The entire staff of Health Sciences, Multicultural and Community Affairs (HS-MACA) welcomes the new class of 2013 and the former students to Creighton University. We invite you to join us in our mission to train and develop a multicultural healthcare workforce that serves to reduce health disparities in underserved and diverse communities through research, culturally proficient education, community interaction and engagements.

I encourage you to become more involved in providing service to the community through volunteerism in the schools, places of worship etc. The rewarding experience will promote learning, service and broaden your knowledge base while stretching your capacity to live more fully as a human.

HS-MACA staff members are always ready to provide information about numerous volunteer and community service opportunities, as well as share insights about our Mentoring program, which pairs “younger” students with upper class persons. In addition I encourage you to join student organizations that HS-MACA supports, such as the Student National Medical Association (SNMA), the Multicultural Health Science Student’s Association (MHSSA), the Student National Dental Association (SNDA) and the Asian Pacific American Medical Student Association (APMSA).

Please take a few minutes to stop by the office of HS-MACA to meet the staff and learn more about our services and initiatives. Have a great year!
This past spring, Health Sciences Multicultural and Community Affairs (HS-MACA) was excited to celebrate the graduation of two African American men, Halvor McGee and Tolulope Olanrewaju (Lanre) Makinde. Both were conferred a Doctor of Philosophy (PhD) degree from Creighton University’s School of Medicine, Department of Biomedical Science.

Dr. Halvor McGee was born and raised in Omaha, Nebraska, graduated high school in 1980, followed by eight stellar years of sales and management. In 1988, he joined the U.S. Navy and devoted five years of service. He graduated from University of Nebraska at Omaha (UNO) with a Bachelors of Science in Biology in 1998. In 2004, he was accepted to the PhD. program in Biomedical Sciences in the School of Medicine of Creighton University to work in the field of allergy and asthma under the supervision of Dr. Devendra K. Agrawal. Halvor presented his dissertation on “T-regulatory cells and Flt3-Ligand in the therapy of Cockroach antigen induced asthma”.

After graduation from Creighton, Halvor accepted a position as a postdoctoral fellow under the mentoring and guidance of Dr. Patricia Finn at University of California in San Diego. This will enhance his chances of achieving his long-cherished desire to become a professor, independent investigator, and community leader in the field of asthma, allergy, and inflammation.

Tolulope Olanrewaju (Lanre) Makinde was born in Sheffield, United Kingdom to Dr. and Professor (Mrs) Makinde. Lanre grew up in Nigeria in an average middle class home and finished his undergraduate degree from University of Nebraska at Lincoln. He received the Undergraduate Creative Activities and Research Experiences (UCARE) award sponsored by Pepsi Cola that funded his undergraduate research on E.coli. Like his Mum, a researcher and scientist, Lanre quickly developed a liking for research and pursued a career in the field. However, after graduating from UNL, Lanre faced a job market that was less than enthusiastic about hiring an undergraduate degree person without years of work experience. His undergraduate research experience did not count as he had intended. He had not seriously thought about going to graduate school, but reality gave him the push that he needed to critically evaluate his options. Lanre also worked in Dr. Agrawal’s lab. The topic of his dissertation is “Extravascular Signaling of Tie2 Receptor in the Pathogenesis of Airway Remodeling in Chronic Airway”.

Dr. Lanre Makinde believes, “Your manner of thought dictates the scope of your dreams”. His circumstances elevated him by a significant level and subsequently broadened his scope of possibilities. With his PhD, Lanre can either choose to remain in academia or make a transition into industry, or do both. He is currently a postdoctoral fellow at Creighton University. Lanre likes to keep HS-MACA in suspense about his future plans, but promised that he will update us on his progress in the near future.
Health Sciences Multicultural and Community Affairs (HS-MACA) is ubiquitous; that is, you hear many references about HS-MACA’s programming or inclusion in the Creighton community, i.e., the Post-Baccalaureate program for medical and dental students, pipeline programs for Omaha area youth, Center of Excellence, Saturday Academy, mentoring programs, scholarships, tutoring programs, Common Ground, glaucoma initiative, Addressing Health Disparity seminars, Diversity Day, and varying university and community activities that feel like we are everywhere.

When post-baccalaureate students begin the program in June of every year, they are enveloped in a microcosm of programming to reach their goal of entering medical, dental or other health profession’s schools. Students are here at Creighton because our programs are renowned and have a long history of success. The Post-Baccalaureate program initially ran from 1975-1995 under the direction of Dr. Dean Elder, Professor of Pharmacology in the medical school.

