**Giving Word to the Quiet & Awakening the Spirit:**
**Using Writing for Spiritual Growth and Practice**

**August 20-22, 2012**
(11 a.m., Monday through 11 a.m. Wednesday)

Retreat/Workshop participants will:
- enhance and deepen individual current spiritual practices;
- use writing, especially poetry as a way to focus on the sacred and the holy in the midst of the everyday-ordinary;
- hear and discuss poems that model accessible forms and techniques;
- attempt and practice those poetic forms and techniques; work in an atmosphere of quiet reflection and develop a deeper appreciation for the value of silence.
- explore one’s innermost connections to the spiritual realm and its mysteries; actually express the urgings of the Spirit in their own hearts through poem-making;
- share discoveries, explorations and expressions with other participants who listen as witnesses, not as judges or evaluators.

**Location:** Creighton University Retreat Center, Griswold, Iowa
Lovely facilities in the quiet woods on the bluffs overlooking the Nishnabotna River.

**FACILITATOR – POETS**

**Rev. Dwight F. Grosvenor**
Ordained UMC Elder, published poet, experienced retreat/workshop leader/facilitator, daily devotional e-mail publisher.

**Wayne A. Gilbert aka magmapoet**
College professor in English, published poet, experienced retreat/workshop leader/facilitator, veteran performer, university lecturer on learning theory and adult learning and development.

**Cost per poet-participant:**
$250 (includes two nights, 9 meals & workshop materials)
$75.00 non-refundable deposit due by July 1.
Full amount due at the Retreat/Workshop, August 20.
Send checks to Rev. Dwight Grosvenor.

Approved for 2 CEU’s by the Iowa Conference of the United Methodist Church
Two (2) CEU Credits Available for Iowa United Methodist Clergy:
- Apply for CEU credit by August 1.
- Contact either facilitator for further information.

**Address Queries to either Facilitator:**
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