It is estimated that more than 42 MILLION individuals in the U.S. are family caregivers. 75% of these individuals also work outside the home.

Are you a family caregiver? Do you provide any assistance to an adult family member, friend or neighbor who struggles with aging issues or is chronically ill, disabled or frail? ...if you answered yes, you are a caregiver.

Creighton UNIVERSITY

HELP FOR working caregivers SOLUTIONS THAT PUT YOUR MIND AND HEART AT EASE

This one-stop resource provides:

- Tools to help assess the caregiving situation
- Resources and solutions to help address caregiving challenges
- Access to support from “live” experts and a 24/7 resource line
- Tips to help manage work and caregiving responsibilities

Start taking advantage of this new benefit by logging into HelpForWorkingCaregivers.com

Username: creighton
Password: help2blue

Each Home Instead Senior Care® franchise office is independently owned and operated.