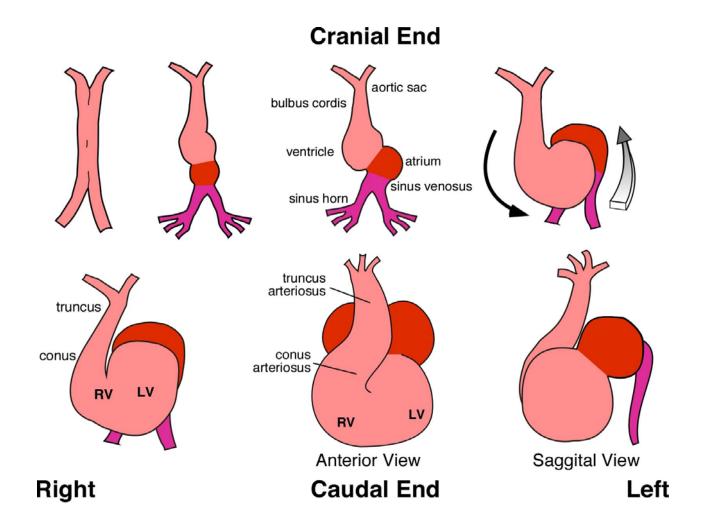
## **Atrial Septal Defects**

Melanie Norton

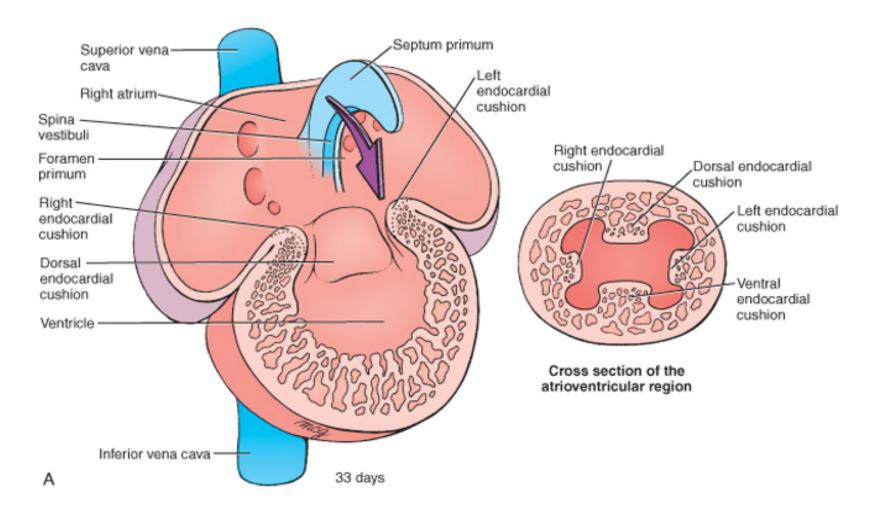
#### **ASD** Fun Facts

- Accounts for 5-10% of congenital heart defects (6-8:1000 live births)
- Symptoms not often seen in infancy or early childhood
- Often not correctly identified until later in life

