

Creighton Student Support Services

FALL 2012



Special points of interest:

- **Hoots and Salutes!**
- **Study Tips**
- **Student Spotlights**
- **Faculty Spotlights**
- Bello Orgullo
- And more!

Inside this issue:	
Spotlight	2
December Graduates	3
Spotlight	4
Spotlight	5
Tips for Studying/ Giving	6
Bello Orgullo	7
Spotlight	8
Spotlight	9
The Maintenance of Admin-	10
The Maintenance of Admin-	11
Counselor's Corner	12

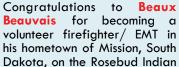
Hoots and Salutes



Agerselam Belay will be volunteering at UNMC during this fall semester.

Alicia Amedee is hired as a shift manager for McDonalds.





Reservation.

Congratulations to **Stephen** Watters on his acceptance to CU and several other law schools.





Congratulations to Blair Nelson on receiving the Reaching Your Potential Scholarship.

Congratulations to Mariana Ramirez on receiving the Reaching Your Potential Scholarship.





Congratulations to Aarjoo Bk on receiving the Reaching Your Potential Scholarship.

Congratulations to Nhu Le being accepted to UNMC and Creighton Dental Schools.



Congratulations to Ashley Hauger on being accepted to UNMC and Creighton Dental Schools.

Alumni Hoots and Salutes



Amber Bennett moved to DC and began law school American University. She is

working on her masters in Justice, Law and Society.



Monica Ibarra is currently working at One World as Community Health Education

Melissa Arkema

became an RN.

She was hired by

Boystown Internal

Congratulations to Kelsey Holmes

working at the Nebraska

Medical Center in

is now

her

and

passed

boards

Nurse.

Medicine clinic.

Care unit.

who

the Cardiac Progressive

Khlole Keeler is attending



U N Lfor graduate school and working for Native the Daughters project.



Da'Quisha Granderson is now Youth Attendance Navigator at Urban League of

Nebraska, Inc.



Ashleen Marr is attendina school St. Lukes College o f Nursing in Sioux City, IA.



Audrianna Emonds is a Pre -k teacher at **Boyd Elementary** and is applying to the masters in

International Relations at Creighton.



Carmen Chagolla is employed

OPS as a Bilingual Liaison.



Vanessa Rodriguez working for the Beneficial Health Services

Counselor.



Matt his getting Master's in Anatomy a t Creighton University.



Jaimes Juan works at Mutual of Omaha internal а auditor.



Nam Nguyen earned a job at Walgreens Hawaii.

Lan Uyen Tran is in medical school, specializing in internal medicine.

Jashuah Marshall is now Evaluation and Impact Analyst at Tribal Tech, LLC.



Dr. Elliot-Meisel a passionate professor of history.

"With lecture style teaching sometimes the mind wanders and you lose the story."



Irene Sun and Yueshi Lin enjoying the SSS Ropes Course event.

Spotlight on Dr. Elliot-Meisel by Laney Ginn

Dr. Elliot-Meisel, or as she prefers, Dr. E-M teaches in the history department here at Creighton. She has been here for twenty years and loves it, especially because the within history department, she is able to create her own courses with approval from the Chair. On the downside, she would like to see some change in the division course enrollment polices. "We are moving away from small seminars. With less than 10 [students], you have to drop teaching that class, teach a 100-level course, students have to find another class to take. It happens more now than it used to."

This is her second year participating with supplemental instruction and it is "seamless." She loves knowing that there is someone who her students can turn to. "Never get behind. Ask for help as soon as you need it. Take advantage the SSS of resources." **Before** she worked with the

supplemental instruction through SSS, she worked with SHP for four years, which is similar to supplemental instruction but offered within the history department itself. She worked with students in her classes and various students within the history department who needed extra help studying. encourages students to go to the supplemental instruction as a reinforcement of what is presented in class. "With lecture style teaching, sometimes the mind wanders and you lose the story." This can be remedied by seeking outside help.

As a faculty member, Dr. E-M is not only a teacher but also is an advisor. She mentions that teaching is a "bajillion" hours of preparation, especially for new courses. Each new syllabus takes one day to Students should prepare. know that for all the reading you do, your teacher has done more in order to prepare for the class and

create a lesson plan.

