Special points of interest:

- **Hoots and Salutes!**
- **Baird Holm**
- **Winnebago**
- **Recognition**

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## Hoots and Salutes

- Congratulations to **Shahd Hazim** for gaining admission into CU’s Pharmacy School.
- Congratulations to **Tai Hoang** for admission into the Maternal Child Health Careers/Research Initiatives for Student Enhancement - Undergraduate Program at the University of South Dakota/Sanford School of Medicine Center for Disabilities in Sioux Falls, South Dakota.
- Way to go **Daisy Liberato** for admission into the Maternal Child Health Careers/Research Initiatives for Student Enhancement - Undergraduate Program at the University of South Dakota/Sanford School of Medicine Center for Disabilities in Sioux Falls, South Dakota.
- Kudos to **Matthew Wilson** for admission into the Maternal Child Health Careers/Research Initiatives for Student Enhancement - Undergraduate Program at the University of Southern California University Center for Excellence in Developmental Disabilities/California State University, Los Angeles in California.
- Cheers to **Marissa Begay** for admission into the Maternal Child Health Careers/Research Initiatives for Student Enhancement - Undergraduate Program at the University of Southern California University Center for Excellence in Developmental Disabilities/California State University, Los Angeles in California.
- Complements to **Steven Buffalohead** for earning an internship with Littleton Alston. And thank you for developing the logo for the Native American Learning Community.
- Salutations to **Bryan Bennett** who was selected as a Decurion for Dr. Brian Kokensparger.
- **Yashswee KC** will be doing research at the Veterans Affairs Hospital for Dr. Ramaswamy this summer. Way to go!
- Applause to **Emmanuel Chavez** who was selected as a Decurion for Dr. Roxanna Recio. And was inducted into APO.
- Ovations to **Xavier Glover** who was selected as a Decurion for Dr. Mary Longo.
- Hats off to **Bianca Baker** for making the Jays Dance team!
- Well done **Nermina Demirovic** for coordinating the Business Symposium this year and for earning the chair position for next year.
- **Yoselin Deleon** was elected Public Relations Officer for CULSA.
- **Lupe Gomez** was elected Treasurer of CULSA.
- **Laura Magna** was elected president of CULSA.
- **Lauren Murphy-Moore** is the public relations officer for NAA. She also received the Office of Multicultural Affairs Rising Star Award.
- Congratulations to **Akuel Majouk** for getting a position as a teller at First National Bank.
- Congratulations to **Audel Salazar** for being selected to receive the CONAH Scholarship. He was also elected vice president of CULSA and treasurer of NAA.
- Congratulations to **Amal Barre** who will be studying in Morocco in the fall.
- Congratulations to **Raven Kapayou** for getting into the Washington Internships for Native American Students (WINS) and for earning the position the secretary of NAA.
- Jimmy Tran will be attending the UCLA to receive a Master’s of Public Health Degree in Environmental Health. Jimmy also received the APO Oak Tree Service Award.
- **Phuong Le** accepted a position as an RN at Methodist Hospital.
- Jared Good accepted a position as a math teacher at Norris Middle School.
- **Jessica Bakht** has a position as an RN at the Howard County Medical Center.
- Congratulations to **Yoselin Deleon**, Jenny Guzman, Akuel Franchesca, and Alexis Gonzalez for becoming sisters of Sigma lambda Gamma.
Morgan Pusek of Doniphan, NE, joined the Creighton community five years ago. She completed her biology major and is currently building her knowledge as a first year pharmacy student. Morgan, like many other Creighton students, chose this university because of the family-like community and small size. As a member of SSS, Morgan finds SSS helpful and supportive. Moreover, SSS cultural events make Morgan’s academic life enjoyable. Her little daughter, Ava, is always welcomed at these events as well.

Morgan’s favorite professor is Dr. Shibata. According to Morgan, Dr. Shibata does an outstanding job in the class, provides opportunities for academic growth opportunities outside the class, and is reasonably difficult, which made Morgan learn a lot and feel accomplished after passing Dr. Shibata’s courses.

