



Old Gym Is New Again

By [Creighton Today](#) – October 16, 2017

Posted in: [Headlines](#)

Perhaps no other space on Creighton’s campus has experienced such a variety of inhabitants as the Old Gym, also known as the Vinardi Center at 24th and Burt streets.

The building, which celebrated its 100th anniversary in 2015, once held the home court for men’s basketball, women’s basketball and volleyball, and housed a pool for Creighton

swimming and diving teams. Dances, commencements, class registrations and athletic practices were all held there; ROTC, the Athletic Department, a computer center and more have called it home.

Today the Old Gym is seeing its latest iteration, and it’s a complete makeover. Joining such campus entities as the Division of Information Technology (DoIT) and fellow newcomer Emergency Medical Services (EMS) education, is a new kid on the block, the Pharmacy Skills Lab and its associated offices.

As part of its relocation to facilities on the east campus fitness and athletic corridor, the Athletic Department contributed \$1.5 million for the repurposing of the gymnasium into an academic space.

Work is now complete and the sleek, tech-savvy lab accommodates 85 pharmacy students. It has areas for sterile and nonsterile compounding, community pharmacy simulation and drug information activities.

The lab also contains nine rooms for practicing patient counseling and is equipped to teach distance learners. According to Shana Castillo, PharmD’01, assistant professor of pharmacy practice and lab director, it would be the envy of any pharmacy school.

“We wanted to be able to accommodate both our campus students and our distance students,” Castillo says. “(Creighton architect) Coale Johnson did an awesome job giving us a state-of-the-art space you would want to come to.”

Johnson, who works in planning and design in the Facilities Department, was the “architect of record” for the project, but he also gives credit to others on campus, including LeeAnn Crist, interior designer, and Wes Walling, director of mechanical, electrical and plumbing operations, as well as the outside firms involved.

“The project to relocate the pharmacy skills lab from the lower level of Brandeis to the second floor of the Old Gym was very challenging,” Johnson says.

“The only existing drawings from 1915 were very poor in quality and the building had several remodels and additions through the years,” Johnson says. “Removing and salvaging the existing wood floor took longer than expected because we palletized, numbered and shrink-wrapped all of the planks.”

Reclaimed Enterprises, an Omaha firm that promotes the reclamation and reuse of sustainably sourced materials, is offering [furniture and other items](#) made out of the planks. Creighton’s Facilities Department receives a portion of the profits, which will be used for funding other University projects.

Johnson says that while the pharmacy skills lab was the primary project, “We were also able to accomplish several deferred maintenance projects, such as new HVAC, roof repairs and exterior window replacement. These upgrades also will improve the energy efficiency of the building. The biggest challenge was the short window of time to complete the entire project. We started in May and it was substantially completed Aug. 14.”

The work is appreciated by the pharmacy students, according to Castillo. “Returning students were very surprised, and I know prospective students are going to be blown away.”



Rev. Daniel S. Hendrickson, SJ

Office of the President, Creighton University

On Sunday, a Creighton student informed Public Safety that there were several racial slurs on a chalkboard in the Humanities Building. I condemn these actions of bigotry and hatred in the strongest possible terms, and I am committed to holding the individuals who perpetrate such actions responsible.

The [Office of Equity and Inclusion](#) continues to investigate this abhorrent act of intolerance, with the support of [Public Safety](#) and other University officials. In addition, Creighton offers resources for students, faculty, and staff, including confidential advocacy through the [Violence Intervention and Prevention Center](#), counseling through [Student Counseling Services](#), and assistance through the [Employee Assistance Program](#).

For more information on available services, to report incidents of discrimination, or to share specifics regarding the weekend incident, please contact the Office of Equity and Inclusion at (402) 280-3189.

As students, faculty, and staff at a Jesuit, Catholic university, we must treat every person with dignity and respect at all times. We are a University community that believes in the inalienable worth of each individual and appreciates and supports ethnic and cultural diversity.

I strongly encourage you to learn from the incidents occurring globally, nationally, and in our own community. Do not allow your disgust and disdain toward hate speech to fade. Let us, instead, reconfirm our commitment to reach out to victims of injustice, and stand firm against incidences of hate and discrimination.

Sincerely,

Rev. Daniel S. Hendrickson, SJ

NEXT SUSTAINABILITY FORUM

Three faculty members from Creighton's College of Arts and Sciences will discuss the work they have been doing in the Nebraska Sandhills. As part of their 2017 Haddix Faculty Research project, "The Nebraska Sandhills in Interdisciplinary Perspective", Dr. Mary Ann Vinton, Dr. John O'Keefe, and Dr. Jay Leighter will share their experiences and perspectives related to the socio-cultural, ecological, and theological research.

FRIDAY, November 17 at noon in Skutt 105. All are welcome! Feel free to bring your lunch.



