcela Morales Harriet Mullin Liliana Murillo Cindy Nguyen Emily Nguyen

Emily Nguyen Nina Nguyen Quang Nguyen Son Nam Nguyen Jamie O'Brien Gorden Pang

Han Pham Tony Pham Tiff Ramelb PJ Root

Kendra Sears Ana Sibrian Kyle Simon

Kenneth Stable

Bidong Tot Lan Uyen Tran Maria Tran

Bryan U

Albert Two Bears

Marrisa Ulep Xai Vang Michelle Wang Alex Wilkie MeLitta Wilson Ryan Wong Amy Xie

Martin Yu Lorena Zamarripa

Song Zheng Goia Vang Xai Vang Michelle Wang Alex Wilkie

MeLitta Wilson Ryan Wong



Brenda Aguero, Annette Crowder, and Monica Ibarra at the recognition ceremony.



Zakiya King, Melissa Lopez, and Feleshia Henderson at the recognition ceremony.



Brenda Aguero and Jamie O'Brien at the recognition ceremony.



Chester Ashong and Adrian Sandoval at the recognition ceremony.



Kristina Smith and Jeny Acosta at the recognition ceremony.

Memorial Day By Amanda Jones

Did you know that Memorial Day was originally called Decoration Day? Memorial day is a time for people to come together and honor all of the men and women who served in the military.

Memorial day was officially proclaimed on May 5, 1868, by General John Logan. It was first observed on May 30, 1868, when flowers were placed on the graves of Union and Confederate soldiers at Arlington National Cemetery.

Memorial Day is now celebrated the last Monday of May, set by Congress as а national holiday in 1971. Moving Memorial Day to the last Monday May, gave Americans a three day weekend. Having that three day weekend distracted Americans from the meaning of Memorial Day. To help reeducate and remind Americans of the true meaning of Memorial Day, the "National Moment of Remembrance" resolution passed in December 2000, which asks that at 3 local time. Americans "voluntarily and informally observe in their own way a moment of remembrance and respect. whatever pausing from they are doing for a moment of silence or listen 'Taps.'" Attempts reinforce the importance of Memorial Day have yet to work successfully. Graves going untouched. People are forgetting to remember the people who helped them to keep their freedom.

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"Education is a companion which no future can depress, no crime can destroy, no enemy can alienate it and no nepotism can enslave."

Ropo Oguntimehin

SSS is one of the five federally funded TRIO programs at Creighton University under the Department of Educational **Opportunity** Programs. SSS is grant funded through the Education Department of to provide comprehensive services to help students achieve a successful college experience by increasing academic performance, retention, and graduation rates. SSS also works to foster an institutional climate supportive of the economically success of disadvantaged first generation students. students. students with disabilities. The strength of the SSS program is providing comprehensive support to eligible students at Creighton University who have the ability and desire to succeed at Creighton University but would benefit from additional advocacy, academic, personal, financial, and career support. SSS is a resource that provides personalized and comprehensive support services for eligible participants to help them achieve their full potential.

Counselor's Corner with Karen Thurber

I noticed that 43 people need to accept their financial aid package. 23 people need to turn in forms, such as W-2 and 1040 copies and verification forms. Ten people have not even started the FAFSA. 82 are done with the financial aid process for the fall. If you think you have not completed your applications, contact me by email or call. Funding is tight, so please complete everything as soon as possible.

We will be looking at grades soon and contacting you by email over the summer.

If you have any suggestions for workshops for the next fall or spring, please let me know your ideas. Also if you have new ideas for orientation or other programming, let me know soon.

Hope everyone had great results on finals. We will be in the office all summer if you need to call, email, or visit. We will be

moving to the 4th floor of the Harper Center at the end of July.

Please stop by and sign the notebook. I hope everyone completed their orientation, midterm, counselor meeting and two workshops done.

Thank you for getting everything done. Good luck to all the seniors. I hope you have completed the exit survey. Get your summer transient forms into the right college offices for summer school.



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Happy Summer!