Morgan hopes to participate in pediatric oncological drug development in the future. Also, she would like to help promote the use of safe medications as a worker at the Institute for Safe Medications.

Morgan’s hard work was recognized in 2012 when she was awarded the following: Outstanding Commitment to Biology Mission and Student Employee of the Year. In addition, Morgan is president elect of the American Pharmacist Association Academy of Student Pharmacists.

Morgan is proud, and rightly so, of her achievement of gaining admission into pharmacy school while being a single mother. Morgan met Dan Burkey, a senior vice president for Operations at Creighton, in her sophomore year, and he helped Morgan’s daughter get into the Creighton daycare center. Balancing school and parenting is a challenge for Morgan, but she has successfully tackled it.

During Morgan’s free time, she enjoys going to the zoo with Ava and taking pictures. The most fun Morgan has had was playing in the National Softball Tournament in 2008. The most embarrassing experience Morgan mentioned was when her daughter started singing “Jingle Bells” out loud in the middle of the Christmas mass. I mentioned I thought it is more hilarious than embarrassing. Morgan nodded her consent.

If she won the lottery, Morgan would do three simple things: (1) buy a house with a nice yard, (2) pay off debt, and (3) secure Ava’s education. Interestingly, if Morgan was able to travel in time, she would like to be there when penicillin was discovered and perhaps be Fleming’s protégé.

When asked another “what if” question about superhero powers, Morgan gave another unique answer. She would like to have the superhero power of taking a nap without others noticing. A movie about Morgan’s life would be named “Overinvolved and In Control” and ideally her character would be played by either Julia Stiles or Katherine Heigl.

“Stay positive and use the resources within your reach.”

Spotlight on Morgan Pusek by Tracy Le
Thanks to the joint efforts of Student Support Services and the Baird Holm Law Firm, eleven students were given the opportunity to hear from practicing lawyers about what it takes to be a lawyer, but most important, what being a lawyer entails on a regular business day.

The impressive panel of lawyers that spoke to my fellow SSS students and me are successful professionals who are highly involved in their communities. Certainly they were able to use their careers as a way to pursue areas of the law that interest them as well as engage in community and pro bono work. After an extensive talk from the panel of lawyers, SSS students were given the opportunity to ask questions. Questions ranged from asking for advise when entering law school to how much does a lawyer makes. These questions not only challenged the panel but also gave SSS students greater knowledge about the process of surviving law school and becoming a successful lawyer.

After a quality discussion, the day ended with a yummy meal. The best way to communicate and let the ideas flow is through dining on a nice, warm lasagna. Dinner proved to be successful as well because the students mingled with the panel of lawyers and asked additional questions about their worries or concerns on a much more personal and relaxed atmosphere.

At the end of the day, SSS students left satisfied and wanting to become lawyers. We in SSS hope to have an on-going relationship with the Baird Holm Law Firm and find ways to encourage SSS students to pursue a career in law.
At the school, we felt that the students there needed and really wanted our help. We also felt welcomed and wanted by the staff and faculty. All of the staff we encountered felt we would be good role models for the kids and make a big impact on them. We learned from this experience that big showy presentations won’t get you anywhere. To get somewhere with the students, we needed a personal connection with them. This could only be achieved through one-on-one interactions with them. We split up into pairs with the students and talked to them about scholarships such as the Susan Buffet and the Gates as well as other minority/Native American scholarships. Getting them to apply to college or think about their future is crucial to their lives. They don’t really get encouragement to attend college. no one really pushes them to go to college. This immersion was a true chance for students to be offered some college guidance. We exchanged stories with student in 7th grade through 12th. We connected with the students by sharing our backgrounds and our own paths to college. As we shared our personal stories, diversity, and hardships, they had more trust in us and could see the possibilities they have in front of them.

