This 8-Day Directed Ignatian Retreat is based on the Spiritual Exercises of St. Ignatius Loyola which has profoundly influenced the lives of countless people since the sixteenth century.

There are as many reasons to go on retreat as there are people who attend them. Some of the reasons others have made this retreat include: wanting to deepen their relationship with Jesus Christ, desiring to spend quality time in prayer and reflection, wanting to learn more about yourself in relationship to God and to others, preparing to make a significant decision, and responding to the movement of the Spirit. Retreatants should have attended 3 or 4-day retreats in advance of an 8-day, this simply prepares one better for an enriching experience.

The retreat package includes private room, meals from supper Saturday through Monday breakfast and stipend. We encourage retreatants to arrive by 4pm on Saturday. The rate is $590 and we do ask for a $50 non-refundable deposit, which is applied toward the final invoice. The Spiritual Director is Amy Hoover and she has been offering spiritual direction for over 10 years.

We also have the opportunity to offer Spiritual Directors who are student interns within Creighton University’s Christian Spirituality Program. This retreat opportunity is being offered to help them fulfill their practicum requirements of directing a retreat. The interns have received Spiritual Direction themselves for a minimum of three years and are being supervised for the Spiritual Direction work they have been involved in for the last 8-10 months with several directees. They will be meeting daily with trained supervisors during this retreat as well. The reduced cost of $410 for the retreat includes a single private room and meals. There is no cost for Spiritual Direction for this retreat since the intern directors are students and not certified. Please note that space is limited for these directors.

To register or with questions please contact Terri Lou Duggan at the Retreat Center by email to curc@netins.net or calling 712-778-2466.