October's Sustainability Forum available online

Dr. Dan DiLeo's presentation, an adapted Catholic Climate Covenant program titled "Befriend the Wolf: A Blessing for All Creation" was held in early October. In this presentation, Dan helps us see how caring for all creation is integral to the Catholic identity, the Jesuit tradition, and our University's mission.

This and all Sustainability Forums are recorded and placed on Creighton's Sustainability website, on the "**What Can I Do?**" page, under the "**Recorded Forums**" tab:
<http://www.creighton.edu/sustainability/whatcanido/#c191097>

2017 Sustainability Awards

Congratulations to our recipients of the 2017 Spirit of St. Francis Awards! Thank you for your dedication to sustainability in your scholarship and service.

Check out @GreenCreighton on Facebook and Instagram for photos of our four awardees:

Facebook: <https://www.facebook.com/GreenCreighton/>

Instagram: <https://www.instagram.com/greencreighton/>

Annual Faculty/Staff Award: Dr. Richard Miller, Department of Theology

Student Award: Jessica Mizaur, senior in College of Arts and Sciences and president of Greenjays

Community Partner: Dr. Barbara Dilly, Department of Cultural and Social Studies

Distinguished Career: Kelly Tadeo-Orbik, Schlegel Center for Service and Justice



Dust Off Your Bike Event

Bike mechanics from the Community Bike Project Omaha (CBPO) assisted faculty, staff, and students on Skinner Mall on Wednesday evening. It was a great success and we will plan a similar one for the spring. In the meantime, check out CBPO on our website, under the "**Walking and Bicycles**" tab, for ways to get involved with the community:

<http://www.creighton.edu/sustainability/campus/transportation/>

Keep the spirit of St. Francis alive by taking the Catholic Climate Covenant **St. Francis/Laudato Si' Pledge** and encouraging friends, family, and colleagues to do the same at: <http://www.catholicclimatecovenant.org/pledge>

ADDITIONAL SUSTAINABILITY NEWS:

Caring for creation involves many aspects of life, including the intersection of art and science. There are a few upcoming opportunities you might be interested in: Creighton will be hosting two exciting events that connect artistic expression, social justice, and the environment.

Reclaimed plastic sculptures come to life in next Lied Art Gallery exhibition

Sayaka Ganz's work will be on display from **Oct. 24 through Nov. 19** in Creighton's Lied Art Gallery.

Hours for the Lied Art Gallery are M-F: 11 a.m. to 1 p.m. and 5 to 6 p.m.; Sat-Sun: 1 p.m. to 4 p.m.

Learn more about the exhibit here:

<http://www.creighton.edu/publicrelations/newscenter/news/2017/september2017/september132017/sayakaganznr091317/>

Two opportunities to meet the artist will be held, one on Nov. 3 from 11 a.m. to 1 p.m., and another on Nov. 10 from 11 a.m. to 1 p.m. Ganz will also be working daily in the gallery.

Creighton thespians tackle climate change in Theatre for Social Justice course

Amy Lane, PhD, assistant professor and coordinator of Creighton's theatre and dance programs in the Department of Fine and Performing Arts, is teaching the Theatre for Social Justice class focused on climate change and culminating in a **Nov. 17 performance of plays** penned by internationally renowned playwrights and the students themselves. Students are also working on five-minute plays focused on pollution, the protection of animals and climate change denial.

Creighton is Nebraska's representative for the 2017 edition of Climate Change Theater Action.

Learn more about the project here:

<http://www.creighton.edu/publicrelations/newscenter/news/2017/october2017/october32017/theatreforsocialjusticer100317/>



Fruit fits easily into breakfast, but vegetables can be a challenge. Here are some tips to help you wake up your kid's fruit and vegetable appetite:

- *Stir things up.* For a quick breakfast, add raisins or chopped dates to instant oatmeal, or stir blueberries, strawberries or sliced banana into whole-grain cereal with fat-free milk.
- *Get scrambling!* Add fresh or frozen chopped spinach, mushrooms and diced tomatoes to scrambled eggs or omelets. Really, any veggies will work!
- *Make a breakfast sandwich.* Top a whole-wheat English muffin with either reduced-fat peanut butter and banana slices, or hummus, sliced cucumbers, tomato and fresh spinach.
- *Batter up.* Add grated carrots or zucchini to pancake, quick bread or muffin batter.
- *Drink your produce.* Whir carrots and fresh orange juice in a blender for a refreshing breakfast beverage.
- *Say "Olé!"* Make a breakfast burrito by wrapping low-fat cheddar cheese, scrambled eggs and diced bell peppers in a whole-wheat tortilla. You also can make a vegetable-and-cheese quesadilla in a nonstick pan with a scant amount of canola oil.
- *Pick a fruit pizza.* Spread reduced-fat dinner rolls in a pizza pan and bake. Top the pizza with orange sections or slices of kiwi, apples or strawberries, and drizzle fat-free vanilla yogurt over the top.
- *Make a quick white or sweet potato hash.* Grate the potatoes—they cook faster that way. Place the potatoes in a glass bowl and microwave about three minutes or until hot; drain any juice. Heat a skillet or frying pan on the stove and then stir-fry the potatoes with a teaspoon of olive oil until crispy.



