Overview
Creighton University’s Division of Student Life seeks to empower and “accompany” students in their journey to persist towards graduation. Student Life and Student Counseling Services provide a transitional bridge for students as they re-start their academic journey following a Mental Health Leave of Absence (LOA). The following instructions provide students with the steps needed to re-enter Creighton University after a Mental Health Leave of Absence (LOA).

Step 1: Ask Provider(s) for a Written Recommendation* and Grant a Full Release
Ask your provider(s) to send a written recommendation to Student Counseling Services and give your approval for a full release to Student Counseling Services. The written recommendation must be received by November 15th (for re-entry for the Spring semester) or July 15th (for re-entry for the Fall semester). Please reference the “Re-Entry Instructions for Providers” for this recommendation. Ask your provider(s) to send this written recommendation prior to contacting Student Counseling Services to schedule an assessment.

Step 2: Schedule an Assessment with Student Counseling Services
When you have confirmed that your provider(s) have sent a written recommendation to Student Counseling Services and you have approved for a full release to Student Counseling Services at Creighton University, please contact Student Counseling Services to schedule an assessment. (Student Counseling Services at Creighton University can be reached at 402.280.2735 voice.)

Step 3: Meet with Student Life
One to two days after meeting with Student Counseling Services, you will meet with Dr. Wayne Young, Jr., Associate Vice Provost for Student Life, or his designee, to complete a Student Life Student Support Plan. This meeting will be scheduled after a student meets with the Director of Student Counseling Services or his/her designee. The Student Support Plan will include recommendations from Student Counseling Services and is an agreement between the University and the student. Students will be asked to agree to a student support plan and a limited release of information at this meeting.

Questions?
The University has assigned students an important resource to help support and accompany them during these steps in their academic journey. Ms. Sangeetha Kumar is the Assistant Director for Student Assistance and is a licensed mental health practitioner (LMHP) working jointly out of Student Life and Student Counseling Services. Ms. Kumar can be contacted at 402.280.3271 or via email at sangeethakumar@creighton.edu

Deadlines:
*Steps 1 & 2 need to be completed by the following deadlines. Meeting the deadline for a given semester is the responsibility of the student. (Re-Entry for the Spring Semester is November 15th; Re-Entry for the Fall Semester deadline is July 15th.)