



# MASTERING THE ART OF THE RESEARCH POSTER

Presented by Betni Kalk and Alex Myers from the JMC's Media Department

# ABOUT RESEARCH POSTERS

- Research posters summarize information or research concisely and attractively to help publicize it and generate discussion.
- The poster is usually a mixture of a brief text mixed with tables, graphs, pictures, and other presentation formats.
- At a conference, the researcher stands by the poster display while other participants can come and view the presentation and interact with the author.



# TEXT

- Title is short and draws interest
- Word count of about 300 to 800 words
- Text is clear and to the point
- Use of bullets, numbering, and head lines make it easy to read
- Includes acknowledgments, your name and institutional affiliation
- Research posters don't usually need Abstracts, this helps reduce the amount of text on the poster

# HIERARCHY

- Poster Title should be the largest text on Page and legible from a distance of at least 5 feet to catch the attention of people passing by. Many advisors suggest that the title should be legible at 10 ft!
- Headers for Sections are smaller than the title, but larger than body copy
- Body copy can be small, but should be legible at a distance of 1.5 feet or more

# LEGIBILITY & FONTS

- Choose Legible Fonts – Sans Serif are best for smaller text size. Serifs are the small lines at the ends of characters. A couple familiar Sans serif fonts are Arial and Helvetica but there are lots more!
- Keeping to one simple font is usually best but you can use a different font for Title or Headers. However, never use more than two fonts per poster. There are usually plenty of variations within a font family such as bold and italics that one font should suffice!
- Left Paragraph Alignment usually is best for legibility of body copy. The ragged ends of centered text can fatigue the eye when there is lots of text.
- Info should flow from left to right & from top to bottom
- Avoid Underlining – rely on value changes, scale, italics and bolding
- Try not to exceed column widths of 70-80 characters.
- Consider using different font weights rather than multiple fonts.

# CONTRAST

Is there enough Contrast? Contrast gets the viewers attention and separates groupings of text or images.

Is there too much contrast in some areas that pull attention to the wrong areas?

Contrast is easily created by changing one or more of these:

- Scale
- Weight (like a thick or thin border)
- Color: *Hue and/or Value*
- Texture

# SPACE

No one likes to feel claustrophobic - your poster should breathe easily too!

- Make sure there is space around your groupings of text and/or columns
- Leave space at the edges of the poster.
- Spacings between groups and elements should be consistent and proportional.

# COLORS

Choosing a color palette makes designing a bit easier. Most software have themes that can dictate colors.

Color Palette + accent color for emphasis

For example: **navy**, **turquoise** and a **very light blue** with accent of **orange**

Creighton has its own color palette that you can use to keep consistent with Creighton brand.

[http://www.creighton.edu/fileadmin/UCOM/brand\\_guidelines.pdf](http://www.creighton.edu/fileadmin/UCOM/brand_guidelines.pdf)



# BALANCE / TYPE OF COMPOSITION

- Asymmetrical is usually more interesting
- Symmetrical is very formal and also difficult to maintain if there variation in content
- Often mixing the two will provide stability and an anomaly that makes the composition much more interesting.

# REPETITION

For consistency, repetition is necessary. Items such as fonts, sizes of text, borders on columns – these are mostly going to be repeated.

However, too much of the same thing can get boring so some changes are sometimes needed.

Subtle changes such as **background color** changes or **text color** changes or **bolding**, CAPITALIZATION, drop shadows and *Italics* are good amount of variety without drastically changing the design system you have created.

# BACKGROUNDS

- Backgrounds of columns of text should usually be a little different than page color so that areas are defined or separated. Both the column backgrounds and page color should be light values such as white or tints – such as cream or light pastel blue
- Consider using subtle gradients.
- Patterns and textures can also be used if very subtle and small. Bold items will detract from text or make it illegible.
- For backgrounds of Title Bars – These could be dark such as black, navy, dark red, violet, forest green. However, the text on top these backgrounds must be white or light
- Column headers might also have background colors – these could be either light or dark but the text on top then has to be highly legible. For a example of what not to do, white text on yellow does NOT show up.

# GROUPINGS/COLUMNS

For text boxes – typically keep them the same width if they are in a column together.

# GRAPHICS

- Adding borders to these is NOT recommend
- Adding a research-related graphic near the title could be good
- Logos should be placed at the bottom of the poster unless otherwise required

# PHOTOGRAPHS/GRAPHICS

- Imagery goes a long way in getting a viewers attention and to help explain your research. It is recommended that you include at least one photo or graphic.
- Too many graphics can also overwhelm a poster, choose what is necessary.

# PHOTOGRAPHS

- Photos will usually look better with a thin border of a medium to dark color, especially if the image has some areas of white that will fade into background.
- It is best if the aesthetic is the same - for example, either all bright colors or all desaturated. But it is usually ok to mix color photos with black & whites if the contrast is similar







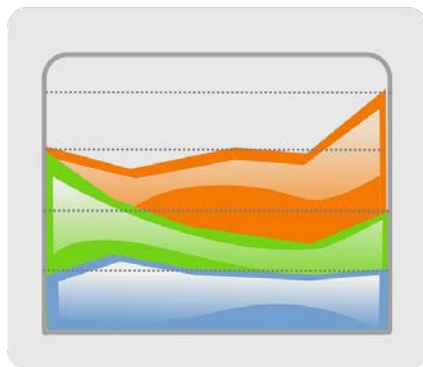
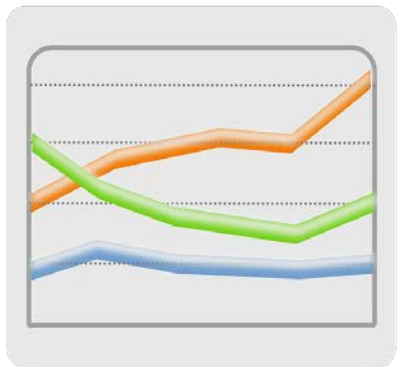
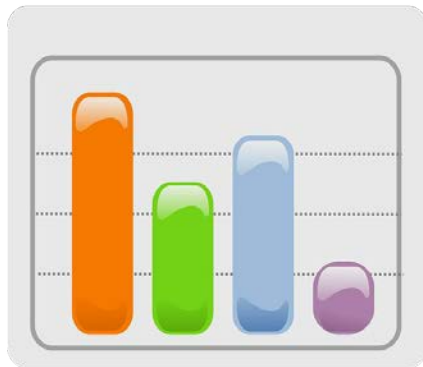
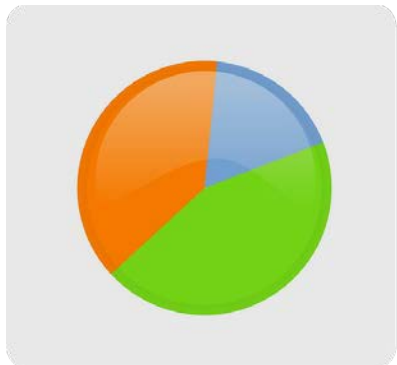