The rest of the story…

Less than ten years ago, HS-MACA was “a one room schoolhouse” so to speak. It wasn’t called HS-MACA, but was called Office of Minority Affairs in the Health Sciences. The leadership was by a coordinator who had one room with enough space for a work study student. In 2000, the department of HS-MACA was formed by ex-vice president of health sciences and dean of medicine, Dr. M. Roy Wilson. The Post-Bac program was rekindled under the leadership of Dr. Sade Kosoko-Lasaki. There were no pipeline programs, no Saturday Academy, Center of Excellence, formalized mentoring or tutoring programs, Common Ground, glaucoma initiative, Addressing Health Disparity seminars, Diversity Day or many of the services or programs you see today. Many people have committed themselves to the growth of the department and to helping you and future health professions students succeed. More importantly is your commitment to fulfilling your dream. In less than 10 years YOU will be a practicing health professional. And, that’s the rest of the story!
Initially the summer program began as a difficult process. Many students were uncertain about the concept of taking classes during the summer. Over time all of the students began to adjust to the program and adhered to the rules and regulations. Even the teachers in the program constantly made proclamations of the advances their students had made. Every student within the program made progress this summer and it is evident in each and every teacher’s progress report. Here at HS-MACA we hope that the students carry that same passion into their yearly school-work, be it high school or college, and then later into their careers.

Throughout the summer the students have not only been able to excel in the classroom, but also were able to form strong bonds with the faculty and one another. By uniting these students they were able to engage with students outside of their own niche; be it Ballroom Dancing, discussing future plans, or a trip to the Henry Doorly Zoo, there were countless opportunities for the students and us to engage and spend quality time with one another. This summer friendships and relationships were created, which could last a lifetime. HS-MACA hopes to do anything within our ability to make sure that these are lasting connections that they hold for many years to come. On behalf of the HS-MACA/HCOP staff, we would once again like to thank the HCOP class of 2009 for being a part of our program.
The Saturday Academy ended May 28, 2009 with a banquet at Creighton’s Harper Center. It was a wonderful event to celebrate the students’ completion of the program and recognize the hard work they put in to make the program a success. Over 85% of the students maintained a 2.5 GPA or higher in the 2nd semester of the program. The students took a pre-ACT test and then took the actual ACT up to three times. More than 80% of the students improved their scores from their pre-ACT test to their highest ACT score.

Four awards were given to students in the program for excellence in specific areas. Mohammed Mohammed received two awards: The Gulliver’s Travel Award given to the student that traveled the farthest to the Saturday Academy (Mohammed traveled from Lincoln, Neb., every Saturday) and the A.I. (Allen Iverson) award for the student who had the greatest improvement from their pre-ACT test scores to their actual test score. Karina Mendoza received the Ms. Punctuality award for having 100% attendance in the program. Dilasha Neupane received the Summa Cum Laude award for having the highest ACT score in the program.

Rev. Dwight Ford, executive director of the Eastern Nebraska Community Action Program (ENCAP) was the key note speaker. He delivered an excellent speech on the importance of education, leadership and giving back to the community. The students enjoyed the banquet and look forward to being a part of HCOP’s senior program this fall. The Saturday Academy recently selected students for the 2009-2010 school year, and a parent/student orientation was held September 26, 2009.
HS-MACA has started the school year off with a bang. This year we are able to offer tutoring at three different levels; High School, Pre-Professional and Professional.

We offer high school tutoring at two off-campus sites within the North Omaha Community this semester. On Mondays, we have joined forces with the Fort Street Church of Christ to offer tutoring to children thru high school. Weekly sessions are also offered at the Boy and Girls Club. New to tutoring this fall will be the addition of a Saturday onsite program which will be open to the community.

Pre-Professional tutoring is offered to the students who are in the Post-Baccalaureate program. There are two types of tutoring offered thru the Post-Baccalaureate; Peer-tutoring and One on One tutoring.

Professional tutoring is available thru the Community Oriented Primary Care Endowment which is funded by the National Center on Minority Health, Disparities Endowment, National Institutes of Health. In the year of 2008 HS-MACA was able to reach a total of 607 students through Supplemental Instruction.
Do you remember the moment the light went on and you were convinced you wanted to be a doctor, dentist, pharmacist, nurse, or other health professional? Did you have goose bumps? When you had the revelation; perhaps how, what, or where were vague, but desire and conviction defined your path.