Why were we all participating on this Winnebago Immersion Trip to begin with? The main focus of this trip was to talk about the Gates Millennium scholarship and other scholarships, college life and the opportunities it offers, and the importance of school in general. Looking back on this trip, we did more than that. We established personal connections with the students, for example, Asmita Paudyal added them all to Facebook and we exchanged emails with whomever felt comfortable with us.

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Continued At Home with the Winnebago’s

Once we settled into Winnebago, the last few days were spent interacting with students. We spent time at the Boys and Girls Club playing basketball, ice breakers, card games, and interacting with the kids. We created a positive environment for them, and we could really tell that they enjoyed our company. Laura, one of the Boys and Girls Club kids, asked us if we would come back the next day because she wanted that kind of fun everyday rather than just sitting and watching video games. The kids even admired us remembering their names. There are many people who told us they’d see us again, and we told them another group would definitely be back in the fall.

Reflecting back on the trip, some of our experiences effected us as well. Many of us will have careers that deal with talking and communicating with minorities, as we come from those groups ourselves. Exploring careers in underserved areas is something that we all have begun to consider. Our outstanding coordinator, Vanessa John, actually received a job offer at the school because the school was so impressed with her! I know we all enjoyed working with the kids we met, and we were great at it as well.

This trip represents many of the Jesuit values we embrace as Creighton students. Creighton students can bring so much to a community like Winnebago just by giving up some of our time, like Spring Breaks. And, in turn, we can learn much from the Winnebago people.

“This trip represents many of the Jesuit values we embrace as Creighton students’. Creighton students can bring so much to a community like Winnebago just by giving up some of our time, like how we gave up our Spring Breaks.”
SPIRIT OF SAINT IGNATIUS AWARD: For consistently demonstrating integrity, courage, justice, compassion, and selfless dedication to others.

Stephen J. Waters is an Organizational Communications major and plans to attend Creighton Law School. He is a volunteer tutor at the Hope Center for Kids. Stephen was a volunteer Strength and Conditioning Coach at the Victory Boxing Club. He is an active member of Morning Star Baptist Church. Last fall and summer, he studied and completed research in Arusha, Tanzania, promoting African Human Rights and International law. Stephen is the co-founder and a board member of the University College Student Union. Stephen was Vice President of Creighton’s Mock Trial, drafted the 2011-2012 bylaws, and is a mock trial student attorney. Stephen has amassed an impressive number of awards. To especially distinguished awards are the All-American Intercollegiate Attorney Award at ORC Nationals, and the Benjamin Gilman Study Abroad Scholarship. He is a member of Alpha Sigma Nu and Lambda Pi Eta. Stephen will be working at the UN this summer in Nairobi as a volunteer legal officer.

REV. JOHN P. MARKOE, S.J. AWARD: For an outstanding student leader who has made a significant contribution to the promotion of justice and unity.

Lotplar Lay Wah is a long standing mentor and advocate for the Burmese community in Omaha. Lotplar Lay Wah is married and father to Elijah. He is graduating with a major in social work and plans to assist the residents of Burma in the future.
SSS Recognition Ceremony Award Recipients cont.

TAMARA FAYE STOVALL-SMITH ACHIEVER AWARD:
For demonstrating exceptional academic achievement, superior character, service to others, leadership, and commitment to the mission of Student Support Services. The award is in honor of Tamara Smith for her thirteen years of service to Creighton, the community, and her clients.