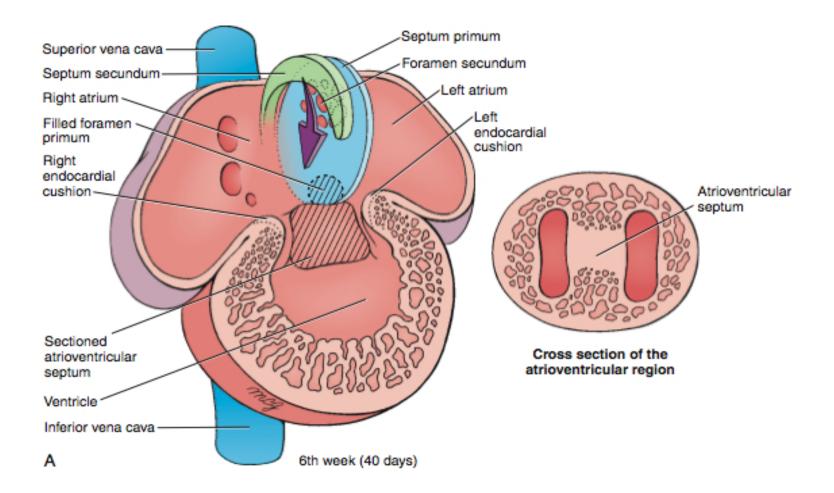
# **Cardiac Looping**



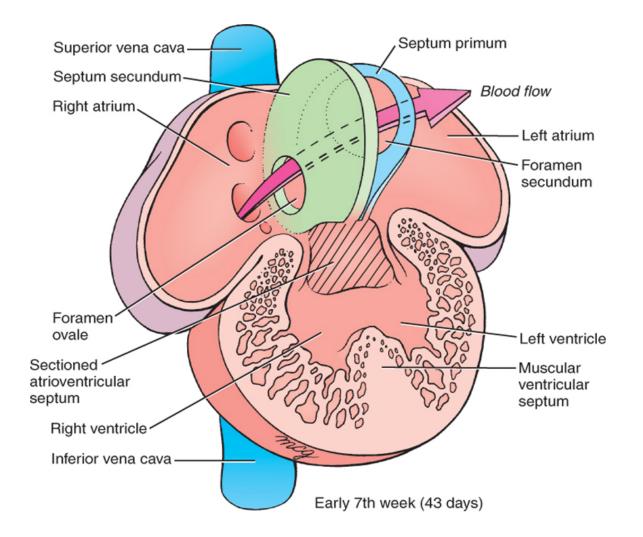
## **Atrial Septation**



# **Atrial Septation**



## **Atrial Septation**



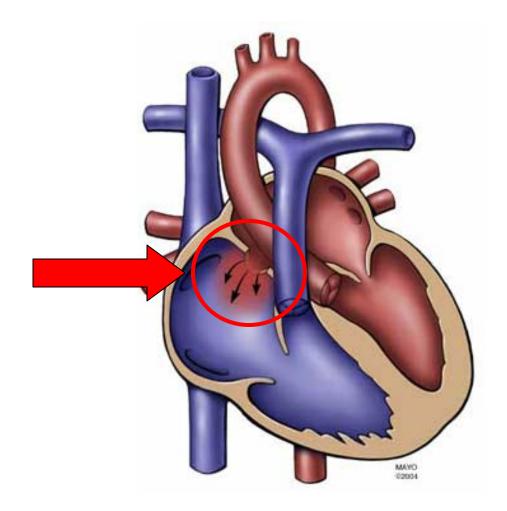
#### Three Common Types of ASD

#### Ostium Secundum Atrial Septal Defect

#### **Ostium Primum Atrial Septal Defect**

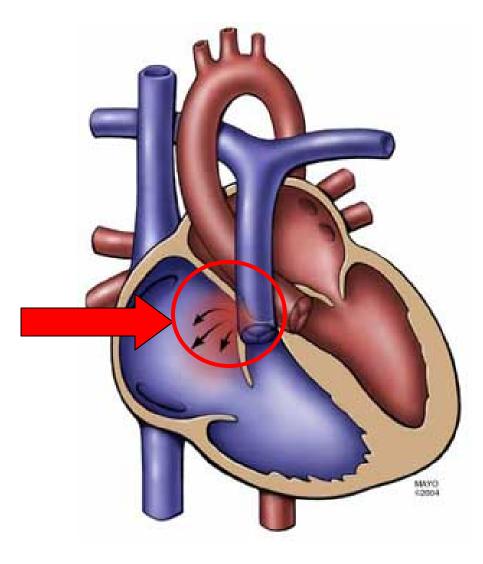
Sinus Venosus Atrial Septal Defect

## Ostium Secundum Atrial Septal Defect



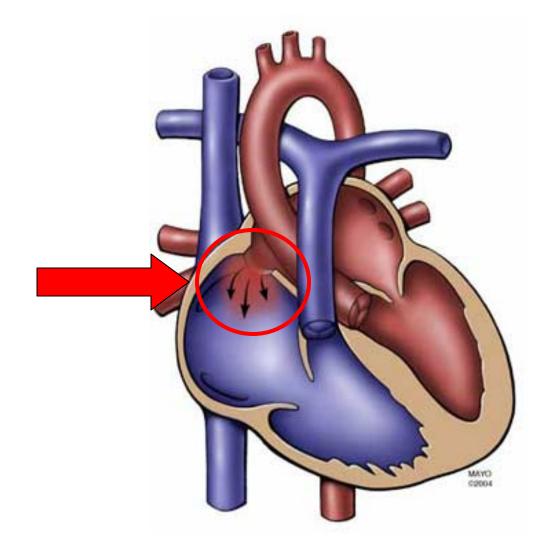


## Ostium Primum Atrial Septal Defect





## Sinus Venosus Atrial Septal Defect







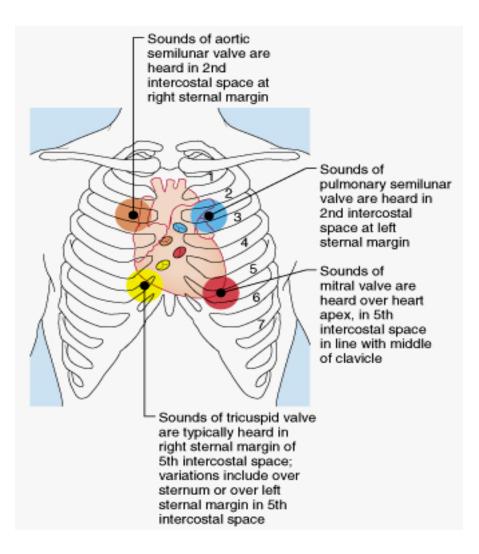
### **Case Study**

- 6 year old girl
- Cardiac murmur detected at 4 years of age
- Growth and development slightly retarded
- Some limitation of exercise tolerance
- No cyanosis or clubbing
