

It is estimated that more than

42 MILLION individuals in the U.S. are family caregivers.



75% of these individuals also work outside the home.

Are you a family caregiver?

Do you provide any assistance to an adult family member, friend or neighbor who struggles with aging issues or is chronically ill, disabled or frail?

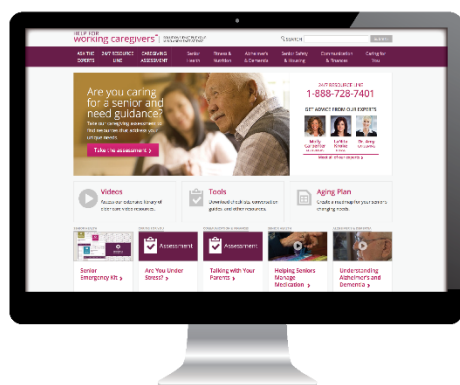
...if you answered yes, **you are a caregiver.**

Creighton UNIVERSITY

HELP FOR

working caregiversSM

SOLUTIONS THAT PUT YOUR
MIND AND HEART AT EASE



This one-stop resource provides:

- Tools to help assess the caregiving situation
- Resources and solutions to help address caregiving challenges
- Access to support from "live" experts and a 24/7 resource line
- Tips to help manage work and caregiving responsibilities

Start taking advantage of this new benefit by logging into

HelpForWorkingCaregivers.com

Username: creighton

Password: help2blue

