

On behalf of the staff of HS-MACA, I would like to congratulate all of our Health Sciences' graduates for a job well done. We hope that your career will be very rewarding and successful. We are proud of your accomplishments and believe you will change lives in your new career. Good Luck!

-Sade Kosoko-Lasaki, MD, MSPH, MBA
Associate Vice President



HEALTH SCIENCES' GRADUATES

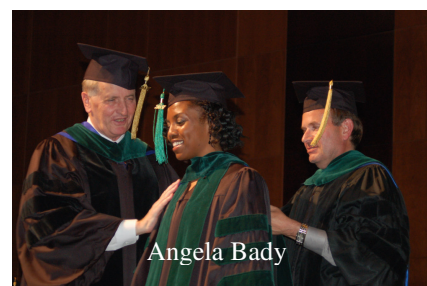
School of Dentistry

Coatlucue Carter, David Guerrero, Justin Jones, Aaron Murray, Olaitan Okediji, Ramon Ortiz

School of Medicine



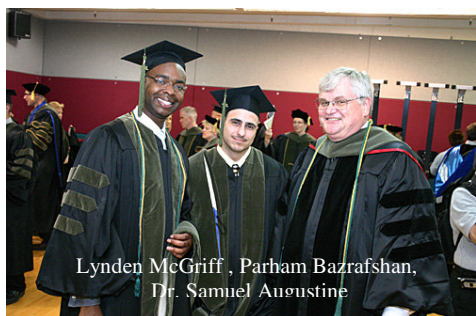
Angela Bady, Kim Do, Lawrence Faziola, Yukari Kawamoto, Patrick Lew, Michael Lucas, Melody Newsom, Jetson Nguyen, Kim Thu Pham, Sharma Ripple, Mel Roca, George Singletary, Tesfai Tekle, Justin Thampi, Wayne Tran, Mylinh Trinh, Beau Watts, Shauna Werth, Kerry-Ann Williams, Bishoy Zakhary



School of Nursing

Calida Banks, Jennifer Cabello, Miriam Che, Ruthe Fluegge, Jeffrey Merrell, Erin Meurer, Johanna del Mundo, Janet Stawniak

School of Pharmacy & Health Professions



Pharmacy: Aaron Bailey, Anthony Barbosa, Carolyn Beale, Daniel Darfour, Nwamaka Enenmoh, Heather Green, Andrienne Johnson-Washington, Leigh Maine, Lynden McGriff, Hugh McLean, Jennifer Meyer, Eric Nkabyo, Micheal Rea

Occupational Therapy: Brandy Bush
Physical Therapy: Jana Murrell

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HS-MACA AWARDS CEREMONY 2007

By Hanneka Brown, BS



Award Recipients

On April 30th 2007, Health Science Multicultural and Community Affairs hosted its annual awards ceremony. The awards program recognizes the underrepresented graduates who best promote the mission of HS-MACA through service and community outreach. The guest speaker for this year's event was Dr. Jeanette Seaberry, who shared "seeds of wisdom" for the graduating students. Dr. Seaberry is currently Associate Professor and Chair of the College of Education Counseling Department at University of Nebraska Medical Center. The special recognition award was presented to Dr. Kincaid for his ten years of service as the sponsor of Minority Health Science Student Association (MHSSA). The recipients of this year's award are:

School of Dentistry

Justin Jones and David Guerrero received the award as the "School of Dentistry 2007 underrepresented student who best promoted the mission of HS-MACA through service and community outreach."

School of Medicine

Angela Bady as the "School of Medicine 2007 underrepresented student who best promoted the mentoring and tutoring activities for the Post Baccalaureate program of HS-MACA."

Yukari Kawamoto as the "School of Medicine 2007 underrepresented student who best promoted the community outreach mission of HS-MACA."

Mel Roca as the "School of Medicine 2007 underrepresented student who best promoted the mission of HS-MACA."

Kerry Ann Williams for her "leadership in the Student National Medical Association in 2004-05."

School of Nursing

Jeffrey Merrell as the "School of Nursing underrepresented student who best promoted the mission of HS-MACA through service and community outreach."

School of Pharmacy and Health Professions

Lynden McGriff, Brandy Bush, and Jana Murrell received awards as the "School of Pharmacy and Health Professions 2007 underrepresented pharmacy student who best promoted the mission of HS-MACA through service and community outreach."

Post-Baccalaureate Representatives

Dental

Aaron Salinas and Billie Torres

Medicine

Loan Bui and Roberto Cervantes

Post-baccalaureate, Pre-matriculation (P²) Reunion 2007

By Coletta Hollingsworth



All who gathered for the 2nd Annual Post Bac reunion on Friday April 20, 2007 had a wonderful time at the reunion. The reunion was held at Creighton University in the beautiful Atrium of the Hixson-Lied Science Building. There were about 75 people in attendance. The Postbac reunion is hosted every other year by the Department of HS-MACA. The welcome was given by Dr. Cam Enarson, Vice President Health Sciences and Dean School of Medicine. Dr. Sade Kosoko-Lasaki acted as our Mistress of Ceremonies.