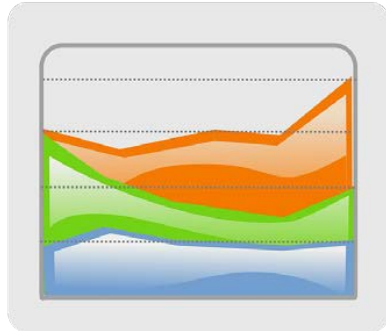
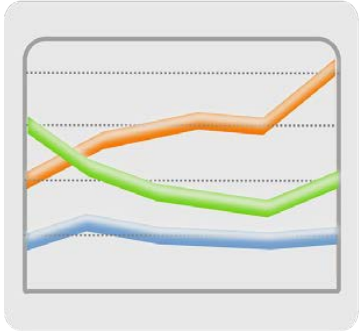
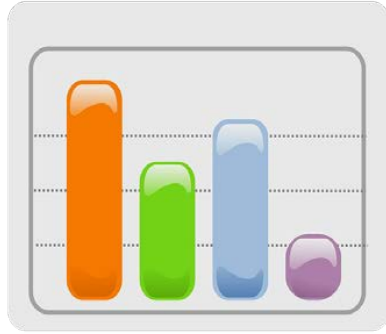
# GRAPHICS

- Adding a research-related graphic near the title could be good but isn't necessary
- Adding borders to these is usually not recommended unless you are consistently doing so but if you do, then leave white space (or background color) around it
- Be consistent in the aesthetic concerning effects such as highlights or shadows, colors and line weight (thickness of lines)

# GRAPHICS



# GRAPHICS



This grouping does not look good next to the other graph due to different aesthetics and color

# LOGOS

Its best to group them together in one area and with same heights or widths depending on their orientation. Logos should be placed at the bottom of the poster unless otherwise required to not distract from other graphics or the title.

There are Creighton Logos for you to use. Creighton has brand guides that include colors to consider using as well as rules for how to use/not use the logos.

Creighton University

[http://www.creighton.edu/fileadmin/UCOM/brand\\_guidelines.pdf](http://www.creighton.edu/fileadmin/UCOM/brand_guidelines.pdf)

<http://www.creighton.edu/ucom/resourcesguidelines/brandstandards/>

[http://www.creighton.edu/fileadmin/user/UCOM/logos/Creighton\\_LogoGuidelines.pdf](http://www.creighton.edu/fileadmin/user/UCOM/logos/Creighton_LogoGuidelines.pdf)

# CREATE AREAS OF EMPHASIS

- Breaking out of the grid / Changing alignment of groupings of text or image
- Inverting colors
- Borders
- Background colors
- For Text - Subtle changes such as background color changes or text color changes or **bolding**, CAPITALIZATION, drop shadows and *Italics* are good amount of variety without drastically changing the design system you have created.



# ALIGNMENT

Using a grid and/or guides makes designing easier most of the time because of the rules for you to line up groupings of text and graphics. Humans like pattern and grids provide a sense of order and predictability.

- Guides can be simple or complex.
- Their sections can be a basic grid or an asymmetrical grid of different proportions.
- They are typically straight lines but can also be diagonal or curved!
- But you can also BREAK the rules to create an interesting design.
- Consider dividing your overall poster into thirds.

# EXAMPLE GRID SYSTEMS

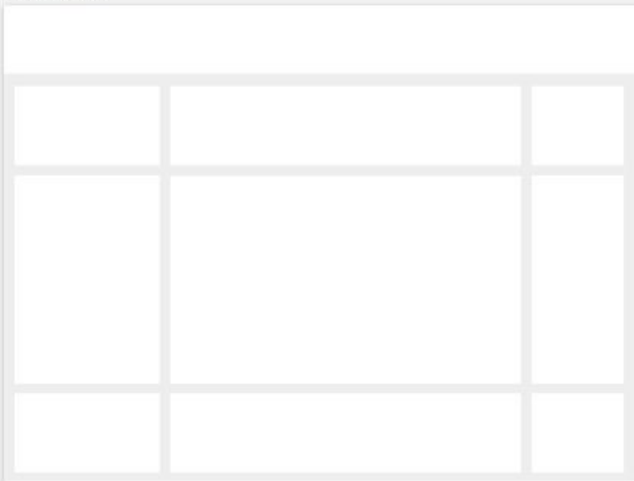
Proportions of each area correspond to the function of that area in organizing content.

A quiet tension between the three main areas.

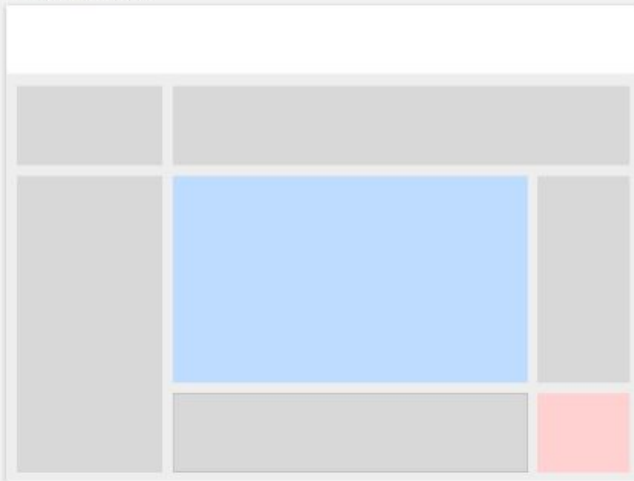
This is always a more spontaneous approach.

## Hierarchical

Hierarchical



Hierarchical Copy



# EXAMPLE GRID SYSTEMS

Creates a matrix of cells that can be altered and adjusted to fit any need.

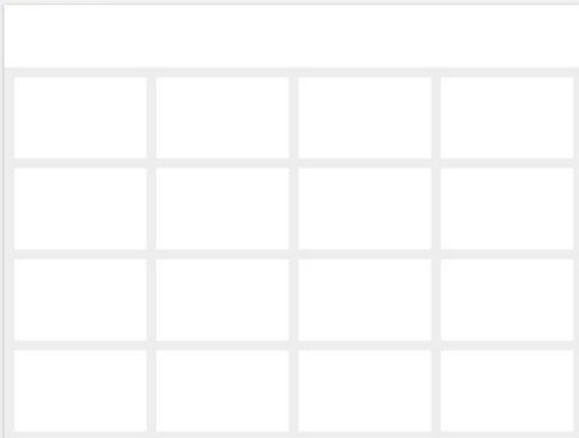
Simultaneously a simple and complex grid system.

