

UC SUCCESS



Doboal Kueth earned his Bachelor of Arts degree from Creighton in May of 2012. His major was Political Science, legal studies track. He moved to the United States in the early 1990s from Ethiopia as a 14-year-old. Nuer is his first language. He served in the U.S. Army for 12 years, and attended Creighton as a full-time student using Yellow Ribbon benefits.

Doboal indicated that he chose Creighton because of its small class size, which allowed for easy interaction with instructors. He spoke very highly about the faculty, highlighting their accessibility, even when a 2:00 a.m. email was sent to them! He emphasized their willingness to help him overcome obstacles in the pursuit of reaching his goals. Because English was Doboal's second language, he utilized both the Writing Center and Resource librarians, and felt that both were invaluable to his success.

Doboal is married and has a 19-month-old son. Like all UC students, Doboal had to develop a system to successfully balance his academic and personal life. His advice is to set up a rigorous time management schedule and hold fast to it, one in which time is devoted to school and family life.

He is currently studying for the Law School Admission Test (LSAT) with hopes of entry into Law School. Good luck, Doboal!

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UNIVERSITY COLLEGE

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UC IT BEST!

CREIGHTON UNIVERSITY † UNIVERSITY COLLEGE

Welcome to the first University College newsletter! UC It Best! will be a mechanism for University College to showcase our spectacular students, support systems, and much more information pertinent to the adult student. We would love your input. Suggestions for future issues can be emailed to LaurieGaleski@creighton.edu. Our goal is to insure that you, as a non-traditional student, always feel that you are an integral part of the Creighton community.

VOLUME 1 ISSUE 1

FEBRUARY 2013

Alpha Sigma Nu

The Jesuit Honorary Society, Alpha Sigma Nu, was founded at Creighton in 1921 on the values of scholarship, leadership and service. Alpha Sigma Nu held its 2013 induction ceremony and luncheon on February 2nd in the Harper Center. Five University College students were inducted into this highly esteemed order. Congratulations to Charles Costello, James (Dan) Frazee, Ian Kozlowski, Henry (Hank) Schermer and Stephen Waters. You are an inspiration to all! Visit [asn](http://asn.creighton.edu) at: www.creighton.edu/asn/ to learn more.

Pre-Health Majors

Are you interested in preparing for a career in a health-related field? You should know that there are fifteen pre-health advisors available to discuss your particular goals and plans. These designated Creighton professors hail from a variety of disciplines. To learn more, visit www.creighton.edu/health/pre-health. In addition to your UC advisor, it is important that you seek input from one of the pre-health advisors. Admission into professional programs is competitive; therefore, the mapping out of a second career path will allow you to be better prepared.

Pre-Law Majors

A new program, the Pre-law Education Series (PLAW) was recently launched by Creighton EDGE. All undergraduate students who are planning to apply to Law School after obtaining their degree are encouraged to become involved. The group will meet monthly (February 26, March 19, and April 23) to discuss topics facing the legal profession and to explore opportunities for students interested in pursuing a career in law. Contact Jeff Zeld, Associate Director of EDGE, at 402.280.4113 or at jeffzelda@creighton.edu for more information.

It is in fact a part of the function of education to help us escape, not from our own time— for we are bound by that—but from the intellectual and emotional limitation of our time.

— T. S. Eliot

UC MESSAGE FROM THE DEAN

Adult learners are an important and valued aspect of our university community here at Creighton. You bring the richness of your life experience and wisdom into the learning environment. Your commitment to learning is evident as you continually make connections between what you are learning to "what matters" in both life and work. We are proud to have you here in our University College at Creighton.



UC IT HERE

Summer and Fall 2013 Registration

Enrollment for the summer and fall semesters will begin in April according to the dates given below. The schedules of available courses for each term will be viewable on The Nest by March 13, with your PIN notification arriving shortly after. It is recommended that you contact your advisor with questions regarding course selection. Your time for self-registration through The NEST will be assigned according to the following schedule:

- Seniors April 9 and 10
- Juniors April 11 and 12
- Sophomores April 15, 16, and 17
- Freshmen/Special April 18 and 19
- Open enrollment April 20

MMR Immunizations

Have you reported your immunization records? If not, a hold could be placed on your account and your summer/fall registration may be hindered. You can self report your two MMR immunizations on The NEST. Do yourself a favor. Sign in today and report.