Outside of the classroom, she is a mother to three children and finds them to be the most important part of her life. It is her greatest achievement thus far in life to have raised them. In addition to hanging out with her kids, she enjoys reading for fun and not just read books with historical content.

The most exciting place she has traveled was Russia when it was the Soviet Union in the 1970s. father worked with computers and kids flew half price, so this opportunity was affordable. She has also traveled to China, Japan, Great Britain, France, Spain, West Germany, and studied abroad in Scotland her junior year of college. With the benefit of hindsight, she would chose to travel back in time to 1989 and be in Germany when the wall came down.

Her best words of advice for others are "Be kind. Put yourself in someone else's shoes."



Spotlight on Veronica Faber by Victoria Avila

Veronica Faber is an incoming freshman from Reeds Spring, Missouri. She is a psychology and pre-med major, interested in becoming an optometrist. The beautiful campus Creighton at University made Veronica instantly fall in love with the college. Veronica searching of a support system on the campus, so she decided to join Student Support Service.

Veronica enjoys the close community that the Student Support Services provides, and she benefits from the computer lab. Veronica received the Cape Fair Homemaker Scholarship, which helped her continue her education at Creighton University. Even though Veronica is an incoming freshman, she is already involved in four clubs: Swim Club, Swing Dance Society, Pep band, and Emergency Medical Services.

Veronica feels that her greatest achievement in life, so far, has been attending Creighton. One of Veronica's goals is to visit the ocean and the desert. Veronica has only been at Creighton University for a couple of months and has already had many adventures.

Veronica joined other SSS students and went on the Fall Adventure Retreat, where she hiked 12 miles and biked 30 miles. On the ride, Veronica rode with Father Flecky and other people the Fall on Adventure Retreat. Father Flecky encouraged Veronica to complete this long and difficult journey. Veronica said, "This was the most fun I ever had." Veronica's favorite professor is **Prof.** Jean Lilly from the Math Department. Veronica is an only child but has five siblings. If Veronica was to win the lottery she would spend the money helping to support her family and eliminating debt. If Veronica was given access to a time machine, she would first travel to the Renaissance because she is interested in the inventions from that time period, and then to the Big Band Era because she enjoys the music of Frank Sinatra, Nat King Cole, and Dean Martin.

If Veronica could have any super power, it would telekinesis, so that she could make things move with her mind. If Veronica's life was a movie, it would be titled "A Day in the Life of So and So" The stars of the movie would be George Lopez and Anne Hathaway. Veronica's advice for others is to "get out of their comfort zone and get sleep!"



Veronica Faber shining a bright smile as she supports Creighton at the soccer game.



"Veronica
enjoys the
close
community that the
Student Support

Student Support Services provides and she benefits from the computer lab."

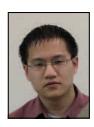
Congratulations to our December Graduates

Crystal Huynhcao is graduating from with a B.S. in Sociology and Criminal Justice with Legal Studies minor. Crystal will be study for the GRE and apply for Werner Institute at Creighton for Fall. 2013.



Crystal Huynhacao

Paul Tran is graduating from Creighton University with a B.A. in Theology. Once he graduates, he will continue to work at Walgreens.



Paul Tran

Deanna Sanchez is graduating from Creighton University with a B.A. in Spanish. She will be applying for Law School in the Fall of 2013.



Deanna Sanchez



Quamesha Hayes and Samantha Broderick enjoying the last Bucko Pot Luck of the semester.



Adrian cheerfully flashes a smile as he is out with his friends.

"If you can't hit 'em with the first one, take another swing" -Adrian Vega

Spotlight On Adrian Vega by Viet Do

Adrian Jr. Vega was born in Houston, TX, and applied to Creighton University in hope of becoming a criminal defense lawyer. He is currently an international relations major and business minor. He chose Creighton University because of his friends referral and how beneficial the financial aid package was to help pay for the tuition.

Adrian is also a member of Student Support Services. He said Student Support Services was a aood program because it allows him to have extra financial, academic, and social support. He mentions that the staff is really friendly and helpful when it came to any assistance he needs. Through this program, he was awarded the SSS Seed which is a scholarship to help him pay for his college tuition.

While attending Creighton,



he said his biggest accomplishment was achieving a 96% above a ninety on a test in Dr. Chapman's Legal Environment of Business class.