One of the most versatile.

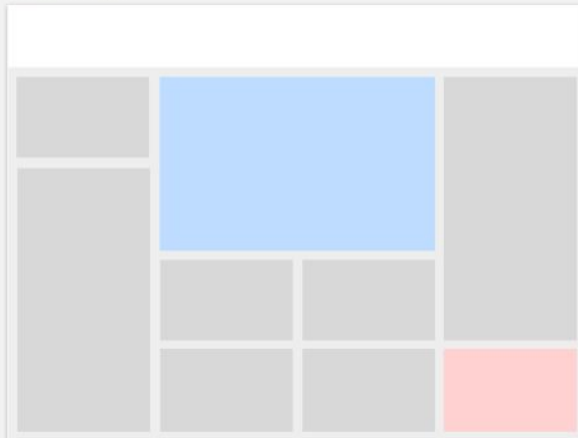
All elements will be sized proportionately to each other and will maintain a visual unity.

## Modular

Modular default



Modular example

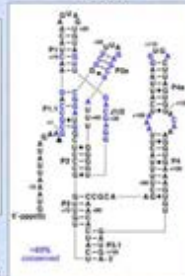
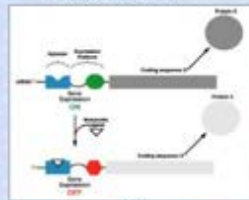


## Abstract

Riboswitches are elements within the noncoding regions of mRNAs that directly bind to cellular metabolites and modulate gene expression. *glmS* is a catalytic riboswitch, or ribozyme, found in gram-positive bacteria. This ribozyme regulates the expression of Glucosamine synthase, the enzyme responsible for production of Glucosamine 6-phosphate (Glc6P). *glmS* will initiate self-cleavage once it binds to its natural ligand, Glc6P, via negative feedback inhibition. Cleavage results in degradation of the RNA and down regulation of gene expression. This current project investigates a series of natural products and extracts in search of novel riboswitch ligands or competitive inhibitors. Kinetic analyses are performed to identify potential activators and inhibitors of *glmS* ribozyme self-cleavage. Multiple natural extracts have been observed to bind with *glmS* and produce results comparable to that of the Glc6P binding. An inhibitor has yet to be discovered. Future results of this project will determine which extracts should undergo additional characterization. The ability to effectively target bacterial riboswitches offers hope to oppose antibiotic resistance.

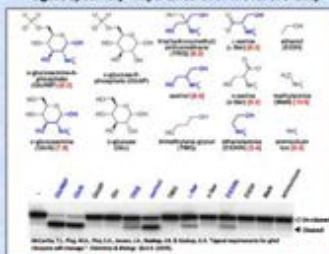
Riboswitches bind specifically to a ligand, resulting in a structural change that affects gene expression

Glucosamine 6-phosphate ribozyme



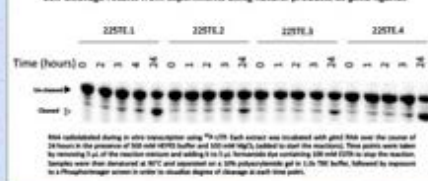
- Only riboswitch that is also a ribozyme
- Only ribozyme that utilizes a coenzyme in mechanism of catalysis
- Glucosamine 6-phosphate (Glc6P)-dependent self-cleaving ribozyme

## Ligand specificity - importance of amine functionality



## Natural products/extracts as ligands

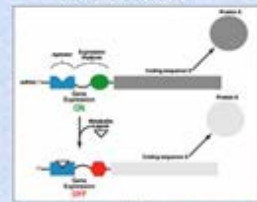
### Self-cleavage results from experiments using natural products as *glmS* ligands



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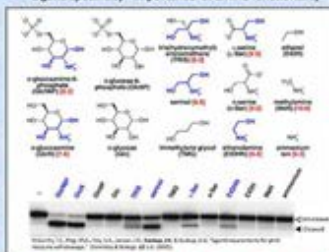


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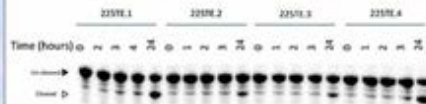
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### Ligand specificity- importance of amine functionality



### Natural products/extracts as ligands

#### Self-cleavage results from experiments using natural products as *glmS* ligands



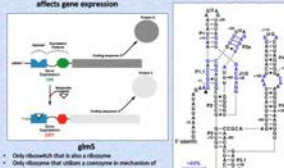


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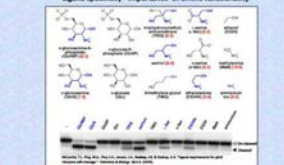
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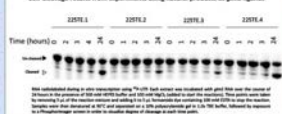


Ligand specificity - importance of amine functionality

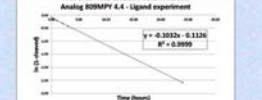


# Natural products/extracts as ligands

Self-cleavage results from experiments using natural products as glnS ligands



First order rate constant determination



Preliminary Results of glnS self-cleavage rates for various natural products/extracts acting as ligands

Extract	Rate (hr <sup>-1</sup> )	Extract	Rate (hr <sup>-1</sup> )
BMS 377 3.1	0.13	BMS 377 3.9	0.082
BMS 377 3.2	0.15	BMS 377 3.10	0.067
BMS 377 3.3	0.27	BMS 377 3.11	0.073
BMS 377 3.4	0.14	BMS 377 4.3	0.10
BMS 377 3.5	0.095	BMS 377 4.4	0.070
BMS 377 3.6	0.077	BMS 377 4.5	0.055
BMS 377 3.7	0.080	BMS 377 4.6	0.060
BMS 377 3.8	0.080	BMS 377 4.6	0.060

# Funding / Acknowledgements

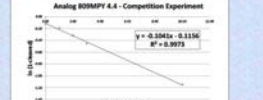
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CURAS Faculty Research Fund  
Professor Gabriele M. König, Institut für Pharmazeutische Biologie, Bonn, Germany

# Natural products/extracts as competitive inhibitors

Self-cleavage results from experiment using natural products as competitive inhibitors of glnS self-cleavage



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# Future Studies

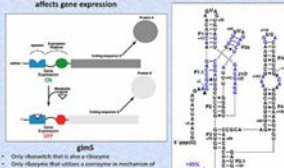
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- Determination of extract compositions in samples of interest

