



Spiritual Director 8-Day Silent Ignatian Retreat
Creighton University Retreat Center October 21 -30, 2018



Cindy Shaw recently retired as Director of Emmaus House Spirituality Center in Des Moines, IA and moved to Springdale, Arkansas where she continues to serve as a spiritual director, directs individual and group retreats, days of reflection, and workshops on various topics, including Ignatian spirituality.

Cindy has a M.Min and MA certification in spiritual direction and retreat direction from Creighton University. Cindy has co-authored several Ignatian adult formation prayer series, including My Heart's Desire, and That Retreat, and served as a guest columnist in the Arkansas Catholic Diocesan newspaper. She and her husband Cody have been married for 49 years, have four children and 17 grandchildren.