The Community Oriented Primary Care (COPC) Research Endowment is somewhat like that light bulb. Medicine requires a holistic approach! The COPC has specific aims to increase medical students’ exposure to and an awareness of issues related to cultural competence and health disparities, to develop an endowed tutoring program to increase the success rate of medical students, and to increase the enrollment of students interested in participating in health disparity research. The program offers a longitudinal public health research and a summer research experience for medical students. These programs have increased students’ awareness and knowledge of health disparities issues.

Common Grounds was formalized as an informal student-faculty forum used to present and discuss issues related to cultural competence and health disparities from local physician-instructor/researchers’ practices. Twelve sessions were held during the 2008-09 school year. Students evaluated the program indicating, “They value the Common Grounds sessions as a means to gain an understanding of different cultures.” In addition, the students consider the Common Grounds sessions to have a positive impact on their cultural proficiency skills, interests in the health disparities field, and highly value the presentations.”

Common Grounds has a great line-up of presenters for the fall of 2009. The noon-hour sessions are held on Fridays (coordinating with the medical academic calendar) in L-58 of Criss II, with a light lunch served to the first 25 health professions’ students. The sessions provide students an opportunity for another eye-opener as they take a more intimate look at health disparities and gain an increased awareness of what may further define their professional health career path.
I am from Omaha, Nebraska, and attended Omaha North High School, where I discovered the Health Careers Opportunities Program (HCOP) under HS-MACA. I also learned of the Post Bac program and the opportunity it afforded students interested in entering a professional school. We were exposed to all the health care professional schools, including the dental school. Upon graduating from high school, I was fortunate enough to get into Creighton. I knew that I wanted to be a dentist, and with the help of the Health Care Careers Opportunities Program I was able to decide on an undergrad major. While shadowing at the nursing school, I learned that I could be in the pre-dental program at the same time I was learning how to take care of sick people. I majored in nursing, which gave me the opportunity to treat and work with patients while an undergrad.

At Creighton, I learned a lot and made many friends; most importantly, I met my wife, Erin, who also recently graduated from the nursing school. After graduation, I became a pediatric medical surgical nurse at Jennie Edmundson Hospital in Council Bluffs, Iowa, again learning a great deal from the experience.

During my time away from school I made sure to continue to study as if I were in school. After work and on the weekends, I would study two to four hours per day for the DAT, and I enrolled in biochemistry. Dr. Davis from the Dental School allowed me to shadow him; I found this experience inspirational. Working and studying so much made inspiration necessary: From Thanksgiving 2008 through the first week of post-bac on June 6, 2009, I had no days off. I thank God every day that I get to wake up and come to Creighton to work toward my dream of becoming an oral surgeon.

As a student at Creighton and with many friends of previous post-bac students, I learned a lot about the program, and once I became a part of the post-bac group I was not disappointed. The post-bac program is great in that it trains each of the students to become powerful “super” students. I am amazed with the results previous post-bac participants have achieved and I hope to reach my potential, as well.

The journey started this summer. We not only study math and science but learn cultural awareness, English, reading and writing. I have found that I look forward to my English class quite a bit; being from a science background has tended to make learning language a luxury. I have found it very useful, and my skills have definitely improved. My favorite course is Perceptual Ability, which prepares students for the DAT. In this class we take perceptual ability tests that are very challenging. I love using my mind to manipulate the structures. Once we are done with our exam, we sit in the HS-MACA conference room and discuss the questions as a group with Dr. Kosoko-Lasaki; it is a very rewarding experience.

As the Dental School fall leader, I was given the opportunity, along with Amanuel Yohannes (the pre-medical school leader), to meet with Dr. Kosoko-Lasaki bi-monthly to discuss the different concerns the post-bac students have. I always leave those meetings feeling inspired and ready for the next challenge. Dr. Kosoko-Lasaki has a wealth of knowledge about where we as students are heading, and she is always willing to share. Being able to share those meeting with my classmates has been a great motivator for everyone. I look forward to taking all this knowledge with me to Dental School next year.
My moment of enlightenment began this summer of 2009 as I joined 6 other classmates in officially forming Creighton University’s Pre-Medical Post-Baccalaureate class of 2009-2010. I feel so grateful and privileged to be a part of a chosen few who have been given an incredible opportunity to realize their goals of becoming physicians. Being a non-traditional student, my path to medicine has been different from most others since it has taken a winding road. Having earned a degree in history, I worked several different jobs ranging from a corporate chemistry lab, in public health research, and as a care-giver for teens with autism. Though I have a slew of motivations for wanting to become a physician (belief in the biomedical model, a desire to combat poverty, disease, and racial disparities in health care) there is one that keeps drawing me back to it. There is no better feeling than when someone comes to you in his or her worst hour – and your intervention is the reason that person feels better. Creighton’s Pre-Medical Post-Baccalaureate Program has continued to be my moment of enlightenment, where my dreams to become a physician are now more than just possibilities.