# Abstract

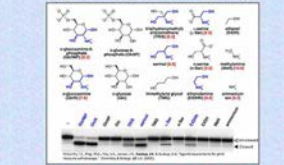
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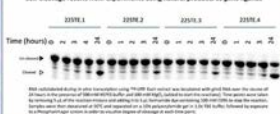


Ligand specificity - importance of amine functionality

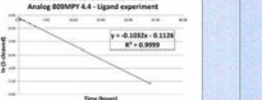


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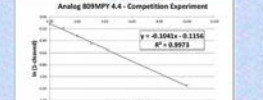
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# Future Studies

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- Determination of extract compositions in samples of interest

BEFORE > AFTER

# Studies Toward the Preparation of N- $\alpha$ ,N-*im*-bis(butyloxy carbonyl)L-4-benzyl-L-histidine.

Julie Nguyen<sup>††</sup>, D. David Smith<sup>†</sup>, and Martin Hulce<sup>‡</sup>,  
Departments of <sup>†</sup>Biomedical Sciences and <sup>‡</sup>Chemistry  
Creighton University, 2500 California Plaza, Omaha, NE 68178



## Abstract

Benzyl-L-histidine is a component of N- $\alpha$ -benzyl-L-histidine<sup>(1)</sup> calcitonin gene-related peptide (5-37) [Bn-His(Bn)-CGRP(5-37)], a potent antagonist of CGRP receptors. To confirm the location of the benzyl group on His<sup>2</sup>, N- $\alpha$ -butyloxy carbonyl-L-*im*-butyloxy carbonyl-L-4-benzyl-L-histidine [Boc-His(Bn)(Boc)-OH] was prepared by methods previously used for the preparation of Boc-His(Bn)-OH, employing its *tert*-butyl dicarbonate and triethylamine (Figure). Boc-His(Bn)(Boc)-OH was isolated as an intermediate containing minor impurities revealed by thin layer chromatography. All attempts at crystallization failed. Boc-His(Bn)(Boc)-OH was isolated as a colorless oil after gravity and wet flash chromatography on silica but in low recoveries of 35% and 67% respectively. Conversion to the diester/amine and cyclohexylamine salts produced viscous semisolids that proved difficult to work with. In contrast, the *tert*-butylamine salt, Boc-His(Bn)(Boc)-OH TBA, was isolated as a white, free-flowing powder in an isolated yield of 81% (Figure). In summary, Boc-His(Bn)(Boc)-OH can be readily prepared as Boc-His(Bn)(Boc)-OH TBA by methods that should be amenable to scale up.

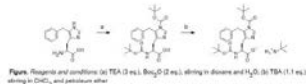


Figure 3. Reagents and conditions: (a) TBA (3 mL), Boc-His(Bn)(Boc)-OH (1.0 mmol) in dioxane and H<sub>2</sub>O (1:1 v/v), stirring at 40°C, and petroleum ether.

## Background

Calcitonin gene-related peptide (CGRP) is a potent vasodilatory neuropeptide that causes extensive relaxation of cerebral arteries during a migraine attack, resulting in pain and discomfort<sup>(1)</sup>. This occurs when it binds to receptors in cerebral blood vessels, which causes these vessels to vasodilate<sup>(1)</sup>. Previous studies revealed that the N- $\alpha$ -benzyl-L-histidine<sup>(2)</sup> [CGRP(5-37)] is a potent antagonist of CGRP receptors<sup>(3)</sup>. The exact structure of the potent antagonist, however, is currently unknown. The location of the benzyl group could either be on the 4(5)-carbon of the imidazole ring or on the 1-nitrogen of the imidazole ring (Figure 2).

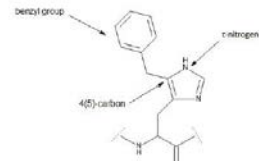


Figure 1. Possible locations of the benzyl functional group on benzyl-L-histidine.

To test the hypothesis that the benzyl group is on the 4(5) carbon, we sought to make the protected derivative, N- $\alpha$ ,N-*im*-bis(butyloxy carbonyl)L-4-benzyl-L-histidine (Boc-His(Bn)(Boc)-OH), for use in solid phase peptide synthesis.

## Preparation of N- $\alpha$ ,N-*im*-bis(butyloxy carbonyl)L-4-benzyl-L-histidine

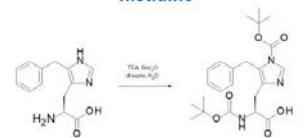


Figure 2. Preparation of Boc-His(Bn)(Boc)-OH from benzyl-L-histidine.

Crude Boc-His(Bn)(Boc)-OH was isolated as a white foam (2.322 g, 101%). We speculated that the presence of solvent in the isolated foam accounts for the larger-than-expected yield.

## Wet Flash Chromatography

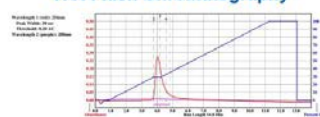


Figure 3. Results of wet flash chromatography performed on the crude product.

Boc-His(Bn)(Boc)-OH was isolated as a colorless oil after gravity and wet flash chromatography on silica but in low recoveries of 35% and 67% respectively.

## Salt Formation



Figure 4. Formation of Boc-His(Bn)(Boc)-OH TBA from Boc-His(Bn)(Boc)-OH.

Crude Boc-His(Bn)(Boc)-OH was converted to various salts until the product was isolated as a solid that was easy to work with.

## Preparation of the *tert*-butylamine salt



Figure 5. Conversion of Boc-His(Bn)(Boc)-OH to its *tert*-butylamine salt.

The TBA salt was isolated as a white, free-flowing powder in a good yield of 81% as opposed to the semisolids resulting from the DCHA and CHA salts.

## Synthesis of Boc-His(Bn)(Boc)-OH TBA

To a stirring suspension of 4(5)-benzyl-L-histidine (1.58 g, 6.45 mmol) and TBA (2.7 mL, 19.35 mmol) in water (8 mL), a solution of Boc<sub>2</sub>O (3.52 g, 16.13 mmol) in dioxane (4 mL) was added dropwise. After continued stirring for 24 hours, the dioxane was removed in vacuo, water (10 mL) was added, and the aqueous phase of the solution was washed with diethyl ether (3 x 50 mL). The pH of the aqueous phase was lowered to 3 with a 5% KOH<sub>2</sub>SO<sub>4</sub> solution and extracted with ethyl acetate (1 x 200 mL, 1 x 100 mL). The combined organic phases were washed with brine (10 mL) and dried over magnesium sulfate. The solvent was evaporated in vacuo to yield the crude product as a white foam. The foam was dissolved in a minimum amount of chloroform and added dropwise to a stirred solution of *tert*-butylamine (2.8 mL, 7.82 mmol) and petroleum ether (100 mL). After a few minutes, a white precipitate was formed. The mixture was stirred for 1 hour at room temperature, stirred overnight at 4°C, filtered, and dried in vacuo to yield Boc-His(Bn)(Boc)-OH TBA as a white powder (2.25 g, 81%), mp 149-150°C.

<sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>):  $\delta$  = 8.04 (s, 1H), 7.29-7.00 (m, 5H), 5.69-5.67 (d, 1H), 4.26-4.20 (m, 3H), 3.22-3.15 (m, 2H), 1.80-1.37 (m, 27H).

## Conclusion

N- $\alpha$ -butyloxy carbonyl-L-*im*-butyloxy carbonyl-L-4-benzyl-L-histidine can be readily prepared as its *tert*-butylamine salt by a procedure that should be amenable to large scale preparations.

## Acknowledgements

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## References

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# Studies Toward the Preparation of N- $\alpha$ ,N-*im*-bis(butyloxycarbonyl)L-4-benzyl-L-histidine.

Julie Nguyen<sup>††</sup>, D. David Smith<sup>†</sup>, and Martin Hulce<sup>†</sup>.

Departments of <sup>†</sup>Biomedical Sciences and <sup>†</sup>Chemistry

## Abstract

Benzyl-L-histidine is a component of N- $\alpha$ -benzyl-(benzyl-L-histidine)<sup>1</sup> calcitonin gene-related peptide (8-37) [Bn-His(Bn)(10)-CGRP(8-37)], a potent antagonist of CGRP receptors. To confirm the location of the benzyl group on His<sup>10</sup>, N- $\alpha$ -butyloxycarbonyl-N-*im*-butyloxycarbonyl-L-histidine [Boc-His(Bn)(Boc)-OH] was prepared by methods previously used for the preparation of Boc-His(Bn)-OH, employing *tert*-butyl dicarbonate and triethylamine (Figure). Boc-His(Bn)(Boc)-OH was isolated as an intractable oil containing minor impurities revealed by thin layer chromatography. All attempts at crystallization failed. Boc-His(Bn)(Boc)-OH was isolated as a colorless oil after gravity and wet flash chromatography on silica but in low recoveries of 35% and 67% respectively. Conversion to the dihydrochloride and crystalline salts produced viscous semisolids that proved difficult to work with. In contrast, the *tert*-butylamine salt, Boc-His(Bn)(Boc)-OH TBA, was isolated as a white, free-flowing powder in an isolated yield of 81% (Figure). In summary, Boc-His(Bn)(Boc)-OH can be readily prepared as Boc-His(Bn)(Boc)-OH TBA by methods that should be amenable to scale up.

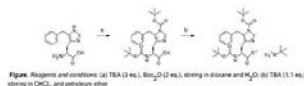


Figure 1. Reagents and conditions: (a) TEA (3 eq.), Boc<sub>2</sub>O (2 eq.), stirring in dioxane and H<sub>2</sub>O; (b) TBA (1.1 eq.), stirring in CHCl<sub>3</sub> and petroleum ether.

## Background

Calcitonin gene-related peptide (CGRP) is a potent vasodilatory neuropeptide that causes extensive relaxation of cerebral arteries during a migraine attack, resulting in pain and discomfort<sup>1</sup>. This occurs when it binds to receptors in cerebral blood vessels, which causes these vessels to vasodilate<sup>1</sup>. Previous studies revealed that the N- $\alpha$ -benzyl-(benzyl-L-histidine)<sup>1</sup> [CGRP(8-37)] is a potent antagonist of CGRP receptors<sup>2</sup>. The exact structure of the potent antagonist, however, is currently unknown. The location of the benzyl group could either be on the 4(5)-carbon of the imidazole ring or on the 1-nitrogen of the imidazole ring (Figure 2).

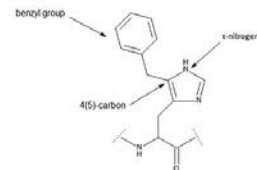


Figure 2. Possible locations of the benzyl functional group on benzyl-L-histidine.

To test the hypothesis that the benzyl group is on the 4(5) carbon, we sought to make the protected derivative, N- $\alpha$ -N-*im*-bis(butyloxycarbonyl)L-4-benzyl-L-histidine [Boc-His(Bn)(Boc)-OH], for use in solid phase peptide synthesis.

## Preparation of N- $\alpha$ ,N-*im*-bis(butyloxycarbonyl)L-4-benzyl-L-histidine

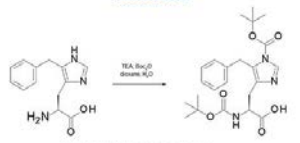


Figure 3. Preparation of Boc-His(Bn)(Boc)-OH from benzyl-L-histidine.

Crude Boc-His(Bn)(Boc)-OH was isolated as a white foam (2.322 g, 101%). We speculated that the presence of solvent in the isolated foam accounts for the larger-than-expected yield.

## Wet Flash Chromatography

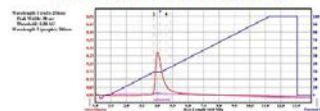


Figure 4. Results of wet flash chromatography performed on the crude product.

Boc-His(Bn)(Boc)-OH was isolated as a colorless oil after gravity and wet flash chromatography on silica but in low recoveries of 35% and 67% respectively.

## Salt Formation



Figure 5. Conversion of Boc-His(Bn)(Boc)-OH to Boc-His(Bn)(Boc)-OH TBA.

Crude Boc-His(Bn)(Boc)-OH was converted to various salts until the product was isolated as a solid that was easy to work with.

## Preparation of the *tert*-butylamine salt

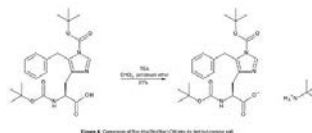


Figure 6. Conversion of Boc-His(Bn)(Boc)-OH to Boc-His(Bn)(Boc)-OH TBA.

The TBA salt was isolated as a white, free-flowing powder in a good yield of 81% as opposed to the semisolids resulting from the DCHA and CHA salts.

## Synthesis of Boc-His(Bn)(Boc)-OH TBA

To a stirring suspension of 4(5)-benzyl-L-histidine (1.56 g, 6.45 mmol) and TEA (2.7 mL, 19.35 mmol) in water (8 mL), a solution of Boc<sub>2</sub>O (2.52 g, 18.13 mmol) in dioxane (4 mL) was added dropwise. After continued stirring for 24 hours, the dioxane was removed in vacuo, water (10 mL) was added, and the aqueous phase of the solution was washed with diethyl ether (3 x 50 mL). The pH of the aqueous phase was lowered to 3 with a sat. KHSO<sub>4</sub> solution and extracted with ethyl acetate (1 x 200 mL, 1 x 100 mL). The combined organic phases were washed with brine (50 mL) and dried over magnesium sulfate. The solvent was evaporated in vacuo to yield the crude product as a white foam. The foam was dissolved in a minimum amount of chloroform and added dropwise to a stirred solution of *tert*-butylamine (0.8 mL, 7.62 mmol) and petroleum ether (100 mL). After a few minutes, a white precipitate was formed. The mixture was stirred for 1 hour at room temperature, stirred overnight at 4 °C, filtered, and dried in vacuo to yield Boc-His(Bn)(Boc)-OH TBA as a white powder (2.20 g, 81%). mp 149-150 °C.

