AD ASTRA & ARETE
Check List of Suggested Items to Bring

☐ Cool, casual attire – clothing appropriate for representatives of Creighton University

☐ Lightweight jacket or sweatshirt

☐ Hangers

☐ Comfortable shoes and socks (Some activities may not be appropriate for sandals.)

☐ Towel and swimsuit

☐ Two sheets, pillow, pillowcase and blankets for single size bed or a sleeping bag

☐ Grooming supplies: Bath/ hand towels, washcloths, soap, shampoo, toothpaste, sunscreen

☐ Sunglasses or visor

☐ Over-the-counter medicine for upset stomachs, headaches, allergies, etc.

☐ Alarm clock

☐ Spending money for extra snacks and souvenirs. Quarters and dollar bills are needed for vending machines. There is no change machine in the residence hall. A roll of quarters is ideal!

☐ Camera for personal pictures (optional)

**DO NOT bring expensive equipment, jewelry, radios, CD players, or IPODs**

**Notebooks and pencils for classes will be provided.**

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AD ASTRA/ARETE STAFF WILL NOT PROVIDE NOR DISPENSE ANY OVER-THE-COUNTER MEDICATIONS.

Creighton University is not responsible for stolen or lost items.