Envisioning Our Future: Innovation Council Initiative Proposal

**Innovation Council Name:**
Wellness Programs, Partners, and Facilities Council

**Council’s charge:**
Determine programmatic needs and opportunities to create a wellness culture

**Membership:**
Mark Burgers, Athletics
Nate Haecker, Student Health Services
Kathryn Onorato, Department of Residence Life/Lieben Center
Stephanie Stockham-Ronollo, Student Counseling Services
Steve Woita, Campus Recreation

**Innovation Initiative Title:**
Wellness Living Learning Community

**Identified Innovation Opportunity:**
Due to the number of students at Creighton that are interested in health and wellness and pursuing careers in healthcare, there is great potential to intentionally further develop these students outside the classroom and encourage them to become courageous leaders.

**Brief Description of Innovation Initiative:**
A Living Learning Community focusing on Wellness would help develop students’ knowledge and practice of life long well-being in the areas of Physical, Intellectual, Spiritual, Emotional, Financial, Social, and Environmental.

**Objectives and/or Learning Outcomes:**
- To develop sustainable habits in the seven components of wellness.
- Students will have an opportunity to interact with full time professional staff and faculty within their residence hall.
- Students will demonstrate their ability to select and prepare healthy and nutritious meals, activities, and lifestyle choices for themselves and a group.

**Who is better served by this Innovation Initiative:**
This initiative would directly improve the life outside of the classroom for the students involved in the Living Learning Community. There is potential to create a culture focused on wellness within this LLC that carries over into the rest of campus.

**Who are key partners/collaborators?**
- Residence Life
- Campus Recreation
- Student Health and Counseling Services
- Campus Ministry
- Schlegel Center for Service and Justice
- Exercise Science or Healthy Lifestyle Management
- Heider College of Business
- Sodexo
- Proposed new registered dietician