



Facilities Management News

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In 1666, Isaac Newton closed the blinds of his house in Cambridge and sat in a darkened room. Outside, the sun shone brightly. Inside, Isaac cut a small hole in one of the blinds and placed a glass prism at the entrance. As the sun streamed through the hole, it hit the prism and a beautiful rainbow fanned out on the wall in front of him. Watching the perfect spectrum of colors playing on the wall, Isaac realized that the prism had pried apart the white light, refracting the colors to different degrees. He discovered that white light was, in fact, a mixture of all the other colors in the visible spectrum, from dark red to deepest purple; and that the only way to create white light was to draw all of these different colors together into a single beam.

Recently, Lou and I have been talking with Deans to learn how Facilities Management is delivering service. Through it all, we have learned one underlying theme. We appear as white light. Many people doing what they do best have made the organization appear as white light. As many trades' and skills deliver service in a quality and timely way, the satisfaction has been rated high. That is not to say we did not walk away with some corrective action items but we are "white light".

The effort to provide quality service in the residence halls this summer has required a lot of coordination and communication. I have heard from many of you that the effort to keep each other informed about schedules and work activity has been very successful. This again, makes us look like "white light". Thank you for the efforts to make this a productive and possibly less stressful summer.

Remodel and new construction has been such a fast pace for so many months that it seems we do not get one job done before starting two more. The possibility of not doing a job well is very high because the work is going so quickly. We become each others eyes and ears and help with the projects to insure a satisfactory completion. We are in this together to provide the best end product to the University. Appearing as "white light" to solve construction and remodel problems is our only hope. Please continue to report your comments and observations.

Another example of "white light" is the effort to exhibit a beautiful campus landscape. Projects like roof replacements and mall extensions do little to preserve the landscape nearby. Working together makes the view less conflicting to people walking the campus.

Just some rambling:

- *The Harper Center is progressing on schedule. Move-in is about a year away. There are conversations now about staffing and management of the iconic structure.*
- *The new Wareham Bldg (aka O'Keefe) is well underway at 17th and Webster. The neighboring building known as Moreco Plating Co will soon be demolished to make way for a new parking lot. The Wareham Bldg will be occupied around the start of the New Year by University Relations and Creighton Medical Associates.*
- *Planning to backfill space emptied when Harper Center opens and Wareham Bldg is completed has started. The use of Brandies Hall will be by the Arts and Science College if the funding for remodel is identified. Expect that work to happen in 08/09.*
- *Conversations with possible occupants in Labaj are about to start. The Labaj will be vacated when CMA moves to the new Wareham Bldg. The move into Labaj could be this fiscal year.*
- *There have been some recent internal promotions. Congratulations to **Paul Starr** as the new Building Engineer Lead worker on the second shift. New custodial lead workers are **Andrea (Dee) Peoples** and **Larry Morgan**.*

As you focus on getting ready for students to return and the school year to start, please work safely. The urge to get everything done is understandable but don't take safety shortcuts. Be aware of your surroundings and watch for the safety of others so not only you but your friends can avoid an accident.

Thanks for all you do. Having us look like "white light" can only happen when everybody works as part of the team.

Lennis

WELCOME

to our new employees ~

Custodial Services:

- **Greg Wait** joined Creighton in May and works as a custodian in the Administration Building. His favorite music artists are Eminem, DC Talk, R.E.M. and Def Leppard. His all time favorite meal consists of a side order of Bruschetta followed by a potato casserole with grilled chicken breast strips topped with melted Monterey jack cheese and hollandaise sauce.
- **Doris Copeland** started July 2 as a custodian in the residence halls. She has 2 daughters and 3 grandchildren. She likes R&B, Jazz, and Pop music and eating peach cobbler. Her hobbies include reading and going to plays and movies.
- **Virginia Cawthorne** is a new custodian in the Criss Complex and started here at Creighton in April. She likes R&B and Jazz music and American and Soul food.
- **Anthony Butler** joined us as a Floor Technician on July 9. He likes all kinds of music, good smoked meats and in his spare time enjoys fishing and camping.