His favorite professor is Professor Philip Meeks because he is very passionate about the subject he teaches and always speaks his mind.

Currently at Creighton, Adrian was able to be Billy the Blue Jay for two days for a baseball game and fundraiser. In his free time, he likes to play soccer and he was the captain of two intermural soccer teams. When Christmas time rolls around, girl friend, her parents, and he volunteer at the homeless shelter handing out gifts.

Adrian is very resilient. When it comes to tough situations, he can smile and see the positive aspect of every situation. If he were to hit the lottery, he would help his family with financial assistance and retire on an island where he can relax. If his life were a movie, it was be called "Crack Up," and the actor that would play him would be Dave Chappelle. The movie would be about how to smile and laugh a t life. His best advice to others is "If you can't him 'em with the first one, take another swing."

SSS students with gold medalist and motivational speaker Billy Mills



Spotlight on Mamata Sapkota by Chevis Fletcher

Mamata Sapkota freshman Creighton, Class of 2016. She is studying Health Administration and Policy with a minor in business. Mamata was born in Chitwan, Nepal, and moved to America when she was 12 years old. Mamata selected Creighton because of its great business and health programs, inspired by her sister who also attends Creighton University. Her favorite part of the SSS program is the diversity in the program, and that the students make her feel welcome. The benefits she has gained so far from the program are the free printing and help from the math tutor, Dr. Pat Al-Greene.

Mamata Sapkota's high s c h o o l a c a d e m i c accomplishments included secretary of her graduating class and membership in the National Honor Society. This year she received the Diversity Scholarship and the Partnership For All Our Kids Scholarship. She also participated in Markoe. Leadership. She considers her greatest achievements so far are getting accepted into colleges and receiving scholarships.



One goal Mamata wishes to complete is to travel around the world, especially Europe. Her dream job is to own a hospital. The most interesting event at Creighton is losing her ID numerous times. Her favorite Creighton professor is Dr. Hause because he is funny and keeps class interesting. Her Nepali culture is something that is extraordinary about her family

Outside of school, Mamata volunteers at her high school and often goes back to visit her teachers just to talk.

The most fun Mamata has ever had was going to Scary Acres this September with her friends. Her most embarrassing experience was tripping on the stairs at her high school.

If she won the lottery, she would help the poor and use some of the money to go shopping for clothes. If she could go back in time, she would go back to the time of World War II because she read history books and thought the 40s was an interesting time. If Mamata could have any super power, it would be the ability to read minds because she would always know when someone is lying to her. In a movie about her life, she would play herself.

Mamata's advice for others is "Work Hard, Play Hard."



Mamata showing off her pearly whites in her high school senior pictures.

"Her favorite part of the SSS program is the diversity in the program, and that the students make her feel welcome."



Emina Becirovic, Hanna Nguyen, Nhu Le, Ashley Hauger, Victoria Tran, Irene Sun, and Justin Sears enjoying the Bucko Pot Luck.



Bianca is a pro studier

"I know it may be hard, but turn off the cell phone and stay off Facebook while studying" -Bianca Baker

Tips for Studying by Bianca Baker

Having a rough time studying for all those exams? Follow these study tips, and I guarantee you will have an easier and stress-free time while studying.

Find a quiet place to study. You don't want to be interrupted while studying, so study in a quiet place like the library.

Limit distraction. I know it may be hard, but turn off the cell phone and stay off Facebook while studying.

Have a set time to study.This will prevent



procrastination. By having a specific study

time each day, you will be mentally prepared for all your tasks.

Start with the hardest subject first. Students typically have higher energy at the start of their study session, so by starting with difficult work you will be more eager to complete that work.

Give yourself a study break. Don't feel like you have to do all your studying in one sitting. Try different study strategies. Everyone learns differently, so test out a few different ways to study and see what works best for you. Once you find an effective way, STICK WITH IT!

Stay organized.

Organization is the key to success. By being organized while studying, you will turn in assignments by their due dates, be ready for tests, and be less stressed.

Study your class notes after the school day. By doing this, you will improve your memory, as well as your self confidence.

Giving Back by Victoria Banks

The holiday season is upon us once again, and for those of us facing Christmas break for the first time, a month off seems like a paradise untainted. One thing to consider going into the break, however, is how many less fortunate spend

their time over the holidays. This time of year is often much more challenging to struggling families and the homeless and giving back in the form of volunteering is a way to make a positive impact.