Music for the evening was provided by Mr. John Kirke.

Memory: Message to Students

by Linda M. Pappas M.S., LMHP

The most important point I want to make about memory is that each of you has a great one! You are occupying a seat in medical school; your memory works very well! But like every tool; once in awhile we need to do some maintenance. Here are some keys to memory for you to “remember”.

The first key is organization. Putting information into logical patterns, making it meaningful to you and creating associations all help in information retention. Strategies like creating pictures, charts, concept maps, cheat sheets, bullet points, organized highlighting all help. The second key is over learning; in other words, repeat, repeat, repeat. That’s how you got good at tying your shoes! Thirdly, the key is distributing your learning, in other words; review at regular intervals. So, dare I say it, cut down on the cramming? If you have to cram try to stay relaxed; those interfering worry thoughts will affect your memory. You are going to have to choose what to cram, not everything is going to fit in short term memory. My fourth suggestion is to be aware of your attitude toward the subject; you have to intend to remember even if you are not interested in the material.

Only one more key to remember! Combining techniques can help. Varied input modalities (visual, auditory, tactile, kinesthetic) store differently in the brain. If it is not in one place maybe you can find it in another!

Lastly, a brief comment on recall. In other words; you know it’s in there, you just can’t find it. Take notice of what you do remember and how that was retrieved. Try remembering something else about it and use it before you lose it. Most of new information is forgotten in the first 24 hours after we are exposed to it.

Just keep “remembering”; your brain does have enough storage space for all the information you are learning!

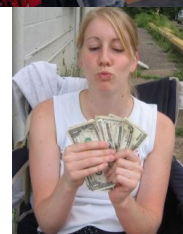
Diversity Dialogue (D²)

by Becky Messenger, BA

HS-MACA introduced a new program called HS-MACA Diversity Dialogue (HS-MACA D²) in March 2007. The purpose of this group activity is to create a common ground for diversity in communication, knowledge and relationship building amongst faculty and staff at Creighton University. Health Science Multicultural and Community Affairs’ D² is a monthly forum for Health Sciences faculty and staff members to discuss various cultures and diversity issues, drawing upon each others’ backgrounds and experiences. The group has been growing since its inception. Staff and faculty members from most departments at CU have been in attendance, as well as CUMC clinic staff, library staff members and health science administrators. Topics have included identifying our own prejudices, poverty across cultures, and stereotypes. For more information contact Becky Messenger at 280-2910.



WHO AM I? First Impression



How well did you do? (see page 6)

Creighton University HCOP and COE Saturday Academy Participant is the New Nebraska Junior Miss!

Article by: Barb Slattery, MA

Jessica White, a Bellevue West senior and participant in both the HS-MACA Health Careers Opportunity Program and COE's Saturday Academy was named Nebraska Junior Miss 2007 on March 18.

Jessica has her sights on college and a career, but one means to that end is to earn scholarship money through the Nebraska's Junior Miss Pageant. White entered her first - and only other - pageant in September after seeing a notice about it in the school newspaper. She placed fifth in that one, Miss Teen Nebraska. Since she came so close to winning, her family convinced to give another try. Now, having won in March, she will soon be traveling to compete in June for the title of America's Junior Miss. The American Junior Miss scholarship program is the oldest and largest scholarship program for high school senior girls.



To help her in her mission to attend college, she has already received \$1,900 in scholarships from her state win. There's more to come if she succeeds at the national level. "I'm really excited about it," she said.

Nebraska Junior Miss contestants are judged in five categories: scholastic, interview, self-expression, talent and fitness. White won the talent (she performed a jazz dance), self-expression (contestants answer a question while wearing an evening gown) and fitness (contestants learn and perform a fitness routine) categories in addition to the title of Junior Miss. The national program will take place in Mobile, Alabama June 18-30 of this year. She will compete in the same categories for \$151,000 total in scholarship money available to winners in the individual categories as well as the finalist competition.

White, an honor roll student, has committed to attend Creighton University in the fall, although she was offered two full scholarships to other colleges. In addition, she was offered The Links, The Urban League Washington Scholarship, the New Era Gold Scholarship, University of Lincoln Dance Scholarship, and the Zeta Phi Beta Scholarship. Jessica will be a Jay Dancer in the fall. Her parents are Elbert and Felicia White.

The HS-MACA Department is keeping an eye on this bright and talented young woman. "She is driven to succeed in whatever she does", says Barb Slattery, HCOP Coordinator.

