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PURPOSE

GME Programs, in partnership with Creighton University, must design an effective program structure that is configured to provide residents with educational and clinical experience opportunities, as well as reasonable opportunities for rest and personal activities.

SCOPE

This policy applies to all Creighton University Department of Radiology Residents

POLICY

The Creighton University Department of Radiology Residency Program has implemented and supports the institutional policy, in accordance with ACGME policy on work hours.

DEFINITIONS:

Clinical and Educational Hours (Work Hours)

Work hours are defined as all clinical and educational or academic activities related to the program, i.e., patient care (both inpatient and outpatient), administrative duties relative to patient care, the provision for transfer of patient care, time spent in-house during call activities, and scheduled activities, such as conferences.

Work from Home (Home Call) must be included in the 80-hour limit. Types of work from home that must be counted include using an electronic health record and taking calls from home. In such circumstances, residents should be mindful of their professional responsibility to complete work in a timely manner and to maintain patient confidentiality.

Work hours do *not* include research or studying done at home, i.e., educational activities such as reading and preparation time spent away from the work site.

Work Hour Flexibility: Exceptions are allowed to provide residents with some control over their schedules by providing the flexibility to voluntarily remain to care for a single

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severely ill or unstable patient, for humanistic attention to the needs of a patient or family or to attend unique educational event. There is no exception to the 80-hour work week, and the resident must not stay if fatigued. It is important to note that a resident may remain or return only if the decision is made voluntarily. Residents must not be scheduled beyond work period restrictions or required to stay by an attending or more senior resident/fellow.

Time off Between scheduled clinical work and educational periods: Adequate time for rest and personal activities must be provided. This should consist of a period of time as set forth in the ACGME Clinical and Work hour requirements between all daily duty periods and after in-house call.

Night Float: Night Float must occur within the context of the 80-hour and 1 in 7 requirements.

Fatigue: Any resident who feels that they are fatigued or are not able to stay within work hour regulation, or for any reason cannot carry out their duties should contact their supervisor. The program director and the faculty must monitor the daily demands and responsibilities of each resident and make scheduling adjustments and/or provide back-up support as necessary to mitigate excessive service demands and/or fatigue.

On-call Activities

In-house call must occur no more frequently than every third night, averaged over a four-week period.

At-home call

- Must not be so frequent as to preclude rest and reasonable personal time for each resident
- Residents taking at-home call must be provided with one day in seven completely free from all educational and clinical responsibilities, averaged over a four-week period.
- When residents are called into the hospital from home, the hours residents spend in-house are counted toward the 80-hour limit. Resident will use the "Home Call Called In" option to log these hours in New Innovations.
- When residents are on at-home call and triage a call or work remotely in a chart, this time is logged using the "Home Call – Not Called In" option in New Innovations.

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- When residents are on at-home call and do not receive any calls, then no work hours are logged for this time in New Innovations.
- Does not require a rest period after assignment.

PROCEDURE

Moonlighting

Creighton University Radiology Residents are allowed to moonlight. Because residency education is a full-time endeavor, moonlighting activity is only allowed with approval of the residency program director and must be in compliance with the departmental and institutional moonlighting policies.

Logging Work Hour Rules and Repercussions

Residents are required to log duty hours in New Innovations on a weekly basis.

Program Director (PD) and Program Coordinator (PC) will oversee this compliance by keeping an eye on duty hour entries in New Innovations on a weekly and monthly basis.

Program Director and Program Coordinator will monitor any work hour violations. Residents are expected to enter a cause and comment in New Innovations if a work hour violation occurs. The program director will also review the violation and resident's comments and enter their own comment in New Innovations.

REFERENCES

https://www.acgme.org/

For additional information regarding the Graduate Medical Education policies, please see their policies at the following link:

 $\frac{https://www.creighton.edu/medicine/residencies-fellowships/residencies-fel$

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AMENDMENTS OR TERMINATION OF THIS POLICY

Creighton University reserves the right to modify, amend or terminate this policy at any time.

The GME policy supersedes all program level policies regarding this area/topic. In the event of any discrepancies between program policies and the GME policy, the GME policy shall govern.