Many shelters need essential items or just a helping hand to accommodate the growing amount of need. Be sure to enjoy the holiday season and make it greater than just rest from school by stepping out of your comfort zone and volunteering!



Daniel Rodriguez, Alexis Gonzalez and Veronica Faber participating in Bello Orgullo.

Bello Orgullo by Victoria Avila

the beginning November, group students and I decided to make impressive statement at Creighton. November 1st is known as El Dia de Los Muertos, The Day of the Dead, among the Latino cultures, Instead of trying to avoid ghost and spirits, like at Halloween, we remember and cherish the

moments that we had with our loved ones who have passed. Many people visit their loved ones at the cemetery with flowers, music, and their loved ones

favorite foods in order

to be able to welcome their loved ones as they travel back to the earth.

year several SSS students and I took part in a campaign to raise for awareness underrepresented students at Creighton University and emphasize the presence of minorities and other underrepresente d populations at Creighton. We did this by painting our faces and walking around campus on Friday, November 2, in the hope of making a bold statement of

awareness.

Thanks to the brilliant idea of Laura Magaña this was successful. Laura presented to the SSS Ddrector, Tmai Buffalohead-McGill, a proposal to create a marketing campaign with the objective "To raise awareness of all students who are underrepresented



Victoria Avila painting her face with other students.

on the Creighton University campus including low-income, working students, first generation students, racial or ethnic minorities, and students with physical disabilities."

Laura came up with this idea because she wanted "underrepresented students to know they are not alone and make others on campus aware that we are striving for a higher education while going through struggles that not everyone goes through." Furthermore, she wanted "to empower underrepresented

with a sense of pride so they can embrace their college experience as something positive."

Laura's anticipated benefits were that "students will feel a stronger sense of community on campus and will run into others with very similar struggles" and "The

Creighton community will be aware that there are all types of people who attend Creighton."

Professors and

students were shocked and amazed as I a walked into my classes. I was asked to explain why my face was painted in the middle of French class and received many compliments and questions through-out the day. Having the opportunity to represent my culture but also show that I am proud of it made me feel extremely proud that I am Latina. I wanted to show the community at Creighton that there is diversity here and that they should not be overlooked because we can make a difference in the dynamic at school.



Victoria Avila with her face

"I really wanted to show the community at Creighton that there is diversity here and that they should not be overlooked because we can make a difference in the dynamic at school. " -Victoria Avila



Antwonette Hobbs



Lucia Rodriguez



Bianca smiling for a photo in her cute white dress during the summer of 2012.

"You can sleep when you are dead. You only live once, so live it up now." -Bianca Baker



Monica Ibarra graduating!

Spotlight on Bianca Baker by Victoria Avila

Bianca Baker is an incoming freshman from Phoenix, Arizona. She is psychology/pre-med major and hoping to minor in dance. Creighton provides a very friendly and welcoming environment which made Bianca's decision to attend Creighton much easier. Bianca was in search of a support system at Creighton and stumbled upon Student Support Services, hence the reason she is now a part of this program. At SSS, Bianca feels that everyone has faith in her and is giving her the support that she needs to be able to succeed in college. Even though she is just an incoming freshman, she is already involved in Biology Club, Jays for Christ, and National Pre-Med Society. She is also involved in Alpha Phi Omega, the co-ed Greek service fraternity on campus. School has only been in session for a month,

but Bianca is getting to know herself and realizing there is a lot of things she really enjoys. At this point in her life, she feels that the biggest accomplishment she has had is coming to college, especially being so far away from home. She took a brave step by coming to Creighton. One of Bianca's goals in life is to attend medical school, possibly at Creighton University. After all her education, her dream job is to become a pediatrician. Sometimes psychology can be very boring and not a subject that everyone enjoys but Bianca's favorite professor at Creighton, Dr. Klanaky, makes psychology very interesting and a class she looks forward to attending. Outside of school, Bianca enjoys dancing and is involved in photography.

Winning the lottery would be the greatest thing to happen to anyone, and Bianca would unselfishly give it all to her parents since they have already done so much for her.