Morgan Pusek illustrates strong leadership as she also balances work, school, parenting, and extracurricular activities. She is the mother of Ava. Morgan is intrinsically driven, with excellent focus and dedication that she applies in and outside of the classroom. She started an organization for single and married parent students in her undergraduate years. Morgan has volunteered for the Salvation Army Kettle Run, DEA-Sponsored Prescription Drug take Back, Hope Missions, NE 4-H Educational Volunteering, Project Homeless Connect, and at the Seven Oaks Retirement Community. She was president of the Biology club, a Peer2Peer mentor, Emerging Leaders participant, and Wareham program participant. She holds membership in numerous organizations: President-Elect in the American Pharmacists Association Academy of Student Pharmacists, Student Liaison for Midwest College of Clinical Pharmacy, NE Pharmacist Association, Russell Child Care Center Parent Council, Student Parents for Creighton, and Creighton Students for Life. She currently works at UNMC as an inpatient pharmacy intern. As former manager for the Skutt and Harper buildings, she was recognized for her exceptional work by earning Employee of the Year. Morgan is a first year Pharmacy student.
PAT AL-GREEN
DEDICATION AWARD: For demonstrating great dedication and persistence in academic studies to achieve a significant improvement in overall GPA. The award is in honor of Pat Al-Greene for his fourteen years of service to Student Support Services, especially his guidance and tutoring of SSS participants.

Dylan Fills Pipe is a remarkably resilient student WHO overcame tremendous adversity in order to excel and achieve his goals. Despite this adversity, he did not waver from his educational goals. Dylan values education and takes his academics seriously. He was rewarded for his dedication and hard work by earning the distinction of being on the Dean’s List. Since enrolling at Creighton, Dylan has become an active member of the Native American Association (NAA) holding leadership positions of secretary and treasurer. He annually helps plan and implement the NAA sponsored Pow Wow. He also helped plan and attended the Campus Ministry and SSS sponsored Diversity Retreat. He is a participant in the Health Administration and Policy Student Association and attended Gateway Immersion service trips to the Cheyenne River and Navajo reservations. Last summer, Dylan had a human resources internship at the Pine Ridge Indian Health Service Hospital and recently was admitted into UNMC’s Summer Research Program. Dylan is graduating in May with a Health Administration and Policy major and is exploring attending UNMC for a PhD in Public Health.
SSS Recognition Ceremony Award Recipients cont.

**PACESETTER:** For exhibiting superior leadership and outstanding service to the university and community.

**Hanna Nguyen** Despite a busy schedule, Hanna Nguyen makes time for service through service/immersion trips, tutoring at Central high school, and is a member of the service fraternity Alpha Phi Omega. The service experience that had the greatest impact on Hanna was her summer immersion experience in the Dominican Republic (DR) where she participated in the Water Quality Program. The research, public health aspect, and service she did in the DR fed her interest in public health and research as a career. She is especially interested in working with underserved populations making a difference in their lives through environmental health or toxicology. Hanna began working with underserved populations through the Creighton Office of Affirmative Action where she became involved in North and South Omaha. She even helped write a grant for the Creighton Youth Sports Program, a summer program that targets low income minority youth from North Omaha, and worked with the youth. Her work with the Gateway Immersion service trip introduced her to the social, educational, and medical issues of the Winnebago people. Additionally, Hanna was a General Chemistry Lab Assistant for four semesters, a Peer2Peer mentor for two years, and last spring she helped plan and attended the Diversity Retreat. Hanna is graduating in May with a chemistry major and is currently applying for programs in Environmental Public Health and/or Toxicology.

**JUSTIN SEARS** is actively involved in SSS. To illustrate: last fall he attended 14 events and had 25 contacts. He took advantage of almost every opportunity SSS offered. Justin earned the distinction of Dean’s list and transferred 24 credit hours to Creighton. He is pursuing a degree in Medical Anthropology as a Pre-Medical student, in which he plans to attend medical school and eventually work internationally and domestically with medically under-served populations. He is involved in Peer2Peer, the Medical Anthropology Society, the Multinational Ambassador Program, the International Student Association, Justice Without Borders, and is a member of the executive team for a new club called Eyes Wide Open. He is a work-study student in the Office of International Programs and attended the gateway immersion trips to the Winnebago and Rosebud Sioux reservations.
SSS Recognition Ceremony Award Recipients cont.

SSS AMBASSADORS: SSS is blessed with many remarkable students who promote and advocate for the program. This award recognizes two students who have gone above and beyond to promote and advance the mission of the SSS program.