Landscape Services;

- **Michael Bogard** started as a full-time laborer on the Grounds Crew in April. He has 8 children and 10 grandchildren. He enjoys Classic R&B music and all kinds of food. He wants everyone to work on World Peace and be kind of animals.
- **Travis Perrotta** is a new groundskeeper. He has 1 child and 1 on the way. He likes all kinds of music; all kinds of food; and enjoys boating, fishing, and other outdoor activities.

Environmental Health & Safety

- **Justin Burgett** worked at Kiewit Construction Company for 20 years, before joining us on July 2 as the Safety Representative for Environmental Health & Safety. He is married and has 2 sons ages 16 & 13. He likes listening to all types of music and enjoys good Italian food. Most of his free time is spent watching his sons play year-round sports. In his extra free time he likes to hunt, fish, play golf, bowl, and spend time in the gym.

Front Office

- **Beth Sylvester** joined the front office team on June 27, and has become the primary voice most of you hear when you call the Facilities Management office or receive a radio dispatched work order call. Beth has 3 children; 1 grandchild; 2 cats; and 1 big yellow lab named Beans. She likes all kinds of music, as well as all kinds of unhealthy food. In her spare time she enjoys making candles and bath/body products ~ and is also in the process of obtaining her Master's Degree in Mental Health Counseling.



Don't forget to turn your Fun Day T-Shirt order form

Fun Day 2007
Tuesday, September 18
11:30 a.m. – 3:30 p.m.
NP Dodge Park



And now for something completely different from Jessica Heller:

When the summer heat turns up many of our flowering plants turn off. This is a great reason to introduce yourself to some late summer superstars that are making their debut appearance in newly planted landscapes on campus.

- *Liatris 'Kobold'* (Blazing star) is a 24-30" perennial with feathery, deep purple flower spikes through July and August. In addition to being a good cut flower, it is a great plant for attracting birds, hummingbirds, and butterflies. You can find *liatris* on the west side of the Labaj building.
- *Perovskia 'Little Spire'* (Russian sage) is a 24" perennial with aromatic, gray-green foliage and spikes of violet-blue flowers from June through frost. Russian sage is planted west and south of the Linn building.
- *Hemerocallis 'Pardon Me'* is a reblooming daylily with a fragrant, cranberry red flower. It is similar to the yellow '*Stella D'oro*' and '*Happy Returns*' daylilies you see around campus, with a dwarf stature and extended bloom. '*Pardon Me*' is making an appearance on the southwest corner of St. John's.

Workplace English Class:

Participants in the Level 1, Workplace English class were recognized at the June picnic. Congratulations to **Marcela Barrera** and **Enrique Barrera** who have successfully completed Level 1 and are ready to begin Level 2 of the program. Congratulations to **Eleuteria Narvaez** and **Maria Sanchez** who significantly increased their knowledge in Level 1 and are ready to begin the next phase of the program.

Classes will resume in the fall. Thank you all for your hard work -- your success is our gain!



News from Planning and Design: Fran Angeroth

Planning and Design continues working on numerous projects across the campus that can provide surprises and challenges for many during the summer. To name just a few of those are as follows:

- Administration building second floor suite 235 work expanded to include new ceiling and light as well as new carpet.
- BIC has improved the garden area as you approach the main door. Also new benches for enjoying the space.
- Boyne voice data rewire is coming to a close. When the dental students return they will have lots of new computers in their main clinic space.
- California Mall phase 4 and 5, that is developing the pedestrian walk ways from the soccer stadium up to the Harper Center, is taking shape and still on track to be completed in early August.
- Kiewit Fitness Center replaced the hot tub.
- Kiewit Hall progress continues on removing all the built in desks and shelves and the old metal bunk beds. Delivery is scheduled for the early part of August of the new loft units for the entire building.
- Kiewit Hall laundry room remodel is in progress.
- New Wareham Building (formerly O'Keefe building on 16th Street) renovation is coming right along. The new windows will give it a great look.
- Residence Hall roofs for Deglman and Kiewit Hall started the first week of July and are progressing. Schedule currently is to be completed by August 3rd.
- St Johns Church interior is substantially complete. It is beautiful so take a moment and stop in to see for your self.