If she had the chance to go anywhere in time, she would love to go to Woodstock because she just enjoys everything about that time period. Superheroes have tons of abilities but the one that sticks out to Bianca is reading people's mind because she is always curios about what people are actually thinking about what is going on.

"The Climb" would be the title to Bianca's movie because it would showcase how she is getting to her destination of becoming a pediatrician. The person that would play her character would be Miley Cyrus.



Students getting to know each other through the SSS Orientation Workshop ice-breaker.

Spotlight on Dr. Michel Mallenby by Chevis Fletcher

Dr. Michel Mallenby is a sweet and energetic woman who teaches in the Math Department at Creighton University. However, she didn't always teach college math. Her career as a teacher began at Palmyra Bennet High School where she taught for five years after obtaining her B.A. from UN Lincoln. She triplemajored in English, physics, and math, as well as minored in chemistry. After graduating, she taught math and science at Bennet (physics, chemistry, 2nd year algebra, and pre-calculus) before earning a masters in math and accounting at Northern Arizona University and a Ph.D. from UN Lincoln in business. Then her career at Creighton began.

At Creighton, Dr. Mallenby taught her first three years in COBA before she moved to the Math Department.



Shortly after she began teaching math, she married Douglas Mallenby, who also teaches Creighton and is the reason she chose to teach

Creighton. They met while she was working on her Master's degrees in math and accounting. Mr. and Mrs. Mallenby have four daughters, so Dr. Mallenby switched from teaching fulltime to three-quarter time in the Math Department. She has been teaching in the math department for twenty -six years now and says she like teaching math better than science and business because math does not change as fast and is more

flexible. Her mentor during her first few years at Creighton was Fr. Ports.

Dr. Mallenby is also a licensed dance instructor and moderator for the Swing Dance Club. She teaches the Cha-Cha, the Samba, and the Fox-trot.

Dr. Mallenby has enjoyed her time at Creighton. Often students can catch her attending soccer games at Morrison Field; she says she recalls attending Creighton's soccer games when they were at Tranquility Park. Both her husband and she enjoy watching soccer with daughters, their youngest is 23 and the oldest is 36. She has also been to games with her grandsons a n d granddaughters.



Dr. Michel Mallenby, a much-loved professor of mathematics at Creighton

Twenty-six years later, and she still loves it!



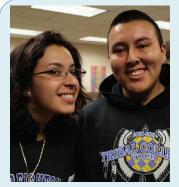
Franchesca Nunez, Jasmine Thomas, and Whitney Mehsling at the 2012 SSS Orientation



Dr. Mallenby enjoying the scenery in France.



Stephen J. Waters presented at a four day workshop held at the United Nations Dispute Tribunal in Nairobi.



Laura Magana and Bryan Bennett.

The Maintenance of Administrative Justice: Between Lights and Shadows by Stephen J. Waters

Tribunal (UNDT) is the first instance court of the new two-tier formal system of administrative justice of the United Nations. Replacing the former peer reviewed system that consisted of a Joint Appeals Board, Joint Disciplinary Committees and United Nations Administrative Tribunal; the UNDT became operational 1 July 2009. For logistical reasons, the Dispute Tribunal three separate Registries located in Geneva, Nairobi, and New York. Further, taking geographical proximity and other relevant materials into consideration. cases are

assigned to particular registries in accordance with Article 6 of the UNDT's Rules of Procedure. Remembering that there was once a former system and that the foregoing information details the structure and functions of the current system, a question remains. Why the need for a new system?

In its resolution 63/253 (2008), the United Nations General Assembly declared its desire to establish a transparent, adequately resourced and decentralized system of administration justice consistent with the

relevant rules international law and the principles of the rule of law and due process to ensure respect for the rights and obligations of staff members and the accountability of the managers and staff members alike. Therefore, it can be argued that the impetus within the UN to create such a mechanism s t e m m e d from the inconsistencies a n d irregularities in the prior UN administrative justice system, regarding t h e a for ementioned characteristics and principles. With the fouryear anniversary of the UN

SSS students getting ready for the Ropes Course

Cont. Page 11



The Maintenance of Administrative Justice, continued

Dispute and Appeals Tribunals quickly approaching, the UNDT Nairobi recently conducted an assessment of the UNDT and UNAT's commitment to the aims of Resolution 63/253 in the form of a four-day workshop titled: "Between Lights and Shadows—Internal Justice Mechanisms in International Organizations" (November 19-22, 2012).