- Increase in the number
  - of respiratory infections
  - between the ages of 4 and 6 years

#### **Physical Examination**

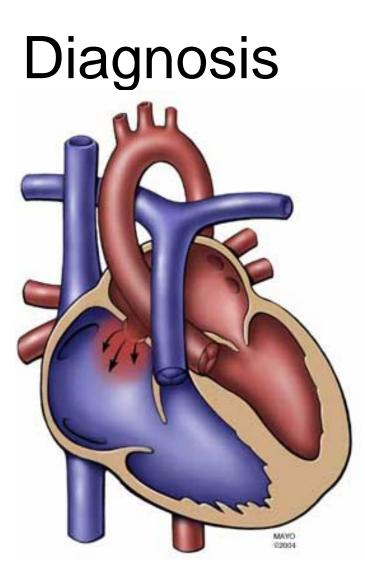
- Slight asymmetry of the thorax
  Prominence of the precordium
  Heart not markedly enlarged
  No palpable thrills
  Systolic murmur audible along left sternal border
  - Max. intensity heard in the 2<sup>nd</sup> left intercostal space

#### Sounds of the Heart



#### **Physical Examination**

- Electrocardiogram showed right axis deviation and incomplete right bundle branch block
- Cardiac catheterization verified the diagnosis
  - Information about size and location of defect
- Fluroscopic exam
  - dilation of right heart and pulmonary arteries
  - Pulsation of pulmonary artery branches
  - Increased vascularity of the lung fields



