



# NOVEMBER 2009

**KFC Hours\*\***

Monday—Thursday 6am—11pm  
 Friday 6am—9pm  
 Saturday & Sunday 10am—9pm

**FitNest @ Harper Hours\*\***

Monday —Thursday 11am—11pm  
 Friday 11am—8pm  
 Saturday & Sunday 1pm—5pm

**KFC Office: 280-2848**

Rm. 211 - Kiewit Fitness Center  
 Hours: 8:00 am to 5:00 pm  
 Monday through Friday

**FitNest : 280-3575**

Harper Room 1107

Return feedback to the  
 Department of Campus

Recreation. Office: Room 211  
 KFC. M-F 8:00 am to 5:00 pm.

Kiewit Fitness Center  
 2500 California Plaza  
 Omaha, NE 68178

Phone: 402-280-2848

Fax: 402-280-1123

Email: [rdenney@creighton.edu](mailto:rdenney@creighton.edu)

Webpage: [www.creighton.edu/CampusRecreation/](http://www.creighton.edu/CampusRecreation/)

CampusRecreation/

| SUN  | MON   | TUE   | WED  | THU   | FRI   | SAT  |
|--|---|---|--|---|---|--|
| 1<br>Daylight Savings Time<br>Ends Set Clocks Back<br>One Hour | 2   | 3   | 4  | 5   | 6<br>Fallapalooza Set Up<br>KFC: 6 am to 1 pm<br>FitNest: 11 am to 9 pm | 7<br>Fallapalooza<br>KFC Closed<br>FitNest: 10 am to 8 pm                        |
| 8<br>KFC & Harper Open<br>Regular Semester<br>Hours            | 9   | 10  | 11   | 12  | 13<br>The Schlegel Bowl<br>8:00 pm                                      | 14   |
| 15   | 16  | 17  | 18   | 19  | 20<br>EMT Competition<br>Set Up: 8 pm                                   | 21<br>EMT Competition<br>Begins 9 am<br>Ends 6 pm<br>Cts. A, B & Track<br>Closed |
| 22   | 23  | 24<br>KFC Closing @ 8 pm<br>FitNest Closing @<br>@ 8 pm | 25<br>KFC Closing @ 5 pm<br>FitNest Closing @<br>1:30 pm | 26<br>Thanksgiving<br>KFC & FitNest<br>Closed | 27<br>KFC Open<br>12 N to 6 pm<br>FitNest Closed                        | 28<br>KFC Open<br>10 am to 6 pm<br>FitNest Closed                                |
| 29<br>KFC Open<br>10 am to 9 pm<br>FitNest Closed              | 30<br>Resume Regular Fall<br>Semester Hours |   |  |   |   |  |

**Group Facilities Reservations:**

Request taken in KFC office or web page

**Court Reservations:**

Available at least 1 day & up to 7 days in advance. Call: 280-2848 M-F 8:00 am to 4:30 pm to make reservations Courts may only be reserved for 1 hour

**KFC and FitNest Memberships:**

See web page for information (Creighton.edu/campusrecreation) or call 280-2848; Monday - Friday 8:00 am to 5:00 pm.

**Group Fitness Memberships:**

\$25 per semester  
 \$10 summer  
 \$50 annual

**Guest Pass KFC & FitNest:**

Available to Faculty/Staff/Alumni (19 yrs or older) Daily \$8; 6 punch \$40; 15 punch \$75

**Personal Training:**

Single \$25 per hour

**Intramural Sports:**

See webpage for schedules and more information.