Panelists present at the workshop included, but were not limited to, Judge Boolell, President of the UNDT; Nkemdilim Izuako, Judge of Dispute Tribunal, Nairobi; Jean-Pelé Fomété, Registrar, UNDT Nairobi; Steven Dietrich, Lead Administrative Justice Counsel for the United Nations Secretary General; Laurie Mcnabb, Registrar, UNRWA; Nicholas Theotocatos, Regional Ombudsman, Office of the Ombudsman Mediation Services, Nairobi; Albertine Lipou-Massala, Executive Secretary, Administrative Tribunal of the African Development Bank; Ousman Jammeh, Senior Counsel, Administrative Tribunal of the African Development Bank; and Professor Roland Adjovi, Academic Director, the College of Global Studies, Arcadia University.

The topics covered in the four-day workshop consisted of: rule of law; interactions between formal informal approaches to administrative justice; challenges of staff representation; accomplishments of the UN Appeals Tribunal; concluded with a comparative study of general principles in criminal law and disciplinary proceedings. Each of the foresaid topics is an integral component of administrative justice, and as such, they provided a sound framework for the panelist to engage in discussion.

As previously stated, the United Nations purpose in creating the new administrative justice system was to improve upon the former system. In this context, the workshop held

implications. First, it is a very timely and pragmatic assessment of the current status of the newly established system. Second, it is the first collaborative attempt initiated by any of the three registries of the UNDT designed to address shortcomings within the system. Last and possibly most important, it brought together various stakeholders and external international organizations to the table to share in the discussion about their internal administrative justice systems, and collaborate on how each institution could benefit from the others strong points. The true benefits of the workshop will materialize later stakeholders begin to act on the suggestions proffered. Between Lights and Shadows (Nairobi) was the first workshop of its however, if the UN is committed to the rhetoric of UNGA Resolution 63/253, it will be the first of many to come.

in Nairobi has significant



Waters at the United Nations
Dispute Tribunal in Nairobi.

"The United Nations purpose in creating the new administrative justice system was to improve upon the former system."



Jessica Swisher and Lela Coleman at the last Bucko pot luck of the semester.

Organization

Student Support Services

Creighton University 2500 California Plaza Mike and Josie Harper Center Suite 4008 Omaha, Nebraska 68178

Phone: 402-280-2749 Fax: 402-280-5579

E-mail: tamib@creighton.edu

"Education is a companion which no future can depress, no crime can destroy, no enemy can alienate it and no nepotism can enslave." Ropo Oguntimehin

WE'RE ON THE WEB
WWW2.CREIGHTON.EDU/SSS

SSS is one of the five federally funded TRIO programs at Creighton University under the Department of Educational Opportunity Programs.

SSS is grant funded through the Department of Education to provide comprehensive services to help students achieve a successful college experience by increasing academic performance, retention, and graduation rates.

SSS also works to foster an institutional climate supportive of the success of economically disadvantaged students, first generation students, and students with disabilities.

The strength of the SSS program is providing comprehensive support to eligible students at Creighton University who have the ability and desire to succeed at Creighton University but would benefit from additional advocacy, academic, personal, financial, and career support. SSS is a resource that provides personalized and comprehensive support services for eligible participants to help them achieve their full potential.

SSS Team-work at the Ropes Course



Counselor's Corner with Karen . . .

Thank you to everyone for getting appointments and workshops completed.

Everyone, please stop by Sandy's desk and sign in in the notebook.

In January, before coming back to school, please have W-2's and 1040 forms ready to copy for the Financial Aid Office. Complete the FAFSA in January or in February. I can assist you with the completion of the FAFSA.

While you are at home, look over your schedule. You have until January 22nd to change your schedule. If you have a good schedule, please do not change it. If you need more classes, please look at NEST each week and see if you can add a class.

After grades are submitted, I will be looking at grades. Early January, I will try to email you about grades and if spring classes need to be changed. Remember to do orientation meetings with me when you get back in January.

Good luck on papers and finals. Have wonderful holidays. Be safe and careful in your travels. We will be working over winter break, so contact us if you have questions.



Harper Room 4017 Phone: 402-280-3007