Atrial septal defect – ostium secundum type

### **Causes of Atrial Septal Defects**

#### o Unclear

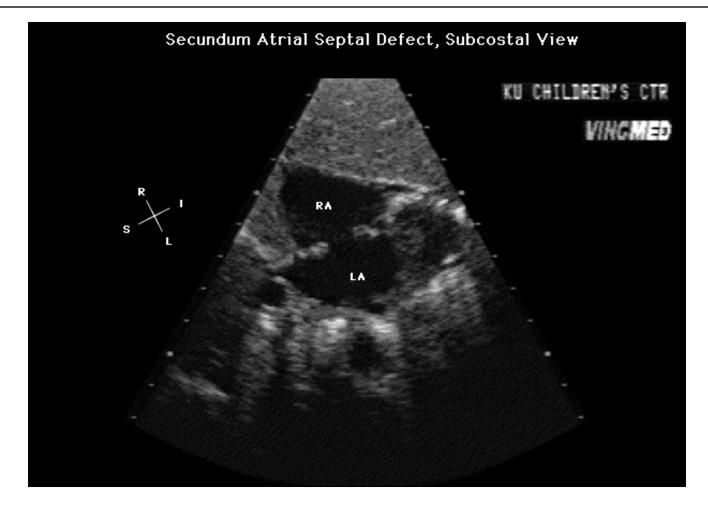
- Chance 2:1 prevalence in female vs. male
- Rubella (German measles)
- Diabetes
- Medications
  - Isotretinoin (accutane)
  - Lithium (eskalith) Alcohol
- Heredity
  - Appear to run in families
  - 1/3 children with Trisomy 21 also have a heart defect

## Symptoms

o Fatigue

- Sweating
- Rapid or difficulty breathing
- Shortness of breath
- Tiring easily when playing
- Poor growth
- Frequent respiratory infections
- \*Often resemble other conditions or medical problems

#### Diagnostic Tests - Echocardiogram



#### Other Diagnostic Tests –

Chest X-Ray
Electrocardiogram (ECG)
Cardiac Catheterization
MRI

#### Other Problems Associated with ASD

- Right atrial and ventricular enlargement
- Tricuspid regurgitation
- Pulmonary hypertension
- Rhythm disturbances
- o Stroke

#### Treatment

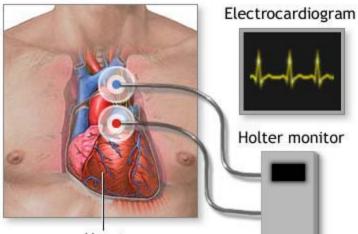
- Recommended that the ASD is treated during childhood
- Treatment of ASD depends on severity of the defect on the heart
- Four treatment options
  - Observation and Monitoring
    - Holter Monitor
  - Medical Management
  - Surgery
  - Non-surgical closure (new)

# Holter Monitor





Images from http://www.centipedia.com/articles/Holter monitor, http://www.nlm.nih.gov/medlineplus/ency/imagepages/8810.htm, & http://www.thirtyfour.com/colin/photos3.html



Heart

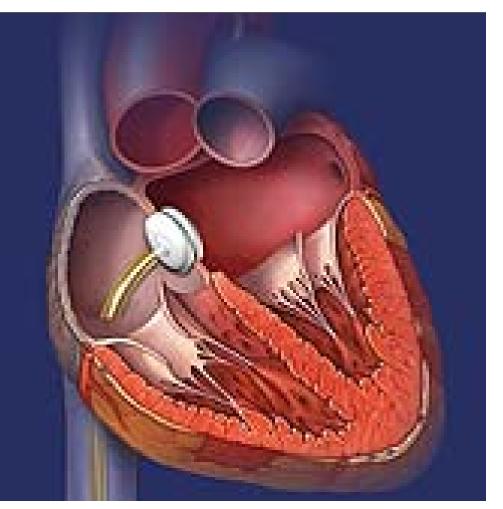
Holter monitor

\*ADAM

#### Non-surgical Closure - Occluder



Septal Occluder



Images from <u>http://www.mhs.net/Articles/Editions/26/AtrialSeptalDefect.aspx</u> & <u>http://www.mayoclinic.org/atrial-septal-defect/asddevice.html</u>

# Questions?

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