<sup>1</sup>H NMR (400 MHz, CDCl<sub>3</sub>):  $\delta$  8.04 (s, 1 H), 7.29-7.00 (m, 5 H), 5.69-5.67 (d, 1 H), 4.26-4.20 (m, 3 H), 3.22-3.13 (m, 2 H), 1.40-1.37 (m, 27 H).

## Conclusion

N- $\alpha$ -butyloxycarbonyl-N-*im*-butyloxycarbonyl-L-4-benzyl-L-histidine can be readily prepared as its *tert*-butylamine salt by a procedure that should be amenable to large scale preparations.

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# Studies Toward the Preparation of N- $\alpha$ -N-im-bis(butyloxycarbonyl)-L-4-benzyl-L-histidine.

Julie Nguyen<sup>†</sup>, D. David Smith<sup>†</sup>, and Martin Hulce<sup>‡</sup>,  
Departments of <sup>†</sup>Biomedical Sciences and <sup>‡</sup>Chemistry  
Creighton University, 2500 California Plaza, Omaha, NE 68178

## Abstract

Benzyl-L-histidine is a component of N- $\alpha$ -benzyl-L-histidine<sup>†</sup>, a calcium gene-related peptide (8-37) [Boc-His(Bn)-CGRP(8-37)], a potent antagonist of CGRP receptors. To confirm the location of the benzyl group on His<sup>4</sup>, N- $\alpha$ -butyloxycarbonyl-N-im-bis(butyloxycarbonyl)-L-4-benzyl-L-histidine [Boc-His(Bn)(Boc)-OH] was prepared by methods previously used for the preparation of Boc-His(Bn)-OH, employing di-tert-butyl dicarbonate and triethylamine. Figure 1. Boc-His(Bn)(Boc)-OH was isolated as an intermediate at crystallization failed. Boc-His(Bn)(Boc)-OH was isolated as a white solid after gravity and wet flash chromatography on silica but in low recoveries of 35% and 67% respectively. Conversion to the di-tyrosylamide and cotyrosylamide salts produced viscous semisolid that proved difficult to work with. In contrast, the tert-butylamine salt, Boc-His(Bn)(Boc)-OH TBA, was isolated as a white, free-flowing powder in an isolated yield of 81% (Figure 2). In summary, Boc-His(Bn)(Boc)-OH can be readily prepared as Boc-His(Bn)(Boc)-OH TBA by methods that should be amenable to scale up.

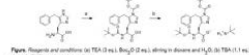


Figure 1. Reagents and conditions: (a) TEA (3.0 mL),  $\text{Bu}_2\text{CO}$  (2.0 mL), stirring in  $\text{CH}_2\text{Cl}_2$  and petroleum ether.

## Background

Calcitonin gene-related peptide (CGRP) is a potent vasodilatory neuropeptide that causes extensive relaxation of cerebral arteries during a migraine attack, resulting in pain and discomfort<sup>†</sup>. This occurs when it binds to receptors in cerebral blood vessels, which causes these vessels to vasodilate<sup>†</sup>. Previous studies revealed that the N- $\alpha$ -benzyl [benzyl-L-histidine]<sup>†</sup>[CGRP(8-37)] is a potent antagonist of CGRP receptors<sup>†</sup>. The exact structure of the potent antagonist, however, is currently unknown. The location of the benzyl group could either be on the 4(5)-carbon of the imidazole ring or on the N-nitrogen of the imidazole ring (Figure 2).

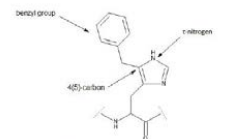
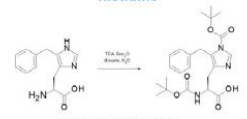


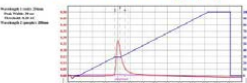
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## Preparation of N- $\alpha$ -N-im-bis(butyloxycarbonyl)-L-4-benzyl-L-histidine



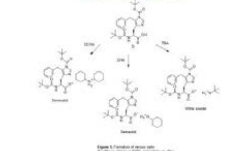
Crude Boc-His(Bn)(Boc)-OH was isolated as a white foam (2.322 g, 101%). We speculated that the presence of solvent in the isolated foam accounts for the larger-than-expected yield.

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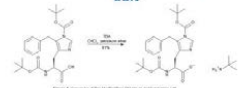
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## Salt Formation



Crude Boc-His(Bn)(Boc)-OH was converted to various salts until the product was isolated as a solid that was easy to work with.

## Preparation of the tert-butylamine salt



The TBA salt was isolated as a white, free-flowing powder in a good yield of 81% as opposed to the semisolids resulting from the DCHA and CHA salts.

## Synthesis of Boc-His(Bn)(Boc)-OH-TBA

To a stirring suspension of 4(5)-benzyl-L-histidine (1.58 g, 4.41 mmol) and TEA (2.7 mL, 19.35 mmol) in water (1 mL), a solution of Boc<sub>2</sub>O (3.52 g, 16.13 mmol) in dioxane (4 mL) was added dropwise. After stirring for 24 hours, the dioxane was removed in vacuo, water (10 mL) was added, and the aqueous phase of the solution was washed with diethyl ether (3 x 50 mL). The oil of the aqueous phase was washed with 1 M NaOH, extracted with diethyl ether (3 x 100 mL), and dried over magnesium sulfate. The solvent was evaporated in vacuo to yield the crude product as a white foam. The foam was dissolved in a minimum amount of diethanol and added dropwise to a stirred solution of tert-butylamine (8.0 mL, 7.62 mmol) and petroleum ether (100 mL). After a few minutes, a white precipitate was formed. The mixture was stirred for 1 hour at room temperature, stirred overnight at 4 °C, filtered, and dried in vacuo to yield Boc-His(Bn)(Boc)-OH TBA as a white powder (2.20 g, 81%), mp 149-150 °C.

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N- $\alpha$ -butyloxycarbonyl-N-im-bis(butyloxycarbonyl)-L-4-benzyl-L-histidine can be readily prepared as its tert-butylamine salt by a procedure that should be amenable to large scale preparations.