Veronica Faber has an effervescent spirit that immediately draws people in. She is a joy to have in the office, and she is the rare student who will tackle absolutely any task requested of her without complaint. She willingly and pleasantly took on the dreaded task of entering almost 200 paper files worth of data, complete with numerous pages of handwritten contacts into the Student Access database. She is highly dedicated and is always willing to work extra hours when another student cannot be found. She is very professional when meeting and greeting each guest who visits the office. Veronica represents SSS in a professional and personable style and makes coming into the office enjoyable. She is very versatile and can literally perform any task requested of her. She is very vocal about her appreciation for the SSS program and is an excellent Ambassador for us. In addition to her involvement with SSS, she is active in Pep Band, EMS Club, and is a CU STAR.

Alexis Victoria Gonzalez has a refreshing personality with a winning attitude. She fosters an environment where everyone feels welcomed and accepted. She has exceptional dedication and is a creative thinker. In fact, she and Daniel planned and implemented a highly successful Piñata workshop last fall. She was also instrumental in helping plan and implement the Fall Fest and the baby shower for Jessica. Alexis is a strong advocate for SSS and our students. She is deeply committed to justice and inclusion. Alexis helped plan and attended the Diversity retreat. Currently, her new project is the creation of One Creighton-Many Voices: Building an Ignatian Community to provide our students with the opportunity to discuss issues related to inclusion and access. In addition to her service to SSS, Alexis also volunteers at Completely Kids through CCSJ and attended the fall Gateway Immersion trip to the Navajo reservation.
SSS Recognition Ceremony Award Recipients cont.

GATEWAY AMBASSADOR:
The Gateway Ambassador award recognizes an outstanding SSS student who has tirelessly dedicated his or her time and talents to assisting Gates Millennium Scholarship applicants with their rigorous scholarship application through mentoring and editing essays.

Jimmy Tran throughout his Creighton career has dedicated much of his time to assisting the Gateway Program. Jimmy participated in the spring 2011 Gateway Immersion trip to Winnebago, NE, and has served as an e-mentor, editing students’ essays via e-mail for the past several years. He consistently worked on Saturdays at the Gateway workshops helping the Omaha area students with their Gates application. He demonstrated great patience and attention to detail when editing essays by students whose first language was not English. When Jessica took maternity leave, Jimmy stepped up to the plate and coordinated the remaining gateway workshops and kept in communication with all of the Gateway participants to ensure successful scholarship submissions.

FACULTY RECOGNITION AWARD by Fang Zheng

Jeanne Eibes is an instructor who is willing to go the extra mile for her students, past and present. She brought fun into a subject that most consider very mundane by using her personal experiences in the field of accounting.

I struggled for a while in the beginning trying to understand such a different subject, but I sought out a SSS accounting tutor and talked with Dr. Eibes to find a solution to the challenge if faced learning accounting.

Dr. Eibes cares immensely about her students’ success in the classroom as well as outside in the real world. She is now my Creighton Women’s Leadership Network sponsor, and I can honestly say that she played a major role in my interest as in the accounting major.
Lunch with Reverend Timothy Lannon, S.J.

Baptiste (Beaux) Beauvais
EMS
Sophomore

I am known to many as "Beaux." I hail from the Rosebud Indian Reservation in South Dakota, and I am an enrolled member of the Rosebud Sioux Tribe. Ever since a young age, I have been dedicated to serving my community through volunteerism, often helping my mother with the soup kitchen she founded more than two decades ago. Recently, I became certified as an Emergency Medical Technician, and I am employed as an EMT with my tribe’s ambulance service. In addition, I serve as a volunteer firefighter in my hometown. I consider my biggest role model to be my father, who is one of two Native Americans in South Dakota to have graduated from Harvard University with a Doctorate of Education.

Laura Magaña
Elementary Education
Junior

I graduated from Omaha South High. I am a Gates Millennium Scholar. My passions in life are education and art. I am an intern with Omaha Public Schools where I work with a diverse second grade class. I am blessed to have been given the opportunities I have been given and I strive to better my community and the world.