Currently the summer session and fall semester have proven productive. Our curriculum is intense, including classes in the natural sciences, analytical reading, cultural awareness, academic excellence, a Kaplan MCAT course, and will include a pre-matriculation program to medical school next summer. The program’s emphasis on academic performance, professionalism, and team work has allowed each of us to mature and learn from each other’s strengths. We also have opportunities to shadow at Charles Drew Medical Center every Friday. Not only do we become familiar with the clinical setting, but also get to see ahead to what our 3rd and 4th years will look like in medical school, as well as beyond.

Besides the tremendous growth I continue to make in areas such as time management, dealing with stress, and study skills, one of my favorite things about this program is the diversity and multiculturalism that our entire Pre-Medical and Pre-Dental class embodies. We have a variety of cultural backgrounds represented, including Native American, Japanese/Puerto Rican, Mexican, African American, Ethiopian, Filipino, and Nigerian. It has been a joy to hold discussions, both in-class and at social gatherings, about various perspectives on cultural awareness and how we can all be more competent healthcare providers in the future.

Without this Post-Baccalaureate Program I would not have been able to strengthen my application, or have the opportunity to work on every layer of my personal success, mentally, physically and spiritually. I am so thankful for this opportunity and excited about what my future holds. Even though the road ahead is long, my motivation for success has never been higher and I look forward to ways that I can give back to the community, both as a physician and mentor.

“There is no chance, no destiny, no fate, that can circumvent or hinder or control the firm resolve of a determined soul.”

– Ella Wilcox
The Student National Dental Association (SNDA) originated from concerned dental students at Meharry Medical College in 1970. Since 1970, SNDA has become integral to minority students and minority dental health practitioners, with the ultimate goal of improving the health manpower distribution among the minority population as defined by the Department of Health and Human Services. October 2008 the Creighton University Chapter of SNDA (CUSNDA) was founded and chartered. Under the leadership of Dr. G. Davis, as faculty advisor, and Sheila Brown, as the President, the organization fulfilled the missions of SNDA to be committed to the improvement of the delivery of dental health to all people, with an emphasis on minorities and/or the underserved in the Omaha community.

This past year CUSNDA has performed dental screenings at Charles Drew Health Center quarterly and at the 4th Annual Heart and Soul Red Dress and Seminar. In addition, CUSNDA held a benefit concert to raise money to provide dental care for Omaha’s underserved, taught proper brushing and flossing at elementary schools and at the Boys and Girls Club, and provided parent education at Omaha Head Start. The biggest event of the year was the 1st Annual Oral Cancer 5K Walk on June 27, 2009. This was the first Oral Cancer walk held in the state of Nebraska and received media attention from Omaha World Herald and KETV Channel 7. Fifty people actually participated in the walk and as a whole raised $2300. As a result of the chapter’s hard work this past year, CUSNDA was awarded 3rd Place for Chapter of the Year Award Medium Chapter at the SNDA National Convention in Jacksonville, Florida.

This year, CUSNDA plans to continue all of the outreach programs from the previous year and more. This semester’s major program will be the 1st Annual NDA/SNDA Impressions Program on October 24. The purpose of the NDA/SNDA Impressions Program is to expose underrepresented pre-dental students, or potential pre-dental students, to a career in dentistry along with the application and financial aid processes. The program allows these underrepresented students to become familiar with the university’s dental school network, such as dental students, faculty, admission committee members, etc. CUSNDA is expecting to assist over 80 students in becoming stronger dental school applicants this year.
As the only true inter-professional organization on the Creighton University Campus, the Multicultural Health Science Student Association (MHSSA) strives to provide an environment of enrichment, encouragement, and empowerment to students from all cultural, socioeconomic, and academic backgrounds. In fact, it is MHSSA’s ability to bring so many different people together that has drawn us, the executive officers, together. In no other organization have we felt such a sense of purpose, belonging, or comradery. Elizabeth Marquez reflects on her involvement with MHSSA by saying “this is a great opportunity to build relationships with future colleagues and understand what value each discipline brings to the healthcare team.”