Reviewed October 2017 Mary Mullen, MS, RD, is co-author of *Healthy Eating, Healthy Weight for Kids and Teens* from the Academy of Nutrition and Dietetics. Jodie (Jo Ellen) Shield, MED, RD, LD, is co-author of *Healthy Eating, Healthy Weight for Kids and Teens* from the Academy of Nutrition and Dietetics.

SimplyWell will be at the 2017 Benefits and Wellness Forum on November 2nd at the Student Center Ballroom, from 8:30 a.m. to 3:00 p.m.

All Employees:

Cyber Training emails are sent out by DoIT every Quarter. Please complete the video training **every time** you receive the email notice. Cyber Training is mandatory for everyone using Creighton's website. Deadline for completion this quarter is November 17th.

Note: Email is the method used for much of our Creighton employee information from DoIT, Human Resources, MyHr, etc. Please check your Creighton email at least once a week.

[Prepare for Nov. 2 Benefit and Wellness Forum](#)

By [Creighton Today](#) – October 24, 2017 **Posted in:** [Headlines](#), [HR Corner](#)

Benefits and Wellness Forum - Thursday, Nov. 2 - 8:30 a.m. to 3:30 p.m. Skutt Student Center Ballroom

It takes time and energy to maintain good health. As you prepare to elect your benefits for 2018, make sure that the plan you choose for yourself and your family isn't just good for your pocketbook, but that it fits your overall needs.

The Creighton Benefits Team will host a faculty and staff Benefits & Wellness Forum on **Thursday, Nov. 2** in the Skutt Ballroom. All faculty and staff who are eligible for coverage under Creighton's group health plan are encouraged to attend.

Register to attend one of the three benefit information sessions for an in-depth overview of Creighton's offerings, or drop in and talk with members of Human Resources and others. Register for an information session that best works with your schedule. All three sessions will include the same information.

	Time	Registration link
Session 1	8:30-9:30 a.m.	Register for Session 1
Session 2	10-11 a.m.	Register for Session 2
Session 3	2-3 p.m.	Register for Session 3

During the information sessions Lenora Salts, Benefits Analyst, will present an overview of the benefits offered by Creighton. Additionally, there will be presentations by UHC, PayFlex, The Creighton Wellness Team and representatives from the Cardiovascular Risk Reduction Program offered by Creighton University.

- The employee Benefits & Wellness Forum provides an opportunity to:
- Discover the benefits and services offered by Creighton
- Access your benefit needs for 2018
- Review how to access the benefits portal for open enrollment
- Meet with subject matter experts before or after the informational sessions
- Bring your Creighton ID to be entered for door prizes and give-a-ways
- Signup for the CU on the Scale Healthy Holiday Challenge

Flu shots will also be available!

BENEFIT OPEN ENROLLMENT DATES – NOVEMBER 3rd through NOVEMBER 18th

NEW ... HR CORNER

Human Resources has rolled out a new feature of an “HR Corner” every Wednesday on the Creighton Today email each employee receives every day. If you want to be current on what is happening in HR/Benefits/Performance/Development Sessions...check this out every Wednesday on the Creighton Today email.

Reminder: Enter 2017/2018 Performance Goals by Nov. 15

The performance management system is now in **myHR**. Staff members should be entering their 2017/2018 performance goals now. The deadline for entering goals is November 15, 2017. It is recommended that each employee set 3-5 goals.

If you want to access and download your performance reviews from 2015/2016 and 2016/2017, you may access the “old” system until October 31, 2017. See your supervisor if you have questions.

Creighton University Holidays...

Thursday
November 23, 2017
and
Friday
November 24, 2017



**Merry Christmas &
Happy New Year!**

Monday, December 25th
through
Monday, January 1st

Other Dates to Remember...



Daylight Saving Time Ends
SUNDAY
NOVEMBER 5, 2017



NOVEMBER 11TH

FACILITIES MANAGEMENT CHRISTMAS LUNCH
WEDNESDAY, DECEMBER 13TH
LOWER LEVEL OF SAINT JOHN'S CHURCH
11:30 A.M. – 1:00 P.M.

This Potluck is for ALL Facilities Management employees. Watch for sign-up sheets for food.

UNIVERSITY HOLIDAY RECEPTION
TUESDAY, DECEMBER 12, 2017
3:00 pm - 6:00 pm
HARPER CENTER
Ahmanson Ballroom

Please join President Rev. Daniel S. Hendrickson, S.J. for this annual gathering. All university employees are invited to attend and enjoy time together in the spirit of the holiday season. An email invitation with a request for a RSVP will be sent in advance of the event.

FALL SEMESTER ENDS - DECEMBER 16, 2017

SPRING SEMESTER
Classes resume Wednesday, January 10, 2018