Envisioning Our Future: Innovation Council Initiative Proposal

Innovation Council Name: Wellness Programs, Partners, and Facilities Council

Council’s charge:
Determine programmatic needs and opportunities to create a wellness culture

Membership:
Mark Burgers, Athletics
Nate Haecker, Student Health Services
Kathryn Onorato, Department of Residence Life/Lieben Center
Stephanie Stockham-Ronollo, Student Counseling Services
Steve Woita, Campus Recreation

Innovation Initiative Title:
Staff Dietitian

Identified Innovation Opportunity:
Hire a Staff Dietitian

Brief Description of Innovation Initiative:
The staff Dietitian would provide medical nutrition therapy and create nutritional programs based on the health needs of students. In addition, the Dietitian would counsel students on how to lead a healthier lifestyle. The staff Dietitian partners with key campus collaborators to develop programs and conduct campus outreach on topics related to food, nutrition and body image. In addition, the staff Dietitian would serve as a member of the Eating Disorder Treatment Team.

Objectives and/or Learning Outcomes:
- Assist students, staff, and faculty in learning about healthy eating habits and body image.
- Lead, facilitate, and participate in collective, systematic and innovative nutrition education for well-being.
- Promote better nutrition by speaking to groups about diet, nutrition, and the relationship between good eating habits and preventing or managing specific diseases.
- Educate the campus community about disordered eating.
- Mentor/partner with the Healthy Lifestyle Management major to promote campus wellness.

Who/what is better served by this Innovation Initiative:
The entire student body and campus community as a whole.

Who are key partners/collaborators?
- Center for Health and Counseling
- Division of Student Life as a whole
- Athletics
- College of Arts and Sciences
- Eating Disorder Treatment Team