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Departments of <sup>†</sup>Biomedical Sciences and <sup>‡</sup>Chemistry

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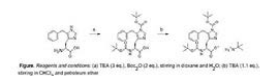


Figure 1. Reagents and conditions: (a) TEA (3.0 mL),  $\text{Bu}_2\text{CO}$  (2.0 mL), stirring in  $\text{CH}_2\text{Cl}_2$  and petroleum ether.

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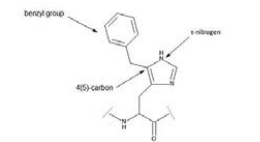
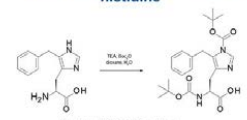


Figure 1. Possible locations of the benzyl functional group on benzyl-L-histidine.

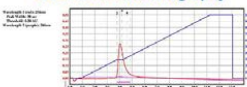
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## Preparation of N- $\alpha$ -N-im-bis(butyloxycarbonyl)-L-4-benzyl-L-histidine



Crude Boc-His(Bn)(Boc)-OH was isolated as a white foam (2.322 g, 101%). We speculated that the presence of solvent in the isolated foam accounts for the larger-than-expected yield.

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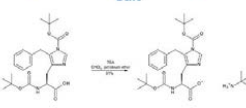
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<sup>1</sup>H NMR (400 MHz,  $\text{CDCl}_3$ )  $\delta$ : 8.04 (d, 1H), 7.29-7.00 (m, 5H), 5.69-5.67 (d, 1H), 4.26-4.20 (m, 3H), 3.2-3.3 (m, 4H), 1.40-1.37 (m, 27H).

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## References

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ACKNOWLEDGMENT: Funding from Dr. and Mrs. Randolph Ferlic in support of this project and an undergraduate Summer research stipend is gratefully acknowledged.

BEFORE > AFTER

# Leader-Subordinate Mental Model (In)Congruence and Creative Problem Solving

Dr. Joshua Fairchild & Shannon Cooney  
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## Introduction

Leaders exert direct influence on the cognition that underlies creative behavior, and in doing so, alter the creative process of their subordinates (Reiter-Palmon & Ilies, 2004). The CIP model of leadership proposes the existence of three leadership styles, each associated with a distinct type of mental model used to orient the user in the environment (Mumford, 2006):

- **Charismatic:** future-oriented, visionary, use positive affect to build SMM
- **Ideological:** past-oriented, visionary, use of negative affect to build SMM
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Cognitive diversity has been shown to promote innovation and divergent creativity (Post, De Lisi, D'Amico, Tisak, & Borwankar, 2009). A type of cognitive diversity, access to different mental models provides additional perspectives that may be drawn on to produce more solutions, which span a greater number of conceptual categories. Therefore, it is hypothesized that the fluency and flexibility of divergent creativity would benefit from incongruence between the leader and subordinate in leadership style.

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**Hypothesis 1a.** Type incongruence will have a positive effect on divergent fluency.

**Hypothesis 1b.** Type incongruence will have a positive effect on divergent flexibility.

**Hypothesis 2.** Type congruence will have a positive effect on convergent quality.

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A pool of 116 items was developed to measure the underlying constructs of each of the three leadership types. These items were administered to a total of 484 participants during the preliminary testing phase.

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At the conclusion of this phase, the number of scale items was trimmed down to a total of 68. The resulting scale was comprised of three subscales, one for each leadership style, with 6-7 factors each.

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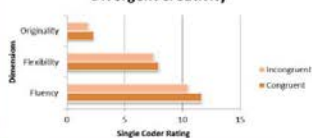
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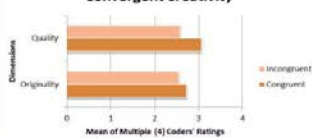
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Estimated Marginal Means of Divergent Creativity



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Post hoc comparisons of the estimated marginal means indicate that:

- **H1a: Not Supported.** Leadership type incongruence did not produce a positive effect on the fluency of divergent output ( $M=10.60, SD=3.890$ )
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## Discussion

### Limitations

- Small sample size for tests of congruence effects
- Relatively few participants differentiated on the CIP-Q, significantly reducing the power of the analyses
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### Further Study

- Examine the impact of leadership type and congruence on early and late stage creative processes
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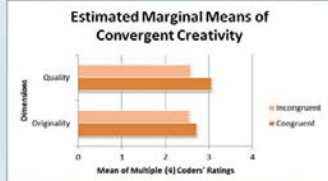
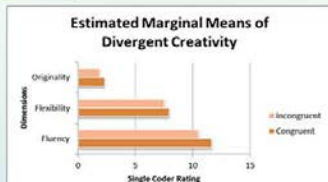
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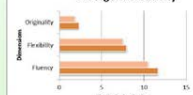
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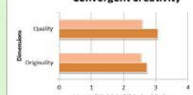
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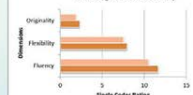
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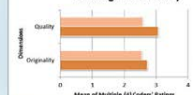
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BEFORE > AFTER

# IF USING CURAS PRINTER

The standard poster size is 3 x 4 feet, though other dimensions are possible. The poster paper comes on a long roll and the limiting dimension is the width of the paper roll (42 inches), but the poster's other dimension can be greater.

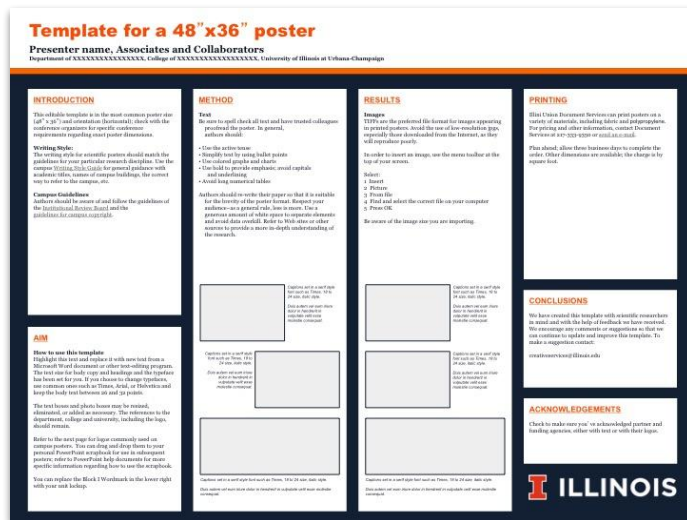
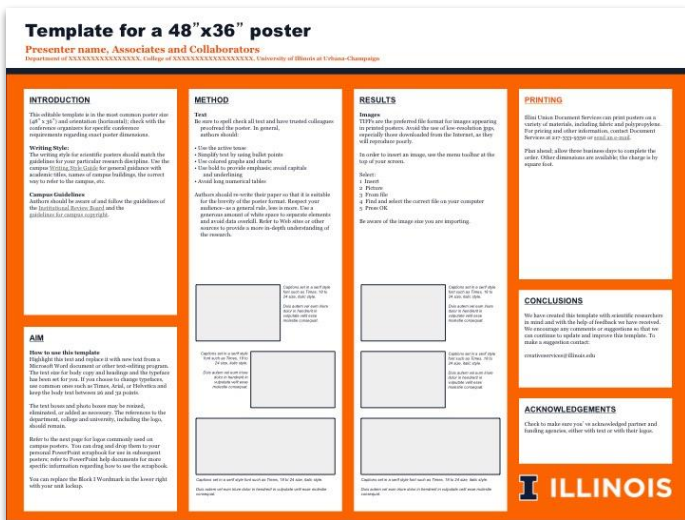
The most popular size (36 x 48 inches) can easily be scaled to 42 x 56 inches, if desired.