K’Tawna Nelson
Elementary Education
Sophomore

After I receive my Bachelor’s degree, I plan to earn a master’s in counseling. I am passionate about helping people, especially children. Growing up, I had great teachers who I aspire to be like, so I have selected to earn a degree to be a teacher. Although my course load is quite intense, in the little free time I have, I love to write, and I am a HUGE sports fan. These two hobbies together helped me become a sports reporter for the “Creightonian.” I also work at the Russell Child Development Center on campus and adore my job! As a first generation college student, I keep myself busy in order to achieve my goals.
Shanice Nez  
Biology (undeclared)  
Pre Medicine  
First Year

I am from Chinle, Arizona, on the Navajo reservation. I am a member of the Navajo Nation. I am pursuing a pre-medicine tract with a major in biology and a minor in Native American studies. I am incredibly interested in health care and improving health care within my reservation and community. I was recently admitted into a ten-week internship program with the University of South Dakota and Stanford Research for the Summer Undergraduate Research Experience.

Hanna Nguyen  
Chemistry major  
Senior

I am originally from Vietnam, and I have lived in Omaha for the last 13 years. Not surprisingly, I still have not adjusted to Nebraska’s bipolar weather quite yet. My parents moved to Texas when I was a junior in high school, and I had the option to move with them, but I decided to stay in Omaha because I knew I would attend Creighton for college. I have lived here with my sister since then and have been financially independent.

I plan to enroll in graduate school, but I have yet to narrow down a specific field of interest. My interests range from forensic science, environmental health science, toxicology, public health, and pharmaceutical science. I was a chemistry teaching assistant for four semesters, and I loved it because it allowed me to discover more about myself while helping out my peers. Thus, I would like to pursue a career that combines my passion for research with public service.

Since I must support myself financially, I did not have the time for many extracurricular activities offered at Creighton, but I try to do community service when I can. I participated in the Water Quality Program through ILAC, I did community service through the co-ed service fraternity Alpha Phi Omega, and I went on a spring break service trip through Student Support Services.

Nayley Padilla  
Psychology  
Senior

I hope to work in the school system someday. Currently, I am an intern for the school psychologist at a high school in Council Bluffs. I am from Lincoln NE, but I was born in southern California. Throughout my undergraduate career, I was involved in an array of organizations and activities. I am the president of the multicultural sorority of Sigma Lambda Gamma, I am in APO the service fraternity on campus, and I have attended several service trips, one to Colorado and one to the Winnebago reservation. I was on the rowing team and a CULSA exec member. You can say that I tried a little bit of everything to find my niche at Creighton. Needless to say, I will miss being a part of this community as an undergraduate, but I am excited and looking forward to being part of the Creighton community as an alum.
Morgan Pusek  
Pharmacy School  
First Year

I am originally from Doniphan, NE, and began my journey at Creighton in 2009. As an undergraduate, I was a biology major and prepared for both pre-medicine and pre-pharmacy until I decided that pharmacy was my path. I am currently a first-year pharmacy student, and I am involved in the American Pharmacists Association-Academy of Student Pharmacists as the President-Elect, Midwest Colleges of Clinical Pharmacy as the student liaison, Phi Delta Chi professional fraternity, and the Student Society of Health-Systems Pharmacists. I have a 3-year-old little girl, Ava, and she attends the childcare center on campus in the preschool room. I am involved in SSS as a Peer-2-Peer mentor, and I am also a Pharmacist Intern at the Nebraska Medical Center.