Student Tax Form 1098-T

Form 1098-T is now available for the 2012 tax year. This is important information that has been reported to the IRS. Sign in to The NEST to view and print your report for use in preparing your tax return.

Financial Literacy

Dean Obenauer, Creighton's Assistant Director of Financial Aid for Financial Literacy, is an excellent resource for money management advice—something valuable for all of us. Dean's email address is DeanObenauer@creighton.edu. His website, with lots of financial tips, is www.creighton.edu/finaid. Email him today to schedule an appointment.



UC SPOTLIGHT ON DR. ELIZABETH COOKE

Dr. Cooke has been teaching at Creighton since 2001. This semester, Dr. Cooke teaches PHL 250 and PHL 320 in our eight-week accelerated class format and PHL 107, in a 16-week evening format. She is a very popular instructor among UC students. Once a student has had one class with her, they want another. Dr. Cooke is married and the proud

mother of a 2 ½-year-old son and 6-month-old daughter. She understands the balancing act that must occur between her various roles.

Q: What do you enjoy most about teaching non-traditional students?

A: I love it. They bring lots of life experiences to the classroom and are not afraid to say what they think, which is important, especially in the study of philosophy. They take learning seriously, and they don't cut corners. I feel I learn a lot from them.

Q: What advice can you give to adult students to help them maximize their success?

A: Trust in your abilities. You are all capable of flourishing. Don't be afraid to ask questions of your professors and others. We are here for you.

Q: Do you have any strategies you have learned along the way which have aided you in juggling career and family?

A: I'm still learning on this one. I've learned, for example, to break up bigger projects, and to work in smaller slices of time, while trying to stay organized at home, and on top of deadlines, as best I can.

UC OLD BUSINESS

National Non-traditional Student Week 2012

University College celebrated the non-traditional student with small tokens of appreciation to students who stopped by the office the week of November 5th. The week's festivities wrapped up with a NIGHT OUT ON UC on Friday evening when all UC students were encouraged to bring their partner, best friend, or entire family to an evening of sports, celebration and socializing. Billy Blue's Alumni Grill in the Harper Center hosted the event serving pizza and fun. Later in the evening, a Creighton shuttle was provided to transport partygoers to the CenturyLink Center to cheer on the Jay's in a men's basketball game against North Texas. Plan to come to next year's non-traditional student celebration in November.



UC NEW BUSINESS

Our next social gathering will be held in Billy Blues on **Friday, March 8 from 4:00-6:00 pm**. Please join us in this opportunity to network with fellow UC students as well as Creighton staff and administrators. Previous events have given students an opportunity to relax while enjoying the company of others.

UR IN GOOD COMPANY

St. Ignatius of Loyola, founder of the Jesuit order, was a non-traditional student. At the age of 33, he studied Latin grammar and other basics for two years with classmates who were 8 - 14-years-old. Can you relate?

Recipe for the busy adult: Crockpot Lasagna

1 lb. ground beef	1 - 16 oz. jar Alfredo sauce
1 - 28 oz. jar spaghetti sauce	1 - 12 oz. pkg. shredded mozzarella cheese
1 - 8 oz. can tomato sauce	1/4 cup Parmesan cheese
9 lasagna noodles	
Brown ground beef. Spray crock pot with non-stick spray. Combine spaghetti sauce and tomato sauce. Spread 3/4 c. sauce in bottom of crock pot. Stir remaining spaghetti sauce into ground beef. Put 4-5 uncooked noodles in crock pot, breaking as necessary. Spread 1/3 jar of Alfredo sauce on top of noodles. Sprinkle with 1 c. mozzarella cheese and 1/2 of meat mixture.	
Repeat layers. Spread remaining 1/3 jar Alfredo over top and sprinkle with Parmesan.	
Cook on low for 3 1/2 hours. Enjoy!	