Mission Statement

"To empower Creighton University's Health Sciences schools in the training and development of future leaders in healthcare to serve the needs of an increasing multicultural community."

Health Sciences
Multicultural and Community Affairs



Creighton Conference Focuses on Health Disparities in Cancer

by Reba Donahue

Health professionals gathered on April 21, 2007 at Creighton University to hear experts explain the role of ethics, public health and clinical cancer management in addressing health disparities. Keynote speaker, Dr. Funmi Olopade, Director of the Center for Clinical Cancer Genetics at the University of Chicago Medical Center, a 2005 recipient of the MacArthur Fellowship (genius award), spoke about her work on “the genetic basis of breast cancer in women of African ancestry.”



Dr. Henry Lynch, Dr. Funmi Olopade,
Dr. Sade Kosoko-Lasaki



Dr. Sade Kosoko-Lasaki, Wehnona St. Cyr, Dr.
Magda Peck, Rebecca Valdez, A'Jamal Byndon

The roster of speakers included CU's President Father John Schlegel, Dr. Cam Enarson, VP and Dean of Medicine, plus officials from the Nebraska Health and Human Services System, Dr. Thomas Mack, USC-LA; Dr. Rubens Pamies and Dr. Magda Peck, both of UNMC plus several Creighton faculty and a panel of cross-cultural experts discussing health disparities regarding their respective communities.

Drs.' Sade Kosoko-Lasaki, Henry Lynch, Richard O'Brien, John Stone and Sally O'Brien were course directors. The event was co-sponsored by HS-MACA, Preventive Medicine and the CME departments of Creighton.

Several speakers described social justice and issues of respect as the cornerstone of inequality in health disparities. Speakers identified epidemiological considerations, ethical challenges and defined health disparities. The philosophy behind the requisites of change in the role of public health and community were also explained.

The conference offered 5 free CME credits to health professionals.

SAVE THE DATE

Addressing Health Disparities: Focus on HIV/AIDS

May 2, 2008

FOR MORE INFORMATION CONTACT:
Reba Donahue at 402-280-2124 or rebadonahue@creighton.edu

2007 School of Medicine Match Results
of HS-MACA Diversity Students

Angela Bady – Greenville Hospitals System, SC – Internal Medicine
Kim Do – Northwestern McGaw/Rehabilitation Institute of Chicago, IL –
Phys Medicine & Rehab

Lawrence Faziola – University of California Irvine Medical Center, CA –
Psychiatry
Yukari Kawamoto – Maricopa Medical Center, AZ - Psychiatry

Patrick Lew – UC San Diego Medical Center, CA – Medicine-Pediatrics
Michael Lucas – University of Arizona Affiliated Hospitals, AZ – Medicine-
Preliminary and Anesthesiology

Melody Newsom – University of South Dakota School of Medicine, SD –
Psychiatry
Jetson Nguyen – Naval Medical Center, CA – Internal Medicine

Kim Thu Pham – Kaiser Permanente, CA – Obstetrics-Gynecology
Mel Roca – Methodist Hospital, CA – Family Medicine

Ripple Sharma – University of California Davis Medical Center, CA –
Internal Medicine
George Singletary – Creighton University Affiliated Hospitals, NE –
General Surgery

Tesfai Tekle – Tulane University School of Medicine, LA – Internal Medicine
Justin Thampi – Jackson Memorial Hospital, FL- Anesthesiology

Wayne Tran – Maine Medical Center, ME – Diagnostic Radiology
My-Linh Trinh – Phoenix Children/Maricopa Medical Center, AZ –
Pediatrics

Beau Watts – University of Missouri, MO – Emergency Medicine
Shauna Werth – University of Minnesota Medical School, MN - Emergency
Medicine

Kerry-Ann Williams – Creighton-Nebraska Health Foundation – Psychiatry
Bishoy Zakhary – Memorial Sloan-Kettering, NY – Transitional Year, New
York University School of Medicine, NY – Diagnostic Radiology

CONGRATULATIONS

CALENDAR OF EVENTS

JUNE 4 – AUGUST 3
High School
Summer Research Institute

JUNE 4
HS-MACA
Post-baccalaureate, (P²) Program

JUNE 11
School of Medicine/Dentistry
Pre-matriculation Program

JUNE 29
AHEC Cultural Awareness

AUGUST 2
Summer Research Institute
Colloquium

AUGUST 8 – 10
School of Medicine
Freshman Orientation

AUGUST 14
School of Pharmacy & Health
Profession
Orientation

AUGUST 20
School of Dentistry
Freshman Orientation

School of Nursing
Accelerated Program
Orientation

Answers from page 3

Slide 1 – Dowry picture of Indian woman
Slide 2 – Displaced Katrina victim
Slide 3 – Afghanistan teacher who risks
her life everyday to go to a school to teach
Slide 4 – Mechanical Engineering
Student from Minnesota