# TEMPLATES

Templates can be a good place to start. CURAS has one.

These below are GREAT.

<http://publicaffairs.illinois.edu/marketing/templates/researchposter.html>





# Template for a 48" x 36" poster

Presenter name, Associates and Collaborators

Department of XXXXXXXXXXXXXXXX, College of XXXXXXXXXXXXXXXX, University of Illinois at Urbana-Champaign

## INTRODUCTION

This editable template is in the most common poster size (48" x 36") and orientation (horizontally); check with the conference organizers for specific conference requirements regarding exact poster dimensions.

### Writing Style:

The writing style for scientific posters should match the guidelines for your particular research discipline. Use the campus [Writing Style Guide](#) for general guidance with academic titles, names of campus buildings, the correct way to refer to the campus, etc.

### Campus Guidelines

Authors should be aware of and follow the guidelines of the [Institutional Review Board](#) and the [guidelines for campus copyright](#).

## AIM

### How to use this template

Highlight this text and replace it with new text from a Microsoft Word document or other text-editing program. The text size for body copy and headings and the typeface has been set for you. If you choose to change typefaces, use common ones such as Times, Arial, or Helvetica and keep the body text between 24 and 32 points.

The text boxes and photo boxes may be resized, eliminated, or added as necessary. The references to the department, college and university, including the logo, should remain.

Refer to the next page for figures commonly used on campus posters. You can drag and drop them to your personal PowerPoint scrapbook for use in subsequent posters; refer to PowerPoint help documents for more specific information regarding how to use the scrapbook.

You can replace the Block I Wordmark in the lower right with your task logo.

## METHOD

### Text

Be sure to spell check all text and have trusted colleagues proofread the poster. In general, authors should:

- Use the active tense
- Simplify text by using bullet points
- Use colored graphs and charts
- Use bold to provide emphasis, avoid capitals and underlining
- Avoid long numerical tables

Authors should re-write their paper so that it is suitable for the brevity of the poster format. Request your audience—as a general rule, less is more. Use a generous amount of white space to separate elements and avoid data overload. Refer to Web sites or other resources to provide a more in-depth understanding of the research.

## RESULTS

### Images

TIFs are the preferred file format for images appearing in printed posters. Avoid the use of low-resolution jpgs, especially those downloaded from the Internet, as they will reproduce poorly.

In order to insert an image, use the menu toolbar at the top of your screen.

### Select:

- 1 Insert
- 2 Picture
- 3 From file
- 4 Find and select the correct file on your computer
- 5 Press OK

Be aware of the image size you are importing.

## PRINTING

Illini Union Document Services can print posters on a variety of materials, including fabric and polypropylene. For pricing and other information, contact Document Services at 217-253-9350 or [emd@uiuc.edu](mailto:emd@uiuc.edu).

Plan ahead; allow three business days to complete the order. Other dimensions are available; the charge is by square foot.

## CONCLUSIONS

We have created this template with scientific researchers in mind and with the help of feedback we have received. We encourage any comments or suggestions so that we can continue to update and improve this template. To make a suggestion contact:

[creativetools@uiuc.edu](mailto:creativetools@uiuc.edu)

## ACKNOWLEDGEMENTS

Check to make sure you've acknowledged partner and funding agencies, either with text or with their logos.

**I** ILLINOIS

# Template for a 48" x36" poster

Presenter name, Associates and Collaborators

Department of XXXXXXXXXXXXXXXX, College of XXXXXXXXXXXXXXXX, University of Illinois at Urbana-Champaign

## INTRODUCTION

This editable template is in the most common poster size (48" x 36") and orientation (horizontal); check with the conference organizers for specific conference requirements regarding exact poster dimensions.

### Writing Style:

The writing style for scientific posters should match the guidelines for your particular research discipline. Use the campus Writing Style Guide for general guidance with academic titles, names of campus buildings, the current way to refer to the campus, etc.

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Refer to the next page for logos commonly used on campus posters. You can drag and drop them to your personal PowerPoint scrapbook for use in subsequent posters; refer to PowerPoint help documents for more specific information regarding how to use the scrapbook.

You can replace the Block 1 Wordmark in the lower right with your unit logo.

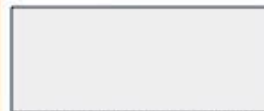
## METHOD

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- Use bold to provide emphasis; avoid capitals and underlining
- Avoid long numerical tables

Authors should re-write their paper so that it is suitable for the brevity of this poster format. Re-space your audience—as a general rule, less is more. Use a generous amount of white space to separate elements and avoid data overload. Refer to Web sites or other sources to provide a more in-depth understanding of the research.



Captions set in a serif style font such as Times, 10 to 24 size, dark style.

Data authors not seen alone; either in hand-drawn or computerized will cause noticeable consequences.

## RESULTS

### Images

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- 4 Find and select the correct file on your computer
- 5 Press OK

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## PRINTING

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Plot ahead; allow three business days to complete the order. Other dimensions are available; the charge is by square foot.

## CONCLUSIONS

We have created this template with scientific researchers in mind and with the help of feedback we have received. We encourage any comments or suggestions so that we can continue to update and improve this template. To make a suggestion contact:

[creativeservices@illinois.edu](mailto:creativeservices@illinois.edu)

## ACKNOWLEDGEMENTS

Check to make sure you've acknowledged partner and funding agencies, either with text or with their logos.





# REFERENCES

*Some of this information was adapted from:*

- <https://guides.nyu.edu/posters>
- <https://www.creativebloq.com/web-design/grid-theory-41411345>
- <http://www.soe.uoguelph.ca/webfiles/agalvez/poster/>
- <https://colinpurrington.com/tips/poster-design/protips>
- <https://www.designersinsights.com/designer-resources/using-layout-grids-effectively/>
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