Justin Sears  
Medical Anthropology  
Pre-Medicine  
Sophomore

I am from a small town about 15 miles south of Lincoln, NE, called Holland. I am pursuing a degree in medical anthropology as a pre-medical student. I plan to attend medical school and eventually work internationally, and maybe later, domestically with people who are medically under-served. Currently, I am tasting the medical field for my first true time as I work through Creighton’s EMT class, which is my favorite class thus far at Creighton. I am involved in the Medical Anthropology Society, the Multinational Ambassador Program, the International Student Association, and Justice Without Borders. I am currently on the executive team for a brand-new club called Eyes Wide Open. Last semester, I attended Gates Millennium Scholarship workshops in the SSS office where I assisted students with writing their application essays. I went to the Rosebud-Sioux Native American Reservation on an SSS service-immersion trip. In my free time, I enjoy attending special lectures, watching Al Jazeera over the internet, taking photographs, and hanging out with friends. In conclusion to this brief laundry list of the parts of my life, I would like to thank you in advance for your time. It will be a pleasure for me to share a meal with you and my fellow SSS classmates.
Lunch with Reverend Timothy Lannon, S.J. cont.

Danielle Turner
Spanish
Secondary Education
Senior

Danielle is from Bellevue, Nebraska. Her interest is in empowering people with the Spanish language. She was involved in Summer Preview, tutoring, RSP, and working with commuter students. Her high academic achievement and commitment to service secured her membership in Alpha Sigma Nu. After earning her Bachelor of Arts in Spanish and Secondary Education, she plans to secure employment in a low-income school. It is her goal to ignite student’s passion by giving them a reason to love learning. After spending several years working in the classroom, she plans to obtain her endorsement of English as a Second Language. She wants to work with students who have limited English proficiency. She eventually hopes to earn a Master’s degree in Linguistics and study the origins, structures, and evolutions of the many languages spoken around the world. Her ultimate goal once she retires from working in the United States is to travel to third-world countries in order to teach young children English.

Danielle is an active member of the Creighton University Chapter of the National Association for the Advancement of Colored People (NAACP) and serves as Historian. She was a Ratio Studiorum Program Decurion and is a Peer-2-Peer Mentor. Danielle served incoming students as the New Student Orientation Summer Preview Guide. She serves as a Pastoral Aid at the Assembly of the Saints, Inc. and performs other duties as needed. Danielle also serves as a leader and mentor for the Assembly of the Saints, Inc. Girls Youth Group. As a Youth Group leader and mentor, she plans seasonal retreats and recreational activities, organizes fundraiser activities, and prepares proposals for the Youth Group supervisor.
Lunch with Reverend Timothy Lannon, S.J. cont.

Adrian Vega
International Relations
Junior
I am a junior, majoring in international relations with a Business Administration minor. I am part of the CULSA and CSU organizations. I am pursuing my dreams of attending law school and becoming a lawyer. I like the field of criminal justice. I was born and raised in Houston, Texas.

Spotlight on Vanessa John by Shanice Nez

A recent addition to our SSS family, Vanessa John is our Native American Outreach and Retention Specialist.

Vanessa is from Gallup, New Mexico. She loves the community vibe Creighton offers. Her favorite part of Creighton’s Student Support Services is how everyone is so supportive and caters to success. Vanessa has grown to love the students who pass through each day and is inspired by their dedication.

Vanessa believes that academic success is a product of knowing when to receive help and building connections with professors. Vanessa encourages the students to “keep momentum all the way through. Don’t be too shy to ask for help!”

Vanessa is raising her little brother and is always willing to lend a helping hand. She loves helping people. One of her greatest accomplishments is being offered this position because she is a recent graduate and this is exactly what she wanted to do. Vanessa was a participant in Project Achieve at the University of Nebraska at Omaha, which is a Student Support Services program. She did not think she would begin her professional career in SSS, but she always knew in her heart that she would end up here given her desire to work with first generation students.

One of the most interesting places Vanessa has visited is Costa Rica. She loved it because everything was so new to her. One extraordinary fact about Vanessa is that she always enjoys watching the NBA playoffs in her spare time.