One of this year’s Vice Presidents, Thuy-Tien Pham, of Oregon, had this to say “I joined MHSSA last year because I was feeling somewhat left out and I wanted an organization to belong to. There were several things about the club that caught my eye. It valued different multicultural values, it offered a way to get to know students from other professional schools, and it offered opportunities for service. My favorite service events were the Ollie Web Dance and HIV/AIDS Week. Participating in these events really gave me a greater respect for people living with different challenges and made me feel like I was making a contribution to my school and doing something useful for society.” These are sentiments I believe every member of MHSSA shares. From the workshops and social events to the service projects, we have all grown personally as well as professionally.

In line with what we call “our pillars”, to enrich, encourage, and empower, MHSSA is devoted to mentoring and/or tutoring hopeful high school and undergraduate students who have a love for science and a desire to pursue a career in healthcare. This is our way of continuing the legacy of nurturing strong and responsible leaders who will emphasize the advantages of multiculturalism and multidisciplinary teams when they enter professional school and the workforce. But, most importantly we can show them that diversity in every aspect of the word creates a unique and rewarding atmosphere that has room enough to accommodate everyone.
In the health sciences there is a common understanding that we achieve higher standards of excellence only by standing on the shoulders of our predecessors. This is true for SNMA as well. Thanks to the vision and leadership of officers from past years, the Creighton chapter of the Student National Medical Association currently enjoys full recognition and participation within the organization at a national level. We now send students to annual leadership, regional, and national conferences and enjoy the privilege of participating fully in the proceedings at these events.

Our participation at this level has awakened us to a unique fact about our existence in the Omaha area. Few cities can boast about having two SNMA chapters in close proximity. Omaha is included in this select group. Our colleagues at University of Nebraska College of Medicine also have an SNMA chapter.

In light of this, one major priority this year is to bring both organizations together in closer collaboration. Already, both chapters have newly formed MAPS chapters at their respective campuses and are actively developing mentorship programs. We hope to add many areas of collaboration as the year goes on. At Creighton, our main goal this year is to be able to look back and be proud that we have formed tighter bonds with our neighboring chapter and have thereby made stronger foundations for those who follow us. If we can accomplish this, the future of SNMA in Omaha is bright.
The Minority Association of Pre-Health Students (MAPS) is a newly chartered organization at Creighton University. Natasha Pyfrom and I cofounded this student group this past year. We felt there was a need at Creighton to reach out to students who may be the first generation college students, who are interested in healthcare professions and would like to have mentors to provide the support and resources for successful admission into the professional school of their choice.

MAPS is a unique student organization that joins pre-health students from all ethnic and cultural backgrounds with a focus on providing underrepresented pre-health students with knowledge, skills, and experience that are fundamental to professional participation in health care fields. The group's ultimate goal is to increase the amount of minorities in professional schools and increase medical access to the underserved and underprivileged populations in the world. Also, in accordance to Creighton’s values, MAPS strives to improve the neighboring communities through service and fellowship amongst other student organizations, in hopes of developing an appreciation of the diversity within the university and Omaha communities.

Additionally, MAPS is unique because it is nationally recognized and a sister organization to the Student National Medical Association (SNMA).

MAPS has received the generous support of SNMA, the Student National Dental Association (SNDA), and Health Careers Opportunities Program (HCOP) at Creighton University. Through the collaboration with these organizations and program, MAPS is able to offer its members many perks which include opportunities to shadow a professional student, MCAT/DAT workshops, SNDA Impressions Program participation, and discounts for Kaplan study materials, just to name a few.

While MAPS offers many membership benefits, one major component of MAPS is the mentoring program between undergraduates and professional students. In retrospect, I would have greatly benefited from connecting with a medical student mentor early on in my college career. Hence, I strongly believe that every student should have a mentor, who helps guide the mentee in a positive direction. MAPS definitely will serve as a source of professional networking for Creighton undergraduates.

We have exciting events planned for the fall semester. Come out and get involved!!

I look forward to an awesome year!
“To promote Creighton University Health Sciences as a recognized leader in the training and development of a multicultural healthcare workforce that serves to reduce health disparities in underserved and diverse communities through research, culturally proficient education, community interaction and engagements”.

HS-MACA will be recognized and respected as an innovative center that pioneers and synthesizes community, education and research in the development of future healthcare professionals who are culturally aware and work toward the elimination of health disparities.

Goals

- To recruit underrepresented or disadvantaged students and faculty in the Health Science schools who will promote health and health equality to a diverse population.

- To provide and promote retention activities for culturally competent underrepresented students and faculty.

- To promote, expand and cultivate cultural awareness to campus and community.

- To address health disparities through teaching, research and community advocacy.

- To seek funding opportunities for innovative, integrative and coordinated approaches for the continued and expanded training of diverse healthcare professionals.
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