



HOW PRIVATE IS MY HEALTH INFORMATION?

The Creighton Wellness program is an important part of our healthy culture at Creighton University. Wellness programs promote the health and well-being of employees, which requires Protected Health Information (PHI) to be shared.

The Health Insurance Portability and Accountability Act (HIPAA) defines PHI as any information about health status, provision of healthcare, or payment for healthcare that can be linked to a specific individual. Healthbreak, Creighton's wellness program provider, takes the security of PHI very seriously, and complies with all HIPAA regulations.

Healthbreak and SimplyWell properly safeguards and maintains the privacy of your PHI.



Questions?

Contact our wellness partner at 888-833-5828.