



# The Buddy Bulletin

## Fun Times Courtside

She shoots! She scores! The Buddies cheered on the Creighton Women's Basketball team at the Ryan Center for their November Event. The Buddies all sat to-

gether and cheered for every basket. There were snacks and drinks galore. The band played loud and set the atmosphere. Buddies followed along with chants started

by the Blue Crew and the Dance Team. The Jays ended up with a win, but for the Buddies, the joy of friendship equaled the joy of victory!



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### Upcoming Event:

- Thanksgiving Break  
November 25—29
- College Buddy Chapter Meeting  
December 3, 9:00pm  
COBA 310
- Group Event  
Christmas Party  
December 6, TBA
- Christmas Break  
December 18—  
January 11

## Best Buddies Mission Statement



The mission of Best Buddies is to enhance the lives of people with intellectual disabilities by providing opportunities for one-on-one friendships and integrated employment.

## A Not-So-Spooky Halloween Bash

Due to some bad weather, the Best Buddies Group Event was moved from a soggy park to a cozy room filled with fun activities and surprises. Buddies brought their own lunches and began the event by catching up and continuing to get to know each other. Once everyone was full, the activities began. The group was broken into small groups. Some

played BINGO and won spooky prizes and candy. Some decorated pumpkins with paints and markers, making faces or writing Halloween messages. The last group chose from many different board games to play with their Buddies and with other pairs. The weather might have been dreary, but the smiles at the Best Buddies group event shown through!



**Have a fun story from a one-on-one activity?**

Send a short insight from what you and your Buddy do away from Group Events, to share even more. [carriebon-sutto@creighton.edu](mailto:carriebon-sutto@creighton.edu)

## Best Buddies

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▶ I see you.

Visit us on the Web!  
[www.creighton.edu/groups/bestbuddies](http://www.creighton.edu/groups/bestbuddies)

RING RING! Don't forget to contact your  
Buddy once a week. Communication is key  
when building relationships!



# November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 Chapter Meeting	6	7
8	9	10	11	12	13	14
15 Group Event	16	17	18	19	20	21
22	23	24	25 Thanks giving Break	26 Thanks giving Break	27 Thanks giving Break	28 Thanks giving Break
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