On a personal note I (Fran Angeroth) am back in the office full time and the recovery from a total left knee replacement is on target. To the great group of people I work with both here in Facilities Management but also across the University many thanks for everything you did during this time.



Energy Management

Since the last newsletter Energy Management has processed 152 work orders and 291 PM's. Progress on the Swanson Hall fan coil repair is slow due to summer school activity. Work continues on water usage/lawn sprinkler systems, W-4 metering with MUD with a potential to save sewer use fee charges from city. Other activities included chairing the Energy Awareness meetings where we discussed campus recycling, OPPD electrical load curtailment, water conservation, electrical lighting up-grades, and other ways to save energy. The issue of failing older energy management HVAC control systems throughout campus is taking its toll – coordination of contractor repairs, problems with the Cardiac Care HVAC system, and repair completed to HVAC system in Beirne Tower/Criss 1. Projects going on this summer are the Skutt Student Center ballroom lighting upgrade and Boyne dental clinic re-lamping.

July 17th we were asked to curtail our electrical use by 500KW from OPPD. I am pleased to announce that we made it, but just barely. I want to thank all of you that helped us achieve this goal. If we don't make the 500KW curtailment the University could face a penalty. So again THANK YOU! George



CU Wellness Program Tips:

Dawn Obermiller



T.A.S.T.E.

Tips from the CU Employee Wellness Program for incorporating more fruits and veggies into you and your family's diet.

T. - Try something new at every eating occasion.

- Explore new recipes that include fruits and veggies, or get creative with your own. Add shredded carrots to your casseroles, chili, lasagna, meatloaf or soup. Drop berries into hot or iced tea, hot or cold cereal, pancakes or yogurt. (You get the idea!)
- Be imaginative at breakfast by making fruit smoothies, egg & veggie burritos and yogurt/fruit mixtures, or simply putting a new fruit on top of your favorite cereal.
- Use leftover veggies for tomorrow's salad, or add them to a favorite can of soup. Yesterday's fruit can be mixed into a zesty salad dressing, sauce or fruit salsa to accompany meat.
- Keep a variety of bite-sized munchies on hand for on-the-go snacks, such as boxes of raisins, fresh grapes or berries, dried fruit trail mix and frozen 100% fruit bars. Cherry tomatoes and carrot sticks with hummus can be a tasty and refreshing veggie treat.

A. - All forms of fruits and veggies count!

- In your menu, feature each of the Fab Five Forms - fresh, frozen, 100% juice, canned and dried - which are all packed with nutrients for better health and energy.
- Color your family's plate, as a variety of colorful fruits and vegetables provide a wide range of vitamins, minerals, and other natural substances that may help protect you from chronic diseases including stroke, heart disease, and some types of cancer.
- Choose recipes that teach you different - yet simple - ways to cook all fruits and veggies and spice up every eating occasion, including steamed, slow-cooked, sautéed, stir fried, grilled, poached and even in the microwave.

S. - Shop smart.

- If you find that fruits and veggies spoil before you can use them up, consider buying fresh produce to use in three or four days. Clean and cut up the produce, so it will be ready to use, and start by eating the most perishable items first. Buy canned, frozen, and dried for later in the week or if time is limited. They are fast and can be just as nutritious!
- Store produce in the crisper drawer of the refrigerator (except bananas, tomatoes and potatoes) to stay fresh longer.
- When shopping on a budget, consider that fresh produce is more affordable when it is in-season. Also, look for weekly specials on fresh, frozen, canned, and dried fruits and veggies.
- At a restaurant, always ask what vegetables, including salads, are available as substitutes for high-fat side orders.

