What is getting involved?
• Getting involved is more than having activities to put on a resume
• It helps explore passions and potential career options
• It encourages time management, balance, and organization
• Community is built and it provides a plethora of opportunities
• Those involved will find similarities between themselves and others, as means of gaining support

So what does getting involved mean?
• Get involved means gaining experiences and finding passions
• It means meeting new people and creating connections
• Learning and growth comes with getting involved in community activities
  • Learning to prioritize and growing from diverse activities is an aspect of getting involved
• Long term commitments and the importance of following through
• Provides active learning outside of the classroom and develops skills
• Learn strengths and weaknesses through involvements

Now how do you implement getting involved?
• Find opportunities on campus or in your community
• Choose opportunities that interest you.
• Find a balance between academics, work, extra-curricular activities, and other responsibilities in life
• Keep an open mind when trying to get involved as you may discover a passion or develop further self-awareness
• Join groups or hold positions within an organization to gain experience and to be an active participant in your community

What should be avoided when getting involved?
• Don’t be afraid to try something new
• Avoid saying yes to too many tasks or opportunities
• Avoid being narrow-minded
• Don’t take on more than you can handle
• Don’t place involvements above other important priorities