If Vanessa won the lottery, she would build her dream house, make sure her grandpa is financially secure, set up funds for her brother, and donate the rest to breast cancer foundations. If Vanessa could be a superhero, she would be similar to Batman. She said its childhood thing. She admires how mysterious Batman is. She said, “You never know what he is thinking or what his next move is.” He is never spiteful or seeking acknowledgement for everything he does. If there was a movie made about Vanessa’s life, she would recruit Rachel Bilson as the star actress and Vince Vaughn to play her significant other. She chose those particular actors because she likes how different they are.

Lastly, Vanessa would like to leave students with the following advice: “Stay focused and do not underestimate yourself.”
Congratulations to SSS May Graduates

Chanelle Marie Ajimura
Chester Ashong
Jessica Bakhit
Emina Becirovic
Marissa Begay
Lindsay Bohaty
Steven Buffalohead
Ravan Charles
Ming Chen
Samson Chik
Lela Coleman
Jordan Eisenmenger
Dylan Fills Pipe
Ryan Freeman

Jared Good
Kelsey Rhea Ham
Shelagh Hardrich
Ashley Hauger
Antwonette Hobbs
Heidi Hoffman
Julisa Isadore
Peter Khong
Sameul Kor
Lotplar Laywah
Nhu Le
Phuong D. Le
Kary Leung
Alejandro Lopez

Tierre Maclin
Kimberly Mooney
Emily Nguyen
Hanna Nguyen
Nayely Padilla
Elaine Phan
Josh Phelps
Royce Jay Quicho
Jessica S. Rangel
Samantha Riley
Chole R. Smith
Jimmy Tran
Danielle Turner
Steele H. Valenzuela
Stephen J. Waters
Ryan Wong

Congratulations to all the seniors. We wish you all the best for your future endeavors.
Healthy Eating and Communication by Nayely Padilla

I attended the Healthy Eating in the Laundry Colloquium hosted by the Department of Communication Studies. This Colloquium was about obesity research done on the Winnebago Reservation to study the influence of cultural places and spaces on obesity.

Childhood obesity has become an epidemic nationwide but especially in ethnic groups. Native Americans are an understudied and underserved population when it comes to childhood obesity. However, Dr. Jay Leighter stated that in the Native American community, rates of obesity increase 7% per decade versus the 5% per decade in other U.S. children. This startling percentage of obese children in ethnic groups prompted the study. Jay Leighter, Ph.D., from the Communication Studies department and Jeri Brittin from UNMC College of Public Health, took on the research project mid last year.

They found that some of the problems that contribute to high obesity rates of children from Native American reservations are the available sources of food. For instance, in Winnebago, food is available only from the convenient store, one restaurant that serves mostly fried food, the casino, and the dollar general store; all of which are close in proximity but lack foods of actual nutritional value. The closest grocery store is 20 minutes away in South Sioux City, NE.

At the lecture, Leighter and Brittin also discussed the cross-cultural challenges they faced with the Winnebago residents. Through cultural communication research, they learned more about the people of Winnebago, their needs, and the adversity that they face every day. They witnessed the building of the Wolf’s Den Café in Winnebago which will offer healthier and affordable meal choices.

Leighter and Brittin hope to increase future public health research in cross-cultural situations. They and the people of Winnebago are excited about their new step toward decreasing not only obesity rates among Native American children and families but also decreasing the gap of cross-cultural barriers between researchers and the people of the reservation.

“Childhood obesity has become an epidemic nationwide but especially in ethnic groups.”

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SSS is one of the five federally funded TRIO programs at Creighton University under the Department of Educational Opportunity Programs.

SSS is grant funded through the Department of Education to provide comprehensive services to help students achieve a successful college experience by increasing academic performance, retention, and graduation rates.

SSS also works to foster an institutional climate supportive of the success of economically disadvantaged students, first generation students, and students with disabilities.

The strength of the SSS program is providing comprehensive support to eligible students at Creighton University who have the ability and desire to succeed at Creighton University but would benefit from additional advocacy, academic, personal, financial, and career support. SSS is a resource that provides personalized and comprehensive support services for eligible participants to help them achieve their full potential.