T. - Turn it into a family activity.

- Have a shish-kabob or homemade pizza night, where the kids get to skewer or sprinkle their own healthy choices.
- Choose your family's favorite fruit to make a quick and easy homemade sorbet with the kids.
- If there is a farmer's market nearby, check it out! It will be a fun trip for the kids, and the produce should be very fresh and economical.

E. - Explore the bountiful variety (and satisfy everyone)!

- For some families, it can be tough to find fruits and veggies that suit everyone's tastes. Use salad bars, buffets, or family gatherings to try new flavors until you find the foods that your whole family likes and then prepare them at home. There are more than 350 varieties of fruits and veggies to choose from. (*State of the Plate, 2005.*)
- Visit www.fruitsandveggiesmorematters.org for great serving suggestions, tips and information on all your favorites, plus inspiring ideas for fruits and veggies you've always wanted to try, but never knew how to make!
- Challenge your children on each shopping trip by asking them to pick out a new fruit or veggie the whole family gets to eat!

News from Environmental Health and Safety:

John Baxter

- **New Employee**

EH&S is finally back up to full strength. Justin Burgett is our new training coordinator. As the coordinator he will be responsible for much of the training that EH&S does for Facilities staff and the campus in general. Justin comes to Creighton from Kiewit Construction where he worked in the training department at the company headquarters.

Justin will also be developing data bases for our asbestos and lead based paint programs. Much of his early work here will be working with students and others to enter all of the data that we have on paper into a database that we plan on using in conjunction with other software so that we can graphically represent the data on building maps.

Please feel free to stop by and introduce yourself to Justin when you can.

- **USEPA Grant**

As many of you may have heard Facilities has received a \$200,000 grant from the US EPA to help with the remediation of the Moreco property directly east of the New Wareham building. This grant will be used to help pay for the demolition of the building and the installation of a soil and asphalt cap that will be installed to prevent the further movement of Chromium contamination caused by the plating operation that use to occupy the building. This will help supply the much needed parking spaces as the new Wareham building is completed. This award was the first if its type in the State of Nebraska. It is anticipated that more of these grants may be available in the future if and when the campus expands and purchases any environmentally distressed property.

Upcoming University Holiday



Labor Day **Monday, September 3**

The Labor Day holiday, as we know it, grew out of the efforts of labor unions over a century ago. According to the U.S. Department of Labor, records indicate the holiday was first proposed in the late 19th century. Two men are credited with the original idea: Peter J. McGuire, a co-founder of the American Federation of Labor, and Matthew Maguire, a machinist and secretary of the Central Labor Union in New York.

The purpose of the holiday was, in McGuire's words, to celebrate those "who from rude nature have delved and carved all the grandeur we behold."

Early legislation enacting Labor Day came from the states, led by New York and Oregon (which was the first to make the holiday official in 1887). In 1894, Congress passed the act which made the first Monday in September of each year a holiday.

Innovative Team:

We're currently working on improved litter control on campus, especially in the parking garages, as well as ways to prevent damage to the grass near the sidewalks with the increased usage of the pathway vehicles.

We have received suggestions from coworkers regarding information they would like to see passed along, including retirement benefits and tuition remission. Let us know if you have any ideas or suggestions.

We also need a few more members; if you're interested, let one of us know!

Innovative Team Members:

- ♦Jessica Heller
- ♦Dave Feder
- ♦Dennis Graskowiak
- ♦Mary Duda



A small act of kindness

- A small act of kindness can make a big difference. For when kindness is given, it inspires and enables even more kindness.
- You will cross paths today with someone who desperately needs to receive a little kindness. Kindness costs you nothing, and with it you can give so much.
- Even when it seems that your kindness is not appreciated, that kindness does indeed make a difference. Even if your kindness is not acknowledged, it is noticed, and over time can soften the hardest hearts.
- There is a special joy that comes when you do something just to be kind. Let go of your concern about what's in it for you, and experience how truly good it feels.
- Kindness can be so wonderfully refreshing. The world remembers and respects those who offer it on a regular basis.
- It's easy to give a little kindness. It's immensely powerful when you do it over and over again.